



fusion

ONE MEMBERSHIP, THREE CLUBHOUSES, THREE DISTINCT EXPERIENCES

| SEPTEMBER-OCTOBER 2016 ISSUE

CULTURAL FESTIVITIES AT CSC!

Find out more on page 04.

08

Wine & Dine @ CSC

10

Happy Birthday, Singapore!

14

CSC Run By The Bay



“Among the Poshest Chalets in Town!”

— The Straits Times Life Weekend, 29 July, 2016

D *life*

WEEKEND

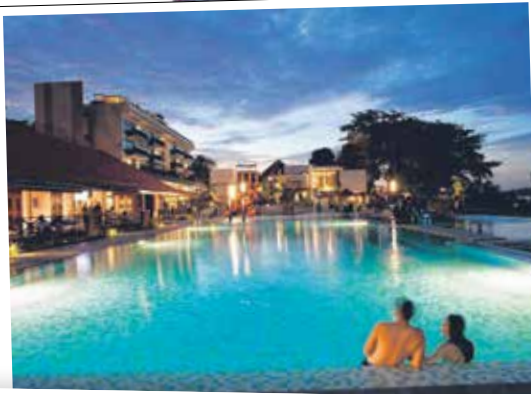
WHERE'S THE ENERGY?
Selena Gomez's
concert lacks sizzle
D20

SARONG PARTY
Aliwal Arts Night Crawl
offers eclectic experiences
D6



Surprising chalets

Planning a short family staycation? Instead of splurging on five-star or boutique hotels, consider a chic chalet, such as Civil Service Club @ Changi (pictured). Bryna Singh reports. D4&5



D4 | *life* | weekend

• THE STRAITS TIMES | FRIDAY, JULY 29, 2016 |

FRIDAY, JULY 29, 2016 | THE S

Chalets with a difference

Now, a chalet stay could resemble a staycation in a posh hotel, with operators sprucing up the accommodation with themed rooms, open showers and four-poster beds

Mr Jonathan Quek, 46, books staycations for his family at the Civil Service Club @ Changi at least three times a year.

At the resort, the family swims, bowls, cycles and takes trips to Pulau Ubin, which is just a boat ride away from the nearby jetty.

The director in an insurance company is a club member, and pays a discounted rate of about \$300 a night for a suite each time.

Some may balk at the price tag for a chalet, which is comparable to a three- or four-star hotel stay, but the resort's decor and facilities match up.

The two-bedroom suite has tasteful interiors with dark wood furnishing, flatscreen TVs that offer movie and football channels and a balcony that looks out to the sea.

Mr Quek adds: "Because of the club's location by the beach, we

don't feel like we're in Singapore when we're here."

He and his family have stayed at the Club more than 10 times.

Civil Service Club @ Changi is among the poshest chalets in town, after a series of renovations. First opened in 1994, it closed in 2012 for extensive redevelopment and refurbishment works.

Two years and a \$33-million upgrade later, the club now features suites and two-storey villas.

The villas resemble stylish private houses built by designer architects, with clean, minimalist designs and lots of windows for natural light. An outdoor darkwood patio serves as the barbecue hang-out area. House-keeping services, fresh linen and toiletries are also provided.

"We strive to be the equivalent of a hotel," says the club's manager Peter Chew, 37.



Bryna Singh



Civil Service Club @ Changi

You do not have to head to the nearby Indonesian islands of Bintan or Bali to enjoy a seaside resort experience. The Civil Service Club @ Changi will give those places a run for their money.

The club, which overlooks Changi Creek, re-opened with a refreshed image in 2014 following an extensive two-year refurbishment.

The suites and villas are spacious, with floor-to-ceiling windows, large beds and woodgrain design tiles.

The club's manager Peter Chew, 37, says they are almost 100 per

cent occupied on weekends and about 60 per cent occupied on weekdays.

The chalet also offers a range of facilities which includes an infinity pool, a 20-lane bowling centre and a bike gym.

If guests want to venture beyond the club, they can eat their way through the many famous eateries at the nearby Changi Village. Pulau Ubin is also a short bumboat ride away.

Where: 2 Netheravon Road
Price: During off-peak season,



members pay \$148 for a superior single bedroom suite and up to \$466 for a premier, two-storey villa with three bedrooms and a seawiew.
To book: www.cscchangi.sg

A two-storey villa (top) and a water play area (above). PHOTOS: CIVIL SERVICE CLUB



contents

fusion

SEP-OCT 2016 ISSUE



14



05



10



17

02 GM's update

cover story

04 Cultural Festivities at CSC

what's happening

- 05 CSC Singing Star 2016
- 06 - Yoga & Ayurveda
- Deepavali Celebration
- 07 Movie Treats
- Miss Peregrine's Home for Peculiar Children
- Marvel's Doctor Strange
- Fantastic Beasts and Where to Find Them
- 08 - Wine & Dine at CSC
- Luxury Yacht Tour

event highlights

- 09 National Day Wine & Dine 2016
- 10 Happy Birthday, Singapore!
- 11 Hari Raya Puasa Decorations Challenge
- 12 Fit To A Tee
- 13 A Perfect Walk in the MacRitchie Reservoir Park
- 14 CSC Run By The Bay: A Race To The Finish
- 16 CSC Singapore Duathlon

sports

- 17 Sports News
- 18 CSC Cycling Club News

clubhouse

- 20 CSC @ Changi
 - Bigger & Better
 - Enjoy BBQ Rain or Shine
 - Now on WhatsApp!
- 21 - Gatherings in An Idyllic Location Now at a Discount
- 22 CSC @ Tessensohn
 - Modern Facilities in the Heart of the City
- 23 CSC @ Bukit Batok
 - Shelters with Lightning Protection

members' specials

- 25 CSC Members' Perks

social activities

- 26 Beauty
- 26 Finance
- 27 Food
- 28 Fun
- 33 Health
- 37 Kids
- 39 Music
- 40 Self Improvement
- 43 Travel

45 regular activities



CSC @ Tessensohn

60 Tessensohn Road,
Singapore 217664
Tel: 6294 8933

CSC @ Changi

2 Netheravon Road,
Singapore 508503
Tel: 6709 4709

CSC @ Bukit Batok

91 Bukit Batok West Ave
2, Singapore 659206
Tel: 6513 7480

Corporate Services

Membership Matters

Tel: 6514 3637
(Goh Chong Chen)
Tel: 6391 5615
(Ricky Ng)
membership@csc.sg

Sports Activities

Tel: 6391 5619
(Samantha Fok)

Social Activities

Tel: 6391 5613
(Samantha Chin)
Tel: 6391 5607
(Onn Hai Ming)
Tel: 6391 5624
(Kua Gek Cheng)
Tel: 6391 5641
(Vanessa Choo)
Tel: 6391 5620
(Serene Cho)
events@csc.sg

For details on
CSC's tenants at the
3 Clubhouses, kindly refer
to our website at



<http://www.csc.sg>



Civil Service Club



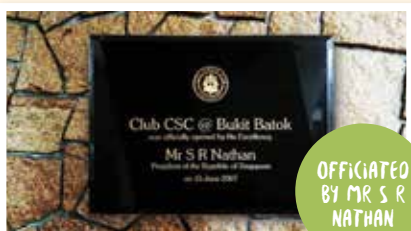
feedback@csc.sg

Dear members,

What a fitting 51st birthday present Joseph Schooling has given to Singapore. He won a gold medal in the 100 metres Butterfly event and even broke the Olympics record for that event in the recently concluded Rio Olympics 2016. We, as Singaporeans, are indeed very proud of him for this fantastic achievement and also for putting the tiny "Red Dot" on the world map of Sports. We look forward to more gold medals in the Tokyo Olympics in 2020.



However, we are also saddened with the demise of our former President, the late Mr. S R Nathan on 22 August 2016. He gave his best years and more to Singapore. Civil Service Club is very proud to have associated with this giant of a man when he officiated the opening of Bukit Batok Clubhouse on 15 June 2007. To this great and yet humble former people's president, he will always be remembered by the Management and Staff of Civil Service Club.



Activities Over the Past Few Months

Renovation and Upgrading

CSC @ Changi: Thank you for the positive feedback on the shelter upgrading works at the villas and BBQ pavilions. After a year of operating that chalet, we observed members' preference to book the family suites and the villas. To meet this increasing demand for family suites, we plan to refurbish 4 single room suites into 2 family suites. The refurbished family suites will have 2 single rooms: one for the parents and the other room for the children, with a double decker and a single bed. Once the refurbishment is completed, there will be 12 single room suites, 6 family suites and 5 villas.

CSC @ Tessensohn: After the renovation of the seminar rooms and the auditorium, there has been an increase in the booking of these facilities by government ministries and corporates for their events. We even had wedding functions held in the function rooms! For greater comfort to bowlers, Planet Bowl's seating furniture will be changed to sofa seating. The retractable awnings and the wooden decking of the swimming pool shelters have also been refreshed and changed, respectively.

CSC @ Bukit Batok: The upgrading of the toilets at the Westwood Bowl, Level 3 toilets at Block B and the Function room toilets will be completed by mid-September 2016. Besides modernising the toilets, 2 well-furnished nursing rooms have been created. More wash basins and toilet cubicles were also added to the ladies toilets. The electrical water heaters in the swimming pool changing rooms have been replaced with heat pump water heaters. This will cut down the consumption of electricity by at least 40%.

Social Activities

National Day Live Screening: More than 200 members and their families attended the live screening of the 51st National Day Parade at the open lawn of CSC @ Changi. A host of fringe activities were organised which included a speed cup-stacking competition, bird show, bazaar stalls and the sale of Mao Shan Wang durians. It was indeed heartening to see our members standing up and singing collectively when the National Anthem was played, and reciting the pledge with such sincerity. At the end of the event, the "August babies" were invited on stage to celebrate their birthdays with a birthday cake made out of cupcakes. Looking at all the smiling faces, it is indeed an event that we will continue to organise and grow.

National Day Wine and Dine: The support for this year's Wine and Dine was overwhelming. More than 450 members, public officers and their guests celebrated Singapore's 51st birthday at Qian Xi Restaurant, Tessensohn Clubhouse on 12 August 2016. Besides the delicious food and wine, along with the enjoyable entertainment, a sure highlight of the evening was most certainly the singing of our favourite National Day songs. It was indeed

a heartfelt patriotic moment to remember. Thank you to all our members, public officers from the Ministry of Manpower and guests for making this evening so memorable.

Sports and Games

Run By The Bay: This year's Run by the Bay was conducted in collaboration with the launch of the Get Active! Singapore Week. More than 3600 runners participated in the run held at The Float @ Marina Bay on 31 July 2016. The 21 km run attracted the most participants, reflecting a growing interest in longer distance runs. Only the 5 km run was flagged off at the Padang together with the launch of the Get Active! Singapore Week. We received much positive feedback from the participants and would like to thank all of them for their support in making this event a huge success. We would also like to thank our Chairman Board of Games, Mr Tan Boon Huat, who kindly consented to give away the prizes despite the fact that it was his birthday on that day!



Over the Next Few Months

Renovation and Upgrading.

CSC @ Bukit Batok: We have good news for all you swimmers! We are building lightning protected shelters at the fringe of the swimming pools on both the lower and upper tiers. Construction will begin in mid-September and will be completed by November 2016. As most of the works will be done off-site, the swimming pool will remain open for members to swim in till the fitting up of the structure. The swimmers will appreciate the installation of these shelters as they no longer need to seek refuge at the changing rooms whenever there is inclement weather. Railings will be built at the centre of the staircase leading from the lower to the upper tier of the swimming pool to enhance the safety of swimmers using the staircase. Please refer to page 23 for an artistic impression of the shelters.

More than 200 members and their families attended the live screening of the 51st National Day Parade at the open lawn of CSC @ Changi.



Charlie Ng
General Manager, CSC

CSC @ Tessensohn: Our F&B vendor, Mr Tony Foo, has volunteered to renovate the façade of his restaurants on the 3rd and 4th floor, the waiting area outside the auditorium and the toilets at the 3rd floor. The flooring of the corridors at both 3rd and 4th floor will also be retiled and the pillars lining these corridors clad. These renovations will cause a little inconvenience to our members but we will try our best to minimise any disruptions.

Social Activities

Mid-Autumn Festival: This year's Mid-Autumn Festival will be held at CSC @ Bukit Batok. The Club has partnered Princess Elizabeth Primary School to stage a Mid-Autumn Festival cultural show. As part of the Club's CSR programme, we have also invited the residents of the Bukit Batok Home of the Aged and the SASCO Senior Citizen Home of Bukit Batok GRC to join in the celebration. It will be an evening of cultural performances by the students, guest artist performances, pomelo peeling competition for the family and an exciting walk for the children carrying the traditional lanterns around the Clubhouse premises. All members and their families are welcome. For booking details, please refer to page 04.

CSC Singing Star: The CSC Singing Star competition will be held at CSC @ Tessensohn Auditorium from 14 October to the final round on 5 November 2016. This is the first time that we stage a singing competition in our newly renovated Auditorium. The Auditorium is fully equipped to stage such a performance. We have also included a new category, the Champions of the Champions. All the top 3 singers of the past competitions, of any category, can participate in this event. We look forward to a good sign up for this competition. For event details, please refer to page 05.

Deepavali Celebration: With a multi-racial mix of memberships, we thought it timely for us to organise our first Deepavali Celebration at one of our Clubhouses this year. Tessensohn, being located in the vicinity of Little India, would be the most appropriate venue. It will be held at the function room on 6 November 2016. This will be an evening of Indian traditional dancing performances, traditional cultural practices and Indian buffet dinner which will include a spread of vegetarian food. We urge our members and their families to come forward to support this event and anchor it as an annual social event for the Club. If any

members have good suggestions on how to make it more interesting, do let the social staff know. Contact details are on page 06.



Movie Treats: The Club continues to screen blockbuster movies at a discount for our members. As the Friday slot had not been proven popular with our members, most of the movies will now be screened on Thursday, instead. Do check out the movies on page 07.

Sports and Games

Duathlon: To promote more challenging outdoor physical activities for our members and public officers, we have once again partnered MetaSport as the title sponsor for the upcoming CSC Singapore Duathlon 2016. It will be held at Angsana Green, East Coast Park on 19 November 2016. To date, more than 135 public officers/members have signed up for this event under the Public Service Category. This event requires the participant to run-cycle-run over a specific distance. We have also included a relay event for the Public Service Category. All public officers and members will enjoy an exclusive 20% discount off the participation fee. The event may be of particular interest to our uniformed public officers from Home Affairs and MINDEF and we warmly welcome their participation. For more details you can either refer to page 16 for the details or visit www.singaporeduathlon.com

Do you know ?

Inter Clubhouse Decoration

Competition: Members who visited the Clubhouses during the past 2 festivities would notice the extra effort put in by the Clubhouses to spruce up their decoration according to the theme of the festivities, namely Hari Raya Puasa and 51st National Day Celebration. The Club is organising an annual inter Clubhouse festive decoration competition. The objective is for the multi-racial staff of each Clubhouse to work together to put up the decorations. It fosters better understanding of each other's culture, staff bonding and staff loyalty to the Clubhouse that they are working in. To date, CSC @ Changi and CSC @ Tessensohn have

each won the best decorative Clubhouse for Hari Raya Puasa and the 51st National Day Celebration, respectively. There are 3 more festive decoration competitions that the Clubhouses would need to participate before the overall champion is declared. A challenge trophy and \$1000 will be awarded to the champion Clubhouse.

Healthy Lifestyle Walks: The Club has also introduced a healthy lifestyle activity where staff are encouraged to chalk up 50,000 steps a week and will be rewarded with a \$10 shopping voucher if they achieve this. Since its introduction in January 2016, more than 60% of the staff have actively participated in this. The medical absentee rate has dropped and staff are now walking more to chalk up the steps. 3 of our staff even chalked up more than 1 million steps each over a period of 4 weeks. They were awarded with a Fitbit Alta watch each.

Movie Screening: The Club has just obtained a licence to screen movies in the Club. We are working out the details of when and where to screen the movies, and what movies to be screened. The details will be firmed up by 15th September 2016 and will be posted on our websites and CSC Apps. Do check it out!

CSC @ Changi in ST Life Weekend on 29 July 2016: The Club is indeed honoured to have CSC @ Changi featured in the ST Life Weekend where Ms Bryna Singh wrote an article on Surprising Chalets in Singapore. In her own words, she said *"Planning a short family staycation? Instead of splurging on five-star or boutique hotels, consider a chic chalet, such as Civil Service Club @ Changi"*. Yes, you don't have to head overseas to enjoy a seaside resort experience. CSC @ Changi will give them a run for their money.

In-house Survey: The Club is conducting an annual in-house survey to obtain feedback from our members on their experiences when visiting the various Clubhouses and their participation in the social and sporting activities organised by the Club. The survey form is enclosed in this issue of the Fusion Magazine. The details of the survey are stated in the survey form. We look forward to your invaluable feedback to facilitate the Management to provide better services to our members.

With that, I wish all members and their family a blessed Hari Raya Haji and Happy Deepavali.

LIGHTS, LANTERNS & DECORATIONS

Cultural Festivities @ CSC

The later part of the year is always the best time to celebrate Singapore's diverse cultures. With the Mid-Autumn Festival, Deepavali and Hari Raya Puasa all happening within a short time of each other, we seized the opportunity to join in the fun – regardless of race, language or religion.



DEEPAVALI

Get ready for an evening of culture as we celebrate the Festival of Lights at CSC! Enjoy dance performances, discover the origins of Deepavali and experience traditional arts – all while tucking into a sumptuous dinner buffet.

For more details,
check out page 06.



MID-AUTUMN FESTIVAL

Come mid-September, it will be lanterns galore at CSC @ Bukit Batok as members and guests celebrate the Mid-Autumn Festival. Complete with performances, games, refreshments and a lantern parade, the event promises an exciting evening for families and friends.

Join us on 13 September 2016
at CSC @ Bukit Batok!

Contact: Gek Cheng at 6391 5624 or
kuagekcheng@csc.sg



HARI RAYA PUASA

Decorations are a key part of any celebration. To get everyone into the mood for Hari Raya, we held a club-decorating competition among our three clubhouses to see which would emerge the best dressed for the occasion.

Want to know which clubhouse
won? Then flip to page 11.



CSC SINGING STAR 2016

**DO YOU HAVE A VOICE THAT MAKES HEARTS SWOON?
DOES YOUR SINGING STIR THE EMOTIONS OF YOUR LISTENERS?**

Then you might just be the next singing sensation that we are looking for!

There are up to **\$7,000** worth of prizes to be won!

We have come to the 6th season of the CSC Singing Star and the competition will intensify! This time we have included a new category, Champion of the Champions, where our previous winners will outperform against each other to see who will emerge as the ultimate Champion. Join us this season and be our Singing Star!

POP IDOL CATEGORY

(Below 40 years old)

CHAMPION

\$1,000 + Trophy + Individual Makeover & Photography Session

1ST RUNNER-UP

\$500 + Trophy + Individual Makeover & Photography Session

2ND RUNNER-UP

\$300 + Trophy + Individual Makeover & Photography Session

EVERGREEN CATEGORY

(40 years old and above)

CHAMPION

\$1,000 + Trophy + Individual Makeover & Photography Session

1ST RUNNER-UP

\$500 + Trophy + Individual Makeover & Photography Session

2ND RUNNER-UP

\$300 + Trophy + Individual Makeover & Photography Session

CHAMPION OF THE CHAMPIONS!

