

ONE MEMBERSHIP, THREE CLUBHOUSES, THREE DISTINCT EXPERIENCES

NOVEMBER-DECEMBER 2016 ISSUE

ROUNDING UP 2016 IN STYLE!

Find out more on page 04.

05

Members' Festive Draw

10

A Splashing Good Time

13

Drink-Eat Party



Civil Service Club ORDINARY MEMBERSHIP PROMOTION

(For Public Officers)

Promotion ends 31 Dec '16

The Club of Choice for Public Officers. With a membership fee of only \$6 per month, you have access to three modern Clubhouses at Bukit Batok, Changi and Tessensohn, offering you a wide range of recreational facilities and social activities to meet your lifestyle needs and more. Your parents, spouse and children (3 and below 21 years) are welcome to join the club as supplementary members for free! Only a \$10 card fee is needed.

Be it a movie treat, a weekend staycation, a bowling night out, a cooking class or a quiet yoga session. There is always a treasured experience waiting to be discovered. Find out more at www.csc.sg





Claude Bernard Gents or Ladies Watch* (Model: 53007) RRP \$315



Chalet 2 Nights**
(Off-Peak)
RRP \$296



Garmin VivoSmartHR Black or Blue* RRP \$229



Promo code: CRN1N

Chalet 1 Night**
(Off-Peak)
RRP \$148



Promo code: GVFW – White GVFB – Black

Garmin VivoFit3 Black or White* RRP \$149 Year Ordinary Membership \$216



Guy Laroche Gents or Ladies Watch* (Model: 6071) RRP \$220

Year Ordinary Membership \$144



\$6 Per Month
Ordinary
Membership
(Deductible via
Payroll)



Toiletries Bag RRP \$10

Picture for illustration purpose only. While stocks last.

http://www.csc.sg

63915 604 / 6514 6396

membership@csc.sg

Terms and conditions apply:

*While stocks last.

**Chalet rooms apply to off-peak period from Monday to Thursday during non-school holidays. Upgrade to peak period available but subject to availability.

Sign up now at www.csc.sg and receive a \$10 CSC Club voucher!

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CSC @ Tessensohn

60 Tessensohn Road, Singapore 217664 Tel: 6294 8933

CSC @ Changi

2 Netheravon Road, Singapore 508503 Tel: 6709 4709

CSC @ Bukit Batok

91 Bukit Batok West Ave 2, Singapore 659206 Tel: 6513 7480

Corporate Services

Membership Matters

Tel: 6514 3637 (Goh Chong Chen) Tel: 6391 5615 (Ricky Ng) membership@csc.sg

Sports Activities

Tel: 6391 5619 (Samantha Fok)

Social Activities

Tel: 6391 5613 (Samantha Chin) Tel: 6391 5607 (Onn Hai Ming) Tel: 6391 5624 (Kua Gek Cheng) Tel: 6391 5641 (Vanessa Choo)

Tel: 6391 5620 (Serene Cho)

events@csc.sg

For details on CSC's tenants at the 3 Clubhouses, kindly refer to our website at









Dear members,

Time passes real fast, we have now less than 2 months before we welcome 2017. For many parents, the exam stress of their little loved ones is over as they look forward to the long school holidays. Many would have made their travelling plans for their long awaited overseas holidays. For those who plan to stay in Singapore, you may have already made plans for a local staycation such as at our very own Changi Clubhouse. Our chalet bookings for the December holidays are almost fully booked. The Club is also organising a host of social activities in December to engage those members who are choosing to round off the year in Singapore.

Activities Over The Past 10 Months

Over the past 10 months, the Club had been busy creating value to enhance the experience of our members and branding of the Club.

At CSC @ Tessensohn, we have completed upgrading of the auditorium, seminar rooms and its accompanied toilet facilities at level 3 and 4 of the extension block. In doing so, we have created an additional toilet cubicle and wash basin in the ladies washroom at each level. Also, we have added on 2 nursing rooms. The bookings of auditorium and seminar rooms have also increased by 30%.

At CSC @ Bukit Batok, the swimming pool complex has new lightning-proof shelters at both the lower and upper decks of the pool. The bowling café and toilets at Westwood Bowl were given a makeover. A mobility-friendly toilet and a well-furnished nursing room were built. The toilets at Block B level 3 of the Clubhouse were upgraded and a nursing room was also created. We received very positive feedback from our members and guests using the washroom facilities.



At **CSC** @ **Changi**, permanent shelters were built for all the open areas that were used for BBQ activities, be it either at the villas or BBQ pavilions.

We too experienced more bookings of these facilities. So come rain or shine, members and public officers can enjoy their functions without worrying about the weather affecting their functions.

Club's Social Media

The Club's social media platforms were updated with more interactive features. All the Clubhouses microsites have Google 360 degrees virtual tour features which enable visitors to tour the Clubhouses through their mobile devices. The CSC Apps have been refreshed and enable visitors' faster access to the features available and booking of desired sporting activities and chalet stays. The number of visits to our websites has increased by more than 50%. There is also an increase in the number of visits to our Club's social media platforms such as Facebook, Instagram, Twitter and blog.

Sports & Games

The number of new sporting activities has grown. Beach activities such as beach volleyball and Captain's Ball were introduced. For cycling enthusiasts, we partnered OCBC Cycle with a Public Service Category included and all CSC members and public officers enjoyed a 20% discount off the participating fee. In the Healthy Lifestyle Walk, we explored a new location at Coney Island and also reintroduced the Singapore River Walk, after an absence of 2 years. The response was overwhelming with PS (MCCY) as the Guest-of-Honour.



Social Activities

Besides the monthly 70 to 80 activities that were organised, we have included new activities such as the Hot Dog Eating Competition, Father's Day Lunch, Water Tele-match, Boogie Bounce Class and most recently the In-house Movie Screening at Tessensohn Clubhouse. The number of members participating in all these social activities has increased significantly and we thank you for the great show of support.

At the Club Management, staff were given the opportunity to decorate their Clubhouses as part of the Inter-Clubhouse Festive Decoration Competition. This enables staff to bond and share their religious and ethnic culture as they put up the decorations for the 5 festivities i.e. Lunar New Year, Hari Raya Aidilfitri, National Day, Deepavali and Christmas. A Selection Committee will evaluate the decorations put up by the Clubhouses and the champion Clubhouse will receive \$1K and a challenge trophy. Another in-house competition is for Corporate Services and the Clubhouses to submit suggestions on anything relating to productivity. Points will be awarded accordingly to the suggestions or ideas that can be implemented at the Club, Clubhouse or departmental level. Again, at the end of the year, the champion Clubhouse with the most points will be awarded with the most innovative and productive trophy and \$1K. This is to encourage staff to be aware of their working environment and suggest improvement to enhance either their working or members' experience. We have received and implemented a number of good suggestions through this scheme. To have a healthy workforce, a healthy lifestyle initiative was introduced early this year, where staff that walk 50,000 steps a week will be rewarded with a \$10 gift voucher. This has changed the habits of many staff. A Service Star excellence award was also introduced. The top 3 staff from Corporate Services and the Clubhouses that get at least 3 compliments from members and with no negative feedback will receive a Service Star badge and \$100 gift voucher. We hope this initiative will recognise the excellent service our staff provide and encourage them to continue doing so.

Over The Next Few Months

Renovation & Upgrading

CSC @ **Tessensohn**: After renovating the walls of the corridor and washrooms at L4, we are now renovating that of L3. The work is in progress and will be completed by end-November 2016. It will provide a fresh look for our members using the facilities at L3. Concurrently, renovation is ongoing to convert the rooftop tennis courts to Futsal courts. It is expected to be completed by mid-November 2016. Though the operation of the Futsal courts is outsourced, members and public officers will enjoy discounted rates in their booking. Please refer to page 26 for the details.

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We will round up the social activities for 2016 with the signature Countdown party to say goodbye to another good year for the Club and to welcome an even better 2017.

CSC @ Bukit Batok

Swimming Pool Shelters: The new swimming pool shelters at the lower and upper decks will be completed and ready for use by first week of November. It will be timely in providing shelter for the swimmers during the wet month of November and December. The shelters are lightning proof and equipped with lighting, fans and even electrical sockets for swimmers to charge their mobile appliances.

Swimming Pool Play Equipment:

Tender has also been called to upgrade the swimming pool play equipment. The intent is to enhance the experience of the pool users, especially the children, when they visit the swimming pool complex.

CSC @ Changi

Chalet Façade: Good news for those who are staying in the chalets. We are adding aluminium cladding to the facade to shield the chalet users from rain splashing on their unit doors during the wet season. We are now evaluating the tender submissions and work should commence by the first week of November and targeted to be completed by mid-December 2016. The construction of the claddings will be done offsite and the serenity of the chalets will not be affected.

Social Activities

The Club is striving to be a convenient and comfortable space for our members and their families to enjoy time together. Facilities are built for the convenience of parents when they bring their children to the Club, such as nursing rooms, childcare centre and children's playground. We are organising a wide range of social activities for the family to relax and bond. There are 6 pages (pages 28 to 33) of activities in November and December 2016. The activities range from children, parent and child bonding to family theme activities. Do check them out! Some highlights include:

Kidzania: A subsidised activity by the Club for member's children. More than 150 tickets have already been snapped up by our members. The details are on page 09.

In-house Movie Treats: We are screening in-house movies at the Clubhouses for free for our members! The confirmed movies that will be screened at CSC @ Tessensohn are highlighted on page 09. There will also be movies screened in the other Clubhouses, so even members staying in the chalets during the December holidays can enjoy this extra treat. Do check this out on our main website or the Clubhouse microsites.



Party: This year's

Christmas Party is Disney-themed. There are Disney characters on the prowl and an array of activities for the children to have a really fun time. To coincide with this party, there will be an in-house movie screening Frozen between 10am to 12pm. This event is subsidised by the Club and we urge members to give us their maximum support for this event. It will be held at CSC @ Tessensohn on 10 Dec 2016 from 12 pm onwards. For details, please refer to page 28.

Christmas Cheer: The Club is partnering an event company to organise an eating and drinking event at the swimming pool annex of CSC @ Tessensohn to celebrate the festive December holidays. It is called Drink-Eat and Party. It will be held on the 10 and 11 December 2016. The details are on page 13.

Annual Countdown Party: We will round up the social activities for 2016 with the signature Countdown party to say goodbye to another good year for the Club and to welcome an even better 2017. It will be held at Fairmont Singapore's Stamford Ballroom. We have lined up a comprehensive programme for the evening based on this year's theme of Madhatters. Participants can choose to attend with their own creative fancy hats or use one of the fancy hats provided to all participants during the predinner segment. This is a subsidised event by the Club to thank members for their

support and we urge members to participate in this event. The first prize for the lucky draw is a pair of return air tickets by SQ to Los Angeles, USA. The details are on the back page.





Charlie Ng General Manager, CSC

Sports & Games

Duathlon: As many members and public will be travelling and enjoying their December holidays with their families and loved ones, the Club has scaled down the sports and games activities for this month. The highlight of the sporting activities is the CSC Singapore Duathlon that will be held at Angsana Green, East Coast Park on the 19 November 2016. There are more than 200 public officers signed up for this event. This is an improvement to the number who participated last year. For those members and public officers who wish to sign up, please contact the Sports Department.

In-house Survey

Thank you for your supportive response to our in-house survey that we have enclosed in our last Fusion Magazine. We will send out an E-Survey for those members who prefer to use the E-platform to provide their feedback. The E-Survey will be available for members from November to the first week of December 2016. For those who had submitted the hard copy of the survey, they are not required to participate in the E-Survey. We look forward to your invaluable feedback as it helps us enhance your experience when you visit the Club.

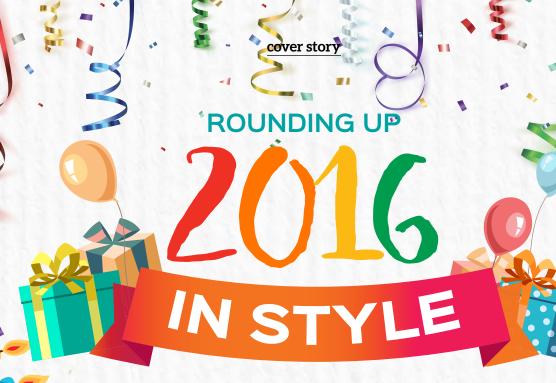
Do You Know?

Inter Clubhouse Decoration:

Congratulations to CSC @ Tessensohn for being awarded the most decorative and festive Clubhouse for the Deepavali celebration. This was followed closely by CSC @ Changi. The next festive decoration competition will be for Christmas. Members who have old decorations that are still good to be recycled, can always donate them to your favourite Clubhouse and help to enhance the festive mood.