(5 Nov 2016)

Minimum 15 pax

Previous top 3 winners only

CHAMPION

\$300 + Trophy + Individual Makeover & Photography Session

1ST RUNNER-UP

\$200 + Trophy + Individual Makeover & Photography Session

2ND RUNNER-UP

\$100 + Trophy + Individual Makeover & Photography Session

THREE SELECTION ROUNDS

Venue: CSC @Tessensohn

Qualifying Round

Date: Friday, 14 Oct '16
Time: 6pm onwards

Semi-Final Round

Date: Saturday, 22 Oct '16
Time: 12pm onwards

Final Round

Date: Saturday, 5 Nov '16
Time: 12pm onwards

Registration Fees:

Member \$15, Public Officer \$20
Closing Date: 7 Oct '16
Genre: Mandarin or English only

Registration Modes:

- For online registration and other rules and regulations, log on to www.csc.sg/singingstar2016
- For offline registration, fill up the activity application form on the last page indicating CSC Singing Star'16 and the title of your chosen song. You can either drop the form and make payment at any of our clubhouse front office, or mail it to Civil Service Club, 60 Tessensohn Road, Singapore 217664, Attn: Vanessa Choo.

All semifinalists and finalists will enjoy a complimentary professional vocal lesson with Wu Jia Ban.

This competition is open to all CSC members and Public Officers 18 years old and above.

Previous top 3 winners of CSC Singing stars are not eligible to participate in the Evergreen/Pop Idol category.

Official Music School:



Wu Jia Ban Vocal Training School
吴家班歌唱学院

Official Makeover & Photography Sponsor:



www.themakeoverinc.com.sg



YOGA & AYURVEDA

Conference on Stop Diabetes

(with practice and theory sessions)

Diabetes is a growing problem in Singapore today. One in three diabetics were unaware that they had diabetes. Poorly controlled diabetes can lead to serious medical complications such as heart disease and blindness. In this conference you will learn about special yoga techniques to prevent and manage diabetes and be guided by experts in this area. You will also be able to put these techniques into practice. Learn more about Yoga and Ayurveda for diabetes and take control of your health!

Date: Sunday, 13 Nov '16

Time: 9am – 5pm

Venue: CSC @ Tessensohn

Contact: Serene Cho at 6391 5620
or serenecho@csc.sg

Register By: 6 Nov '16

**Inclusive of 1 Tea Break & Lunch
and materials on Yoga and
Ayurveda for Diabetes.*

Jointly Organised By:

Vyasa YOGA
Singapore

**FREE
for all!**

**One Complimentary Yoga
Therapy session worth \$35
at Vyasa Yoga Singapore.*

**For pre-registered
participants only.*

Deepavali Celebration

Spend an evening with us to celebrate the Festival of Lights. Be entertained by cultural dance performances and listen to the history of how this festival came to be. Experience the arts and culture of this Indian festivity at our various booths. After that, partake in a sumptuous dinner buffet spread. All are welcomed to join!

Date: Sunday, 6 Nov '16

Time: 4pm – 8pm

Fees: Member \$15, Public Officer \$18,
Member's Guest \$20

Venue: CSC @ Tessensohn

Contact: Hai Ming at 6391 5607 or
onnhaiming@csc.sg

Register By: 30 Oct '16





Miss Peregrine's Home for Peculiar Children (2D)



When Jacob discovers clues to a mystery that spans different worlds and times, he finds Miss Peregrine's Home for Peculiar Children. But the mystery and danger deepen as he gets to know the residents and learns about their special powers.

**Thursday, 6 Oct '16
6.30pm (TBC)
Shaw Lido
Register By: 25 Sep '16**

Marvel's Doctor Strange (2D)



After his career is destroyed, a brilliant but arrogant and conceited surgeon gets a new lease on life when a sorcerer takes him under her wing and trains him to defend the world against evil.

**Thursday, 10 Nov '16
6.30pm (TBC)
Shaw Lido
Register By: 30 Oct '16**

Fantastic Beasts and Where to Find Them (2D)



The adventures of writer Newt Scamander in New York's secret community of witches and wizards seventy years before Harry Potter reads his book in school.

**Session 1*
Tuesday, 22 Nov '16
Session 2*
Thursday, 24 Nov '16
6.30pm (TBC)
Shaw Lido
Register By: 10 Nov '16**

For more enquiries, please contact Hai Ming at 6391 5607 or onnhaiming@csc.sg

FEES:

- **CSC Main Card Holder \$10 for 2 movie tickets, \$20 for 4 movie tickets**
- **Public Officer/Guest \$8.50 per ticket**
- Each CSC main card holder is entitled to 1 pair of movie tickets and/or 1 set of 4 movie tickets for the same movie. CSC main card holder can purchase additional tickets at \$8.50 each.
- Supplementary, Public Officers and Guest may purchase the tickets at \$8.50 each.

HOW TO PARTICIPATE:

- Please make payment to reserve the tickets. Tickets will be issued by CSC staff on event day at cinema.
- Seats will be allocated on a first-come-first-served basis, based on time of payment received.
- Screening time is subject to change.
- Payment options for CSC members:
 - 1) Register and process payment online using Internet Explorer: <http://www.civilserviceclub.com/cscems/>
 - 2) Proceed to Clubhouse Front Office for payment. Operating Hours: 9am – 8.30pm
- Please note that your tickets may be arranged on different rows and are not exchangeable or refundable.
- These Movie Treats are subsidised by Civil Service Club. Tickets are available while stocks last.

what's happening

FOR LOVERS OF GOOD FOOD

WINE & DINE at CSC



Make it a night to remember by indulging in a delicious 8-course dinner spread that features the Five-Kind Cold Dish Combination, Double Boiled Chicken Soup with Mushroom & Fish Maw, Mixed Roasted Meat, Creamy Butter Prawn, Steamed Sea Bass with Bean Crumb, Braised Mushroom with Broccoli, Fried Hong Kong Noodle and Lemon Grass Jelly.

We have also specially prepared a wonderful selection of 5 bottles of wine for each table to go along with your dinner spread.

To ensure that your Wine & Dine event is made even more memorable, we have organised some highlights which include entertainment, fun games and a lucky draw. So join us, you don't want to miss this!

Date: Friday, 4 Nov '16

Time: 7pm – 9.30pm

Fees: Member \$380 per table, Public Officer \$430 per table, Member's Guest \$450 per table (*Includes 5 bottles of wine*)

Venue: Qian Xi (Farrer Park) Restaurant, CSC @ Tessensohn

Contact: Gek Cheng at 6391 5624 or kuagekcheng@csc.sg

Register By: 21 Oct '16

LUXURY yacht TOUR

Join us on our relaxing Luxury Yacht Tour and be surrounded by the sun, sea and sand! Come aboard the grand L400 yacht and be spoilt by all its facilities and comfort. You will be taken to the Southern Islands as you enjoy a sumptuous BBQ lunch fully prepared by the yacht's crew. After a lavish lunch by the beach, you will head down to the waters to do some kayaking, snorkelling and even some fishing (*all equipment is provided free-of-charge!*)

- * All participants are welcome to bring additional food to the BBQ at no extra charge.
- * Equipment for kayaking, snorkelling and fishing available on first-come-first-served basis.



Date: Saturday, 26 Nov '16

Time: 9am – 5pm (*boat leaves at 9.30am, subject to weather conditions*)

Fees: Member \$195, Public Officer \$210, Member's Guest \$220 (*Min age 5 yrs old*)

Venue: Boat will depart from One Degree 15 Marina

Contact: Hai Ming at 6391 5607 or onnhaiming@csc.sg

Register By: 16 Oct '16



NATIONAL DAY WINE & DINE 2016

On 12 August, over 450 members and guests celebrated Singapore's 51st birthday at Qian Xi Restaurant in Tessensohn Clubhouse. The atmosphere was electrifying as everyone was in one spirit and sang with all their hearts to Singapore's favourite National Day song "Home".

Those who were born in the month of August were soon invited on stage for a birthday celebration and cake cutting. Every guest had the opportunity to enjoy the cake as well! Shortly after, CSC Singing Star 2015 contestant Krischelle Manuel Fernandez mesmerised the crowd with the singer's rendition of the evergreen song "Colors of the Wind". Ventriloquist Mr Joseph then took the evening's mood

to another level by bringing laughter to the audience with his puppets. Everyone was in high spirits and clearly enjoyed every moment of the night's programme.

The highlight of the evening was the finale where emcee Lay Cheng led the audience through a rousing medley of National Day songs. Everyone was enraptured by a deep sense of love for Singapore, which was felt strongly in the air!

At the end of the night, Guest of Honor Mr James Quek gave away prizes to 30 lucky draw winners. It was indeed a memorable night for those who gathered in celebration of Singapore's birthday.



CSC Member: \$40/ticket

**Public Officer/Member's Guest:
\$48/ticket**
(Usual Price: \$68)

Open dated admission ticket valid for
1 entry on any of the 16 event nights.

How to participate

- 1) For members, please register and process the payment online using Internet Explorer <http://www.civilserviceclub.com/cscems/>
- 2) For Public Officers, please proceed to our Clubhouse Front Office for payment.
Operating Hours: 9am - 8:30pm

- Booking Closing Date: 12 Sep '16
- The tickets purchased are not exchangeable or refundable.
- After payment, you will receive an email when your tickets are ready for collection at CSC @ Tessensohn Front Office.
- Express pass is not available.
- The tickets are subsidised by Civil Service Club.
- Limited tickets available while stocks last.

For more enquiries, please contact Serene Cho at 6391 5620 or email to serenecho@csc.sg



WARNING!

EVENT MAY BE TOO INTENSE FOR YOUNG CHILDREN
AND IS NOT RECOMMENDED FOR CHILDREN UNDER
THE AGE OF 13. NO COSTUMES OR MASKS ALLOWED.

event highlights

Happy Birthday, SINGAPORE!

CSC@Changi was awash in a sea of red and white as members, families and friends came decked out in national colours to celebrate Singapore's 51st birthday.

Contributing to the carnival atmosphere were a variety of activities from the movie screening of Zootopia, yoga sessions and photo sessions with parrots, to stage games and bowling, darts and cup-stacking competitions – some of which started as early as 8am. And the activities proved to be a hit among families. "I like the parrots", said three-year-old Isabelle Ho, who was spotted playing with the budgies. Second-time event goer Alice Wong added, "I like the activities and the family atmosphere. It's also not overcrowded. There are more things to see this year."

The cup-stacking competition, in particular, proved to be an action-packed bonding experience for families. Coming out tops in the parent-child stacking contest was Jojo Hernandez and his nine-year-old son Andrei. "Stacking is something we have fun together as a family," he said. His older



son Justin, who was also among the day's winners, agreed. "It's great to have my brother and parents cheering us on."

Of course, the highlight of the day was the screening of the National Day Parade. As families streamed in with picnic mats to reserve their favourite spots, bazaar stalls presented them with tasty offerings ranging from Mao Shan Wang durian to rainbow cookies to sandwiches. Said Peter Ho, from the Singapore Police Force, "My wife is very happy about the durians. We can watch the Parade and eat."

As the sky dimmed overhead, the Parade went into full swing. The crowd sang, cheered and clapped along with fellow Singaporeans at the National Stadium in a true display of solidarity. With a shower of fireworks, the Parade came to a close but the party at CSC@Changi was far from over.

No birthday celebration would be complete without cake. The crowd sang happy birthday to the nation and all the August babies present before enjoying their own piece of National Day cake. The Club

also held a lucky draw where 12-year-old Ng Renharng walked away with a two-night stay at CSC Changi Clubhouse.

Muhammad Fahmy, who was at a family staycation at CSC Changi, summed up the day for

everyone. "There's a great atmosphere when you watch in a crowd. It's the next best thing as we couldn't get tickets to NDP. We'll definitely be back next year!"



03



"I'm happy to celebrate my birthday with everyone in Singapore. My family are all CSC members. We booked a room here to celebrate and watch the Parade. I like that the Club is near the beach."

- Foo Shaoning, 13

- 01 Striking a pose in the yoga session
- 02 One of the many colourful bazaar stalls at our NDP celebration
- 03 Mr Charlie Ng celebrating with the August babies
- 04 You're never too young to celebrate
- 05 Racing against time at the cup-stacking competition
- 06 Photos with parrots and cockatoos proved to be a crowd favourite

Changi Clubhouse Wins HARI RAYA PUASA DECORATIONS CHALLENGE

The Civil Service Club is proud to announce that Changi Clubhouse has beaten the other two Clubhouses to be the winner of the CSC Hari Raya Puasa Decorations Challenge. Both Tessensohn and Bukit Batok Clubhouses put in their effort but Changi stood out best among all 3 in this vibrant competition.



Tessensohn Clubhouse



Bukit Batok Clubhouse

Hari Raya Puasa signals the end of Ramadan, the Islamic holy month of fasting. This special occasion begins with prayers and is followed by celebrations and feasting among family and friends. Many Muslims would celebrate

this festival by wearing new clothes, giving each other gifts and decorating their homes. The three Clubhouses got into the festive spirit as they were beautifully decorated in anticipation for this festival but also with the hope of clinching the Decorations Challenge Award.

The challenge was aimed at encouraging team work among the staff of each clubhouse and for every staff to "think out of the box" with the added twist of using recycled materials in the decorations.

The staff bonded and took ownership of their clubhouse as they worked together to come up with an innovative Hari Raya Puasa theme for a centre piece at their Clubhouses, the bowling centre and the overall clubhouse decor.

In the end, Changi Clubhouse managed to wow the judges with the most creative way of reusing materials to beautify their Clubhouse while keeping to the theme.

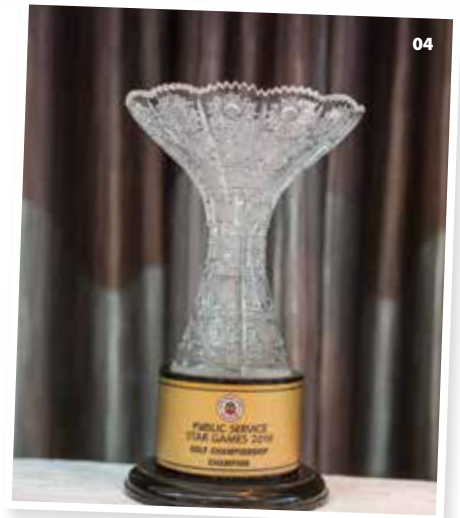
The decorations competition will also be open during the other festive seasons like National Day, Deepavali, Christmas and Chinese New Year. So visit our Clubhouses and keep a lookout for details of the next festive decoration!

FIT TO A TEE

It was a display of camaraderie and fitness at the Public Service Golf Championship as some 240 public officers from the various ministries and statutory boards teed off at Orchid Country Club (OCC). Taking place from 15 to 17 August, the three-day competition saw public officers chalk up birdies and pars while catching up with fellow officers from across the public service.



01



04

The Ministry of Defence was outstanding in the team event, clinching both the first and second positions. Clad in matching blue-and-white golf shirts in a show of unity, team captain Law Ngee Kee explained that good team chemistry was key to their victory.

“

“Our team plays together regularly, and we know how to play to each other's strengths. We adjusted our strategy after our loss to MHA last year, and this seems to have paid off. We're happy to regain the championship.”

- Law Ngee Kee, Team Captain of the Ministry of Defence



02

As the tournament drew to a close, there were smiles and congratulatory chatter all around. The competitors tucked in to a sumptuous buffet lunch on 17 August at the OCC's Emerald Suite, awaiting the much-anticipated prize presentation ceremony. True to the sporting spirit of the games, cheers and applause rang out across the ballroom as the individual and team winners took to the stage to receive their prizes, which ranged from golf bags to shoe bags and gift vouchers.



03

Ajitpal Singh from the Ministry of Home Affairs (MHA), who clinched the top prize for the Best Gross in Division A, proved that you are never too young to pick up a sport. “I've been playing since I was 10 years old. I was also the overall gross score champion in the 2013, 2014 and 2016 Public Service Golf Championship.”

01 The Mindef team celebrating with Mr Charlie Ng after clinching the team championship

02 Medals for our top golfers

03 Prizes galore for the winners

04 The coveted team championship trophy

05 Enthusiastic cheers as the prize winners are announced

06 MHA's Ajitpal Singh receiving his prize for Best Gross Score in Division A from Mr Tan Boon Huat

Indeed, teamwork, camaraderie and fun were the order of the day. "It's more than a game. Through it we build relations and network with other government agencies. It paves the way for possible collaborations," said MHA's Robin Goh.

For Callie Chew from People's Association, one of the handful of women golfers at the event, the game extends beyond friendship. "I picked up golf four years ago. My colleagues and I took classes together. It's a way to keep active and exercise."

The dual emphasis of building bonds and staying healthy is something that Guest-of-Honour and CSC Chairman, Board of Games, Mr Tan Boon Huat, emphasis. "It's good to see people from so many different agencies taking part. Through events like this, we want to promote a healthy lifestyle among officers and their families. It's also an opportunity for different agencies to meet in an informal atmosphere and to understand the diversity of the public service and take pride in it."



CONGRATULATIONS TO THE WINNING TEAMS IN THE 2016 PUBLIC SERVICE GOLF CHAMPIONSHIP!

RESULTS

Champion:	Ministry of Defence (1)
1st Runner-Up:	Ministry of Defence (2)
2nd Runner-Up:	Ministry of Home Affairs
3rd Runner-Up:	JTC Corporation



A PERFECT WALK IN THE MACRITCHIE RESERVOIR PARK

It was the perfect time for walking in the afternoon of 26 July 2016 and over 300 public officers did just that. It had rained earlier but the sky cleared in time to provide the perfect weather for participants who were looking forward to a good workout at the MacRitchie Reservoir Park organised by the Civil Service Club. After a warm up session, they enthusiastically set off for the 5km walk after flagging off by Guest-of-Honour and CSC Executive Committee Member Mr Melvin Yeo.

Ms Siti Rohana Dollah from the Inland Revenue Authority of Singapore was one of those who gathered at 4pm for the CSC Walk. It was her first time strolling through this nature park reserve that bordered Singapore's first reservoir and she was apprehensive at first. A 5km walk seemed so far and she wondered if she could make it through.

The feeling changed as she was soon captivated by the sight of peaceful mirror-like reservoir waters and playful monkeys and the smell of fresh clean after-rain air. It was like being transported to the tranquil rainforest of Malaysia's Taman Negara National Park.

When asked how she felt after walking for one and half hours, Siti Rohana Dollah replied, "accomplished, satisfied and spirits lifted even though I was tired". She would definitely go for the next CSC Walk again.

On reaching the end point, participants received fun packs and also participated in a lucky draw.



RUN BY THE BAY A RACE TO THE FINISH



The usually quiet morning air around The Float @ Marina Bay was abuzz as seasoned runners and marathon newbies alike turned up for the CSC Run by the Bay 2016 on 31 July.

Over at the Pandang, the 5km fun runners, together with cyclists and other running groups, were flagged off by Guest-of-Honour Ms Grace Fu, Minister of Culture, Community and Youth. Held in conjunction with the inaugural Get Active! Singapore, the run aims to encourage exercise amongst people of different ages and fitness levels.

said Ms Jayne Tan from Changi General Hospital who took part in the 21km Ekiden event with two colleagues.

Regardless of their motivations, the result was a sea of satisfied faces enjoying a massage and savouring the complimentary ice-cream while sharing their experiences with each other – something that Jasmine Goh, who placed first in the 21km Women's Open category, noticed.

Indeed, the participants had different motivations for taking part in the CSC Run. For active ager Najendran Krishnan from MOE, it was about the people. "When I join the CSC Run, it feels like I belong to the civil service community and I'm running with my corporate family." Others like Mr. Prashan D. Silva, who came in tops in the 10km Men's Open category, had bigger aspirations. "I'm trying to get into the National Team. My coach is also here. He's part of the MOE seniors winning team."