Service Star Award: Thank you for your feedback and compliments, we have 8 staff from the various Clubhouses who were awarded with the first CSC Service Star Award. Each recipient will receive a Service Star badge and \$100 gift vouchers. Congratulations to all of them and on behalf of the members, we thank you for providing quality service experience to them.

It is timely for me to wish you and your family good health and happiness as you bid farewell to 2016 and welcome 2017. Merry Christmas to all our Christian members and their family and to all our members have a great December holiday!



It has been an exciting year at CSC! From telematches and marathons to yoga sessions and movie screenings, we always have something for everyone. As the year draws to a close, you can look forward to more exciting programmes in 2017. You definitely don't want to miss out on the festivities!



Lunar New Year Bazaar

Stock up on your New Year goodies at our CNY Bazaar and be entertained by our exciting range of festive activities that promises fun for one and all. Be prepared for appearances by the God of Fortune and stand to win huge cash prizes of up to \$26,880 in our Festive Draw!

Check out page 05 to find out more.





Children's Holiday Special

There's just so much to do this December! Dress your child up in their favourite Disney character and stand to win fantastic prizes at our enchanting Disney Christmas Party on 10 December. Learn to mould your own clay mug or travel back in time to learn all about prehistoric dinosaurs at our exciting interactive workshops. Become a young scientist with hands-on courses on mysterious potions, the amazing properties of water and the wonders of the human body, and many more interesting programmes.

Flip to page 28 to find out more.



CSC Dinner & Dance

Come experience a fun-filled Madhatters-themed countdown party on 31 December 2016! Be entertained by a specially chosen line up of local and overseas acts, while enjoying a sumptuous dinner. Every guest stands a chance to win a pair of return tickets to Los Angeles and many more attractive prizes. Don't miss this opportunity. Book your table today!

For more details, check out the back cover.





ESTIVE

Total Prizes Worth \$26,880 T & C Apply

CLUB CSC @ TESSENSOHN **AUDITORIUM LEVEL 3** SATURDAY, 14 JANUARY 2017 3.30 PM

> 2nd Prize 888.6

4th Prize 5th-10th Prize \$1,888 \$888

CNY Bazaar at **Diamond Ballroom** 10am-3pm Admission is FREE!

Come and join us as we usher in the year of the Rooster with exciting activities and even stand a chance to walk away with attractive prizes!

Details of Members' Festive Draw

- The draw will be conducted at Civil Service Club @ Tessensohn Clubhouse, Auditorium Level 3, 60 Tessensohn Road, Singapore 217664 on Saturday, 14 January 2017 at 3.30pm.
- Only Club Members are eligible for the draw.
- One lucky draw coupon will be given for every \$50 spent in a single receipt at any of the three clubhouses for booking of facilities, sign-up for activities (non-tenanted) and payment of membership fees. Only applicable for payment in full made during the qualifying period.
- The qualifying period is from 1 November 2016 to 14 January 2017 (2am). Lucky Draw coupons must be deposited by 2am, 14 January 2017 at the respective clubhouses or latest by 12 noon, 14 January 2017 at Tessensohn Clubhouse. Incomplete particulars will be considered null and void.
- The winner must produce membership card for verification without demand. Membership must be valid on the date of the draw.
- · Only original lucky draw coupons are accepted.
- There will be no restriction on the number of prizes a member may win.
- Winners must be present in person at any of the three clubhouses when the draw is conducted, failing which another winner will be drawn.
- The Club reserves the right to amend or withdraw any terms and conditions without prior notice.
- The Club's decision on all matters relating to the draw shall be final and no correspondence will be entertained



what's happening

EVENTS-AT-A-GLANCE

TIME	PROGRAMME	VENUE
10am – 3pm	Shopping Spree at CNY Bazaar!	L3 Diamond Ballroom
10am – 12pm	'King of Mahjong' Movie Screening Free for All!	Auditorium
10am – 12pm	Authentic TCM Guasha Acupoint Workshop	L4 Function room
10.30am – 1.30pm	Chinese Paper Cutting Workshop Free for All!	L4 Function room
12pm – 3pm	Make Your Own Chinese Lanterns! Free for All!	L4 Function room
12pm – 3pm	Make Your Own Chinese Knots! Free for All!	L4 Function room
12.15pm – 2pm	Feng Shui Sharing On 12 Zodiac Signs Free for All!	Auditorium
2pm – 5pm	CNY Chef Creations By Chef Lisa	Tessy Kitchen
3pm – 3.30pm	Cai Qing Lion Dance Performance	Auditorium
3.30pm – 4.30pm	Members' Festive Draw	Auditorium



of our CNY Bazaar b to win FABULOUS CNY PREMIUM GOODIES at o

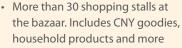
Hourly Bazaar Draw:

11am, 12pm, 1pm and 2pm Prizes to be collected on the same day before 5pm



ONE-STOP **CNY SHOPPING SPREE!**





· Hourly Lucky Draw for all shoppers.

USHER IN A SMOOTH AND PROSPEROUS YEAR FENGSHUI TALK (IN MANDARIN)

家居风水运程中文讲座

Learn how to have a smooth sailing year for your family and yourself. Join Master Ang as he shares with you various tips on maintaining good Feng Shui in your home in 2017. You will also learn to consolidate your career and maximise fortune.

2017年的计划, 你拟定了吗? 展望未来, 顺势而为,累积优势,必能共赢鸡年! 让缘中秀洪文顺师傅为您分析

- 2017年全球运势吉凶、解析人生运势
- 开运风水秘诀、布局招财旺家好宅 帮助您迈向美好的前景。





Date: Saturday, 14 Jan '17 Time: 12.15pm - 2pm



CHINESE PAPER CUTTING

Cut out your own art to decorate your home or to give out as a gift for Chinese New Year. You will pick up traditional Chinese paper folding and cutting techniques to make your charming art piece in this hands-on workshop. Be amazed by what you can create!

Pre-Registration required

Date: Saturday, 14 Jan '17 **Time:** 10.30am – 1.30pm Venue: CSC @ Tessensohn Contact: Serene Cho at 6391 5620 or serenecho@csc.sg

Register By: 8 Jan '17

MAKE YOUR OWN CHINESE LANTERNS **OR CHINESE KNOTS! (COMPLIMENTARY)**

Making your own Chinese Lantern out of paper or Chinese knots from traditional string is easy and they make great decorations for your home! Come with your family for a great bonding and learning time together.

> Date: Saturday, 14 Jan '17 **Time:** 12pm – 3pm Venue: CSC @ Tessensohn





what's happening

2017 CNY COOK & CELEBRATE COOKING WORKSHOP 🛼

Searching for new culinary ideas for the coming Lunar New Year? Let our Chef Lisa give more recipe tips to make your festive celebration more special.



Niángão, also known as Chinese New Year's cake, is made out of glutinous rice. The cake symbolises prosperity. The peach gum adds sweetness and has health benefits.

Date: Saturday, 14 Jan '17 **Time:** 2pm – 5.30pm

Fees: Member \$25, Public Officer \$28, Member's Guest \$30

Venue: CSC @ Tessensohn

Contact: Gek Cheng at 6391 5624 or kuagekcheng@csc.sg

Register By: 4 Jan '17



Prosperity You Ark (Salt Crust Baked Duck)

This dish is the centrepiece of any Chinese New Year dinner. The salt crust locks in the intense flavours of the marinated duck and will definitely be a favourite of your quests.



Suì Suì Píng Ān (Chikuzenni Japchae Pen Cai)

Sui Sui Ping An, a New Year greeting, translates into 'May you have peace year after year'. Pen Cai is a traditional Chinese dish that is made of many ingredients and is served on special occasions. Send your heartfelt wishes to your loved ones by serving up this dish.









CNY Lohei Dinner

Take the night off and usher in the new Lunar New Year by spending this auspicious moment with loved ones, friends and colleagues at the Tessensohn Clubhouse.

You will be greeted with a lavish spread of the best Chinese feast you can partake in. The menu would include the must-have Lucky Raw Fish, Crab Meat Fish Maw Soup, Crispy Roasted Chicken, Fried Prawn with Pumpkin Sauce, Nonya Style Steamed Sea Bass, Braised Mushroom with Broccoli, Fried Ee Fu Noodle and finally finishing off with the popular Longan Bean Curd Jelly. There is indeed no better way to celebrate the Chinese New Year!

Date: Friday, 3 Feb '17 Time: 7pm - 10pm

Fees: Member \$418, Public Officer \$468,

Member's Guest \$488 (per table)

Member's Child \$41.80, Public Officer's Child \$46.80,

Guest's Child \$48.80 (per pax) Venue: CSC @ Tessensohn

Contact: Gek Cheng at 6391 5624 or kuagekcheng@csc.sg

Register By: 20 Jan '17



is not enough and so we have planned out 2 movies for your enjoyment. So mark out the dates You won twant to miss this!

Fantastic Beasts and Where to Find Them (2D)



The adventures of writer Newt Scamander in New York's secret community of witches and wizards seventy years before Harry Potter reads his book in school.

> <u>Session 1</u>* Tuesday, 22 Nov'16 Session 2* Thursday, 24 Nov 16 6.30pm (TBC) Shaw Lido

Register By: 10 Nov '16

Star Wars: Rogue One (2D)



In a time of conflict, a group of unlikely heroes band together on a mission to steal the plans to the Death Star, the Empire's ultimate weapon of destruction. This key event in the Star Wars timeline brings together ordinary people who choose to do extraordinary things, and in doing so, become part of something greater than themselves.

> Monday, 19 Dec'16 6.30pm (TBC) **Shaw Lido** Register By: 8 Dec'16

For more enquiries, please contact Hai Ming at 6391 5607 or onnhaiming@csc.sg

- CSC Main Card Holder \$10 for 2 movie tickets, \$20 for 4 movie tickets
- Public Officer/Guest \$8.50 per ticket
- Each CSC main card holder is entitled to 1 pair of movie tickets and/or 1 set of 4 movie tickets for the same movie. CSC main card holder can purchase additional tickets at \$8.50 each.
- Supplementary, Public Officers and Guest may purchase the tickets at \$8.50 each.

HOW TO PARTICIPATE:

- Please make payment to reserve the tickets. Tickets will be issued by CSC staff on event day at cinema.
 - Seats will be allocated on a first-come-first-served basis, based on time of payment received.
- Screening time is subject to change.
- Payment options for CSC members:
 - 1) Register and process payment online using Internet Explorer: http://www.civilserviceclub.com/cscems/
 - 2) Proceed to Clubhouse Front Office for payment. Operating Hours: 9am 8.30pm
 - Please note that your tickets may be arranged on different rows and are not exchangeable or refundable.
- These Movie Treats are subsidised by Civil Service Club. Tickets are available while stocks last.



CSC IN-HOUSE MOVIE SCREENINGS

Come and join us in our newly renovated auditorium at the Tessensohn Clubhouse for our FREE in-house movie screening! We will be playing different blockbusters monthly. Be sure to go to www.csc.sg/events for updated dates and movie titles to be played. Now you can catch your favourite movies in a high-quality space with top-notch acoustics and great seating.

King of Mahjong*

Time: 10am – 12pm

Date: Saturday, 14 Jan '17

Star Wars:

The Force Awakens*

Date: Saturday, 12 Nov '16

Time: 5pm – 7pm

Frozen*

Date: Saturday, 10 Dec'16 **Time:** 10am – 12pm

For all the above screenings:

Venue: CSC @ Tessensohn Auditorium

* Titles, dates and timings are subjected to change.

Please refer to www.csc.sg/events for the latest updates.



a Splasking

Families and public servants alike headed down to CSC @ Tessensohn on 3 September for an actionpacked Saturday as the club kicked off the weeklong school holidays with the CSC Fun Carnival.

Contributing to the lively atmosphere was an array of activities that offered something for everyone - from the movie screening of Kungfu Panda and a drawing competition for kids, to chair yoga and aqua aerobics sessions, to cooking demonstrations, lifestyle bazaars and a lucky draw.

The highlight of the day was the water telematch. Shouts and cheers rang out across the pool as public service and family teams battled it out in a series of water challenges, including tugs-of-war and boat races. Taking the chance to bond with his family was Muhammad Rashidi. "I'm here with my whole family to have fun and spend more quality time together. It's a chance for my children to experience a telematch and build confidence."

"The secret to our win was teamwork. I'll use the prize money for a family dinner and to get a lego set for my kids."

- Ong Kok Heng, Family Category Prize: \$200 cash & \$100 NTUC Voucher









Leon Yip, who was part of the winning team from Singapore Civil Defence Force, added, "There's a good vibe here. Everyone was encouraging each other. It was great to have the family teams cheer us on and we also cheered them on."

As the excitement went on in the pool, other areas of CSC were also abuzz with activity. Bazaar stalls filled the ground floor lobby with cookies, cakes, health products, accessories, terrariums and even a cup-stacking booth. Crowds packed the cooking studio as Chef Lisa demonstrated the secrets behind healthy yet tasty treats like kale aglio olio, chloasma soup and berries and strawberry jello milk cake. The gentle stretching movements of chair yoga also proved to be a refreshing hit with adults. "This is the first time I'm trying it. Chair yoga is simple and very handy. It's something I can do at

Over in the function rooms, the children's drawing contest attracted many youngsters. Bright, vibrant artworks emerged as they diligently drew and coloured away. For three young winners, their efforts earned them NTUC vouchers worth between \$50 to \$150.

Of course, no CSC event would be complete without a lucky draw. Ten lucky Pokémon trainers took home iTunes and Google Play cards containing up to 25,000 PokéCoins.

For Gabriel Sim from the Ministry of Education, it was a day wellspent for him and his family. "We participated in the water telematch earlier on, and we also brought our kids here for the drawing contest. They love it! In the meantime, my wife and I can go for makan and have a coffee. It's my birthday today, so it's like a whole day family outing. Thanks, CSC, for organising this!"



- 01 Young participants joining in the games
- 02 Heading back after a successful challenge
- 03 Yummy, healthy treats by Chef Lisa
- 04 Chef Lisa showing off her culinary skills
- The winning public service team from the Singapore Civil Defence Force
- 06 Trying their hand at cup stacking

02

work," said Parul

Chaturvedi.

The ballroom at CSC Bukit Batok filled with excited chatter as P1 students from Princess Elizabeth Primary School (PEPS) streamed in with their teachers and families for the school's annual Mid-Autumn party on 13 September.

Decked out in brightly coloured traditional costumes to mark the occasion, the children were in for a treat. Fellow students from the P3 and P4 classes put on a show for them with a modern ballet dance and a Chinese Orchestra performance. Adding to the fun was a magic show which proved to be a hit with the kids, with the magician drawing excited squeals and laughter from the youngsters with every trick.

Encouraging family-bonding, the pomelo-peeling contest saw parent-and-child teams race to be the fastest. For Tan Puat Wey, finishing first with his youngest son was just the icing on the mooncake; the real prize was seeing his son eagerly joining in the activities.

"My son is usually quite shy so I was very surprised he asked me to go up on stage with him for the competition."

As night fell, the young and youngat-heart clutched glowing lanterns as they made their way around the club as part of the lantern procession. Surprises awaited the crowd at every turn, from the light projections of Chang Er on the club's waterfall to the life-size animal lanterns that dotted the trail. "I like the lanterns!" piped little four-year-old Tan Mingxuan.

This year's event was extra special as the students were joined by elderly residents from Bukit Batok Home for the Aged and Sasco Senior Citizens Home.





Ms Yew HY, a teacher from PEPS, said, "It's a joyous occasion and the Mid-Autumn Festival is about reunion. It's good for the children to share their joy with the less privileged."

And it is clear the elderly folk had a good time. "It's a good and interesting show. The MC is funny and sings nice old songs. I like that we can take photos with her and the lanterns," said Lee Choon Boey, one of the homes' residents.

Wrapping up the evening were the prize presentation for best lantern and a lucky draw featuring prizes such as tickets to a family musical, waffle makers and art workshops for children.

Beyond the lights, laughter and performances, the event was also an eye-opener for some. Said Nor Nadhirah Rahimie, "I don't know much about the Mid-Autumn Festival. It's a new and fun cultural experience for me."

- 01 Senior students displaying their musical talents on stage
- O2 Tan Puat Wey and his son, Ming Rui, in the pomelopeeling contest
- O3 Students in their traditional best dancing in the ballroom
- 04 Students of all races joining in the lantern parade
- 05 Lanterns decorated the entrance way to the ballroom







Nov-Dec 2016

ne.



Tessensohn Clubhouse's

NATIONAL DAY DECORATIONS A WINNER



Changi Clubhouse

CSC @ Tessensohn has won their first National Day Decorations Challenge, beating the other two Clubhouses with their colourful interpretation of remembering Singapore's special day.

The challenge set before the staff of each Clubhouse was to be as creative as possible making their clubhouse more beautiful for the National Day celebration. The staff took up the task and ownership of their Clubhouse by working together to brainstorm and create a centre piece at their Clubhouses and bowling centres.

They also went all out to make the overall decor of their Clubhouse as visually impactful as possible.

CSC @ Tessensohn came up with their own take on the icons of Singapore and what made this nation special to them. They also had their own mock-up of the National Day celebration.



Bukit Batok Clubhouse

TESSENSOHN CLUBHOUSE TRIUMPHS IN DEEPAVALI DECORATIONS CHALLENGE

One of the most significant festivals among the Indian community,
Deepavali is the festival of lights. It celebrates the triumph of light over darkness and good over evil, as well as welcoming the new year for the Hindus. The Clubhouses welcomed the festivity by being decked out in the most beautiful decorations, at the same time each hoping to edge out the others to clinch the Decorations Challenge Award.

The staff of Tessensohn Clubhouse were able to pull in their minds together and came up with the most ingenious way to make use of recycled materials to dress up their Clubhouse's spaces according to the Deepavali theme. Their concerted effort, colourful and vibrant decorations impressed the judges.

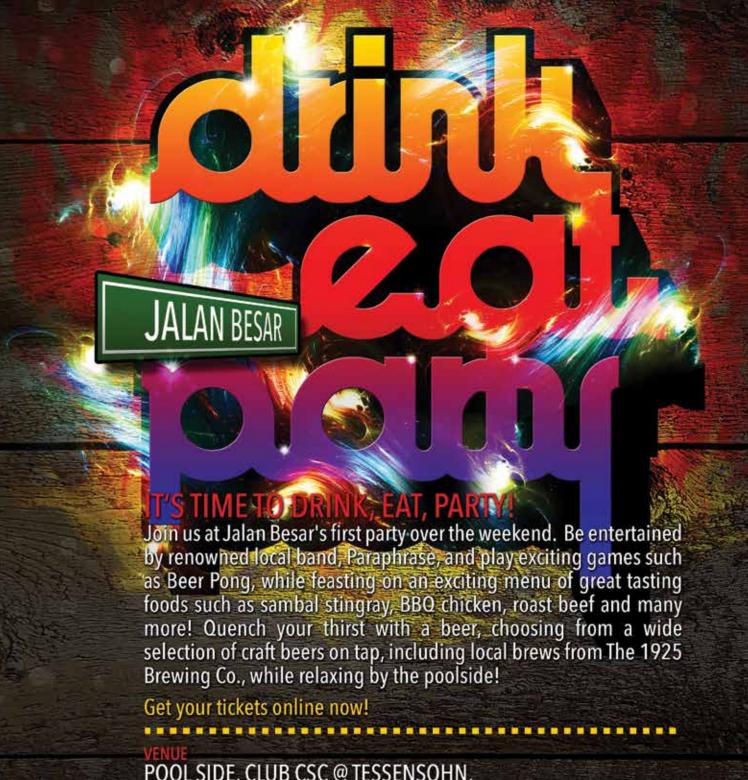






Tessensohn Clubhouse





POOL SIDE, CLUB CSC @ TESSENSOHN, 60 Tessensohn Rd, 217664

DATE & TIME

10 & 11 DECEMBER 2016, 4 PM TILL 11PM.

TICKET PRICE

CSC MEMBERS: \$20 NON MEMBERS: \$28

Jointly organized by:





All ticket purchases can be made online via http://www.csc.sg/events

For more information regarding the event, please visit http://www.csc.sg/events or call Hai Ming at 6391 5607, or via email at onnhaiming@csc.sg

LETTHE S GAMES BEGIN!

Top leaders from across Singapore's and Malaysia's public services gathered on our island for the 39th Public Service Games and 8th Joint Seminar held from 14 to 16 October 2016.



Flights of golfers, comprising 23 delegates, teed off at Singapore Island Country Club's Sime Course amidst perfect golfing weather. The camaraderie was evident as they posed for a group photo and made their way around the course. The same spirit was also on display over at the bowling game held at the Resort Bowl at Club CSC @ Changi. The event was participated by Mr Peter Ong, Head of Civil Service / Permanent Secretary (PMO)(Strategy) and Tan Sri Dr. Ali Hamsa, Chief Secretary to the Government of Malaysia. High fives and encouraging banter filled the air as some 73 delegates and their spouses were teamed up for the event.





"Singapore and Malaysia take turns to host the Public Service Games. The games help to create better rapport in an informal way. We mix the teams so that both Singapore's and Malaysia's civil servants get a chance to build bonds," explained Mr Charlie Ng, CSC's General Manager.

And it is clear that delegates on both sides of the Causeway agree. Said Dato' Sri Ir. Dr. Roslan Md. Taha, Director-General of Malaysia's Public Works Department, "We've had a warm reception in Singapore. I'm looking forward to enjoying the game. Winning or losing is secondary. It's important to socialise and meet people."

event highlights

Added Ms Ong Toon Hui, Dean of Civil Service College, "It's a chance to build rapport and friendship with our Malaysian friends over games."

Indeed, the bonding and friendship extended beyond the delegates to their spouses. While the public service leaders were busy at the Joint Seminar, their spouses wives and husbands headed off to the National Gallery for a special tour of the exhibits before joining their spouses for the afternoon's games.

Mrs Christine Keung, wife of BCA's CEO Mr John Keung, commented, "The session was very well organised and interesting. The participants enjoyed themselves."

Amidst the cheers and applause from teammates, tempting refreshments and warm atmosphere, everyone was a winner. Still to add to the fun, prizes were given out for top golfers and bowlers, as well as for the novelty events. On-the-spot prizes were given to participants who managed to keep the pink pin standing, while the day's top sportsmen received their awards under the glitz and glamour of a gala dinner at the National Gallery – an ideal wrap up to an eventful day.











- 01 Putting for the win
- 02 All smiles and ready to bowl
- 03 Group shot before hitting the fairways
- 04 The perfect strike

- 05 A great day for golf
- 06 Thumbs up to better bonds
- 07 Ready, steady, bowl!
- 08 A perfect swing!

event highlights



LABRADOR PARK WALK: JUST GREAT!

The walk through Labrador Park promises to be a discovery of habitats rarely seen in urban Singapore.

It provides the opportunity of exploration and enriching of senses. For participants of the CSC Walk @ Labrador Park organised by the Civil Service Club, the walk was a great way to exercise with other colleagues. Lilian Chong, who came with 8 co-workers from Sport Singapore at 4pm, was also looking forward to know more people from other agencies. After a warm up session and flag-off by Guest-of-Honour and CSC Executive Member Mr James Kwek, Lilian took off with the other participants for the 5km walk.

Though it was her first Walk, she was able to get into the rhythm. It helped that the fine weather provided a lovely backdrop to the trek. She was able to enjoy every part of it, especially the beach. When asked to sum up her feeling throughout the whole one and half hours of walking, Lilian gave a resounding "great!". More importantly, she was able to make new friends and looked forward to the next Walk.

As the participants reached the end point, they had the chance to take part in a lucky draw. Teo Beng Khim from the Maritime and Port Authority of Singapore eventually went home as the winner.







CSC RUNNING CLUB:

RUN FOR FUN

The Civil Service Club (CSC) Running Club conducts regular runs on the first and third Saturdays of each month. Despite everyone's busy schedule, the Running Club members have organised runs to various scenic spots in Singapore and are having fun doing it. Besides enjoying a lazy Saturday morning at these beautiful places, it is a healthy way to spend your morning with a short leisurely jog.

Join us in one of our regular monthly runs and have a great time running with us. As a member of the CSC Running Club, you get a breakfast allowance when you join us for the Saturday runs. In addition, you will be reimbursed for your participation in the CSC Run, a yearly mega running event organised by CSC.

For more information, contact our Running Club President, Mr Abraham Chan at Tel: 9663 7837. Enquiries can also be done through the Civil Service Club.

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- * Dental Domination
- * Full Scaling & Potening
- * Fluoride Therapy (flaoplicable)

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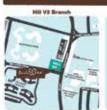
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The earlier showers failed to dampen the spirits of more than 550 participants from 12 government agencies as they gathered for the CSC Walk @ Singapore River Promenade on 31 August.