New in this year's CSC Run is the 21km Ekiden events. "I exercise regularly but I formed the team to encourage my colleagues to run. They seldom exercise so I wanted to encourage them,"

"I like the atmosphere at the CSC Run. I've been joining every year since 2012. Everyone seems to know everyone. During the run itself you can see participants encouraging their team mates."

- Ms Jasmine Goh, Champion,
21km Women's Open Category



Arriving as early as 4.30am at The Float, some stretched while others did warm up jogs as they waited to be flagged off for their 21km and 10km events at 5am and 6.45am respectively. Guest-of-honour, Mr Tan Boon Huat, CSC Chairman, Board of Games, did the honours and the runners took off.

- 01 Mr Charlie Ng is one of the invited guests to sound the foghorn to kick off the 5km fun run
- 02 Say cheese!
- 03 Double winner, Jacklyn Tan, picking up her lucky draw prize

- 04 Mr Tan Boon Huat posing with representatives from Sport Singapore - one of the event sponsors
- 05 Live entertainment adding to the atmosphere after the race

event highlights



Podium finish or not, the important thing was that everyone took up the challenge and completed the run. In celebrating their achievement, the event concluded with a lucky draw which featured an array of prizes from sporting gear to headphones and cameras. The top prize of a JVC luxury sound system went to a very happy Jacklyn Tan from MOE – the day's double winner. "This is the second win for me as I also won the 10km Women's team event!"

Surprises of the Day

The winning women's team of the 21km Ekiden beating the men's team by 7 minutes. "It's awesome to beat the guys! We'll definitely be back next year!" – Ms Sue Corser



The runner who came late but still placed fourth in the 21km Men's Open category.

"When I arrived, they had already flagged off and the runners had left the start line. I chased them until I caught up with the big group at the bridge. My motivation when I was running was to see my baby and wife at the end."

– Mr Ahmad Lamchannak

The participant in the 21km event who came dressed as Peter Pan.

"When I wear costumes, I'm reminded that the run is for fun and I don't feel so stressed. It also lifts up the morale of other runners, and encourages them during the run."

– Mr Mikel Quek



RESULTS

Open Category

21KM Men Open

Champion: Daniel Kiprotich Kogo
1st Runner up: Evan Chee

21KM Women Open

Champion: Jasmine Goh
1st Runner up: Aileen Tan

10KM Men Open

Champion: Prashan D. Silva M.P.
1st Runner up: Khemraj Rai

10KM Women Open

Champion: Marta Sawicka
1st Runner up: Anna Helowicz

Public Service Category - Individual Events

21KM Men Individual

Champion: Yuting Loh
1st Runner up: Jagat Magar

21KM Women Individual

Champion: Yan Wang
1st Runner up: Ye Hong Kok

10KM Men Individual

Champion: Ghim Khoon Ho
1st Runner up: Bijaya Gurung

RESULTS (CONT'D)

10KM Men's Active Agers Individual

Champion: Yoon Tai Choon
1st Runner up: Pak Sum Lu
2nd Runner up: S M Cheong

10KM Men's Senior Individual

Champion: Kevin Tan
1st Runner up: Ku Seow Wee
2nd Runner up: Ramesh Palaniandy

10KM Women Individual

Champion: Man Yun Yong
1st Runner up: Khai Leng Chua
2nd Runner up: Elaine Lim

10KM Women's Senior Individual

Champion: Itsuko Tanaka
1st Runner up: Stella Lee
2nd Runner up: Yong Peng Lam

Public Service Category - Team Events

10KM Men Team

Champion: MHA Team 1
1st Runner up: MOE Team A

10KM Women Team

Champion: MOE Team A (Women Open)
1st Runner up: Running Babes

10KM Men's Active Agers Team

Champion: MOE Team A
1st Runner up: Team HDB

10KM Men's Senior Team

Champion: MHA PSC Mens Senior Team 1
1st Runner up: MOE Mens Senior Team A

10KM Women's Senior Team

Champion: MOE Senior Women Team A
1st Runner up: SPS Womens Senior

Ekiden - Open Category

21KM Ekiden Men Open Team

Champion: William Perry, Lars Knutsen, Olav Kjetil Lysen
1st Runner up: Chip Hoe Neo, Guolin Ng, Francis Tan

21KM Ekiden Women Open Team

Champion: Sue Corser, Kellyn Tan, Vanja Cnops
1st Runner up: Yuan Ping Chong, Wee Lee Yap, Pei Lei Tay

Ekiden - Public Service Category

21KM Ekiden Public Service Men Team

Champion: Dev Kumar Rai, Nbijay Kumar Sunuwar, Nimesh Gurung
1st Runner up: Paras Ghale, Jit Bahadur Gaha, Shiva Rai

21KM Ekiden Women Open Team

Champion: Jia Di Lim, Juliet Nicole Lim, Charissa Goh
1st Runner up: Rebecca Chua, Hwee Siang Jocelyn Lim, Kiat Eng Lilian Low

WE WOULD LIKE TO THANK ALL OUR SPONSORS WHO MADE THIS RACE POSSIBLE.

In Support of Sports Promotion



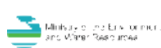
In Conjunction With



Supported By



Venue Partners



Official Apparel



Official Heart Rate Watch



Official Eyecare Partner



Official Shoe



Official Laundry



Official Music Gadget



Official Muscle Rub



Official Sports Tape



Official Running Magazine



Official Energy Patch



Official Coach



Official Lozenge



Official Credit Card



Official Online Media



Proudly presented by



CIVIL SERVICE CLUB

SINGAPORE DUATHLON

**19 NOV
2016**

ANGSANA GREEN, EAST COAST PARK

**RUN IT.
BIKE IT.
DU IT.**

**Take up a NEW
Sporting Challenge**

Race distances suited to newbies and seasoned athletes, adult and kids.
Add fun to your run and take this first step towards your multi-sport journey.

Race Category	Run	Bike	Run
Standard Distance	10km	36km	5km
Sprint Distance	5km	18km	2.5km
Mini Distance	1.5km	12km	1.5km

Race Category	Run	Bike	Run
Junior Distance	5km	18km	2.5km
Youth Distance	1.5km	12km	1.5km
Kids Distance	750m	6km	750m

**Exclusive 20%
discount**

Offer available for all categories for Public Officers and CSC members.
NEW THIS YEAR: you can now register your family and have them join in the fun!

NEW!

**Championship
STAR GAMES**

By entering the Standard Relay (men / women) with a team of 3 (2 runners and 1 cyclist) in the Public Service Category, your agency is eligible to compete and win championship points.

More information at www.singaporeduathlon.com

MetaSport



Sport
SINGAPORE



ZXU

NEWTON

PURE
SPORTS NUTRITION

Ocean



FinisherPix

SPORTS NEWS

Our players have showed lots of determination and guts in the Public Service STAR Games, pushing themselves to go beyond. Though few win the gold medal, everyone is a winner in their own right and we celebrate that.

MINISTRY OF HEALTH NARROWLY CAPTURES CHINESE CHESS CHAMPIONSHIP

16 JULY 2016

The function rooms in Tessensohn Clubhouse turned into a battle of the minds on 16 July 2016 as teams from nine government agencies gathered to out-maneuvre each other in the Public Service Chinese Chess Competition.

It finally came down to arch-rivals Ministry of Health (MOH) and Ministry of Education (MOE). Both their "A" teams battled to the last round in a closely fought match for a nail-biting finish. In the end, after all the scores were tallied, MOH narrowly



Guest-of-Honour Mr Lau Wah Ming, CSC Executive Committee Member, gave out prizes to the winning team.

defeated their arch opponent to clinch the championship.

When asked on their winning strategy, team manager Dr Lim Chau Sian replied that the lineup of players was based on their 'playing styles and strengths' but they would 'spring a few surprises on their opponents at times'. However, Dr Lim pointed out that 'whether they win or not is not the most important thing. Everyone had fun and enjoyed the day.'

RESULTS

Champion:	Ministry of Health
1st Runner-Up:	Ministry of Education
2nd Runner-Up:	Ministry of Defence
3rd Runner-Up:	Ministry of Home Affairs



7-TIME WINNER MHA CONTINUES TO BOLT TO ROCK CLIMBING VICTORY

30 JULY 2016

30 July 2016 saw 21 teams from six government agencies congregating at Climb Asia Climbing Centre at Tessensohn Clubhouse, each aiming to be the fastest team to climb to the top of the competition. It was also the day where Ministry of Home Affairs (MHA) sent their biggest contingent ever.

With many involved in the National Day parade rehearsals, MHA saw their numbers reduced by half and only one women's team competing. In the women's category, they faced stiff challenges coming from People's Association and Ministry of Education. "MHA teams had to ensure they performed their best to clinch the Overall Championship title and for the ladies, they knew that getting 2nd place was a must", said MHA's Climbing Convenor Muhammad Yazid Bin Mohd Yusof.

Climbing together for at least 4 years under the guidance of experience coaches, the

MHA's teams were able to get through the crux. Their men swept the top 3 positions and the women's team grabbed the much-needed 2nd placing. With the excellent performance, the agency retained their Overall Championship title for 2 years running.

Guest-of-Honour Mr Jackson Koh, CSC Executive Committee Member, presented prizes to the winning teams.



RESULTS

Women's Category

Champion:	Ministry of Education
1st Runner-Up:	Ministry of Home Affairs
2nd Runner-Up:	People's Association
3rd Runner-Up:	Ministry of Defence

Men's Category

Champion:	Ministry of Home Affairs (1)
1st Runner-Up:	Ministry of Home Affairs (3)
2nd Runner-Up:	Ministry of Home Affairs (2)
3rd Runner-Up:	People's Association

OVERALL POSITION

Champion:	Ministry of Home Affairs
1st Runner-Up:	Ministry of Education
2nd Runner-Up:	People's Association
3rd Runner-Up:	Ministry of Defence





NEWS



Cyclists' Retreat

Our members went on a weekend retreat at the CSC Changi Resort on 25 and 26 June 2016. After a morning ride to Tanjung Rhu for our coffee, we checked into our villa. The villa, which had a commanding view of Changi Creek, was sponsored by CSC. Members enjoyed themselves in a friendly bowling competition and a relaxing dip in the pool. However, the highlight was the barbecue, which was accompanied with liquor brought by members. The merrymaking went on till the wee hours. As the event was a success, the Committee will plan another one next year.

Shimano Bike Museum

Join us for a special ride to visit the Shimano Bike Museum at the SportsHub. This event will be held in late September and details will be released in our WhatsApp Chat and Facebook page. Do not miss this opportunity to learn about bike components and the latest bicycle technology.



Car-Free Sundays



Since the introduction of monthly car-free Sundays, our Club have organised easy rides in the City. Keep a look out for announcements in our Facebook page and WhatsApp Chat and come join us.



Whatsapp



CSC/facebook.com





Bike Tours in Taiwan

Many members have shown interest to join this year's Taiwan bike tours. Guests had even joined as members to take advantage of the special Cycling Members' package. As participation has always been good since we organised this in 2013, you would not want to miss out on this!

The tours will be held from 25 Nov to 3 Dec 2016:

Package	Description	Total
Tour A (4D3N, 25 – 28 Nov '16)	Wuling (3275m above sea level) is for experienced cyclists only.	NT 18,000
Tour B (7D6N, 27 Nov – 3 Dec '16)	Leisure ride from Sun Moon Lake to Taipei (total distance – 385km)	NT 25,000
Both Tour A & B		NT 40,000

Registration is open. So email the organiser, Paul Chan at paul_kl_chan@hdb.gov.sg by 15 Sep '16.



Tanjung Balau & Rengit Ride (18 - 19 June 2016) by Oei Su Cheok

The weather could not have been better with clouds and a sprinkle of rain to cover our two-day bike tour of Tanjung Balau.

The CSC cyclists were in awe as we reached the rolling hills of Tanjung Balau at southeastern Johor. We took in the sights of tidal pools, colourful fishing boats and exposed rocks that filled this tranquil beach resort, feeling glad that we had come on this trip.

After disembarking at the ferry terminal in Pengelih, we navigated our bicycles over a recently constructed road as part of the coastal road usually taken was closed or had become part of a development. After some 20km, we managed to get onto the original road as we headed for Sungei Rengit town.

Sungei Rengit is a stopover for cyclists travelling on coastal East Johor. Despite its small size, Rengit offers a wide variety of food. We would always discover new restaurants, despite visiting this fishing town multiple times. We spent half a day sampling different local food.



On our return journey, scenes of village life gave way to luxurious resort living as we headed into Sabana Cove Resort. We lunched in style at the clubhouse as we prepared for the final stretch of our trip. This part took us through oil palm plantations. It was a sight to behold seeing oil palm fruits placed along single-lane tracks, ready to be collected. There were also small villages situated amongst plantation plots, complete with shops and mosques.

We emerged from the plantation onto the familiar Kota Tinggi road as we approached Pengelih's ferry terminal, signalling the end of our trip. While we were eager to be home, the cyclists felt that this scenic route deserved another visit.

We want to thank our team leader Robin for organising this bike tour. We enjoyed the comfortable pace that was set and are looking forward to the next tour to Cameron Highlands.

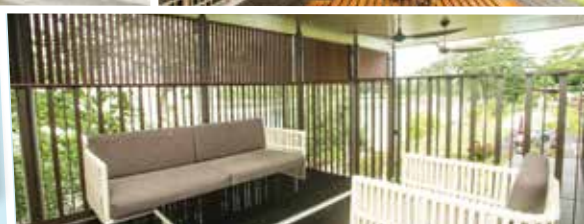
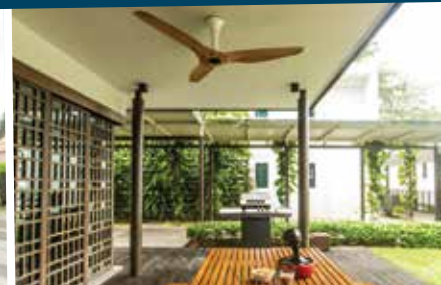


Experience the best that the east has to offer by visiting CSC @ Changi. It is open to all who wants to spend a restful staycation, enjoy delectable food spreads offered by its hip eateries and having fun with the resort's entertainment and sporting activities.

CSC @ Changi BIGGER & BETTER!

CSC @ Changi was honoured to be featured in the The Straits Times' Life Weekend on 29 July 2016. Life Weekend commented the club's chalets as 'among the poshest chalets in town' while the villas were described as resembling 'stylish private houses built by designer architects, with clean, minimalist designs and lots of windows for natural light.'

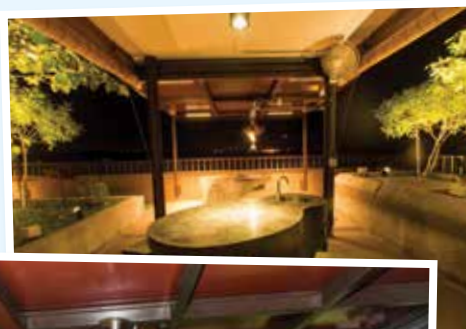
With the recent enhancement on the shelters of the Club's Superior, Deluxe and Premier villas, you can now enjoy more of your wonderful staycation in a bigger and better place. Grab those villas before they are gone!



NEW! Shelter Enhancement at Superior/Deluxe/Premier Villa



CSC Members can book online!



The BBQ Pavilion in CSC @ Changi now comes with shelter and cooker exhaust to bring your BBQ experience to the next level. Come rain or shine, you can enjoy a wonderful BBQ with your family and friends. Members enjoy preferential rates and can now book the BBQ pits online at www.cscchangi.sg

Season	Member	Public Officer
Off-peak	\$30	\$45
Peak	\$50	\$75



CSC @ Changi is now on WhatsApp!



CSC @ Changi is now on WhatsApp! Send your enquiries or give us your feedback and suggestion by adding us on WhatsApp at 96467716.





Gatherings In An Idyllic Location Now At A Discount!

The Changi Clubhouse's function rooms provide the perfect space for you.

The function rooms can contain up to 80 people so you don't have to be too concerned about the number of people you should invite and focus more on planning for your event. The rooms are situated in an idyllic location that is away from busy Singapore. Your guests or colleagues will be in a relaxing mood and all ready for the programme ahead as they step into the place.

Book with us at least 2 months from your event and enjoy an early bird discount of 15%! Now you can have a high-quality space for your needs at an even affordable price. So don't miss out on this opportunity and contact Trystan Shim: trystanshim@csc.sg or May: chiamaychen@csc.sg

**15%
discount!**

Standard Room (About 40-50 pax, depending on setting)	Half Day (Off-Peak)	Half Day (Peak)	Full Day (Off-Peak)	Full Day (Peak)	Logistics
Public Organisation Rate	Packaged Price \$447	\$475	\$587	\$643	4 Round Tables, 40 Chairs, 1 Long Table, 2 Flip Charts, 1 Projector, 2 Complimentary Parking Coupons, Cleaning fees
	Early bird discount (2 months in advance) 15%	15%	15%	15%	
	Price after less \$379.95	\$403.75	\$498.95	\$546.55	
Non- Public Organisation Rate	Packaged Price \$503	\$542.20	\$699	\$777.40	
	Early bird discount (2 months in advance) 15%	15%	15%	15%	
	Price after less \$427.55	\$460.87	\$594.15	\$660.79	

Large Room (About 80-100 pax, depending on setting)	Half Day (Off-Peak)	Half Day (Peak)	Full Day (Off-Peak)	Full Day (Peak)	Logistics
Public Organisation Rate	Packaged Price \$774	\$830	\$1,054	\$1,166	8 Round Tables, 80 Chairs, 2 Long Tables, 2 Flip Charts, 1 Projector, 4 Complimentary Parking Coupons, Cleaning fees
	Early bird discount (2 months in advance) 15%	15%	15%	15%	
	Price after less \$657.90	\$705.50	\$895.90	\$991.10	
Non- Public Organisation Rate	Packaged Price \$886	\$964.40	\$1,278	\$1,434.80	
	Early bird discount (2 months in advance) 15%	15%	15%	15%	
	Price after less \$753.10	\$819.74	\$1,086	\$1,219.58	

Standard Room (About 40-50 pax, depending on setting)	Half Day (Off-Peak)	Half Day (Peak)	Full Day (Off-Peak)	Full Day (Peak)	Logistics
MEMBER	Packaged Price \$267	\$283	\$347	\$379	4 Round Tables, 40 Chairs, 1 Long Table, 2 Complimentary Parking Coupons, Cleaning fees
Private Event - Wedding / Birthday	Early bird discount (2 months in advance) 15%	15%	15%	15%	
	Price after less \$226.95	\$240.55	\$294.95	\$322.15	
NON-MEMBER	Packaged Price \$299	\$321.40	\$411	\$455.80	
Private Event - Wedding / Birthday	Early bird discount (2 months in advance) 15%	15%	15%	15%	
	Price after less \$254.15	\$273.19	\$349.35	\$387.43	

Large Room (About 80-100 pax, depending on setting)	Half Day (Off-Peak)	Half Day (Peak)	Full Day (Off-Peak)	Full Day (Peak)	Logistics
MEMBER	Packaged Price \$534	\$566	\$694	\$758	8 Round Tables, 80 Chairs, 2 Long Tables, 4 Complimentary Parking Coupons, Cleaning fees
Private Event - Wedding / Birthday	Early bird discount (2 months in advance) 15%	15%	15%	15%	
	Price after less \$453.90	\$481.10	\$589.90	\$644.30	
NON-MEMBER	Packaged Price \$598	\$642.80	\$822	\$911.60	
Private Event - Wedding / Birthday	Early bird discount (2 months in advance) 15%	15%	15%	15%	
	Price after less \$508.30	\$546.38	\$699	\$774.86	

TESSENSOHN CLUBHOUSE

Modern Facilities in *The Heart of The City*

The ideal central location that provides a high-quality space for your recreational and sporting needs now comes with new and improved facilities. So your experiences can be even more fulfilling and enjoyable.