Many came decked out in matching outfits to represent their respective agencies, and by the time they engaged in an energetic warmup session the sun had come out. Flagged off by Guest-of Honour

Ms Yeoh Chee Yan, Permanent Secretary, Ministry of Culture, Community and Youth (MCCY), the public officers set off on a 5km scenic route that took them pass iconic Singapore landmarks from modern skyscrapers to charming shop houses along the riverfront.

Peter Jong from the People's Association (PA) was one participant who embraced the spirit of fun, fitness and camaraderie at the walk. "We specially made T-shirts for the CSC walks so that we can identify our PA colleagues! It's a healthy exercise and we get to bond with colleagues and keep fit at the same time. We just walk and chat."

These sentiments were echoed by thirdtime event goer, Malathi Saprohmaniam from Inland Revenue Authority of Singapore, who added, "It's good exercise, and I can get time-off to do this. Plus, I also get to know colleagues and people from other ministries."

For some, it was a nostalgic walk down memory lane. Said Halijah Sani from the Ministry of Education, "It's a nice shady walk. I got to see new developments, like the changes to Singapore's skyline. I used to come to this area many years ago and it's changed a lot since then."

As the participants collected their fun packs after the scenic river walk and caught up over refreshments, the

- 01 Setting off!
- 02 Warm up time!
- 03 Lucky winner, Bryan Hoe, with the top prize in the lucky draw



- 04 Enjoying the walk by the river
- 05 Geared up for the walk





Share your #(S(MOMENTS

At CSC it is all about creating the special moments and memories with your family, friends and colleagues. Share these special moments at our unique CSC Clubhouses with us by using #cscmoments on your social media posts! You can also write in to us at feedback@csc.sg to tell us your stories. Each selected entry stands to win a \$20 club voucher.



BEAT THE HEAT

Soak and have fun in the swimming pools at CSC while beating the heat. photo credit: jaytancy

SPECIAL MOMENTS

Capture special times with friends and family at CSC's facilities that are suited to your needs.

photo credit: ahmadpiano





FUN TIMES

Gather your family and friends for some fun and exhilarating times at CSC.

photo credit: iuheux



SPLASHING TIMES

Take a well-deserved break splashing and dipping in CSC's welcoming swimming pools. CSC members can enjoy them for free.

photo credit: vanessa_mehmeh

BEAUTIFUL LIFE POSES

Be in the most relaxing yoga pose surrounded by a beautiful view from the CSC clubs.





SPECIAL CELEBRATIONS

Create cherished memories by marking your celebrations and milestones at CSC.

photo credit: serraine

SPORTS NEWS

"Do you know what my favorite part of the game is? The opportunity to play." – Mike Singletary Our participants at the Public Service STAR Games savour the chance of playing in the games that they love but more importantly, they savour the opportunity of building friendships with other players.

STRONG RIVALS MINISTRY OF **EDUCATION AND** MINISTRY OF HOME **AFFAIRS SHARE** VOLLEYBALL **CHAMPIONSHIP TITLE**

4 SEPTEMBER 2016

It was a joust between heavyweights Ministry of Home Affairs (MHA) and Ministry of Education (MOE) in the Public Service Volleyball Tournament held at MOE (Evans Road) Sports Hall on 4 September 2016. They out-played the other teams from 11 government agencies and swept into the Women's and Men's finals. MOE eventually winning the women's event, while MHA took the men's top spot. They were declared as joint overall champions.

It was hard telling who would win the finals. The MOE women's team were forced to work together as a team, while the MHA men's team managed to clinch their game through sheer determination. Ultimately, both agencies were overjoyed to share the overall championship trophy. For first-time MOE women's team manager Ms Cheryl Lee, it made their victory 'a more meaningful one'. However, MHA team captain Mr Li Kunhan summed up their sentiment when he said, "the competition is not totally about competing with each other but also friendship that we have built over the past years."

Guest-of-Honour and CSC Executive Committee Member Mr Tan Kok Kwang presented prizes to the winning teams.

RESULTS

Women's Category

Champion: Ministry of Education (2) 1st Runner-Up: Ministry of Home Affairs 2nd Runner-Up: Ministry of Education (1) 3rd Runner-Up: Sport Singapore

Men's Category

Champion: Ministry of Home Affairs (1) 1st Runner-Up: Ministry of Education (2) 2nd Runner-Up: Ministry of Home Affairs (2) Ministry of Defence (2) 3rd Runner-Up:

OVERALL POSITION

21 SEPTEMBER 2016

Joint Ministry of Education Champion: Ministry of Home Affairs Sport Singapore Joint 2nd Runner-Up: Ministry of Defence

SQUASH TOURNAMENT WIN



MINISTRY OF EDUCATION SHOWS MASTERY OF WORDS AT SCRABBLE TOURNAMENT



Bukit Batok Clubhouse was the venue of a mind battlefield on 17 September 2016 for 25 teams from 11 government agencies, as each one concentrated on coming up with winning words. Ultimately, Ministry of Education (MOE) showed they were still the wordsmiths and held on to the Public Service Scrabble Championship title.

Even though champions for the past years, MOE entered the competition uncertain if they could win. There were many strong players. One tough opponent was Land Transport Authority. "They had a grandmaster-ranked player so we expected to lose that match, which put pressure on the other 2 players to win their matches", related MOE team member Mr Vincent Koh. Their strategy, coupled with a 15-year friendship and playing out their words quickly, eventually took the trio to the top.

The team will continue to expand their vocabulary, not just to increase their chances of winning but also for the purpose of learning. "Learning, as we say in MOE, is a lifelong pursuit!", Mr Koh remarked. Indeed, spoken like a true master wordsmith. Guest-of-Honour Mr Charlie Ng, CSC General Manager, presented prizes to the winning teams.



Payoh Hub from 30 August to 21 September 2016 for a chance at winning the trophy. Previous year's 3rd placer MOE had a tough challenge as they faced strong teams who were capable to win the tournament.

Ministry of Defence. 12 teams had gathered at Club HDB in Toa

MINISTRY OF EDUCATION SCORES

It was a moment of great elation and relief for Ministry of Education (MOE) as they finally took back the Public Service

Squash Championship title they last won in 2013 by beating

"We had to muster all our grit, tenacity, persistence, patience and perseverance to overcome our opponents", said MOE Squash Convenor Mr Bernard Khoo. They were trailing against Nanyang Technological University in the semi-finals but their player managed to find his composure and win his game for MOE's spot in the finals.

Their fitness and deep focus eventually led them through to a deserving win, which Mr Khoo described as 'surreal'. "It was a relief after recapturing the title back and felt more satisfying winning this time round", he said as he looked back on the whole tournament.



RESULTS

Ministry of Education 1st Runner-Up: Housing and Development Board 2nd Runner-Up: Central Provident Fund Board 3rd Runner-Up: Naee Ann Polytechnic

RESULTS

Ministry of Education (1) 1st Runner-Up: Ministry of Defence 2nd Runner-Up: Ministry of Home Affairs (1) Nanyang Technological University



sports

MINISTRY OF EDUCATION'S TEAM SPIRIT IS KEY TO FOOTBALL VICTORY

20 & 21 AUGUST 2016

It was an intense two days of competition as 38 teams from 17 agencies met for the Public Service 7-A-Side Football Tournament held at the St. Wilfred Field on 20 and 21 August 2016. Competition was keen as teams battled hard to out-maneuver their opponents in order to survive the knockout rounds.

Not only did all of the six teams from Ministry of Education (MOE) made it to the 2nd round, two of their teams emerged at the top of the pack. According to MOE Football Manager Abdul Nasir Bin Abdul Razzak, the win was 'a testimony of the entire team effort'. He said "The players communicated well and the team spirit drove them to

With that spirit evident in their playing, the MOE teams will continue to encourage each other to stay fighting fit and defend the

championship next year. Guest-of-Honour and CSC Executive Committee Member Mr Vincent Goh presented prizes to the winning teams.

RESULTS

Champion: Ministry of Education (4) 1st Runner-Up: Ministry of Education (1) 2nd Runner-Up: Ministry of Home Affairs (5) GC 1 3rd Runner-Up: Ministry of Home Affairs (3) Veteran 1

MHA OUTLASTS TO CLINCH FUTSAL **TOURNAMENT TROPHY**

9 OCTOBER 2016

43 teams gathered at the Choa Chu Kang Sports Hall on 9 October 2016 for a day of heart-pumping action. In a closely fought final against Ministry of Education (Team 4), the Ministry of Home Affairs (Team 2) eventually prevailed to emerge champion of the Public Service Futsal Tournament.

It was preparation that saw the team winning. Their twice-a-week training for their participation in Singapore's National Football League helped to build their fitness and allowed them to play a fast-moving game. "We believe that if we can tire our opponents, we will be able to be ruthless in our delivery", said MHA team manager Mohammed Hanafiah. Preparations for next year's Futsal championship will begin as early as January 2017. A short trip to a nearby country has also been planned to bond the team even

Guest-of-Honour and CSC Executive Committee Member, Mr Teo Tze Fang, presented prizes to the winning teams.

RESULTS

Champion: Ministry of Home Affairs (2) Police Open

1st Runner-Up: Ministry of Education (4) 2nd Runner-Up: Ministry of Education (6)

3rd Runner-Up: Ministry of Home Affairs (5) PRIS



MINISTRY OF **EDUCATION IS THE UNDISPUTED** CHAMPION OF NETBALL

27 AUGUST 2016

27 August 2016 was the day the netball teams from Ministry of Education (MOE) will remember with deep satisfaction, after the Public Service Netball Tournament held at the MOE (Evans Road) Sports Hall. In a field of 23 teams from 17 government agencies, the MOE teams had battled hard and stormed through to take the top three positions. No other teams would have felt more joy than the champion, MOE's Team 1.

"It was different because it was a brand new team and a much younger team compared to the previous one", shared team captain Sylvia Lim Sze Hui. They had no reserve players and had to rely on teamwork. Furthermore, they faced a strong fellow MOE team made up of Super League and ex-national players in a nail-biting final. The team was still trailing by one goal close to the final whistle. Fortunately, their shooter was able to put in a shot, resulting in an extra time. This gave the team precious moments to score the two winning goals.

Ms Lim could finally look back at this tournament with pride and relief. "It was physically demanding for the girls, yet we survived and eventually emerge champion", she said.

Guest-of-Honour and CSC Honorary Treasurer Mr Lau Chee Chong presented prizes to the winning teams.



Ministry of Education (1) Champion: Ministry of Education (5) 1st Runner-Up: 2nd Runner-Up: Ministry of Education (2) 3rd Runner-Up: Ministry of Home Affairs (SPF)

MINISTRY OF DEFENCE CAPTURES OVERAL WIN AT BASKETBALL TOURNAMENT

5 OCTOBER 2016

From 23 August 2016, 30 teams from various agencies fought to out-run each other at the Public Service Basketball

Tournament. It culminated in MOE (Evans Road) Sports Hall on 5 October 2016, which saw powerhouses Ministry of Education (MOE) and Ministry of Defence (MINDEF) holding on to their Women's and Men's titles respectively. MINDEF eventually winning the overall championship trophy.

MINDEF managed to fight their way up in a challenging year filled with many strong teams. "This shows the cohesiveness we

have within the team and our big pool of basketball players", reflected team manager CPT New Wei Sheng. However, MOE took their win in stride, focusing on appreciating the process. "I am glad that we won but the journey is always more enjoyable", opined team manager Teo Siang Yang.

Guest-of-Honour and CSC Executive Member Mr Teo Chee Beng gave out prizes to the winning teams.

RESULTS

Women's Category Champion:

Ministry of Education (2) 1st Runner-Up: Ministry of Health 2nd Runner-Up: Ministry of Home Affairs 3rd Runner-Up: Ministry of Education (1)

Men's Category

Ministry of Defence (1) Champion: 1st Runner-Up: Ministry of Education (2) Ministry of Home Affairs 2nd Runner-Up: Ministry of Defence (3) 3rd Runner-Up:

OVERALL POSITION

Ministry of Defence Champion: 1st Runner-Up: Ministry of Education 2nd Runner-Up: Ministry of Home Affairs



sports





CSC Cycling Club Calendar Of Events 2017

The year ahead promises to be another exciting period for CSC cyclists as we have lined up an interesting programme for both our serious and leisure cyclists. The highlights will be the Bhutan and our annual Taiwan adventures. Check out the dates and mark out your diaries to make sure you do not miss out on any of these great rides.

Date	Outstation Rides	Remarks
29 Apr – 1 May	Malacca/Port Dickson	3 Days
24 – 26 June	Frasers Hill	3 Days
20 – 30 Aug	Bhutan	11 Days
28 – 29 Oct	Tg Piai	2 Days
*November	Taiwan	10 Days

*Dates for the Taiwan Ride will be confirmed later.

All our outstation rides will be led by at least two Ride Leaders. Their roles will be to help organise the rides and to accompany the group on these trips. We encourage members to take a more active role and volunteer as Ride Leaders. Volunteers will be paid a small subsidy to defray part of the cost for their trip. Calls for volunteers will be sent out together with the announcement of each outstation ride. Do step forward to help!

Local rides will continue as usual on the second and fourth Saturday of each month. Details of these rides will be announced via our Facebook page and WhatsApp Chat Group. If you are not already connected, don't miss out and get on board immediately!



Members' Escapades

Besides joining us in our rides, we are aware that some of our members do ride on their own to various parts of Singapore and

other countries. Why not share your experiences with us through this FUSION page? Keep your article to a maximum of 200 words with a few high resolution pictures and send it to Robert Tan at budtan.chelagi@gmail.com, at least two months before the publication. Late submission will be considered for inclusion in the next issue.

Share your cycling escapades with members so that they can explore new and exciting destinations.

Feedback



We have received some useful feedback regarding members' concerns on the pace of our fortnightly rides. While many enjoy and support these rides, a few have dropped out because they are not comfortable with the pace.

Richard, our Local Rides Convener, has decided to review these outings so as to cater to a wider range of members with varying cycling abilities. For a start, a second Ride Leader will be appointed to look after those who prefer to go on a more leisurely pace. The average speed will be around 20kmh and will rarely exceed 25kmh. Our Ride Leaders will appoint a sweeper to care for the stragglers.

Robin Tan has been appointed to take care of this slower group in this new initiative. To further boost confidence, the Ride Leaders looking after the slower cyclists will use only Park Connectors as far as possible. We hope this new move will encourage those who have been absent from our rides to return and enjoy the good fellowship among our members.

The dates of our upcoming rides are: 12 & 26 November and 10 & 24 December. The venues of these rides will be announced in our Facebook page and WhatsApp Chat Group nearer the date of each outing.

Member's Profile

In the past we have featured members who have participated actively in our programmes or contributed significantly to the management of our Club. In this issue, we feature a special guest who has been supporting our local and overseas rides for a number of years.

Seventy-four year old Francis Kang, who was introduced to the Club by our Chairman Robert Tan, is an avid cyclist who once owned eight bicycles from the low to the high end range. He first cycled with us in 2012 and since then, has not failed to be a regular in most of our rides. When asked what attracted him to join us, he said that "CSC cyclists are a bunch of fun guys who cycle to



sports

interesting places locally and overseas. The numerous outings during the year provide me with ample opportunities to fulfil my interest in cycling and adventure". Despite his age, Francis is never at the tail end of our rides. No matter the distance or terrain. He takes every ride seriously and pushes himself to get the best exercise from each outing, while not forgetting to enjoy the company of others and 'makan' and massage at the end of each ride. He dislikes to be overtaken by anyone, especially ladies. We thought it was his male ego but his reason is straightforward and frank, "I do not like to look at ladies' bottoms"

Francis has cycled further and to more places than most people half his age. For example, besides the short trips to Batam, Bintan and other Riau Islands, he has also cycled the entire East and West Coast of Peninsula Malaysia. When asked to name his most memorable adventure, he was quick to point out a number of interesting rides such as the one to Australia in 2015; the re-enactment of the Japanese invasion of Malaya from the Thai border to Singapore in 2013. When pressed to name one, he singled out the Bangkok – Singapore Charity Ride in 2014, which was in aid of Typhoon Haiyan. According to him it is the most memorable because he cycled with two senior cyclists of his age for charity over vast unknown territories. It was also the longest ride he had ever attempted. He added that besides the adventure, it was very meaningful to get out of his comfort zone, discover his limits and at the same time, help people who are in need.

We are pleased to have Francis in our rides as he is an inspiration to all our members. We look forward to him joining us in our future rides, especially those lined up for the coming year.

Membership Promotion



Announcing our year-end membership promotion that offers a revised annual membership fee! Renew your membership before 31 December 2016 and receive a free gift and a lucky draw ticket to win valuable prizes. Better still, take advantage of the memberget-member promotion and enjoy a one-year free membership!

> **JOIN NOW...**and enjoy these attractive offers! CSC Cycling Club is one of the most active interest groups in CSC that offers regular cycling trips around Singapore, in the region and further afield.

MEMBER-GET-MEMBER OFFER

Introduce a new member and enjoy one-year free subscription in 2017. (The new member must not be an existing

or past member of the Club)

REDUCED ANNUAL MEMBERSHIP FEE

Annual membership fee revised from \$24 to just \$12 a year, with effect from January 2017.

FREE GIFT

A free surprise gift awaits all existing and new members who pay their subscriptions before 31 December 2016.

LUCKY DRAW

All existing and new members who pay up their subscriptions before 31 December 2016 will be given a lucky draw ticket for a chance to win attractive prizes. The draw will be held at the coming Annual General Meeting in the first half of 2017.







A Cool Ride At Cameron Highlands By Oei Su Cheok

The name Cameron Highlands evokes feelings of cool weather, picturesque tea hills and vegetable plantations. For many CSC riders, this was our first time riding our bikes on this hill station. Many had previously gone there by coach tours.

The highlight of this short 3-day event was on the second day, where we rolled down from the tourist town of Brinchang (1540m altitude) to Ringlet (1135m). A few of us decided to go even lower to 600m. This proved to be tough as it meant we had to climb the way back!



Nonetheless, this beautiful mountain road offered scenic views of Cameron Highlands, with local farm and forest produce found along the road. More tourist destinations such as strawberry farms beckoned us as we cycled, which meant we had to come back another time!

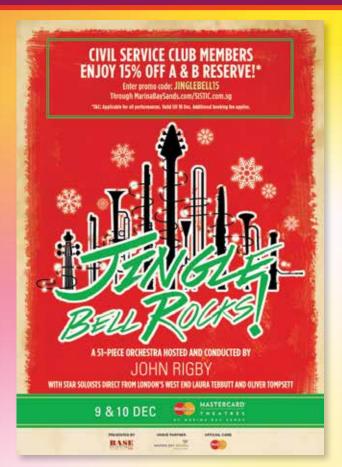
As the temperature plunged from the noon heat to a cool 17°C at night, we gathered for a satisfying steamboat meal. We ended our meal with a feast of Malaysian durians and passion-fruits. The chill didn't stop us as we had Magnum ice cream for dessert!

With our bikes safely stowed on the coach, we bade farewell to Cameron Highlands as we reflected on our personal achievements. Even as we departed, we made a last-minute effort to savour Malaysian durians by the road. As we were at the forest edge, we decided to return the seeds to the forest. We will be back some ten years later to enjoy the fruits of these trees once again.



CSC MEMBERS' Perks

Being a CSC member sure pays off! Just flash your CSC card to enjoy these privileges. Check out the great deals in store for you!







clubhouse



Come to CSC @ Changi, a fantastic quiet waterfront that is waiting for you to discover. Open to the public, it is the perfect getaway for plush staycations and memorable get-togethers. Indulge in a delectable food spread offered by our excellent eateries and take part in the resort's numerous sporting activities.

Birdies & Family Anniversary Event







Get close and personal with exotic birds for free! Join Birdies and Family Sg, a group of vibrant bird lovers, as they celebrate their anniversary. Be captivated by colorful birds on display, some expensive and rare, and learn how to care for them at this fun-packed event.

Date: Sunday, 11 Dec '16

Time: 11am – 4pm

Venue: CSC @ Changi

Chalet Block Function Room

Fees: FREE!

Activities include:

- Photo booth
- Grooming section
- Education station + Rescue station
- Pet birds buffet station
- Kids drawing competition
- Lucky birds
- Treasure hunt

For more information, kindly email info@birdiesandfamily.net or visit our Facebook page www.facebook.com/BirdiesAndFamily/



NYE COUNTDOWN PARTY CHANGI RESORT BOWL

Welcome the New Year at the Changi Resort Bowl by bowling in the dark with glowing pins and balls. With exciting visual effects and excellent music, you and your friends can be sure to have a spectacular time. Special packages are also available.







CORPORATE TOURNAMENT, FUN BOWL & LEAGUE CHANGI RESORT BOWL

Put a new spin to your next corporate cohesion activity! Plan a fun bowl or even a corporate league for your colleagues at the Changi Resort Bowl and just let the good times roll. Prices start from \$20 per hour.

Contact us at resortbowl@csc.sg for more info.

CELEBRATE YOUR BIRTHDAY @ CHANGI RESORT





Enjoy 20% off on your Superior or Deluxe Suite when you stay at Changi Resort during your birthday month. Savour and remember your special day by having it with us. Terms and conditions apply.

7777

Open to Principal Members & Supplementary Members

Contact us at rooms@csc.sg for more info.

clubhouse



The most ideal location that provides for your recreational and sporting needs at a great value. It now comes with even more new and enhanced facilities; and yet still affordable as a training and meeting space.

The Heart of The City

Stadio Futsal Opens New Rooftop FUTSAL pitches at Tessensohn Clubhouse.

Cage is imported directly from Germany. Play on the same world class Astro-Turf grass pitches as leading Bundesliga and UEFA Teams.

State-of-the-Art Design

- ✓ Infill cushioning system a performance and realistic surface
- Absolute Shock absorption exempt from pesky black rubber fillings
- ✔ Provides stability and lay flat characteristics
- ✓ Consistent and correct ball bounce
- ✓ Energy restoration

There will be two pitches for you to hone your skills and techniques, have great fun with your families and friends.

The pitches will be ready in early November 2016.

So you don't have to wait long to put your boots on!

For booking and enquiry, please contact Stadio Futsal at 9721 8030 or email: enquiry@stadio.com.sg



NOV

Opening Discounts for Members



ONE STOP SOLUTION!

CSC @ Tessensohn provides a one-stop solution for all your interests and requirements. Choose from a wide range of high-quality spaces, both indoor and outdoor, to suit the various specific needs you might have.

Talk to us about your needs. Our staff will be more than happy to assist you.

Contact us for a no-obligation viewing of our facilities:

Jacqueline Tang at 6391 5605 or jacquelinetang@csc.sg / Shamira at 6391 5623 or shamirajohari@csc.sg

PS: In accordance with MOF guidelines, Public Service Organisations do not need to go through the procurement route when engaging Civil Service Club to provide services and rental of facilities. You may access the data from the Government Intranet under MOF Procurement Portal and Vital Travel Portal.

clubhouse



Just minutes' walk from a shopping mall and MRT station, CSC @ Bukit Batok is the perfect accessible spot for any occasion. Situated on a lush hilltop, you and your guests can look forward to a memorable experience.

Hilltop Retreat In The West





CHILDREN'S HOLIDAY SPECIAL

IT'S A DISNEY CHRISTMAS PARTY

Fun-filled Fringe Activities planned for all children!

Take your children down to the Tessensohn Clubhouse this December for a magical Christmas party they will not forget! They will be enchanted by the awe-inspiring decorations put up specially for this event and be engaged in so many activities planned out for them. There will be a magic show, pop corn & candy floss, Bouncy Castle, Christmas songs to sing and dance to and a special appearance by Mickey & Minnie mascot. So take the afternoon off to join us for a lovely Christmas celebration.

Don't miss this! Encourage your child to come dressed in their favourite Disney character and take part in the Best Dressed Disney Character contest. The Best Dressed Character will stand a chance to win tickets to KidZania, an inspirational interactive indoor theme park in Singapore! Your children gets to play in our bouncy castle as well!

Date: Saturday, 10 Dec '16

Time: 12pm – 2.30pm

Fees: Member's Child \$10,

Public Officer's Child \$12,

Member's Guest's Child \$15

(inclusive of McDonald's Happy Meal,

Party Pack and a Christmas Present)

Venue: CSC @ Tessensohn **Contact:** Vanessa at 6391 5641 or

vanessachoo@csc.sg **Register By:** 1 Dec '16 *Children aged 4-12 years old





MAKE A CLAY MUG

Grant your child the experience of a fulfilling adventure in clay. Join experienced ceramicists as he learns to transform a pre-formed cylindrical clay shape into a creative and yet functional mug. Your child will be able to style a mug that expresses his personality.