Modern Auditorium

Our auditorium is fully fitted with an upgraded AV and lighting system, acoustics, seats and a functional stage.

Modern with a smart contemporary design, you can organise seminars and performances in a venue that is professional looking. The auditorium is also conveniently located, thus making your big events easily accessible to your audience.



Family Zone Games Arcade Now Open!

Get in touch with the child in you and relive your best video game battles at our recently

revamped Family Zone Games Arcade. There are also Little Tikes toys and fixtures at the children's fun and learning corner to occupy your young ones. This family and healthy lifestyle themed centre opens daily from 10am to 10pm so your entire family can look forward to a whole day of fun!

New and Improved Function Rooms

Every detail had been attended to as we went about improving our function rooms and this is reflected in our beautiful new floorings and exquisitely designed fixtures. Furthermore, our rooms have the flexibility to be set up according to different specific needs so you have the choice to make your event as intimate or as grand as you want it to be. You can be sure to have a successful function in a fine-looking setting.



Kids' Party @ Family Zone

The Family Zone provides an ideal space for any children's celebration. Decorated with vivid colours as well as a fun-filled decor, kiddies can have a memorable time with their family and friends. So don't wait, make your child's next party at the Family Zone!

Contact us for any enquires and bookings

Jacqueline Tang at 6391 5605 or jacquelinetang@csc.sg
Shamira at 6391 5623 or shamirajohari@csc.sg



Get great deals with these vouchers and enjoy special discounts at Planet Bowl. Just one of our ways to reward you for being our member. Go ahead and book your next bowling event with us.

Prepaid Vouchers
\$40 for a \$50 voucher
\$80 for a \$100 voucher

Return Discount Voucher
10% discount on your return corporate event with minimum spending of \$150 in a single receipt

Loyalty Rewards
15% to 30% special discounts on corporate events

Referral Rewards
Bowling vouchers to individuals who successfully refer new Corporate Events

LOYALTY Rewards

Terms & conditions apply. For more details, please email julianah@csc.sg

BUKIT BATOK CLUBHOUSE

Shelters With Lightning Protection

Shelters with lightning protection will soon be built on the upper and lower tiers of the swimming complex at the Bukit Batok Clubhouse. These shelters will give swimmers and those around the swimming pool necessary refuge if the weather turns for the worse.

The lower tier also provides the perfect cool shade as you look out to the pool. Construction begins in mid-September and will go on for 8 weeks so you don't have to wait too long to enjoy a more positive experience at our pool.



Upper Tier Of Swimming Complex (Next To Lap Pool)

Lower Tier Of Swimming Complex
(Facing Wave Pool)



STAFF HEALTHY LIFESTYLE SCHEME

3 of our staff chalked up 1 Million Steps each over a period of 4 weeks. For this achievement, our GM, Mr Charlie Ng presented each of them a Fitbit Alta. Mr P. Vishnu • Mr Anthony Sengol • Mr A. Masilamani*



Mr Charlie Ng with Mr P. Vishnu (left) and Mr Anthony Sengol (right)

*Mr A. Masilamani was absent during the photo session

Civil Service Club
Ends 31 October 2016

ORDINARY MEMBERSHIP PROMOTION

(For Public Officers)

<http://www.csc.sg/Civil-Service-Club-New-Membership-Sign-Up>

**Apply online and receive a
\$10 CSC voucher!**

**VIDI Camera with
Accessories**
(Includes a selfie-stick,
waterproof case & 4GB MicroSD)
RRP \$179

Promo code:
VIDI



**5-Year
Ordinary
Membership
\$360***

OR

**Claude Bernard Gents
or Ladies Watch**
(Swiss-made)
RRP \$315

Promo code:
**CB53007-L
CB53007-G**



OR



Promo code: **CRN2N**

Chalet 2 Nights**
(Off-Peak)
RRP \$296

**2-Year
Ordinary
Membership
\$144***

24" Luggage Bag
RRP \$60

Promo code:
LUG1



*Picture for illustration
purpose only.*

**\$6 per month
Ordinary
membership***
(Deductible via
Payroll)

**Toiletries
Bag**
RRP \$10

*Picture for
illustration
purpose only.
While stocks last.*



**3-Year
Ordinary
Membership
\$216***

**Klipsch
EarPhones**
(Compatible with
IOS and Android)
RRP \$139

Promo code:
KLIPSCH



OR

**Guy Laroche
Gents or
Ladies Watch**
(New Model)
RRP \$220

Promo code:
**GR6071-01
LR6071-01**



OR

Chalet 1 Night**
(Off-Peak)
RRP \$148

Promo code: **CRN1N**



<http://www.csc.sg>



63915 604 / 6514 6396



membership@csc.sg

Terms and conditions apply:

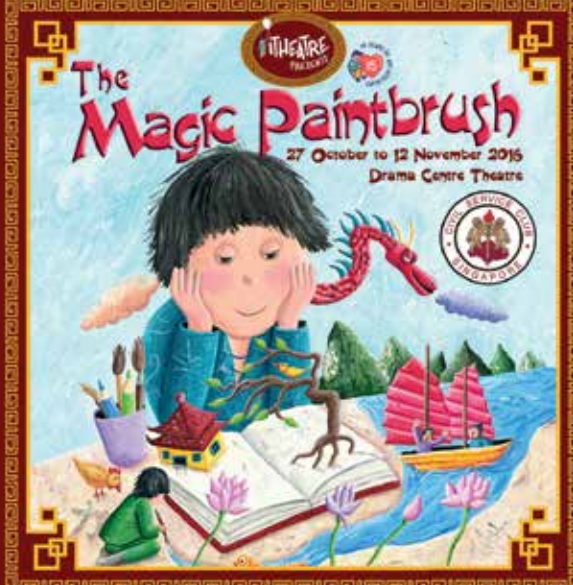
*While stocks last.

**Chalet rooms apply to off-peak period from Monday to Thursday during non-school holidays.
Upgrade to peak period available but subject to availability.

CSC MEMBERS' **Perks**

Being a CSC member sure pays off! Just flash your CSC card to enjoy these privileges. Check out the great deals in store for you!

Civil Service Club Members enjoy 15% OFF
Simply quote or key in this password when booking: **CSC-MPB-016**



The Magic Paintbrush
27 October to 12 November 2016
Drama Centre Theatre

Perfect for anyone from 3 to 103 years old!
BOOK NOW!

SISTIC Website: www.sistic.com.sg, SISTIC Hotline: (65) 6348 5555
SISTIC Authorised Agents Island-wide.

[f](#) [t](#) [i](#) [a](#) [v](#) [e](#) [@itheatre](#)sg www.itheatre.org team@itheatre.org

CIVIL SERVICE CLUB MEMBERS ENJOY 15% OFF A & B RES!*

Enter Promo Code **SAVE15CSC** through sistic.com.sg / MarinaBaySands.com
Valid till 4 Dec, 2016 for all showtimes.

*Some seat conditions apply. Booking fees apply.



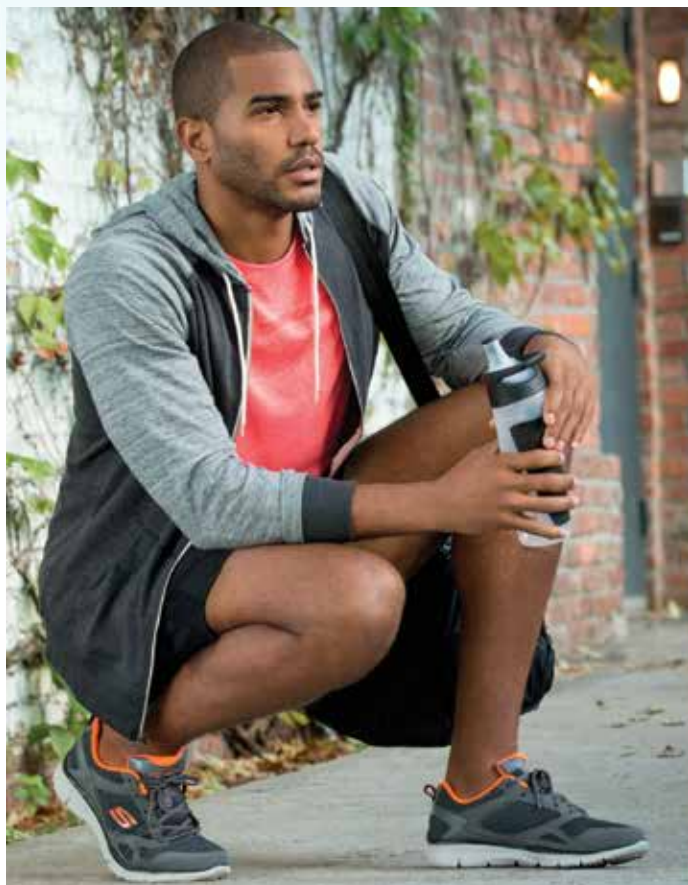
Hi5 Fairytale

2015 winner of
BEST PRESCHOOL PROGRAMME
Asian Television Awards

2-4 DEC 2016

MasterCard THEATRES

[f](#) [t](#) [i](#) [a](#) [v](#) [e](#) [@itheatre](#)sg www.itheatre.org team@itheatre.org



SKECHERS

CSC MEMBERS ENJOY

10% off
Regular Priced Footwear

5% off
Sale Footwear

Apply to all
Skechers concept / outlet stores.

[f](#) SKECHERS [i](#) SKECHERSSG
www.skechers.com.sg

HANDS ON GROOMING FOR BASIC SKINCARE AND MAKEUP

Want to achieve that radiant, smooth and younger looking skin? Learn on how to maintain good skin with a basic skincare regime and pick up easy makeup techniques with beauty consultant Winnie Tay.

Date: Saturday, 1 Oct or 5 Nov '16

Time: 2pm – 4pm

Fees: Member \$5, Public Officer \$10, Member's Guest \$12

Venue: CSC @ Tessensohn

Contact: Hai Ming at 6391 5607 or onnhaiming@csc.sg

Register By: 1 week before each session



FINANCE

INVESTING FOR STARTERS

Have you always wanted to buy your first stock but do not know where to start? Come join our UOB Kay Hian Investor Centre dealers as you learn the benefits of investing in shares and how to add the right stocks into your portfolio, in order to meet your investment objectives.

Sign Up Now!

- ✓ Free 1-to-1 coaching provided!
- ✓ 1 Lucky Spin with every account opened with UOB Kay Hian Investor Centre
- ✓ Attractive prizes up for grabs!



Date: Saturday, 22 Oct '16

Time: 1pm – 3pm

Fees: Member \$5, Public Officer \$10, Member's Guest \$12

Venue: CSC @ Tessensohn

Contact: Gek Cheng at 6391 5624 or kuagekcheng@csc.sg

Register By: 14 Oct '16

RETIRE A MILLIONAIRE

Want to find out the secrets to retiring as a millionaire? This informative workshop gives an introduction to retirement planning and equips you with different strategies to protect your Retirement Nest Egg. You will also learn techniques to grow your wealth.

Date: Saturday, 15 Oct '16

Time: 2pm – 4pm

Fees: Member \$5, Public Officer \$8, Member's Guest \$10

Venue: CSC @ Tessensohn

For course outline:

Contact: Hai Ming at 63915607 or onnhaiming@csc.sg

Register By: 8 Oct '16

PLAN YOUR WILL & LASTING POWER OF ATTORNEY (LPA) TALKS



Mr Kenneth Low is an Associate Financial Consultant and a certified Associate Estate Planning Practitioner accredited by the Society of Will Writers & Estate Planning Practitioners in UK and the Wealth College. Learn from him as he provides you with unique tips and practical ideas through the following talks.

Plan Your Will

Pass on your legacy without any hassle and be equipped with the essential knowledge on how to get your estate in order so as to bring about peace of mind to your family members.

Date: Saturday, 24 Sep '16

Register By: 16 Sep '16

Lasting Power of Attorney (LPA)

A person may lose his mental ability to make decisions due to various reasons and cannot take care of himself. It is important to appoint someone you trust most to handle your affairs and personal welfare when that happens. Find out more about the LPA and the process involved in making it.

Date: Saturday, 22 Oct '16

Register By: 14 Oct '16

For the above courses:

Time: 11am – 12.30pm

Fees: Member \$5,

Public Officer \$10,

Member's Guest \$12

Venue: CSC @ Tessensohn

Contact: Gek Cheng at 63915624 or kuagekcheng@csc.sg



HANDS-ON BAKING WITH HARRY

Join Chef Harry for more baking treats that you can whip out from your kitchen through this series of workshops.



Tea Breads

Delight and surprise your friends with this array of hearty breads that everyone can happily partake.

Spice Maple Loaf Bread

Spice and maple give this aromatic loaf its rich colour. Great when toasted as it brings out the subtle maple flavour.

Cheese and Onion French Loaf

A light textured loaf flavoured with onion and cheese, mustard and oregano.

Crumpets

Bubbles are formed as the batter cooks and burst over the surface, giving the crumpets their characteristic honeycomb structure.

Date: Saturday, 24 Sep '16

Fees: Member \$55, Public Officer \$60, Member's Guest \$65

Register By: 16 Sep '16

Cakes Around the World

Take a trip around the world with these irresistible treats that you can share with your loved ones without having to leave the confines of your home.

Italian Tiramisu

A popular coffee-flavoured classic Italian dessert. This rich treat blends the bold flavours of cocoa and espresso with savoury mascarpone cheese and wine.

Australian Lamington Cake

A delightful picnic cake fashioned after the iconic Australian Lamington Slice. It has layers of tangy sponge cake sandwiched between citric fruit jam, drizzled with chocolate ganache and topped with coconut.

Austrian Sacher Cake

A decadently rich chocolate torte finished with a glossy chocolate glaze.

Date: Saturday, 1 Oct '16

Fees: Member \$60, Public Officer \$65, Member's Guest \$70

Register By: 26 Sep '16

Popular Local Bites

Learn to make these traditional creations and share them with your family and friends.



Ang Ku Kueh, Black Ku Kueh, Green Ku Kueh

It is the much-loved steamed "kueh" whose influence stretches across several communities.

Teochew Png Kueh

This Teochew delicacy is a beautiful pink hue rice flour skin wrapped with flavourful glutinous rice, pressed onto a wooden mould before being steamed to perfection.

Soon Kueh

The dumpling-like kueh is filled with a fragrant mixture of shredded turnip, dried shrimps and other ingredients and wrapped in a smooth flour skin.

Date: Saturday, 22 Oct '16

Fees: Member \$50, Public Officer \$55, Member's Guest \$60

Register By: 14 Oct '16

Breakfast Breads

Start of your day right by baking these delicious breads. Your family does not need to visit your local bakery to fulfil their breakfast needs.

Cinnamon Breakfast Rolls

Tender and delicious roll that goes well with your hot aroma strong coffee.



Multi-grain Spa Bread

A very healthy bread for making sandwiches or just mere toast to serve with soup and salad.

Doughnut

Doughnuts are terrific on their own or simply dusted with confectioners' sugar or coated with a layer of velvety chocolate with nuts sprinkled on top.

Date: Saturday, 5 Nov '16

Fees: Member \$55, Public Officer \$60, Member's Guest \$65

Register By: 28 Oct '16

Tim Sum Delights

Prepare these Chinese favourites and impress your guests with your cooking skills.

Golden Lava Pau

With the oozing of its iconic sweet-salty salted egg molten custard filling, it's definitely gonna be love at first taste.

Man Tou

A popular Chinese steamed bun. We love it with a dip of delicious chilli crab sauce!

Meat and Vegetables Bun

Another tasty bun using the same dough.



Radish Carrot Cake

Irresistible morning breakfast treat made of radish.

Date: Saturday, 12 Nov '16

Fees: Member \$50, Public Officer \$55, Member's Guest \$60

Register By: 4 Nov '16

For all the above courses:

Time: 2pm – 5pm

Venue: CSC @ Tessensohn

Contact: Gek Cheng at 6391 5624 or kuagekcheng@csc.sg

FOOD

WHAT MAKES GOOD FOOD WORKSHOPS

Join Chef Lisa as she shows how you can make food that taste as good as they look right from your very own kitchen.



Workshop Entrées

Broaden your cooking skills by cooking traditional and contemporary dishes.

- Salted Egg Yolk Puffs
- Black Pepper Seafood Pasta
- Taiwan Mein Cha

Date: Saturday, 16 Jul '16

Time: 2pm – 5pm

Register By: 8 Jul '16

Learn to cook special dishes with pork and create art through bread making.

- Roast Pork Belly With Crackling (Siu Yuk)
- Golden Pork Lard Pasta Special
- Roman Bread Art

Date: Friday, 26 Aug '16

Time: 7pm – 9.30pm

Register By: 19 Aug '16

Treat your friends and family to these fruity and milky treats.

- Kumquats Fruity Roast Chicken
- Yolk Custard Sponge Boat
- Homemade Condensed milk

Date: Sunday, 11 Sep '16

Time: 2pm – 5pm

Register By: 5 Sep '16

Whip up a set of dishes of different textures and tastes.

- Penang Assam Laksa
- PÃO DE LEITE Leopardo Milk Loaves
- Luncheon Crisps

Date: Sunday, 2 Oct '16

Time: 2pm – 5pm

Register By: 27 Sep '16

Widen your knowledge of traditional dishes and be amazed by the beauty of Jell-O Art.

- 3D Jell-O Art Demo
- Jacuzzi Claypot Ribs
- Claypot Herby Chicken Soup

Date: Saturday, 12 Nov '16

Time: 2pm – 5pm

Register By: 4 Nov '16

Beat the post-Christmas blues by making more Christmas dishes.

- X'mas Bread Meat Pie
- X'mas Kale Pasta Special
- Merry X'mas Oreo Cheese Cake

Date: Friday, 30 Dec '16

Time: 7pm – 9.30pm

Register By: 22 Dec '16



For all the above courses:

Fees: Member \$18, Public Officer/Member's Guest \$25

Venue: CSC @ Tessensohn

Contact: Gek Cheng at 6391 5624 or kuagekcheng@csc.sg

In Collaboration Partners:



RECYCLING DIY TABLE LAMP WORKSHOP

Keep those wine bottles and give them a second life! During the workshop, you will learn how to drill a hole on the recycled bottle, decorating the bottle with acrylic paint and fix the lamp holder together with wiring. Each package comes with 1 light bulb holder, lamp shade, switch and plug, acrylic paint. We promote recycling so feel free to bring your own material (beads, ribbon or buttons) or bottles to showcase your creativity. (Light bulb not included)

Date: Saturday, 8 Oct '16

Time: 2pm – 5pm

Fees: Member \$60, Public Officer \$65, Member's Guest \$68

Venue: CSC @ Tessensohn

Contact: Serene Cho at 6391 5620 or serenecho@csc.sg

Register By: 25 Sep '16



PERSONALISE YOUR PERFUME ACCORDING TO YOUR PERSONALITY

Would you love to have your own perfume blended according to your personality? In this workshop you will learn to formulate the perfect signature scent that captures the essence of your personality. Your personalised scent will then be used for your own potpourri.



Date: Saturday, 1 Oct '16

Time: 2pm – 4pm

Fees: Member \$39, Public Officer \$45, Member's Guest \$48

Venue: CSC @ Tessensohn

Contact: Serene Cho at 6391 5620 or serenecho@csc.sg

Register By: 25 Sep '16

FUN

ALTERATIONS 101

Have you love something that you bought but can't wear it? Our alteration workshop will give you an overview of alteration. You will learn techniques to alter your garments and give them a professional finish after getting them to your desired lengths.