Date: 1 Saturday, 19 or 26 Nov,

3 or 10 Dec '16 **Time:** 2 – 4pm

Fees: Member \$50, Public Officer \$55,

Member's Guest \$60

Venue: Goodman Ceramic Studio **Contact:** Vanessa at 6391 5641 or

vanessachoo@csc.sg

Register By: 1 week before class

'TIS THE SEASON TO BE JOLLY CHRISTMAS FUN WORKSHOP

For children aged 6 to 12 years old

Let your child experience the joy of sharing and giving by making something for his parents in this meaningful workshop. He will learn to make a Christmas tree, gifts and Christmas desserts, besides practising on Christmas carols. At the end of the workshop, he will then present their gifts to his parents.

Date: Wednesday, 14 Dec '16

Time: 9am – 5pm **Fees:** Member's Child \$58, Public Officer's

Child \$\$65, Member's Guest's Child \$68

(Fees include 1 lunch and 1 tea

break

All materials are included.) **Venue:** CSC @ Tessensohn

Contact: Serene Cho at 6391 5620 or

serenecho@csc.sg **Register By:** 8 Dec '16

LEGO® MINDSTORM NXT (ADVANCED ROBOTIC) & MINDCRAFT DAY CAMP

For children aged 6 to 12 years old

Pay for 1 camp and have double the fun! Let your child join our camp and be exposed to 2 different types of LEGO® building. Mindstorms combines classic LEGO® building with the world of robotics. Your child will learn to design and program bots to perform all kinds of tasks! In Minecraft, he will build models and craft key elements with the use of LEGO® bricks. It will be a fun and challenging camp that your child wouldn't want to miss!

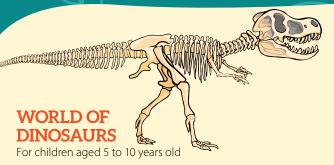
Date: Wednesday to Thursday,

7 Dec – 8 Dec ′16 **Time:** 9.30am – 5pm

Fees: Member's Child \$360, Public Officer's Child \$370, Member's Guest's Child \$380

Venue: CSC @ Tessensohn Contact: Vanessa at 6391 5641 or vanessachoo@csc.sg Register By: 1 Dec '16

- * Morning snacks and lunch will be provided.
- * All campers take home a polaroid photo at the end of the camp.



Experience life over 65 millions years ago by travelling through time to the World of Dinosaurs! Your child will learn to excavate skeletons of these great prehistoric animals which ruled the Earth in this interactive workshop. They will even have a chance to bring home their very own T-rex! This integrated learning makes learning Maths and Science an amazing experience that your child will simply fall in love with!

Session 1 - The Dinosaurs Land Date: Thursday, 15 Dec '16

Session 2 - The Volcano Land Date: Friday, 16 Dec '16

Session 3 - Peanut Butter Dinosaur Making

Date: Saturday, 17 Dec '16

For World of Dinosaurs Session 1 - 3:

Time: 9.30am - 12.30pm

Fees: Member's Child \$180, Public Officer's Child \$190, Member's Guest's Child \$200 (inclusive of all materials)

Venue: CSC @ Tessensohn

Contact: Vanessa at 6391 5641 or vanessachoo@csc.sq

Register By: 7 Dec '16

MATHS & SCIENCE COOKERY - THE MYSTERY OF THE EDIBLE GLASS & FIZZY POTION

For children aged 5 to 10 years old

Maths & Science cookery is a new, simple and fun approach to learning Maths and Science in a lively, creative and innovative way. Your child will have first-hand experience of real science by linking Science topics with simple cookery recipes in this fun-filled

*Note: The items that we are making cannot be revealed in order to fully maximise their absolute delight!

Date: Tuesday, 27 Dec '16 **Time:** 9.30pm - 12.30pm Fees: Member's Child \$65, Public Officer's Child \$70, Member's Guest's Child \$75 (inclusive of all materials) Venue: CSC @ Tessensohn Contact: Vanessa at 6391 5641 or vanessachoo@csc.sq

Register By: 20 Dec '16



YOUNG SCIENTIST -FUN WITH WATER SCIENCE

For children aged 5 to 10 years old

Water is familiar to us all, yet it has some strange and beautiful properties. This workshop will provide an excellent introduction to water. Your child will appreciate the important concepts relating to water and will have opportunities to create things.

Date: Thursday, 8 Dec '16 **Time:** 2.30pm – 5.30pm

Fees: Member's Child \$65, Public Officer's Child \$70, Member's Guest's Child \$75 (inclusive of all materials)

Venue: CSC @ Tessensohn

Contact: Vanessa at 6391 5641 or vanessachoo@csc.sq

Register By: 1 Dec '16

YOUNG SCIENTIST - MATHS & SCIENCE WITH MYSTERY POTIONS

For children aged 5 to 10 years old

Let your child find out about mysterious potions and learn to make one themselves. This hands-on workshop creates plenty of opportunities for them to experience the behaviours of fluids and concepts on suspensions.

Date: Friday, 9 Dec '16 Time: 2.30pm - 5.30pm Fees: Member's Child \$65, Public Officer's Child \$70, Member's Guest's Child \$75 (inclusive of all materials)

Venue: CSC @ Tessensohn Contact: Vanessa at 6391 5641

or vanessachoo@csc.sq Register By: 2 Dec '16



THE LITTLE DOCTORS For children aged 5 to 10 years old

Let your child learn about the important concepts of the human body. This fun-filled workshop will let your child know more about the body system, They will understand the roles of different parts of the body, their inter-dependencies and the different reactions

Date: Tuesday, 20 Dec '16 **Time:** 2.30pm - 5.30pm Fees: Member's Child \$65, Public Officer's Child \$70, Member's Guest's Child \$75 (inclusive of all materials)

Venue: CSC @ Tessensohn Contact: Vanessa at 6391 5641 or vanessachoo@csc.sg

Register By: 13 Dec '16



KIDS CAN BAKE

(1 Parent & 1 Child pair) For children aged 3 to 11 years old

Spend precious moments with your child by having some baking fun together and take the time to discover more of the

baking genius in your child.

Turtle Cupcakes

Date: Saturday, 12 Nov '16 Time: 4pm – 6pm Register By: 4 Nov '16

Sand Bucket Trifles

Date: Thursday, 24 Nov '16 **Time:** 1.30pm – 3.30pm **Register By:** 17 Nov '16

Popsicle Brownies

Date: Sunday, 27 Nov '16 **Time:** 10.30am – 12.30pm **Register By:** 21 Nov '16

Sunshine Pinata Cookies

Date: Monday, 28 Nov '16 **Time:** 10.30am – 12.30pm **Register By:** 21 Nov '16

For the above November courses:

Fees: Member \$65, Public Officer \$70, Member's Guest \$75

(Fee for 1 parent & 1 child)

Fees for additional child: Member \$35, Public Officer \$38, Member's Guest \$40

X'mas Tree Cupcakes

Date: Saturday, 3 Dec '16 **Time:** 1.30pm – 3.30pm **Register By:** 28 Nov '16

Rainbow Log Cake

Date: Sunday, 11 Dec '16 Time: 4pm – 6pm Register By: 5 Dec '16

Santa Claus Cupcakes

Date: Friday, 16 Dec '16 **Time:** 1.30pm – 3.30pm **Register By:** 9 Dec '16

X'mas Treasure Chest Cake

Date: Monday, 19 Dec '16 **Time:** 10.30am – 12.30pm **Register By:** 12 Dec '16

For the above December courses:

Fees: Member \$80, Public Officer \$85,

Member's Guest \$90 (Fee for 1 parent & 1 child)

Fees for additional child: Member \$40, Public Officer \$45, Member's Guest \$50

For all the above courses:

Venue: City Square Mall #07-08
Contact: Gek Cheng at 6391 5624 or

kuagekcheng@csc.sg









PROSPEROUS NEW YEAR FOOD ART WORKSHOPS

(Bonding Workshops for Parent & Child) For children aged 6 to 14 years old

Celebrate the Year of the Rooster with fortune cupcakes. You will have fun with your child in creating your very own adorable 'Fortune Cats' and other auspicious Chinese New Year symbols to decorate your cupcakes in this fun hands-on workshop. Share your irresistible sweet blessings with all your loved ones this festive season.

Cupcakes will be provided for decoration.

'Fortune Cat (Maneki Neko)' Fondant Cupcake Decorating Workshop

Date: Sunday, 8 Jan '17 **Time:** 10.30am – 12.30pm

Fees: Member \$75, Public Officer \$80, Member's Guest \$90 (Fees are for

1 parent and 1 child pair, additional child

can join at \$45 per child)

Venue: CSC @ Tessensohn

Contact: Hai Ming at 6391 5607 or

onnhaiming@csc.sg **Register By:** 1 Jan '17



JOYOUS CHRISTMAS FOOD ART WORKSHOPS

(Bonding Workshops for Parent & Child)

Ho Ho, Santa Claus is coming to town! Bring your child and spend a wonderful morning together as you join all-time favourite Christmas characters, including Mr. Santa Claus and his Reindeer in these hands-on workshops. Let these characters bring you and your child warmth and happiness this holiday season.

'Up Close with Santa & Reindeer' Creative Bento Art Workshop

Date: Sunday, 4 Dec '16 **Time:** 2pm – 4pm

'Gingerbread House' Cupcake Decorating Workshop

Date: Sunday, 11 Dec '16 **Time:** 10.30am – 12.30pm

For the above courses:

Fees: Member \$75, Public Officer \$80,

Member's Guest \$90 (Fees are for 1 parent and 1 child pair,

additional child can join at \$45 per child)

Venue: CSC @ Tessensohn

Contact: Hai Ming at 6391 5607 or onnhaiming@csc.sg

Register By: 1 week before each session



SPORTS STACKING CAMP

Join us for 3 days of fun with sports stacking, juggling and cubing! Your child will even learn some circus skills as well! Sport stacking has been adopted recently by many physical education programs to enhance hand-eye coordination and concentration.

Day 1: Sport Stacking and Juggling		
Day 2:	Sport Stacking and Cubing	
Day 3:	Sport Stacking and Circus Skills	

Date: Monday to Wednesday, 12 – 14 Dec '16

Time: 9am – 12pm

Fees: Member \$120, Public Officer \$130, Member's Guest \$150

Venue: CSC @ Tessensohn

Contact: Hai Ming at 6391 5607 or onnhaiming@csc.sg

Register By: 5 Dec '16









FUN SURVIVAL EDUCATION AT 'LAST KAMPONG IN SINGAPORE'

For children aged 7 to 12 years old

It is time to keep the video games and head to Pulau Ubin for an outdoor learning session on survival. This experiential workshop will instil self-discipline and increase your child's confidence level. He/She will learn the meaning of teamwork and the importance of environmental awareness. He/She will also develop lifelong skills such as map reading and cooking his own food.

Items to bring:

- Water bottles
- Clothes
- Wet attire
- Mosquito repellent
- Medication

Date: Friday, 25 Nov or Friday, 2 Dec '16

Time: 8.30am – 4.30pm Fees: Member's Child \$90, Public Officer's Child \$100, Member's Guest's Child \$110

Member Family Package (1 adult & 1 child) \$125,

Public Officer Family Package \$135, Member's Guest Family Package \$145

(Day Package includes lunch, insurance and transportation in Ubin but exclude personal and other expenses incurred

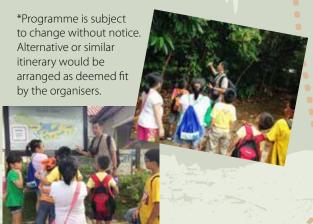
other than those stated above)

Venue: 8.30am at Changi Point Ferry Terminal

Contact: Vanessa at 6391 5641 or vanessachoo@csc.sg

Register By: 1 week before event

Programme Activities	Time
Meeting @ Changi Jetty to Ubin	8.30am – 9.30am
Learning of compass & map learning skills	9.30am – 10am
Introduction of self & team members	10am – 10.30am
Survival Course Begins!	
Water Filtration	10.30am – 10.45am
Learning to Set Fire traditionally	10.45am – 11am
Teamwork [Cook in the wild]	11am – 11.45am
Life Motivation through survival skills	11.45am – 12pm
Lunch time	12pm – 1pm
Tour & Learn about Pulau Ubin (Trip to Chek Jawa)	1pm – 4pm
Back to "Sunny Island"	4pm – 4.30pm



3 DAY FLIPPA BALL CAMP

(KIDS WATER POLO)

Build your child's water confidence and develop their water skills during their December school holiday. Flippa Ball is a modified junior sport for water polo and can be played by children aged 7 to 12 years old. In this camp, your child will learn skills required in playing water polo through an enjoyable and interactive game. They might just be encouraged to pursue this popular sport after this camp!

Things to bring:

- Sun block
- Swim gear
- Bath towel







PROGRAMME

Day 1	Introduction	
Day 1 & Day 2	Drills & Trainings	
Day 3 Drills & Trainings & Friendly Matche		

Date: Wednesday to Friday, 7 – 9 Dec '16

Time: 9am – 12pm

Fees: Member \$160, Public Officer \$170, Member's Guest \$180

*Suitable for kids age 7 to 12 years old with basic

swimming proficiency.

Venue: CSC @ Tessensohn Pool

Contact: Hai Ming at 6391 5607 or onnhaiming@csc.sg

Register By: 30 Nov '16





ARMY BOOT CAMP

For children aged 4 to 12 years old

Let your child discover the reasons why we need the Army and how it is applicable to his life. In this experiential workshop, he will understand the roles and responsibility of a soldier and learn about the trainings in the Army. He will approach each day as an exciting adventure! This workshop is suitable for boys and girls!

Programme Schedule

Activity 1	Camo and understand the history of Singapore
Activity 2	Polaroid as soldiers for them to bring home.
Activity 3	Games
Activity 4	Board games

Date: Monday, 19 Dec '16 Time: 9am – 5pm

Fees: Member's Child \$58, Public Officer's Child \$65,

Member's Guest's Child \$68

(Fees inclusive of 1 lunch and 1 tea break)

Venue: CSC @ Tessensohn

Contact: Serene Cho at 6391 5620 or serenecho@csc.sg

Register By: 11 Dec '16



ROBOTICS CAMP: BATTLE OF THE POKE-BOT MONSTERS

It is time for the long-awaited battle of the poke-bot monsters! Your child will be using

Lego Robotics sets to build and program his robot to battle against other teams in this fun workshop. He will understand more about programming logic and train his logical thinking at the same time as he learns about STEM concepts.

Date: Tuesday, 6 Dec '16 Time: 9am – 4pm Fees: Member \$120,

Public Officer \$130, Member's Guest \$150

Venue: CSC @ Tessensohn

Contact: Hai Ming at 6391 5607 or onnhaiming@csc.sg

Register By: 25 Nov '16





*Trainer will bring participants to the Tuckshop at CSC @ Tessensohn during lunch where they can purchase lunch at their own expense.

UNDERCOVER BOSS: GO BEHIND THE SCENES OF RUNNING YOUR OWN COMPANY



For children aged 7 to 12 years old

Develop the entrepreneur in your child and let him understand what it takes to run his own business. In this fun-filled workshop your child will discover his strengths and weaknesses. He will explore team work and individual responsibilities through games. He will also understand the need to identify his goals and ways to achieve them.

Programme Schedule

Activity 1	 Gather at the camp site at 9am. Camp briefing. Break into teams. Team will work on 1 product they would like to produce or service to offer (brainstorm for 1 business) 	
Activity 2	 Resources given to team to create product. Marketing and promotion tools given to team. 	
Activity 3	 Marketing and promotion of team's product. Presentation of team's product to a panel of judges. 	

Date: Saturday, 10 Dec '16 **Time:** 9am – 5pm

Fees: Member's Child \$120, Public Officer's Child \$125, Member's Guest's Child \$130 (Fees inclusive of 1 lunch

and 1 tea break)

Venue: CSC @ Tessensohn

Contact: Serene Cho at 6391 5620 or

serenecho@csc.sg **Register By:** 5 Dec '16

BRICKS CONTRAPTIONS: HUNT FOR THE BLAZI-ROOSTER

The Blazi-Rooster is on the loose and the poke-trainers are out to capture it! Using Lego bricks and household materials, your child will learn to design and build contraptions to capture the Blazi-Rooster. He will then test his contraptions against other teams in this fun-filled workshop.

Date: Saturday, 7 Jan '17 Time: 10am – 12.30pm Fees: Member \$45, Public Officer \$50, Member's Guest \$60 Venue: CSC @ Tessensohn

Contact: Hai Ming at 6391 5607 or onnhaiming@csc.sg
Register By: 31 Dec '16

JUNIOR OLYMPICS

For children aged 6 to 12 years old

Build your child's character, confidence and skills through a wide range of sports and activities. This workshop will help instil lifelong values of teamwork and individual responsibility within a healthy environment. Your child will also be able to identify his strength and interest in sports.

Programme Schedule Briefing	Break the group in several teams
Activities	Track and field games

Date: Thursday, 15 Dec '16 Time: 9am – 5pm Fees: Member's Child \$75, Public Officer's Child \$78, Member's Guest's Child \$80

(Fees includes 1 lunch and 1 tea break)

Venue: CSC @ Bukit Batok

Contact: Serene Cho at 6391 5620 or

serenecho@csc.sg **Register By:** 8 Dec '16



BOWLING FOR KIDS

For children aged 7 to 14 years old

Get your child started on bowling with this hands-on workshop. He will learn about basic bowling techniques, as well as the equipment and attire needed to enjoy this sport in a safe, fun way. Join instructor David Wong, who has coaching qualifications from the Asian Bowling Federation, as he shares his knowledge.

Date: Monday and Tuesday, 12 & 13 Dec '16 **Venue:** CSC @ Bukit Batok (Westwood Bowl)

Date: Tuesday and Wednesday, 20 & 21 Dec '16

Venue: CSC @ Changi (Resort Bowl)

Date: Wednesday and Thursday, 14 & 15 Dec 16 **Venue:** CSC @ Tessensohn (Planet Bowl)

For the above courses:

Time: 10am - 12pm

Fees: Member's Child \$65, Public Officer's Child \$70, Member's Guest's Child \$75

(Fees include use of house balls, lane fees and shoes rental)

Contact: Serene Cho at

6391 5620 or serenecho@csc.sg

Register By: 4 Dec '16



social activities



ORIGAMI GIFT WRAP WORKSHOP

Make a gift that looks unique, elegant and stands out from the rest. In this hands-on workshop, you will be taught the Japanese art of origami gift wrapping and ribbonmaking. After this workshop, make gifts that will be remembered for a long time.

Date: Saturday, 26 Nov '16 **Time:** 2pm – 4pm

Fees: Member \$50, Public Officer \$55, Member's Guest \$60 (inclusive of all materials) Venue: CSC @ Tessensohn

Contact: Vanessa at 6391 5641 or vanessachoo@csc.sg Register By: 20 Nov '16





MAKE A BOX-SHAPED POP-UP CARD

Are you looking for a one-of-a-kind Christmas gift for your loved ones? Make one yourself! Join us in this workshop where you can take your festive card-making to new heights by learning to tuck a surprise inside your box-shaped pop-up card.

Date: Saturday, 19 Nov '16
Time: 10am – 1pm
Fees: Member \$50,
Public Officer \$55,
Member's Guest \$60
(inclusive of all materials)
Venue: CSC @ Tessensohn
Contact: Vanessa at 6391 5641
or vanessachoo@csc.sg
Register By: 12 Nov '16



© BEAUTY

AUTHENTIC TCM GUASHA: ACUPOINT WORKSHOP

Witness the instant results of our award winning TCM Guasa therapy techniques in rejuvenating beauty and vitality. This workshop features an interesting "live" demo on the Guasa techniques for face and



covers the essential acupoints of TCM. You will learn DIY self-acupoint tips for inner self-maintenance & wellness.

Date: Saturday, 14 Jan '17 **Time:** 10am – 12pm

Fees: Member \$10, Public Officer \$12,

Member's Guest \$15 (inclusive of lunch bento box)

Venue: CSC @ Tessensohn Contact: Vanessa at 6391 5641 or email vanessachoo@csc.sg Register By: 8 Jan '17

CHRISTMAS MAKEOVER & PHOTOGRAPHY SESSION

Treat yourself to a professional makeover by The Makeover Inc this Christmas. Learn from them on how natural makeup and hairstyling can transform your look.

In this package, you will receive:

1 x Natural Makeup and Hairstyling

2 x Own Outfits

20 x Face and Half Body Shots for selection

2 x 4R Photo Prints 4 x 2R Photo Reprints Free Eyebrow Shaping

Date: Months of Nov and Dec '16

Time: 11am – 6pm (appointment to be made only after

payment)

Fees: Member \$50, Public Officer \$60, Member's Guest \$70

Venue: Concorde Hotel

Contact: Vanessa at 6391 5641 or email vanessachoo@csc.sg

Register By: 30 Nov and 21 Dec '16

INANCE

FINANCIAL TALK

Learn about various trading strategies on increasing returns from blue-chips and stocks and methodologies behind these trading strategies from dealers based at UOB Kay Hian Investor Centres. You can also sign up for trading signal notifications to enhance your profit potential when you attend this workshop.

Date: Saturday, 14 Jan '17 Time: 1pm – 3pm

Fees: Member \$5, Public Officer \$10, Member's Guest \$12

Venue: CSC @ Bukit Batok

Contact: Gek Cheng at 6391 5624 or kuagekcheng@csc.sg

Register By: 7 Jan '17



RETIRE A MILLIONAIRE THE **STRESS-FREE WAY!**

Find out the secrets to retiring as a millionaire without much stress. This informative workshop gives an introduction to retirement planning and



equips you with different strategies to protect your Retirement Nest Egg. You will also learn techniques to grow your wealth.

Date: Saturday, 7 Jan '17 Time: 2pm – 4pm

Fees: Member \$5, Public Officer \$10, Member's Guest \$12

Venue: CSC @ Tessensohn

For course outline:

Contact: Hai Ming at 6391 5607

or onnhaiming@csc.sg Register By: 31 Dec '16

PLAN YOUR WILL & LASTING POWER OF ATTORNEY (LPA) **TALKS**

Learn from Mr Kenneth Low as he gives you practical tips and uniques ideas through the following talks planned for you. Mr Low is an Associate Financial Consultant and a certified Associate Estate Planning Practitioner accredited by the Society of Will Writers & Estate Planning Practitioners in UK and the Wealth College.

Plan Your Will

Equip yourself with the essential knowledge on how to get your estate in order and learn to pass on your legacy without any hassle so as to bring about peace of mind to your family members.

Date: Saturday, 19 Nov '16 Register By: 12 Nov '16



Lasting Power of Attorney (LPA)

A person may lose his mental ability to make decisions due to various reasons and cannot take care of himself. It is important to appoint someone you trust most to handle your affairs and personal welfare when that happens. Find out more about the LPA and the process involved in making it.

Date: Saturday, 14 Jan '17 Register By: 7 Jan '17

For the above talks:

Time: 11am - 12.30pm

Fees: Member \$5, Public Officer \$10, Member's Guest \$12

Venue: CSC @ Tessensohn

Contact: Gek Cheng at 6391 5624 or kuagekcheng@csc.sg





COOKING WITH CHEF MICHELE OW

Join Chef Michele, who has worked in the F&B industry for 8 years, uses her extensive culinary knowledge and passion to show you the right techniques in producing the perfect dish for your guests.



COOKING WITH SEAFOOD - SINGAPOREAN STYLE LA

Add a Singaporean flavour in your cooking of seafood with these popular dishes.

Salted Prawns

Pair your prawns with this ingredient and bring out the sweetness of the prawns.

Chilli Flower Crab

Singapore's national dish that is commonly ordered at your 'Zi Char' places has crabs cooked in a sweet and spicy sauce.

Mantou (from scratch)

This Chinese steamed bun is often ordered together with Chilli Flower Crab as it goes very well with the spicy sauce. Learn to make this bun from scratch.

Date: Friday, 18 Nov '16 **Time:** 7pm – 9.30pm

Fees: Member \$65, Public Officer \$70,

Member's Guest \$75 **Register By:** 11 Nov '16

CLASSIC FRENCH

Layer the flavours of your dishes and savour every bite with this traditional cuisine.

Escargot in Herb Butter

This rich, timeless dish that's on the menu at many high-end French restaurants uses herb-laced butter to bring out the exquisite taste of the snails.

Boeuf Bourguignon with Fresh Pasta Linguini

Boeuf Bourguignon is a classic French beef and red wine stew that is comfort food for many. It goes well with a plate of pasta linguini.

Crème Brulee

Crème brûlée, also known as burnt cream, is a dessert consisting of a rich custard base topped with a contrasting layer of hard caramel. It will definitely be a favourite among your guests.

Date: Saturday, 26 Nov '16

Time: 2pm – 5pm

Fees: Member \$65, Public Officer \$70,

Member's Guest \$75 **Register By:** 18 Nov '16

CHRISTMAS ROAST

Liven your Christmas dinner with the following festive dishes

Beef Wellington (with chestnuts)

This luxurious beef dish is given a festive touch with chestnuts added into it.