Date: Sunday, 11 Sep or 9 Oct '16

Time: 10.30am – 1.30pm

Fees: Member \$68, Public Officer \$72, Member's Guest \$78
(All materials, sewing tools & domestic sewing machines provided).

Venue: Trengganu Street

For more details:

Contact: Vanessa at 6391 5641 or vanessachoo@csc.sg

Register By: 5 Sep or 3 Oct '16

TOTE BAG & DRAWSTRING POUCH SET

Want to make a hand tote to contain your magazines or tablets? Join us in learning how to make a set of B5-sized reversible tote bag & an easy drawstring pouch! This class is perfect for beginners to sewing.



*All materials, sewing tools & domestic sewing machines provided.

Date: Sunday, 25th Sep Or Saturday, 15th Oct '16

Time: 2.30pm – 5.30pm

Fees: Member \$80, Public Officer \$85, Member's Guest \$90

Venue: Trengganu Street

Contact: Vanessa at 6391 5641 or vanessachoo@csc.sg

Register By: 18 Sep or 8 Oct '16

WATERCOLOUR BRUSH CALLIGRAPHY

The possibilities with watercolour brush calligraphy are endless! In this workshop you will learn easy and helpful techniques about colour blending. You will be given lots of materials to help you as you learn. Colour blending will be the focus of this class. There will be no dull moments at all during the 4-hour period as you will have fun learning how to write in lowercase and uppercase with color blending.

Date: Saturday, 24 Sept '16

Time: 2pm – 6pm

Venue: CSC @ Tessensohn

Register By: 17 Sep '16

Date: Saturday, 15 Oct '16

Time: 1pm – 5pm

Venue: CSC @ Bukit Batok

Register By: 9 Oct '16

For all the above courses:

Fees: Member \$100, Public Officer \$125, Member's Guest \$135 (all materials provided)

Contact: Vanessa at 6391 5641 or vanessachoo@csc.sg



PERSONALISE & CUSTOMISE YOUR OWN ACCESSORIES USING STRINGING & LOOPING METHOD (ELEMENTARY)

Put a modern-day twist on the classic accessory and spice up any outfit. In this series of workshops, you will make use of special jewelry pieces for your creations. The trainer and facilitator will be at hand to assist you as you customise your pieces. You will then get to bring them home to surprise your special someone. Tools and handouts will be provided.

Elementary Workshops will comprise 3 sessions:

Session I

Stringing Method: Demonstration and Hands-on Session to create a Bracelet.



Session II

Designing
Looping Method: Demonstration and Hands-on Session to create a pair of Earrings.

Session III

Designing (2 hours)
Looping Method: Revision and Hands-on Session to create a Charm Bracelet (Pandora look-a-like).

Date: 3 Saturdays in Sept or Oct '16

Time: 9am – 11am, 1pm – 3pm, 3pm – 5pm (choose a timing)

Fees: Member \$60, Public Officer \$70, Member's Guest \$80
(one time material fees of \$10 to be paid to workshop trainers)

Venue: CSC @ Bukit Batok

Contact: Vanessa at 6391 5641 or vanessachoo@csc.sg

Register By: 1 week before class

PERSONALISE & CUSTOMISE YOUR OWN ACCESSORIES USING LOOPING METHOD (EXPLORATORY)

Looping Method: Demonstration and Hands-on Session to create a pair of Leather Bracelet / Keychain.

Create a Leather Bracelet / Keychain using the Looping Method in this hands-on session. A trainer and facilitator will be assisting each participant. You will get to bring home your completed Leather Bracelet / Keychain.

Date: 1 Saturday in Sep or Oct '16

Time: 12pm – 2pm

Fees: Member \$15, Public Officer \$20, Member's Guest \$25

Venue: CSC @ Bukit Batok

Contact: Vanessa at 6391 5641 or vanessachoo@csc.sg

Register By: 1 week before class



CHEK JAWA BOARDWALK EXPLORER TOUR



Go on an adventurous tour to discover Chek Jawa's six ecosystems and the diverse array of animal species that inhabit these unique habitats. Our experienced guide will share with you about the physical features of the wetlands and interesting facts on some faunas and floras as you get up close to nature. You won't want to miss this!

Date: Sunday, 4 Sep or 25 Sep or 2 Oct or 16 Oct '16

Time: 8.15am – 11.15am

Fees: Member \$16, Public Officer \$22, Member's Guest \$25
Suitable for children aged 3 and above
(Fees includes a licensed nature guide and land transport to and fro Chek Jawa. Participants have to prepare \$6 for 2-way boat ride.)

Venue: Changi Point Ferry Terminal

Contact: Serene Cho at 6391 5620 or serenecho@csc.sg

Register By: 1 week before event date (Pre-registration is required. Limited seats per departure)

TREKS

Embark on an adventure that will take you through treks that will show you a different side of Singapore. So put on your walking shoes and join us!

De Choo Choo Trek

An adventurous time awaits those who dare join us on this exciting noon trek to re-discover the lost Jurong railway line. Be prepared for a rough but fun time as we explore the railway line and the tranquility of the surrounding jungle.



Date: Saturday, 17 Sep '16

Time: 3.30pm – 6.30pm

Venue: Bukit Timah

Register By: 10 Sep '16

De Coughing Hill Trek

Join us on this noon trek to check out Bukit Batok. Discover scenic quarries, historical sites, beautiful sceneries and possibly some creepy places. You need to be moderately fit to enjoy this trek.



Date: Saturday, 15 Oct '16

Time: 3.00pm – 6.00pm

Venue: Bukit Batok

Register By: 17 Oct '16

For the above treks:

Fees: Member \$15, Public Officer \$16, Member's Guest \$18 (per trek)

Contact: Serene Cho at 6391 5620 or serenecho@csc.sg

BEGINNER ANGLER COURSE

Interested in trying out fishing or searching for a new hobby? Join us at the scenic Lazarus Island, one of Singapore's best kept secrets, where you will learn to use a fishing setup confidently and to handle a fish that has been caught.

Course outline:

- ✓ Ferry transfer to and from Lazarus Island
- ✓ Beginner Angler's course handbook and starter kit
- ✓ Fishing equipment and accessories
- ✓ Light refreshments



Don't forget to bring:

- Drinking water (at least 1.5l per person – There is no F&B vendor on the island.)
- Sun block
- Sunglasses
- Small pouch or bag to keep your starter kit
- Raincoat (in case of rain)
- Insect repellent
- Swim wear if you intend to take a dip in the sea during the breaks (There are no bathing facilities but toilet with water hose is available for washing up. The water on the island is not potable.)

Date: Saturday, 8 Oct '16

Time: 8.30am – 5.30pm

(Ferry shall depart at 9.00am. Arrive 30 minutes before boat departure time. Please be punctual.)

Fees: Member \$85, Public Officer \$90, Member's Guest \$95
(Min age 5 years old)

*5-12 year olds must be accompanied by at least an adult who is also taking the course.

*No lunch is provided, please prepare lunch before leaving to the island.

Venue: Place of embarkation is Marina South Pier, course will be at Lazarus Island

For more details:

Contact: Hai Ming at 6391 5607 or onnhaiming@csc.sg

Register By: 1 Oct '16

LUNCH IN THE DARK EXPERIENCE

Lunch in the Dark aims to raise awareness towards visual impairment through a dining experience. You will be required to consume a full course meal in complete darkness. This will be a transformational yet challenging dining process as you try to locate your cutlery and fill up an empty glass without spillage.

Date: Saturday, 5 Nov '16

Time: 11.30am – 1pm

Fees: Member \$39, Public Officer \$40, Member's Guest \$42

Venue: Ngee Ann Polytechnic

Contact: Serene Cho at 6391 5620 or serenecho@csc.sg

Register By: 25 Sep '16

BALLOON SCULPTURING WORKSHOPS

Curious on how to make those interesting balloon shapes? Join our workshops and discover various balloon twisting techniques for those inspiring sculptures. Here's your chance to transform ordinary balloons into interesting characters and models.

3ft Heart Shaped Balloon

A wonderful gift for that special one!

Date: Saturday, 24 Sept '16

Angry Bird and Cartoons Balloon

This is for those Angry Bird movie fans out there!

Date: Saturday, 12 Nov '16



For the above courses:

Time: 9am – 11am

Fees: Member \$15, Public Officer \$20, Member's Guest \$25 (Exclude material fee of \$10)

Venue: CSC @ Tessensohn

Contact: Vanessa at 6391 5641 or vanessachoo@csc.sg

Register By: 1 week before class

SG POOLS TOUR

Curious about what goes on behind the scene of Singapore's only legal lottery and sports betting operator, Singapore Pools? In this informative tour, you will find out the chances of winning the lottery and where the money goes each time a bet is placed.



Date: Thursday, 24 Nov '16

Time: 4.30pm – 6.45pm

Fees: Member \$3, Public Officer \$4, Member's Guest \$5 (Minimum age 18)

Venue: Meet at SG Pools Lobby at 4.15pm, Singapore Pools HQ, 210 Middle Road, #01-01

Contact: Hai Ming at 6391 5607 or onnhaiming@csc.sg

Register By: 17 Nov '16

CUPS SPEED STACKING

Sport stacking involves stacking plastic cups in sets of patterns and sequences in the fastest time possible. Join us and learn this art as it helps improve your hand-eye coordination and trains you to use both sides of your brain.



Date: 4 Saturdays, 12 Nov – 3 Dec '16

Time: 9am – 10am

Fees: Member \$80, Public Officer \$90, Member's Guest \$100

Venue: CSC @ Tessensohn

Contact: Hai Ming at 6391 5607 or onnhaiming@csc.sg

Register By: 5 Nov '16

KARAOKE SINGING CLASSES

Let our instructors bring your singing talent to a higher level in our newly refurbished training room! Learn to sing your vowels and discover more about phonetic dictions, tempos and breathing exercises. Ms Ivy Wee and Ms Teriesa Goh are qualified vocal instructors from Wu Jia Ban Vocal Training School and have a Certificate in Music and Vocal Music Theory.



English Karaoke Singing Class (Conducted by Ms Ivy Wee)

中文+福建歌唱班招生 (吴美香老师指导)



吴美香老师拥有专业声乐教育证书, 她有多年的教学经验, 目前在吴家班歌唱学院任职。她将教导学员如何应用歌唱的13种基本功夫和技巧及汉语拼音和福建拼音来诠释不同曲风的歌曲。

课程内容:

学唱一首歌, 歌唱基本功夫练习以及一对一雕歌 (学员可自由选择歌曲)

Date: 10 Wednesdays, 23 Nov '16 – 25 Jan '17

Time: 7.30pm – 9.30pm

Venue: CSC @ Tessensohn

Fees: Member \$150, Public Officer \$180, Member's Guest \$185

Contact: Serene Cho at 6391 5620 or serenecho@csc.sg

Register By: 13 Nov '16

INTRODUCTION TO SAKE

Sake is a popular alcoholic drink made from fermented rice. Join this workshop and find out how this drink is made. You will also learn to differentiate the different grades and pair different types of sakes with food.



Get to taste these sakes:

- 1 x Junmai (entry premium grade)
- 1 x Honjozo (entry premium grade)
- 1 x Ginjo (mid range)
- 1 x Daiginjo (high end)
- 1 x Junmai Daiginjo (high end)

Date: Saturday, 8 Oct '16

Register By: 1 Oct '16

WARM VS COLD SAKE TASTING

Many people would ask: why drink sake hot or cold? In this workshop, you will learn about the myth and tradition of the temperature of drinking sake. Try 4 different grades of sake at different temperatures!

Get to taste these sakes:

- Futsu-shu
- Honjozo
- Junmai
- Ginjo
- Daiginjo

Date: Saturday, 5 Nov '16

Register By: 25 Oct '16

For the above courses:

Time: 11am – 1pm

Fees: Member \$50, Public Officer \$60, Member's Guest \$70

Venue: Inter Rice Asia @ Kallang Avenue

Contact: Vanessa at 6391 5641 or vanessachoo@csc.sg

TENNIS BY SINGAPORE TENNIS SCHOOL (STS)

Have you tried our new Cardio Tennis? It is similar to interval training which are periods of high intensity followed by short periods of rest. It is a healthy workout that generates amazing results. Our instructors are all fully certified Australian tennis coaches and have extensive experience in cardio tennis. Regular tennis classes are also available.

Activity	Time	Date (Oct)*	Date (Nov)*
Adult Programmes (Regular Tennis Classes)			
Beginner	9am - 10am	4 Sundays, 2 to 23 Oct '16	4 Sundays, 6 to 27 Nov '16
Intermediate	8am - 9am		
Cardio Tennis Programme			
Cardio	10am -11am	4 Sundays, 2 to 23 Oct '16	4 Sundays, 6 to 27 Nov '16
	7am - 8am Or 8am - 9am	4 Tuesdays, 4 to 25 Oct '16	4 Tuesdays, 1 to 22 Nov '16

Venue: CSC @ Tessensohn

Fees: Member \$110, Public Officer \$115, Member's Guest \$120

Contact: Hai Ming at 6391 5607 or onnhaiming@csc.sg

Register By: 1 week before lesson begins

*No lessons on Public Holidays

*Junior development programmes for children 17 years and below and lessons at CSC@Changi are available, please contact Hai Ming for more details.

Private lessons are available on request, consult coach for more details.



FUN TENNIS

Pick up some tennis basics and have fun on the court with your family and friends! In this course, you will build on your tennis foundation and learn the important skills of footwork, coordination, court sense and even tactics.

Programmes	Time	Days*	Price
Beginners			
Adult @ Tessensohn	10am - 11.30am	6 Saturdays, 24 Sep to 5 Nov'16	Member: \$150
Junior @ Tessensohn	4pm - 5.30pm		Public Officer: \$160
Adult @ Bukit Batok	4pm - 5.30pm		Member's Guest: \$165
Intermediate			
Adult @ Tessensohn	8.30am - 10am Or 5.30pm - 7pm	6 Saturdays, 24 Sep to 5 Nov'16	Member: \$175
Adult @ Bukit Batok	5.30pm - 7pm	6 Sundays, 25 Sep to 30 Oct'16	Public Officer: \$185
Junior @ Bukit Batok	10am - 11.30am		Member's Guest: \$190
Advanced			
Junior @ Tessensohn	4pm - 5.30pm	6 Sundays, 25 Sep to 30 Oct'16	Member: \$200
Adult @ Bukit Batok	5.30pm - 7pm	6 Saturdays, 24 Sep to 5 Nov'16	Public Officer: \$210 Member's Guest: \$215

*No lesson on Eve or Public Holidays

Private group classes are available with a minimum of 4 pax. Kindly consult coach on date and timings.

Contact: Hai Ming at 6391 5607 or onnhaiming@csc.sg

Register By: 31 Aug '16



Be a
CSC Member
at only
\$6/per mth

social activities



WAKEBOARDING

Have a fantastic day out at sea with friends and family in this 4-hour water adventure. Choose to go wave riding on the kneeboard or take up the challenge of riding in the boat's wake on the wakeboard. No prior experience with wake boarding is necessary.

Date: Saturday, 5 Nov '16

Time: 3pm – 7pm

Fees: Member \$80, Public Officer \$85, Member's Guest \$90 (7 pax in a boat)

Venue: Marina Country Club

Contact: Hai Ming at 6391 5607 or onnhaiming@csc.sg

Register By: 29 Oct '16

INLINE SKATING FOR BEGINNERS

Improve your health, fitness, mental through inline skating and have fun learning this popular sport with your friends and family.

Participants are recommended to arrive 15 minutes before lesson to gear up and are required to bring their own socks, water and insect repellent.

Weekday Group Class:

Date: 4 Thursdays, 8 – 29 Sep '16 or 6 – 27 Oct '16

Time: 6.30pm – 7.30pm

Venue: Choa Chu Kang Park

Date: 4 Fridays, 9 – 30 Sep '16 or 7 – 28 Oct '16

Time: 6.30pm – 7.30pm or 8pm – 9pm

Venue: Pinnacle @ Duxton



Weekend Group Class:

Date: 4 Saturdays, 3 – 24 Sep '16 or 1 to 22 Oct '16

Time: 3.30pm – 4.30pm or 8pm – 9pm

Venue: East Coast Park Car Park F1

For the above classes:

Fees: Member's Child \$68, Public Officer's Child \$78, Member's Guest's Child \$80
Fee excludes rental of skating gear, elbow, wrist and knee shields

Contact: Serene Cho at 6391 5620 or serenecho@csc.sg

Register By: 4 Sep '16 & 2 Oct '16

(The lessons are suitable for both adults and children aged 4 and above. Flexibility for parents to arrange class schedule with instructor.)



BOOGIE BOUNCE XTREME FITNESS

Bring your fitness to the next level and boogie to the beat of music in this cardio workout on a mini trampoline. Feel every muscle of your body working within intervals of jumping, bouncing and stomping.

Monday Classes

Date: 4 Mondays, 26 Sep – 17 Oct '16 or 24 Oct – 14 Nov '16

Time: 8pm – 9pm

Wednesday Classes

Date: 4 Wednesdays, 5 – 26 Oct '16 or 9 Nov – 30 Nov '16

Time: 7pm – 8pm

For the above classes:

Venue: CSC @ Bukit Batok

Fees: Member \$80, Public Officer \$85, Member's Guest \$90 (For 4 lessons)

Contact: Serene Cho at 6391 5620 or serenecho@csc.sg

Register By: 1 week before class commencement date

HEALTH

STRONGER KNEES AND JOINTS

Learn the four important areas to have better knee and joint functions. Participants will learn therapy techniques, daily routines and food remedy for stronger knee and better joint.

Date: 4 Fridays, 23 Sep – 14 Oct '16

Time: 7.30pm – 8.45pm

Fees: Member \$70, Public Officer \$75, Member's Guest \$80

Venue: CSC @ Tessensohn

Register By: 16 Sep '16

LOHAS Meridian Self-Therapy Program (LOHAS-MSP)

Re-energise your health to the next level with six comprehensive and practical sessions to relieve and resolve your nagging health issues such as headache and weight issue. (Be our graduate and attend a lifetime refresher training for free.)

Date: 6 Saturdays, 24 Sep – 5 Nov '16 (Except 29 Oct '16)

Time: 2.30pm – 5.30pm

Fees: Member \$310, Public Officer \$320, Member's Guest \$325

Venue: Success Trees Training Room, 12 Arumugam Road, #02-11

Register By: 16 Sep '16

The Pain That You Cannot Ignore

Suffer from nagging headache or upper body pain? These are types of pain that you cannot ignore. Learn useful Meridian Self-Therapy techniques and natural remedies to help you be pain-free eventually.

Date: Friday, 21 Oct '16

Time: 7.30pm – 9.15pm

Fees: Member \$38, Public Officer \$43, Member's Guest \$48 (Inclusive of Hands-on workshop materials)

Venue: CSC @ Tessensohn

Register By: 14 Oct '16

For above courses:

Contact: Gek Cheng at 6391 5624 or kuagekcheng@csc.sg



MERIDIANS AND ACUPRESSURE POINTS FOR HEALTH

Interested to know more about the meridians and their associated acupuncture points in your body? You will acquire useful and practical information on how acupuncture points work and what manual techniques are used to prevent sickness in this series of courses.

Heart Meridian

Date: Saturday, 1 Oct '16

Small Intestine Meridian

Date: Saturday, 15 Oct '16

Bladder Meridian

Date: Saturday, 5 Nov '16

Kidney Meridian

Date: Saturday, 19 Nov '16



For all the above courses:

Time: 10am – 1pm

Fees: Member \$125, Public Officer \$135, Member's Guest \$150 (Fees are for all 4 sessions)

Venue: CSC @ Tessensohn

Contact: Hai Ming at 6391 5607 or onnhaiming@csc.sg

Register By: 24 Sep '16

GROW YOUR OWN ORGANIC HERBS & SPICES

Learn about the Top 10 herbs that are available in Singapore and what they are good for in this informative workshop.

Date: Saturday, 8 Oct '16

Time: 3pm – 5.30pm

Register By: 3 Oct '16



Home-Grown Organic Vegetables

Join us in a hands-on workshop where you can even do it in your HDB flats! Each participant will get to bring home 2 pots of young vegetables and a set of Vegetables-Growing Starter & Care Kit (Worth \$25)

Date: Sunday, 23 Oct '16

Time: 10am – 12.30pm

Register By: 17 Oct '16



For above courses:

Fees: Member \$48, Public Officer \$53, Member's Guest \$58

Venue: CSC @ Tessensohn




Contact: Gek Cheng at 6391 5624 or kuagekcheng@csc.sg

ZUMBA FITNESS @ CSC

Get fit in a fun way! Join us in this cardio dance program which incorporates basic Latin dance moves with resistance exercises. You will burn calories through floor work, circuit training and a good mixture of effective aerobic moves.


Zumba Dance @ CSC Bukit Batok

Join us in this exciting Zumba dance course! Let our experienced instructors bring your fitness workout to the next level with upbeat music and fun moves!

Tuesdays			Thursdays			Fridays		
	Instructor: Haynia			Instructor: Suyi			Instructor: Wendy	
	No. of Classes	Date		No. of Classes	Date		No. of Classes	Date
	4	4 – 25 Oct '16		4	6 – 27 Oct '16		4	7 – 28 Oct '16
	4	8 – 29 Nov '16		4	3 – 24 Nov '16		4	4 – 25 Nov '16
7pm – 8pm			7pm – 8pm			7.30pm – 8.30pm		

Dance with Charlotte @ CSC Tessensohn

Learn from a living example of how Zumba can help with weight loss. Join Charlotte Mizuki as she shows you how she lost 18kg in a year! Charlotte is a qualified group aerobics instructor and Zumba fitness instructor.

Tuesdays		Thursdays		
	Instructor: Charlotte			
	No. of Classes	Date	No. of Classes	Date
	4	4 – 25 Oct '16	4	6 – 27 Oct '16
	4	8 – 29 Nov '16	4	3 – 24 Nov '16
	7pm - 8pm		7pm - 8pm	

For the above courses:

Fees: Member \$50, Public Officer \$55, Member's Guest \$58

Contact: Serene Cho at 6391 5620 or serenecho@csc.sg

Register By: 27 Sep '16 or 25 Oct '16

HYDRORIDER AQUABIKE FITNESS (CIRCUIT TRAINING)

Ready to take your bike session to the next level? Do it in a unique and safe manner that does not put any stress on your joints. The Hydorider AquaBike

exercise routine allows you to pedal while immersed in water. Thus, achieving your weight loss goals while improving blood circulation.



Please bring your own aqua shoes.

Evening Full Sessions (Circuit Training)

Date: 4 Tuesdays, 6 – 27 Sep '16

or 4 – 25 Oct '16

4 Thursdays, 8 – 29 Sep '16 or 6 – 27 Oct '16

For the above courses:

Time: 7.30pm – 8.30pm

Fees: Member \$100, Public Officer \$110, Member's Guest \$120

Venue: CSC @ Tessensohn

Contact: Vanessa Choo at 6391 5641 or vanessachoo@csc.sg

Register By: 1 week before class

PARENT & BABIES / INFANTS SWIMMING CLASSES

There are benefits for babies and infants who partake in swimming during their formative years and these include building their physical and mental health and developing their learning skills. Let your child join our swimming classes to see the benefits.

Reports will be provided to keep you informed of your child's progress and an internal certification will be issued when your child fulfils the requirements of the Swimming Programme after the whole term. Our coaches are accredited with the National Registry of Coaches and the Singapore Teachers Assoc (STA) / Singapore Sports Council / Austswim Australia and are specialised to work with babies and toddlers.

Participants	November Term	Time	Fees
Parent & Babies / Infants (at least 3 months old)	<ul style="list-style-type: none"> 12 lessons per term Once a week on preferred weekday morning Ratio: 2 Instructors to 12 babies/parents 	Choose any preferred time slot: <ul style="list-style-type: none"> 9 am 10 am 11 am Each session is 30 mins long	Member: \$230 Public Officer: \$250 Member's Guest: \$260



Terms and Conditions

- As baby / infant is sensitive towards weather and due to illness, we can arrange for makeup lessons but between 24hrs upon informing.
- There are No Swimming Lessons on Public Holidays and 5th week of the Month (as to cover for the makeup lesson).
- No makeup lesson will be provided if a student/parents misses his/her lesson without informing.
- In the event of any unforeseen circumstances i.e. haze, thunderstorms, HMFD, SARS, etc., we will have to follow the Singapore Sports Council's Guidelines.

Date: Once a week for 12 weeks, 1 Nov '16 – 17 Jan '17

Venue: CSC @ Bukit Batok

Contact: Vanessa at 6391 5641 or vanessachoo@csc.sg

Register By: 25 Oct '16

AROMA FITNESS BALL EXERCISES

Stability balls or fitness balls are a great way to slim down, improve strength and getting back into shape after an injury. Challenge your balance and focus your mind while going through each exercise in this workout. This class incorporates aromatherapy to aid in mood management.

Date: 4 Wednesdays, 5 – 26 Oct '16

Time: 7.30pm – 8.30pm

Fees: Member \$68, Public Officer \$75, Member's Guest \$80

Venue: CSC @ Tessensohn

Contact: Serene Cho at 6391 5620 or serenecho@csc.sg

Register By: 26 Sep '16

Participants are required to purchase their own fitness ball.



KPOP X FITNESS

Revel in this fun aerobic workout as you jam to the rhythm of the most popular K-pop tunes. You will burn up to 500 calories while sweating out to 14 K-pop songs in an hour. These sessions will definitely make you feel like a K-pop star!



Date: 8 Saturdays, 5 Nov – 24 Dec '16

Time: 12.10pm – 1pm

Fees: Member \$100, Public Officer \$110, Member's Guest \$115

Venue: CSC @ Bukit Batok

Contact: Vanessa at 6391 5641 or vanessachoo@csc.sg

Register By: 27 Oct '16

TAHITI DANCE FITNESS

Interested to join a dance fitness program that also includes relaxation and wellness tips? Come taste our delicious blend of vibrant traditional Tahiti dance with a modern fitness twist. You will have fun in this unique all-in-1 mind and body class.



Date: 8 Tuesdays, 4 Oct – 22 Nov '16

Time: 8pm – 9pm

Fees: Member \$85, Public Officer \$88, Member's Guest \$90

Venue: CSC @ Bukit Batok

Contact: Serene Cho at 6391 5620 or serenecho@csc.sg

Register By: 30 Sep '16



AROMA MASSAGE: TECHNIQUE FOR FACE AND BODY SLIMMING

Aroma massage involves combination of essential oils being massaged onto the face and body, resulting in improved circulation and stimulated lymphatic system. You will learn to blend oils and apply them on the body in this hands-on workshop.

All participants must be prepared to work in pairs. Attire will be T-shirt and shorts or pants. Bring a big towel.

Date: Saturday, 24 Sep '16

Time: 2pm – 4pm

Fees: Member \$32, Public Officer \$35, Member's Guest \$38

Venue: CSC @ Tessensohn

Contact: Serene Cho at 6391 5620 or serenecho@csc.sg

Register By: 18 Sep '16

AWARENESS THROUGH MOVEMENT CLASSES

Awareness through Movement is a Feldenkrais Method created by Moshe Feldenkrais. This workshop will help you learn, explore and improve your thinking, movements and senses. Rediscover habits that you hold or do that prevents you from moving efficiently and pick up motor sensory skills to help improve your well-being.

Participants will need to bring a medium size towel. Dress comfortably.

Date: 10 Saturdays, 5 Nov '16 – 21 Jan '17
Time: 10am – 11am

Fees: Member \$110, Public Officer \$115, Member's Guest \$120

Venue: CSC @ Bukit Batok

Contact: Serene Cho at 6391 5620 or serenecho@csc.sg

Register By: 22 Oct '16

JUDO FOR CHILDREN

Help your child improve his hand-eye coordination and motor skills by learning Judo. In this class, your child will learn how to break a fall and prevent injuries caused by accidental falling. The class is conducted by a professional trainer.



Children Beginner Class
(7 – 12 years old)

Date: 4 Sundays, 4 – 25 Sep '16

Time: 9.30am – 10.15am

Date: 4 Sundays, 2 – 23 Oct '16

Time: 9.30am – 10.15am

For the above classes:

Fees: Member \$100, Public Officer \$110, Member's Guest \$120

Venue: CSC @ Tessensohn

Contact: Vanessa at 6391 5641 or vanessachoo@csc.sg

Register By: 1 week before class

YOGA CLASSES BY G YOGA AT CSC CHANGI



Take time to relax and rejuvenate your body with Yoga Master G. Let him help you enhance the harmonisation of your body, mind and soul with some simple breathing exercises and meditation.

Master G is a certified yoga instructor dedicated to working with children and adults and has conducted classes throughout Asia-Pacific.

Date: 8 Saturdays, 24 Sep – 19 Nov '16
(No lesson on 29 Oct '16)

Time: 6pm – 7pm

Register By: 18 Sep '16

Date: 8 Tuesdays, 20 Sep – 8 Nov '16

Time: 7pm – 8pm

Register By: 13 Sep '16

For the above classes:

Fees: Member \$100, Public Officer \$130, Member's Guest \$140 (For 8 lessons)

Venue: CSC @ Changi

Contact: Serene Cho at 6391 5620 or serenecho@csc.sg

*Yoga mats will be provided

TRADITIONAL CHINESE QIGONG

The '3-in-1' Healthcare Qigong provides care to the spleen and stomach by allowing energy 'qi' and nutrition-carrying blood to flow freely. Join Mdm Chan Siok Fong as she shows how Qigong helps maintain health at an acceptable level in order to overcome diseases and premature aging.

LESSON 1: MEDITATION

Learn the breathing and mind-will techniques to feel the flow of the healing Qi.

LESSON 2: MOBILE QIGONG

Learn to combine breathing, mind-will and physical movements to activate the life-healing Qi and allow blood to flow smoothly for self healing.

LESSON 3: SELF-MASSAGE WITH ACUPRESSURE

Combine all exercises to feel the Qi Energy and enter into a state of flow, with emphasis on the teeth, tongue, chest and abdomen.

Date: 3 Thursdays, 6 – 20 Oct '16

Time: 7.30pm – 9.30pm

Fees: Member \$60, Public Officer \$65, Member's Guest \$70

Venue: CSC @ Tessensohn

Contact: Hai Ming at 6391 5607 or onnhaimging@csc.sg

Register By: 27 Oct '16

MUAY THAI YOUR WAY TO FITNESS

Learn self-defence moves while boosting your fitness with Muay Thai, a traditional form of boxing. Let instructor Thien Wen Han show you original Muay Thai techniques and the appropriate use of Thai boxing equipment to ensure a fun and injury-free experience!

Adult Beginner Class

Date: 10 Saturdays, 5 Nov '16 – 21 Jan '17
(No classes on 24 Dec and 31 Dec)

Time: 11am – 12pm

Adult Intermediate Class

Date: 10 Thursdays, 3 Nov '16 – 5 Jan '17

Time: 7pm – 8pm

Date: 10 Saturdays, 5 Nov '16 – 7 Jan '17

(No classes on 24 Dec and 31 Dec)

Time: 9am – 10am

For the above courses:

Fees: Member \$125, Public Officer \$135, Member's Guest \$145

Venue: CSC @ Bukit Batok

Contact: Vanessa at 6391 5641 or vanessachoo@csc.sg

Register By: 25 Oct '16



COMMON WORKPLACE PAINS & ACHES: WHAT YOU CAN DO NATURALLY!

Suffering from common workplace pain and aches?

Join us at this hands-on workshop to identify the causes of your pains and aches. You will learn some basic techniques you can do at home to deal with common pain and aches arising from poor postures at workplace. The techniques are based on yoga principles. You will also have hands-on experience on application of pure essential oils to manage these pains and aches.

Mr Lee Eng Kiat is a certified Iyengar Yoga instructor who has been practising and teaching yoga to manage health since 2000. His yoga classes was featured in newspapers and on Channel U, in the programme 'Style Check-In'.

Date: Friday, 14 Oct '16 or Wednesday, 26 Oct '16

Time: 7.30pm – 9pm

Fees: Member \$5, Public Officer \$8, Member's Guest \$10

Venue: CSC @ Tessensohn

Contact: Serene Cho at 6391 5620 or serenecho@csc.sg

Register By: 2 Oct '16



*Seats are limited to facilitate a hands-on experience. Sign up now!



KIDS

TANK GUNS: LEGO ROBOTICS

The Defence Science Department's Tank Guns technology is getting outdated. In this exciting workshop your child will use Lego Robotics to design and build the next generation Turbo Tank Gun and learn simple programming to automate the firing of the guns.

- To enhance your child's learning experience, he does not need to share his Lego creations.
- Your child will not be able to bring back the LEGO parts.

Date: Saturday, 29 Oct '16

Time: 9am – 12pm

Fees: Member's Child \$55, Public Officer's Child \$60, Member's Guest's Child \$65 (For children aged 8 to 10 yrs old only)

Venue: CSC @ Tessensohn

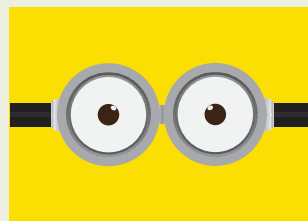
Contact: Vanessa at 6391 5641 or vanessachoo@csc.sg

Register By: 12 Oct '16



DESPICABLE SPY: ANTI-TERRORISM IQ CHALLENGE

Terrorists are planning bomb attacks at several locations but the Despicable Spy Agency is needs help! In this Spy workshop, your child will locate the bombs through solving IQ challenges and puzzles. He will develop teamwork and problem solving skills to accomplish the missions.



Date: Saturday, 24 Sep '16

Time: 9am – 12pm

Fees: Member's Child \$55, Public Officer's Child \$60, Member's Guest's Child \$65 (For children aged 6 to 10 yrs old only)

Venue: CSC @ Tessensohn

Contact: Vanessa at 6391 5641 or vanessachoo@csc.sg

Register By: 17 Sep '16



JUNIOR FUN IN ENGINEERING

Let your child be an engineer for the day. Your child will be challenged and will have fun performing different practical experiments in this workshop. There will also be an introduction to Electronic Blocks components, Clean and Green System and 3D Printing.



Date: Saturday, 22 Oct '16

Time: 2pm – 6pm

Fees: Member's Child \$45, Public Officer's Child \$50, Member's Guest's Child \$55 (For children aged 7 to 10 years old)

Venue: CSC @ Bukit Batok

Contact: Vanessa at 6391 5641 or vanessachoo@csc.sg

Register By: 15 Oct '16

ENJOY
3 clubhouses
at only
\$6/per mth

social activities



3D ADVENTURE CAMP (RESIDENTIAL)

Has your child been spending most of his or her days indoors? What not let them embark on a fun-filled 3-day adventure during their year-end school holidays? Their adventure would include sports climbing, a visit to the Sentosa Adventure Cove and roller blading at East Coast Park. Your child will even have the opportunity to participate in activities held at night. They wouldn't want to miss this exciting camp!

Draft Programme Outline*

Time/Day	Tue (22 Nov '16)	Wed (23 Nov '16)	Thur (24 Nov '16)
9am	Attendance taking	Morning Exercise Self-make Breakfast Area Cleaning	Morning Exercise Self-make Breakfast Area Cleaning
Morning Activities (9.30am-12.00pm)	Ice- Breakers games Get to know each other Games & setting a fire Outdoor Cooking	Proceed for Adventure Cove! Lets go to Sentosa!	Area Cleaning/ Check out. Mini Adventure race! Time check!
Lunch (11.30am-12.30pm)	Yummy! Consist of assortment of meat, vegetables and rice		
Afternoon-Activities (2pm-4pm)	Transfer to CSC Changi East Coast Park for Roller Blading! Visit to the jetty* if possible	Adventure Cove Water Adventures continues!	Rock/Sports Climbing at CSC!
4.30pm	Dinner at resort	Back to Resort	Debrief
6pm			Thanks and see you again!
Night Activities (6pm-8pm)	Night Games-SOLO Walk! Confidence Building Area Cleaning	Night Games candle light Soccer/Craft work	
	Dream Time	Night Snacks & Debrief	

Programs are subject to change without notice. Alternative or similar itinerary would be arranged as deemed fit by the organisers.

- Children are advised not to bring any electronics to the camp.



Date: Tuesday to Thursday, 22 – 24 Nov '16

Time: 9.30am (22 Nov) – 5pm (24 Nov)

Fees: Member's Child \$360, Public Officer's/ Member's Guest's Child \$370
(For children aged 7 – 12 years old)

Venue: Meet at CSC @ Tessensohn

Register By: 8 Nov '16

For details and itinerary:

Contact: Gek Cheng at 6391 5624 or kuagekcheng@csc.sg



KAWAII ANIMAL DONUT DECORATING FUN WORKSHOP

Enjoy donuts in a cute, appetising way! In this creative hands-on workshop, your child will have fun learning basic techniques to transform plain baked donuts into sweet, adorable Animal Donuts that are completely hard to resist while enhancing his motor skills.



*Donuts will be provided for decoration.

Date: Saturday, 26 Nov '16
Time: 10am – 12pm
Fees: Member's Child \$45, Public Officer's Child \$50, Member's Guest's Child \$55
 (For children aged 7 – 12 yrs old)
Venue: CSC @ Tessensohn
Contact: Hai Ming at 6391 5607 or onnhaiming@csc.sg
Register By: 19 Nov '16

KIDS CAN BAKE

(1 Parent & 1 Child pair)
 For children aged 3 to 11 years old

Bring your child for some baking fun while spending quality time together and bring home these treats that you have created together to share with your loved ones.

Snowskin Mooncakes

Date: Saturday, 3 Sep '16
Time: 1.30pm – 3.30pm
Register By: 29 Aug '16

Mini Birthday Cake

Date: Sunday, 18 Sep '16
Time: 4pm – 6pm
Register By: 13 Sep '16

Apple Pie Mummies

Date: Sunday, 16 Oct '16
Time: 10.30am – 12.30pm
Register By: 10 Oct '16

Giant Spider Web Cookie

Date: Saturday, 22 Oct '16
Time: 4pm – 6pm
Register By: 14 Oct '16



For the above courses:

Fees: Member \$60, Public Officer \$65, Member's Guest \$70 (Fee for 1 parent & 1 child)
Fees for additional child: Member \$35, Public Officer \$38, Member's Guest \$40
Venue: City Square Mall #07-08
Contact: Gek Cheng at 6391 5624 or kuagekcheng@csc.sg

MUSIC

MASTER THE ERHU

Love oriental music? The two-stringed Erhu is one of the most popular Chinese instruments and is easy to pick up. Learn from instructor Mr Pang Chin Soon, who has a diploma in Erhu and more than 20 years of experience in playing this instrument.



Minimum class size: 6 participants.
 Participants need to bring along their own Erhu.

Date: 10 Wednesdays, 12 Oct – 14 Dec '16
Time: 7.15pm – 8.15pm (Session 1)
 8.15pm – 9.15pm (Session 2)
Fees: Member \$175, Public Officer \$188, Member's Guest \$192
Venue: CSC @ Tessensohn
Contact: Gek Cheng at 6391 5624 or kuagekcheng@csc.sg
Register By: 5 Oct '16

LEARN TO PLAY UKULELE

Learn a new instrument. Let our instructor Mr Fahmy introduce you to the ukulele, a small Hawaiian guitar-like instrument originating from the 19th century. Mr Fahmy has been a music instructor for more than 10 years.

Beginners Level @ Tessensohn

Date: 6 Mondays, 3 Oct – 7 Nov '16
Time: 7pm – 8.30pm
Fees: Member \$100, Public Officer \$110, Member's Guest \$113
 (Students have to purchase their own ukulele)
Venue: CSC @ Tessensohn
Contact: Gek Cheng at 6391 5624 or kuagekcheng@csc.sg
Register By: 26 Sep '16



SELF IMPROVEMENT

BASIC MALAY LANGUAGE COURSE

Want to converse about everyday situations in the Malay Language with your neighbours? Learn the basics of the language from instructor Ms Sharifah Narimah. Emphasis will be given to simple Malay grammar, conversation and vocabulary building.

Date: 8 Mondays, 26 Sep – 14 Nov '16

Time: 7pm – 9.30pm

Fees: Member \$160, Public Officer \$170, Member's Guest \$180 (Fees exclude additional \$12 of teaching materials to be paid directly to instructor)

Venue: CSC @ Tessensohn

Contact: Hai Ming at 6391 5607 or onnhaiming@csc.sg

Register By: 19 Sep '16

BASIC FRENCH

Pick up language skills for your travel to French-speaking countries. In this course, you will learn Basic French through reading, listening, speaking and writing from instructor Freddie, who has a Master Degree (Hons) in French.

The course lays a strong foundation for the International DELF Diploma awarded by the French Ministry of Education. The Preparatory courses for the DELF exams are conducted at CSC.

Trial/Lesson 1 @ Tessensohn

This trial is for those who want to know more about the language before registering for the course.

Date: Wednesday, 19 Oct '16

Time: 7.15pm – 8.45pm

Fees: Members \$5, Public Officer \$8, Member's Guest \$10

Register By: 12 Oct '16

French Beginner Course

Lesson 2 – 7 @ Tessensohn

Date: 6 Wednesdays, 26 Oct – 30 Nov '16

Time: 7.15pm – 9.15pm

Fees: Members \$160, Public Officer \$170, Member's Guest \$180

Register By: 19 Oct '16

For the above courses:

Venue: CSC @ Tessensohn

Contact: Hai Ming at 6391 5607 or onnhaiming@csc.sg



LANGUAGE & CULTURE WORKSHOP

Have you ever wanted to pick a foreign language? This workshop is just the place for you. Besides language classes, you will also learn the culture related to the language. These courses are carried out by experts from each native country and are ideal for those who want to learn another language in the shortest period of time.



Japanese Language Course

Date: 6 Mondays, 26 Sep – 31 Oct '16

Register By: 19 Sep '16

Korean Language Course

Date: 6 Tuesdays, 4 Oct – 8 Nov '16

Register By: 27 Sep '16

Thai Language Course

Date: 6 Wednesdays, 12 Oct – 16 Nov '16

Register By: 5 Oct '16

For all the above courses:

Time: 7.30pm – 9pm

Fees: Member \$140, Public Officer \$150, Member's Guest \$160

Venue: CSC @ Tessensohn

Contact: Hai Ming at 6391 5607 or onnhaiming@csc.sg

IMPROVE YOUR DIALECT

Dialects are slowly dying in Singapore. Preserve them by learning to communicate with your elders as well as your kinsmen through the use of these languages.

Conversational Cantonese

For Beginners

Date: 4 Mondays, 3 – 24 Oct '16

Conversational Hokkien For Beginners

Date: 4 Wednesdays, 2 – 23 Nov '16

For the above courses:

Time: 7.30pm – 9pm

Fees: Member \$45, Public Officer \$55, Member's Guest \$60

Venue: CSC @ Tessensohn

Contact: Hai Ming at 6391 5607 or onnhaiming@csc.sg

Register By: 1 week before start date



CHINESE CALLIGRAPHY CLASS

Chinese calligraphy (brush calligraphy) is an art unique to the Asian culture. Come and share this appreciation with a keen learner - Wong Joon Tai. You will learn the philosophy and practice of Chinese calligraphy and see demonstrations on Chinese calligraphy writing in this informative workshop.

Date: 10 Thursdays, 17 Nov '16 – 19 Jan '17

Time: 7pm – 8.30pm

Fees: Member \$155*, Public Officer \$165*, Member's Guest \$175* (*Fee exclude \$25 materials cost to be paid to Instructor)

Venue: CSC @ Tessensohn

Contact: Vanessa at 6391 5641 or vanessachoo@csc.sg

Register By: 10 Nov '16



SELF IMPROVEMENT

TRANSFORMATION AT HOME AND AT WORK

Go on a journey to be a better person with this series of workshops! Pick up skills to understand others and yourself better and transform the way you do things at home and work.

5 Unconscious Signs That Your Child is Beyond Stress and its Solutions

Stress has a huge impact on all of us, particularly on our children. In this workshop you will discover truths that will change the way we look at ourselves and our children and walk away with solutions that will support you and your child.

Date: Saturday, 15 Oct '16
Register By: 10 Oct '16

9 keys to a successful career and how Harrison Assessment can support you

Change the way you look at your career by understanding yourself. This workshop will help you discover what may be unconsciously affecting your career advancement. Learn to identify signs of internal blocks to your success at work.

Date: Saturday, 5 Nov '16
Register By: 26 Oct '16

5 proven ways to transforming relationship at home and at work

Communication challenges is a key factor behind many relationship failures. In this workshop you will learn simple & powerful communication tools that will change the way you look at relationships and help you build healthy and lasting ones.

Date: Saturday, 19 Nov '16
Register By: 26 Oct '16

For the above courses:

Time: 2pm – 5pm

Fees: Member \$8, Public Officer \$10, Member's Guest \$15 (Per course)

Venue: CSC @ Tessensohn

Contact: Serene Cho at 6391 5620 or serenecho@csc.sg



PERFORM SPREADSHEET FUNCTIONS (EXCEL 2013)

Interested to know how to use a spreadsheet application? Join this workshop and you will be able to develop, format and modify a spreadsheet. You will also learn to use standard formulas and functions, and create and format graphs or charts.



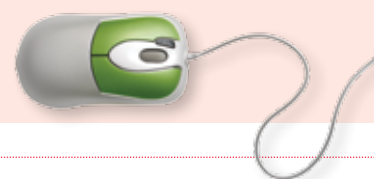
Dates: 3 Saturdays, 10,17 & 24 Sep Or 8, 15 & 22 Oct '16
Time: 8.30am – 6pm
Course Duration: 24 hours
Fees: Member \$120, Public Officer \$130, Member's Guest \$135 (Applicable for Singaporeans & PR aged 21 – 39 years old)
Venue: Orchard Plaza
Contact: Vanessa at 6391 5641 or vanessachoo@csc.sg
Register By: 3 Sep or 1 Oct '16

PERFORM WORD PROCESSING FUNCTIONS (WORD 2013)

Want to be more efficient at work? Join this Word 2013 workshop and be able to accomplish everyday word processing tasks such as letters and other essential documents.



Dates: 3 Saturdays, 10,17 & 24 Sep Or 8, 15 & 22 Oct '16
Time: 8.30am – 6pm
Course Duration: 24 hours
Fees: Member \$120, Public Officer \$130, Member's Guest \$135 (Applicable for Singaporeans & PR aged 21 – 39 years old)
Venue: Orchard Plaza
Contact: Vanessa at 6391 5641 or vanessachoo@csc.sg
Register By: 3 Sep or 1 Oct '16



PERFORM PRESENTATION FUNCTIONS (POWERPOINT 2013)

Impress your audience with your PowerPoint presentation. In this workshop, you will learn about creating, modifying and preparing presentations using different slide layouts and designs.

Dates: 3 Saturdays, 10,17 & 24 Sep Or 8, 15 & 22 Oct '16
Time: 8.30am – 6pm
Course Duration: 24 hours
Fees: Member \$120, Public Officer \$130, Member's Guest \$135 (Applicable for Singaporeans & PR aged 21 – 39 years old)
Venue: Orchard Plaza
Contact: Vanessa at 6391 5641 or vanessachoo@csc.sg
Register By: 3 Sep or 1 Oct '16



SELF IMPROVEMENT

KEY TO CAREER SUCCESS THROUGH NETWORKING

Building meaningful long term relationships is the foundation for our business and career success, particularly in Asia. Join instructors Peter Hum and Preetam Bose in this interactive workshop as they introduce you to tried and true practices to advance your business and career. You will learn to build new networks and nurture existing relationships for long term success and to engage with strangers at any type of events.

Peter Hum is the founder of a leading business consultancy and thought leadership firm in Singapore and has more than 16 years of real-life selling and people networking experience. He has been featured in leading Asian publications. Preetam Bose is the Account Director of a leading Hybrid IT Solution Provider, headquartered in US and has 17 years of international business experience. Preetam is an Executive Council Member of the Association of Telecommunications Industry of Singapore.

Date: Wednesday, 5 Oct '16

Time: 9am – 1pm

Fees: Member \$150, Public Officer \$160, Member's Guest \$170

Venue: CSC @ Tessensohn

Contact: Hai Ming at 6391 5607 or onnhaiming@csc.sg

Register By: 28 Sep '16



Smile Arts DENTAL STUDIO

Comprehensive Care You Can Trust

SmileArts
is one of the Approved Institutions for MCYS Baby-Bonus-Scheme, CHAS Providers and also Medisave Claimable for dental treatments like Oral Surgery, Wisdom Tooth Removal & Dental Implants.

CLEAN SMILE PACKAGE \$100

Inclusive of:

- * Dental Examination
- * Full Scaling & Polishing
- * Fluoride Therapy

HEALTHY SMILE PACKAGE \$175

Inclusive of:

- * Dental Examination with Digital Photography
- * Digital Dental X-ray
- * Detection Of Decays with Advanced Laser Technology
- * Full Scaling & Polishing
- * Fluoride Therapy
- * Antiseptic Mouthwash (if applicable)

KID SMILE PACKAGE \$75
(for children between 6 to 12 yrs old)

Inclusive of:

- * Dental Examination
- * Full Scaling & Polishing
- * Fluoride Therapy (if applicable)

SMURGI-SMILE PACKAGE \$880
(Medisave Claimable)

Inclusive of:

- * Dental Examination
- * Digital Dental X-Ray
- * Surgical Removal Of Wisdom Tooth
- * Medication
- * Review

SMILE IMPLANT PACKAGE \$2750
(After Medisave Deductions)

Inclusive of:

- * Dental Examination
- * Digital Dental X-ray
- * German Implant System
- * Medication
- * Review
- * Implant Crown

WHITE SMILE PACKAGE \$300

Inclusive of:

- * Dental Examination
- * 10 packets of whitening gels

PG CARD HOLDER PACKAGE

* Dental Examination
* Two Digital Dental Xrays (P&B/W)
* Detection Of Decays With Advanced Laser Technology
* Scaling & Polishing
* Fluoride Therapy

FULLY CLAIMABLE WITH CHAS PG CARD

BLUE CARD HOLDER PACKAGE

* Dental Examination
* Two Digital Dental Xrays (P&B/W)
* Detection Of Decays With Advanced Laser Technology
* Scaling & Polishing
* Fluoride Therapy

WITH GOVERNMENT SUBSIDY YOU PAY : \$ 7.42

INVISALIGN - INVISIBLE BRACES PACKAGE \$8500

Inclusive of examination, digital xrays & retainers

LASER DENTISTRY

With dental Laser, you can now expect:

- No Drilling
- Painless Ulcers Treatment
- Rapid Healing following Laser Treatment

CENTER FOR BIOMIMETIC DENTISTRY

MERCURY FREE PRACTICE

Old grey / silver mercury fillings are replaced with aesthetic tooth coloured materials that are not only good looking but protects your teeth, last well and longer. Give us a call or email us for more details about direct / lab-based inlays and onlays.

*Any other procedures/materials if needed, will advised and charge separately.

Marine Parade Branch Tel: 6348 0824
Blk B1 Marine Parade Central
#01-632 S440081
email: smilearts@gmail.com
Mon - Fri: 9am-7pm | Sat: 9am-5pm

Tiong Bahru Branch Tel: 62711236
Blk 11A Boon Tiong Road #01-03
Singapore 161011
email: smileartstiongbahru@gmail.com
Mon - Fri: 9am - 5pm | Sat & Sun: 9am - 5pm

Buangkok Branch Tel: 6752 1008
Blk 275D Compassvale Link
#01-01 (Unit B) S44275
(Next to Buangkok MRT station)
email: smileartsbk@gmail.com
Mon - Fri: 9am - 6pm | Sat: 9am - 5pm

HillV2 Branch Tel: 6354 0111
4 Hillview Rise #02-15 HillV2 5657679
email: smileartshillview@gmail.com
Mon - Sun: 10am-10pm

Scan this QR Code to visit our website
www.smilearts.com.sg

4D3N TRIP TO KHAO YAI & BANGKOK, THAILAND

Description	Twin / Triple Sharing	Single	Child With Bed	Child No Bed
CSC Member (per pax)	S\$ 575.00	S\$ 675.00	S\$ 535.00	S\$ 435.00
Public Officer/Member's Guest (per pax)	S\$ 595.00	S\$ 695.00	S\$ 555.00	S\$ 455.00

* Child Age: 4 – 11 years old

Fly away on a relaxing getaway to Khao Yai, a UNESCO World Heritage Site in Thailand. Spend your day visiting the beautiful PB Winery Farm and The Bloom & Farm and be amazed by the picturesque PALIO. Then take the rest of your trip to explore and shop at cosmopolitan Bangkok, capital of Thailand, before heading back to Singapore with precious memories.



Date: Friday to Monday, 2 – 5 Dec '16

Time: Assemble at designated Singapore Airport

Register By: First-come, first-served basis

Tour By: Amazing Explorer Pte Ltd

For details & itinerary:

Contact: Gek Cheng at 6391 5624 or kuagekcheng@csc.sg

2D1N BATAM SHOPPING TOUR

Harris Hotel or Gedeon Hotel @ Batam	CSC Member (per pax)	Public Officer/Member's Guest (per pax)
Adult (Twin/Triple)	S\$160	S\$165/S\$170
Child With Bed (4 – 11 yrs old)	S\$125	S\$130
Child (No Bed)	S\$105	S\$110
Infant (Below 24 mths)	S\$75	S\$80

This trip is for those who enjoy shopping. You will spend the first day buying local products at the shops in Batam City. This is followed by massage to soothe those aching muscles (adults only). The next day will include more shopping before you head back to Singapore.

Date: Saturday to Sunday, 22 – 23 Oct '16

Time: Assemble at 8.20am at HarbourFront

Register By: 10 Oct '16

Tour By: Amazing Explorer Pte Ltd

For details and itinerary:

Contact: Gek Cheng at 6391 5624 or kuagekcheng@csc.sg



4D EXPLORING PERAK

Description	CSC Member (per pax)	Public Officer (per pax)	Member's Guest per pax
Adult (Twin/Triple)	S\$415	S\$420	S\$425
Adult (Single)	S\$516	S\$521	S\$526
Child with Extra Bed	\$386	S\$391	S\$396
Child (No Bed)	S\$322	S\$327	S\$332

Child Age: 4 – 11 yrs old

Infant (below 3 yrs old): FOC with no seats in coach

Embark on a getaway to explore Perak. Take a relaxing dip in Sunkai Hot Spring and enjoy the various historical sites that Ipoh, Perak's capital, has to offer. Visit the Gunung Lang Recreational Park, Gua Tempurung, Gaharu Tea Valley Gopeng in Perak and be surrounded by nature. Finally, spend your last day in Perak by visiting the tin dredge in Ipoh.

Date: Thursday to Sunday, 1 – 4 Dec '16

Time: Assemble at 6.15am at designated pick up point

Register By: First-come, first-served basis

Tour By: iSmart Leisure Services Pte Ltd

For details and itinerary:

Contact: Gek Cheng at 6391 5624 or kuagekcheng@csc.sg

2D MALACCA TOUR

Hatten Hotel or similar	CSC Member (per pax)	Public Officer (per pax)	Member's Guest (per pax)
Adult (Twin/Triple)	S\$160	S\$170	S\$180
Adult (Single)	S\$200	S\$210	S\$220
*Child With Bed (Below 12 yrs old)	S\$140	S\$150	S\$160
*Child (No Bed)	S\$120	S\$130	S\$140

Take a break from your busy schedule and visit Malacca. Shop at various malls and shops and Machap Walk Night Market. Visit the Upside Down House and Baba Charlie Nonya Kueh Factory and enjoy Jonker Street and a magical show.

Date: Saturday to Sunday, 26 – 27 Nov '16

Time: Assemble at 7am at CSC @ Tessensohn

Register By: First-come, first-served basis

Tour By: Amazing Explorer Pte Ltd

For details and itinerary:

Contact: Gek Cheng at 6391 5624 or kuagekcheng@csc.sg



3D PORT DICKSON-MALACCA SPECIAL

Description	CSC Member (per pax)	Public Officer (per pax)	Member's Guest (per pax)
Adult (Twin/Triple)	S\$308	S\$313	S\$318
Adult (Single)	S\$415	S\$420	S\$425
*Child with Bed	S\$242	S\$247	S\$252
*Child (no Bed)	S\$210	S\$215	S\$220

Child Age: 3 – 11 yrs old

Infant (below 3 yrs old): FOC with no seats in coach

Enjoy a special trip created for you. Visit the Cape Richardo Lighthouse in Port Dickson, which is still operational today. Spend the last two days shopping at various malls and Jonker Street Night Market and visiting the Mamee Jonker House, Dutch Square, Hang Li Poh's Well and Baba Charlie Nonya Kueh Factory at Malacca.

Date: Friday to Sunday, 2 – 4 Dec '16

Time: Assemble at 6.30am at designated pick up point

Register By: First-come, first-served basis

Tour By: iSmart Leisure Services Pte Ltd

For details and itinerary:

Contact: Gek Cheng at 6391 5624 or kuagekcheng@csc.sg

4D SITIAWAN, SEPATING & IPOH TOUR

Fremington Hotel Taiping Excelsior Hotel Ipoh or similar	CSC Member (per pax)	Public Officer (per pax)	Member's Guest (per pax)
Adult (Twin sharing)	S\$330	S\$340	S\$345
Adult (Single)	S\$430		
Child With Bed (Below 12 yrs old)	S\$275		
Child (No Bed)	S\$245		

Spend the December school holidays exploring a beautiful part of Malaysia with your family. You will spend the first day strolling and taking photos at the famous Tua Pek Kong temple in Sitiawan. This is followed by a visit to the Sepating Fishing Village. You will end off your trip with a historical tour of Ipoh where you will see the Kellie's Castle and the Old Railway Station, among others.

Date: Friday to Monday, 16 – 19 Dec '16

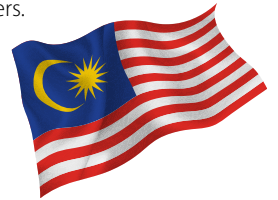
Time: Assemble at 6am at CSC @ Tessensohn

Register By: First-come, first-served basis

Tour By: Amazing Explorer Pte Ltd

For details and itinerary:

Contact: Gek Cheng at 6391 5624 or kuagekcheng@csc.sg



4D CAMERON & IPOH SPECIAL

Description	CSC Member (per pax) Nett	Public Officer (per pax) Nett	Member's Guest (per pax) Nett
Adult (Twin/Triple)	S\$385	S\$390	S\$395
Adult (Single)	S\$509	S\$514	S\$519
*Child (With Extra Bed)	S\$330	S\$335	S\$340
*Child (No Bed)	S\$269	S\$274	S\$279

*Child: 3 – 11 yrs old

**Infant: 2 years & below – FOC (no seat)

Have a break from the hassle and bustle of life and take a trip up to Cameron Highlands and Ipoh. Visit the Boh Tea Centre and organic vegetable and fruit farms in Cameron. Be amazed by the beautiful speleothems of Temperung Cave and the carp-shaped Kek Look Tong in Ipoh. Take a historical trip to the Kellie's Castle and the Ipoh Old Railway Station.



Date: Thursday to Sunday, 24 – 27 Nov '16

Time: Assemble at 6.15am at designated pick up point

Register By: First-come, first-served basis

Tour By: iSmart Leisure Services Pte Ltd

For details and itinerary:

Contact: Gek Cheng at 6391 5624 or kuagekcheng@csc.sg

4 DAYS 3 NIGHTS PENANG TRIP

Description	Adult (Single)	Adult (Twin)	Child With Bed
CSC Member (per pax)	S\$460	S\$350	S\$310
Public Officer (per pax)	S\$470	S\$360	S\$320
Member's Guest (per pax)	S\$475	S\$365	

Head down to Penang, the Pearl of the Orient and an island famous for its food like Penang Laksa and Char Kway Teow. Visit popular sites like Fort Cornwallis, QEII The Waterfront Venue, The Kapitan Keling Mosque and Wat Chaiya Mangkalam and explore P. Ramlee's House. Your trip won't stop as you will spend another night in Ipoh, a place famous for its white coffee, and discover the Batu Caves.



Date: Saturday to Tuesday, 10 – 13 Dec '16

Time: Assemble at 7.00am at CSC @ Tessensohn

Register By: 28 Nov '16

Tour By: Amazing Explorer Pte Ltd

For details & itinerary:

Contact: Gek Cheng at 6391 5624 or kuagekcheng@csc.sg

CSC @ TESSENSOHN

ACTIVITY	DATE	TIME	INSTRUCTOR	FEES:			GROUP SIZE	REGISTER BY	CONTACT
				MEMBER	PUBLIC OFFICER	GUEST			
AQUA AEROBICS (TUE PM)	12 Tuesdays, 4 Oct – 20 Dec '16 (No Lesson On Ph)	6.30pm – 7.30pm	Ms Antonia	\$80	\$90	\$105	18 persons (max)	25 Sep '16	Vanessa at 6391 5641
AQUA AEROBICS (SAT)	12 Saturdays, 8 Oct – 24 Dec '16 (No lesson on PH)	8am – 9am or 9am – 10am	Ms Anthea	\$80	\$90	\$105	18 persons (max)	1 Oct '16	Vanessa at 6391 5641
AQUA AEROBICS (SUN)	12 Sundays, 18 Sep – 4 Dec '16 (No lesson on PH)	9am – 10am	Ms Vikki	\$80	\$90	\$105	18 persons (max)	8 Sep '16	Vanessa at 6391 5641
AQUA AEROBICS (WED)	12 Wednesdays, 12 Oct – 28 Dec '16 (No Lesson On Ph)	6.15pm – 7.15pm or 7.15pm – 8.15pm	Ms Vikki	\$80	\$90	\$105	18 persons (max)	7 Oct '16	Vanessa at 6391 5641
BEGINNERS BALLROOM WALTZ	10 Tuesdays, 27 Sep – 29 Nov '16	8pm – 9pm	Mr Wu	\$70	\$75	\$80	12 persons (min)	20 Sep '16	Gek Cheng at 6391 5624
BEGINNERS SALSA & BACHATA DANCE	10 Fridays, 30 Sep – 2 Dec '16	8pm – 9pm	Mr Wu	\$70	\$75	\$80	12 persons (min)	23 Sep '16	Gek Cheng at 6391 5624
BALLROOM TANGO VS AMERICAN SMOOTH TANGO	10 Sundays, 25 Sep – 27 Nov '16	2pm – 3pm	Jacie	\$70	\$75	\$80	12 persons (min)	19 Sep '16	Gek Cheng at 6391 5624
BALLROOM LATIN AMERICAN DANCE – BEGINNERS SAMBA DANCE	10 Sundays, 25 Sep – 27 Nov '16	3pm – 4pm	Jacie	\$70	\$75	\$80	12 persons (min)	19 Sep '16	Gek Cheng at 6391 5624
BALLROOM BEGINNERS BALLROOM – SLOW FOXTROT	10 Sundays, 25 Sep – 27 Nov '16	4pm – 5pm	Jacie	\$70	\$75	\$80	12 persons (min)	19 Sep '16	Gek Cheng at 6391 5624
DEEP AQUA AEROBICS (TUE AM)	10 Tuesdays, 29 Nov '16 – 31 Jan '17 (No Lesson on PH)	8am – 9am	Ms Vikki	\$85	\$95	\$110	18 persons (max)	8 Nov '16	Vanessa at 6391 5641
DEEP AQUA AEROBICS (THU)	10 Thursdays, 1 Sep – 3 Nov '16 (No lesson on PH)	6.30pm – 7.30pm	Ms Anthea	\$85	\$95	\$110	18 persons (max)	24 Aug '16	Vanessa at 6391 5641
DEEP AQUA AEROBICS (FRI)	10 Fridays, 14 Oct – 16 Dec '16 (No lesson on PH)	6.45-7.45pm or 7.45-8.45pm	Ms Vikki	\$85	\$95	\$110	18 persons (max)	7 Oct '16	Vanessa at 6391 5641
PILATES BY MABELINE	10 Mondays, 14 Nov '16 – 16 Jan '17	7pm – 8pm	Ms Mabeline	\$85	\$95	\$100	12 persons (min)	31 Oct '16	Serene Cho at 6391 5620

CSC @ TESSENSOHN

ACTIVITY	DATE	TIME	INSTRUCTOR	FEES:			GROUP SIZE	REGISTER BY	CONTACT
				MEMBER	PUBLIC OFFICER	GUEST			
SWIMMING LESSONS AT TESSENSOHN (CHILDREN)	4 Lessons Sep / Oct '16 Choice of Sunday	Depending on swimming level & age (Instructors will advise)	Mr Kurusamy / Seng Yung / Derick / Chang	Child \$70	Child \$80	Child \$85	15 persons	15 Sep / 15 Oct '16	Vanessa at 6391 5641
SWIMMING FOR LADIES (BEGINNER)	10 Mondays, 10 Oct- 19 Dec '16 (exclude 14 Nov)	7pm – 8pm	Ms Thipa	\$160	\$180	\$190	12 persons	1 Oct '16	Vanessa at 6391 5641
SWIMMING FOR LADIES (INTERMEDIATE)	10 Mondays, 17 Oct-26 Dec '16 (exclude 14 Nov)	8pm – 9pm	Ms Thipa	\$160	\$180	\$190	12 persons	10 Oct '16	Vanessa at 6391 5641
TRADITIONAL TAEKWON-DO FOR ADULTS (MON)– OCT / NOV / DEC '16	12 Mondays, 3 Oct – 19 Dec '16 (No lessons on eve and PH)	8.30pm – 10.30pm	Singapore TaeKwon-Do Academy	\$60	\$70	\$80	10 persons (min)	26 Sep '16	Hai Ming at 6391 5607
TRADITIONAL TAEKWON-DO (SAT) – OCT / NOV / DEC '16	11 Saturdays, 1 Oct – 17 Dec '16 (No lessons on eve and PH)	3pm – 4.30pm (Beginner & Coloured Belt) or 4.30pm – 6pm (Red & Black Belt only)	Singapore TaeKwon-Do Academy	\$60	\$70	\$80	10 persons (min)	24 Sep '16	Hai Ming at 6391 5607
				\$100 parent and child pair \$150 parent and 2 children					
WING CHUN KUNG FU, "CHI SAU" THUR – OCT	4 Thursdays, 6 – 27 Oct '16 (No lesson on PH)	8pm – 10pm	Sifu Ken Lau	\$90	\$95	\$100	10 persons (min)	29 Sep '16	Hai Ming at 6391 5607
WING CHUN KUNG FU, "CHI SAU" (ADULT BEGINNER) – OCT	4 Saturdays, 1 – 22 Oct '16 (No lesson on PH)	9am – 10.30am	Sifu Ken Lau	\$90	\$95	\$100	10 persons (min)	24 Sep '16	Hai Ming at 6391 5607
WING CHUN KUNG FU, "CHI SAU" (CHILDREN 6 – 12 YEARS) – OCT	4 Saturdays, 1 – 22 Oct '16 (No lesson on PH)	10.30am – 11.30am	Sifu Ken Lau	Child \$90	Child \$95	Child \$100	10 persons (min)	24 Sep '16	Hai Ming at 6391 5607
WING CHUN KUNG FU, "CHI SAU" (ADULT INTERMEDIATE) – OCT	4 Thursdays, 1 – 22 Oct '16 (No lesson on PH)	11.30am – 1pm	Sifu Ken Lau	\$90	\$95	\$100	10 persons (min)	24 Sep '16	Hai Ming at 6391 5607
WING CHUN KUNG FU, "CHI SAU" THUR – NOV	4 Thursdays, 3 – 24 Nov '16 (No lesson on PH)	8pm – 10pm	Sifu Ken Lau	\$90	\$95	\$100	10 persons (min)	29 Oct '16	Hai Ming at 6391 5607

CSC @ TESSEN SOHN

ACTIVITY	DATE	TIME	INSTRUCTOR	FEES:			GROUP SIZE	REGISTER BY	CONTACT
				MEMBER	PUBLIC OFFICER	GUEST			
WING CHUN KUNG FU, "CHI SAU" (ADULT BEGINNER) - NOV	4 Saturdays, 5 – 26 Nov '16 (No lesson on PH)	9am – 10.30am	Sifu Ken Lau	\$90	\$95	\$100	10 persons (min)	29 Oct '16	Hai Ming at 6391 5607
WING CHUN KUNG FU, "CHI SAU" (CHILDREN 6-12 YEARS) - NOV	4 Saturdays, 5 – 26 Nov '16 (No lesson on PH)	10.30am – 11.30am	Sifu Ken Lau	Child \$90	Child \$95	Child \$100	10 persons (min)	29 Oct '16	Hai Ming at 6391 5607
WING CHUN KUNG FU, "CHI SAU" (ADULT INTERMEDIATE) - NOV	4 Saturdays, 5 – 26 Nov '16 (No lesson on PH)	11.30am – 1pm	Sifu Ken Lau	\$90	\$95	\$100	10 persons (min)	29 Oct '16	Hai Ming at 6391 5607
YOGA BY HUAY LIN	10 Fridays, 4 Nov '16 – 6 Jan '17	7pm – 8pm or 8pm – 9pm	Ms Huay Lin	\$75	\$80	\$85	12 persons (min)	21 Oct '16	Serene Cho at 6391 5620

CSC @ BUKIT BATOK

ACTIVITY	DATE	TIME	INSTRUCTOR	FEES:			GROUP SIZE	REGISTER BY	CONTACT
				MEMBER	PUBLIC OFFICER	GUEST			
DEEP AQUA AEROBICS (SAT)	10 Saturdays, 8 Oct – 26 Nov '16 (No lesson on PH)	8.30am – 9.30am	Mr Kelvin	\$85	\$95	\$110	18 persons (max)	1 Oct '16	Vanessa at 6391 5641
DEEP AQUA AEROBICS (TUE)	10 Tuesdays, 18 Oct – 20 Dec '16 (No lesson on PH)	7pm – 8pm	Ms Anthea	\$85	\$95	\$110	18 persons (max)	3 Oct '16	Vanessa at 6391 5641
AIKIDO (CHILDREN)	12 Sundays, 30 Oct – 5 Feb '17 (No lesson on PH)	10am – 11am	Mr Steven Goh	Child \$120	Child \$130	Child \$135	20 persons	23 Oct '16	Hai Ming at 6391 5607
AIKIDO (ADULT)	12 Sundays, 30 Oct – 5 Feb '17 (No lesson on PH)	11am – 12pm	Mr Steven Goh	\$120	\$130	\$135	20 persons	23 Oct '16	Hai Ming at 6391 5607
TRADITIONAL TAEKWON-DO – OCT / NOV / DEC '16	11 Saturdays, 1 Oct – 17 Dec '16 (No lessons on eve and PH)	3pm – 4.30pm	Singapore TaeKwon-Do Academy	\$70	\$80	\$85	10 persons (min)	24 Sep '16	Hai Ming at 6391 5607
				\$100 parent and child pair \$150 parent and 2 children					
SWIMMING LESSONS (CHILDREN)	4 Lessons Sept / Oct '16 Choice of Sunday	Depending on swimming level & age (Instructors will advise)	Mr Silas / Yusman / Ishaak / Paul / Vishnu	Child \$70	Child \$80	Child \$85	15 persons	15 Sept / 15 Oct '16	Vanessa at 6391 5641
SWIMMING FOR LADIES	10 Fridays, 21 Oct – 23 Dec '16 (No lesson on PH)	7.30pm – 8.30pm	Ms Thipa	\$160	\$180	\$190	15 persons	18 Oct '16	Vanessa at 6391 5641

regular activities

CSC @ BUKIT BATOK

ACTIVITY	DATE	TIME	INSTRUCTOR	FEES:			GROUP SIZE	REGISTER BY	CONTACT
				MEMBER	PUBLIC OFFICER	GUEST			
PILATES BY AGNES YOONG	10 Saturdays, 5 Nov '16 – 14 Jan '17 (No lesson on 31 Dec '16)	11am – 12pm	Ms Agnes Yoong	\$85	\$95	\$100	12 persons (min)	22 Oct '16	Serene Cho at 6391 5620
YOGA CLASS BY G YOGA	8 Fridays, 21 Oct – 9 Dec '16	7pm - 8pm	Master Jee	\$75	\$80	\$85	12 persons (min)	7 Oct '16	Serene Cho at 6391 5620

CSC @ CHANGI

ACTIVITY	DATE	TIME	INSTRUCTOR	FEES:			GROUP SIZE	REGISTER BY	CONTACT
				MEMBER	PUBLIC OFFICER	GUEST			
SWIMMING LESSONS (CHILDREN)	4 Lessons Sep / Oct '16 Choice of Saturday / Sunday	Depending on swimming level & age (Instructor will advise)	Mr Chang Mun Chung	Child \$70	Child \$80	Child \$85	15 persons	15 Sep / 15 Oct '16	Vanessa at 6391 5641

APPLICATION FORM

Name (*Mr/Mrs/Mdm/Miss): _____ CSC Membership No./NRIC No: _____

Membership Type: *Ordinary/Supplementary/Retiree/Life/Associate Gender: *Male/Female

Address: _____ Singapore ()

Contact No: _____ Email: _____ Marital Status: *Single/Married (*delete where appropriate)

I would like to participate in: _____ (activity & date) for _____ members including myself.

Indicate name and membership number if more than one member: _____ and () guests.

Indicate name(s) of guest(s): _____

For more than one activity, please attach sheets separately.

For swimming lessons, please contact the clubhouse at 6391 5605. For badminton section, please contact the sports section at 6391 5619.

IMPORTANT NOTES

- Registration of activities is based on a first-come-first-served basis.
- All guests must be accompanied by members.
- All fees paid are non-refundable unless the activity is cancelled by the Club. Please contact us if you do not hear from us one week before the activity.
- Applications must be accompanied by full payment. Please send separate cheques for the different activities.
- Crossed cheques are to be made payable to "Civil Service Club" unless otherwise stated.
- Unless otherwise stated, cheques should be sent to: Social Manager, Civil Service Club, 60 Tessensohn Road, Singapore 217664
- The Civil Service Club and its management will be kept fully indemnified against all claims, loss or damage whatsoever to participants arising from any cause in connection with activities organised or participation therein.

Leading Sustainable Revenue Growth

WINNING BUSINESS PERFORMANCE IN ASIA

26–28 SEPTEMBER 2016 | SMU EXECUTIVE DEVELOPMENT



Winning Business Performance in Asia is a three-day executive programme run by Singapore Management University Executive Development (SMU ExD).

This programme is supported under the **SkillsFuture Study Award** for Internationalisation. Successful applicants of the **SkillsFuture Study Award** will receive a bond-free award of S\$5,000 to defray out-of-pocket expenses.

For more information, contact **Justin Chia** at +65 6828 9095 or justinchia@smu.edu.sg



Please visit us @
exd.smu.edu.sg

SINGAPORE MANAGEMENT UNIVERSITY EXECUTIVE DEVELOPMENT

Headline Numbers for 2015

OVER 215 NEW CLIENT COMPANIES	139 FACULTY ENGAGED IN DELIVERIES	86 CUSTOM PROGRAMMES	40 OPEN ENROLMENT PROGRAMMES	8 COUNTRIES WHERE PROGRAMMES WERE DELIVERED - CHINA, HONG KONG, INDONESIA, JAPAN, KOREA, MALAYSIA, PHILIPPINES AND UK	370 DELIVERY DAYS
--	---	--------------------------------	--	---	-----------------------------

Exclusive
5%
Discount

As a **Civil Services Club** member, you can benefit from an exclusive 5% discount on selected open-enrollment programmes. Advance your personal and professional growth through the following programmes

01 CHANGE MANAGEMENT

02 DIRECTORSHIP PROGRAMME

03 EXCEL LEADERSHIP

04 FINANCE FOR NON-FINANCE

05 GLOBAL SUPPLY CHAIN MANAGEMENT
SkillsFuture Study Award

06 COMPANY CUSTOMISED PROGRAMME

07 LEADERSHIP COMMUNICATION

08 LEADERSHIP COACHING

09 MARKETING

10 STRATEGY EXECUTION

11 WINNING BUSINESS IN ASIA
SkillsFuture Study Award

12 LEADERS OF PURPOSE

FOLLOW US
facebook.com/smuexd
twitter.com/smuexd
linkedin.com/company/smu-exd
instagram.com/smuexd

Speak to our Advisor

Should you wish to speak to an expert advisor on any of the programmes please feel free to contact Stijn Welkers at swelkers@smu.edu.sg.

Locate Us Online



For more information please visit us @
exd.smu.edu.sg



CIVIL SERVICE CLUB DINNER & DANCE 2016

MADHATTER'S PARTY

Put on your dancing shoes and party your way to welcome 2017!

Date: Saturday, 31 Dec '16

Venue: Fairmont Singapore, Stamford Ballroom (Level 4)

Time: 6pm - 1am

Member: \$80 per ticket, \$900 per table

Member's Guest/Public Officer: \$100 per ticket, \$1,000 per table

Register by: 30 Nov '16 (Subject to availability)

**LUCKY
DRAW**

1st Prize:
Return Air Tickets
to L.A. on SQ for 2

2nd Prize:
Return Air Tickets
to Tokyo on SQ
for 2

This event is open to 16 years old and above
Corkage charge will be waived for all duty paid liquors and wine

Highlights:

Instant Photo Booth, Hats-On-Loan Booth for Early Birds, Singapore's "Kenny G" with Belly Dancers, Spectacular Costume Changing Show, Sumptuous Dinner, Table & Mass Participation Games, Fabulous Lucky Draw Prizes & many more...

For more enquiries, please contact: Serene Cho at 63915620 or serenecho@csc.sg