Potato Gratin

This potato dish is an exciting way of serving potatoes to your Christmas guests. The potatoes are basically topped with a tantalising brown crust.

Chocolate Eclairs

Complete your Christmas meal with these treats which are a delicious combination of crisp pastry, luscious cream, and chocolate.

Date: Saturday, 10 Dec '16

Time: 2pm – 5pm

Fees: Member \$70, Public Officer \$75,

Member's Guest \$80 **Register By:** 2 Dec '16

CHRISTMAS MACARONS

This sweet meringue-based confection is perfect as a holiday gift to your friends and colleagues.

Macarons with Eggnog Buttercream

This divine dessert is made even perfect with a touch of a favourite holiday flavour.

Date: Friday, 23 Dec '16 **Time:** 7pm – 9.30pm

Fees: Member \$60, Public Officer \$65, Member's Guest \$70 (Participants get to take home at least 12 macarons)

Register By: 16 Dec '16

For the above courses:

Venue: CSC @ Tessensohn **Contact:** Gek Cheng at 6391 5624 or

kuagekcheng@csc.sg











BAKING BY CHEF HARRY

Our Chef Harry is back with his new series of delicious baking workshops for this festive season!



CHRISTMAS BREADS

Your family's Christmas morning will not be the same with these breads baking in your oven.

Stollen

A rich, fruity bread packed with raisins, citrus and nuts. Traditionally served or given as a gift during Christmas.

Sundried Christmas Wreath Tomato Bread

Packed with flavour from the sundried tomatoes and other herbs. Serve it as a starter with deli meats, olives and balsamic/olive oil to dip the bread in.

Kugelhopf

Part bread and part cake, Kugelhopf is a popular Austrian classic desserts for afternoon teas or Sunday breakfasts. A great treat that goes well with a cup of rich aroma coffee.

Date: Sunday, 20 Nov '16 **Time:** 2pm – 5pm

Fees: Member \$55, Public Officer \$60,

Member's Guest \$65 **Register By:** 14 Nov '16

FESTIVE BAKING

Treat your family and friends with these lovely baked treats during your Christmas party.

Christmas White Chocolate Cake

This moist layered cake will shine at even the most elegant parties. It's frosted with a mixture of cream cheese and white chocolate.

Christmas Minced Pie

These festive Christmas pie recipe will be the star of your holiday gathering.

Snowy Meringue Christmas Dessert

Have your guests to enjoy the best festive dessert to end your Thanksgiving celebration.

Date: Saturday, 3 Dec '16 **Time:** 2pm – 5pm

Fees: Member \$65, Public Officer \$70,

Member's Guest \$75 **Register By:** 28 Nov '16

FESTIVE COOKING (DEMO ONLY)

Pick up tips on how to spice up your festive cooking and impress guests with your culinary skills at your special gatherings.

Roast Turkey

Traditional festive roast with gravy, cranberry sauce and chestnut stuffing. Contrary to most recipes, this recipe ensures a more succulent and juicy taste after roasting.

Cream of Pumpkin Soup

Learn how to make this classic soup with this well-tested recipe, which will soon be a favourite in the family.

Steamed Potato Salad

A well-constructed salad that adds a delicious appetising accompaniment to your dinner meal.

Date: Saturday, 10 Dec '16

Time: 2pm – 5pm

Fees: Member \$45, Public Officer \$50,

Member's Guest \$55 **Register By:** 2 Dec '16

CNY Cakes

Cakes are always popular during CNY. It can be given even as a simple gift during the festive season.

Tropical Durian Cake

Make this specialty cake with the ever popular king of fruits and let it be a talking point among your quests.

Chocolate Cream Cheese Layered Cake

A healthier version of the traditional and rich kueh lapis.

Banana Butter Cake

A rich but fragrant butter cake.

Date: Friday, 6 Jan '17 Time: 7pm – 9.30pm Fees: Member \$55, Public Officer \$60, Member's Guest \$65 Register By: 28 Dec '16

CNY Cookies

Chinese New Year will soon be here. Impress everyone with the following interesting home-made cookies baked lovingly by you:

Salted Egg Yolk Cookies

Melt-in-your-mouth cookies that are made of salted egg yolks. The taste is sweet and yet savoury at the same time.

Shrimp Floss Chilli Cookies

These are cookies have a kick in them. You can be sure that your guests will be asking for more.

Golden Cheese Bar

Usher in the Lunar New Year with these auspicious "gold bars" and blessed your guests with these cheese treats.

Date: Saturday, 7 Jan '17 **Time:** 2pm – 5pm

Fees: Member \$55, Public Officer \$60,

Member's Guest \$65 **Register By:** 2 Jan '17

For all the above courses:

Venue: CSC @ Tessensohn

Contact: Gek Cheng at 6391 5624 or

kuagekcheng@csc.sg







AUTHENTIC BAKER'S FRESHLY BAKED KUEH LAPIS!

Tantalise your taste buds with scrumptious kueh lapis from the Authentic Baker Center (ABC). Just for this Chinese New Year season, these irresistible treats now come at special prices!

Kueh Lapis Flavours	Member	Public Officer	Member's Guest
Original	\$35	\$38	\$40
Prune, Cranberry, Walnut, Pandan, Mixed Fruits	\$40	\$42	\$44

Modes of Payment: Members can order online via CSC's event booking system.

Contact: Gek Cheng @ 6391 5624 or kuagekcheng@csc.sg Public Officer/Member's Guest can make payment at any of the clubhouses from 9am - 9pm (Mon - Sun).



YEAR SALE



GARDENIA AND FISH FARM TOUR

Spend the day with your family on an educational and fun trip. Find out more about Korean products at SoFei international Trading. Spend the afternoon 'longkang' fishing and viewing ornamental fish at the Mainland Tropical Fish Farm. Finally, end the day learning how the famous Gardenia bread is made at its factory.

Date: Friday, 25 Nov '16

Fees: Member \$17, Public Officer \$20,

Member's Guest \$25 Register By: 18 Nov '16



GARDENIA AND ANIMAL **RESORT TOUR**

Join us for an informative tour as we get close with beautiful animals at an animal resort and see how wheatgrass is produced at Kin Yan Agrotech. You will end off your trip at Gardenia Factory where you will see how breads are made.

Date: Wednesday, 14 Dec '16

Fees: Member \$20, Public Officer \$25, Member's Guest \$30

(Fees inclusive of tour and animal feed at resort)

Register By: 7 Dec '16

For the above tours: **Time:** 9am – 4.30pm Venue: Assemble 9am at CSC @ Tessensohn lobby

Contact: Hai Ming at 6391 5607 or onnhaiming@csc.sg

THE CHEK JAWA ADVENTURE

Join us for an adventurous tour to discover and learn about Chek Jawa's six ecosystems and the diverse array of animals and species that inhabit these unique habitats. Learn interesting facts about faunas and floras and the importance of mangroves.

Date: Sunday, 20 Nov or 11 Dec '16

Time: 8.15am – 11.15am

Fees: Member \$16, Public Officer \$22, Member's Guest \$25

Suitable for children aged 3 and above

(Fees include a licensed nature guide and land transport to and from Chek Jawa. Participants have to prepare \$6 for 2-way boat ride.)

Venue: Changi Point Ferry Terminal

Contact: Serene Cho at 6391 5620 or serenecho@csc.sq **Register By:** 1 week before event date (Pre-registration is

required. Limited seats per departure)





SEMAKAU LANDFILL FUN TOUR

Embark on a trip to Semakau Landfill to learn about how waste management is done in Singapore. You will have the opportunity to experience what it takes to develop innovative and economical methods to deal with the daily waste we produced. You will also learn how it is crucial to the environment and our quality of life.

Fees include:

- 2-way transfer in air-con coach from CSC @ Tessensohn to Pasir Panjang Ferry Terminal
- 2-way transfer in air-con ferry from Pasir Panjang Ferry Terminal to Semakau Landfill
- ✓ Guided tour on Semakau Landfill✓ Insurance coverage during the trip

Date: Saturday, 17 Dec '16 **Time:** 8.45am – 12pm

Fees: Member/Child \$40, Public Officer/Child \$45,

Member's Guest/Child \$50

Venue: Meet at CSC @ Tessensohn main lobby **Contact:** Serene Cho at 6391 5620 or serenecho@csc.sg

Register By: 8 Dec '16

BEGINNER ANGLER COURSE

Interested in trying out fishing or searching for a new hobby? Join us at the scenic Lazarus Island, one of Singapore's best kept secrets, where you will learn to use a fishing setup confidently and to handle a fish that has been caught.

Fees Include:

- ✓ Ferry transfer to and from Lazarus Island
- ✔ Beginner Angler's course handbook and starter kit
- ✓ Fishing equipment and accessories
- ✓ Light refreshments

*5 – 12 year olds must be accompanied by at least an adult who is also taking the course.

*No lunch is provided, please prepare lunch before leaving for the island.

Date: Saturday, 3 Dec '16 **Time:** 8.30am – 5.30pm

(Ferry shall depart at 9am. Arrive 30 minutes before boat departure

time. Please be punctual.)

Fees: Member \$85, Public Officer \$90, Member's Guest \$95

(Minimum age of 5 years old)

Venue: Place of embarkation is Marina South Pier.

Course will be at Lazarus Island.

For more details on course and things to bring: Contact: Hai Ming at 6391 5607 or onnhaiming@csc.sg

Register By: 26 Nov '16

FUN BARISTA

Have fun pulling your own espresso shot, frothing and texturing milk for your coffee. Bring out the artist in you with your own twist to latte art! Our fun barista workshop is tailored for beginners who want to



have fun engaging with their java fix, and be empowered by a new skill.

Date: Saturday, 17 Dec '16 **Time:** 9am – 12pm

Fees: Member \$70, Public Officer \$75, Member's Guest \$80

Venue: Near Farrer Park

Contact: Vanessa at 6391 5641 or vanessachoo@csc.sg

Register By: 10 Dec '16

INLINE SKATING FOR BEGINNERS

Improve your health, fitness, mental through inline skating and have fun learning this popular sport with your friends and family.

Participants are recommended to arrive 15 minutes before lesson to gear up and are required to bring their own socks, water and insect repellent.

Weekday Group Class:

Date: 4 Thursdays, 3 – 24 Nov '16 or 8 – 29 Dec '16

Time: 6.30pm – 7.30pm Venue: Choa Chu Kang Park

Date: 4 Fridays, 4 – 25 Nov '16 or 9 – 30 Dec '16

Time: 6.30pm – 7.30pm or 8pm – 9pm

Venue: Pinnacle @ Duxton

Weekend Group Class:

Date: 4 Saturdays, 5 – 26 Nov '16 or 10 – 31 Dec '16

Time: 3.30pm – 4.30pm or 8pm – 9pm Venue: East Coast Park Car Park F1

For the above classes:

Fees: Member's Child \$68, Public Officer's Child \$78, Member's Guest's Child \$80 (Fees exclude rental of skating gear, elbow, wrist and knee shields)

Contact: Serene Cho at 6391 5620

or serenecho@csc.sg

Register By: 30 Nov '16 & 4 Dec '16



(Lessons are suitable for both adults and children aged 4 and above. Flexibility for parents to arrange class schedule with instructor.)

social activities





FUN TENNIS

Pick up some tennis basics and have fun on the court with your family and friends! In this course, you will establish your tennis foundation and learn the important skills of footwork, coordination, court sense and even tactics.

Programmes	Time	Days*	Price
		Beginners	
Adult @ Tessensohn	10am – 11.30am		Member: \$150
Junior @ Tessensohn	3pm – 4.30pm	6 Saturdays, 26 Nov '16 - 14 Jan '17	Public Officer: \$160
Adult @ Bukit Batok	4pm – 5.30pm	201101 10 14 3411 17	Member's Guest: \$165
		Intermediate	
Adult @ Tessensohn	1pm – 2.30pm	6 Saturdays, 26 Nov '16 - 14 Jan '17	Member: \$175
Adult @ Bukit Batok	5.30pm – 7pm	6 Sundays,	Public Officer: \$185 Member's Guest: \$190
Junior @ Bukit Batok	10am – 11.30am	27 Nov '16 - 15 Jan '17	Members duest. \$190
		Advanced	
Junior @ Tessensohn	3pm – 4.30pm	6 Sundays, 27 Nov '16 - 15 Jan '17	
Adult @ Tessensohn	8.30am – 10am	6 Saturdays, 12 Nov '16 - 17 Dec '16	Member: \$200 Public Officer: \$210 Member's Guest: \$215
Adult @ Bukit Batok	5.30pm – 7pm	6 Saturdays, 26 Nov '16 - 14 Jan '17	Members duest. \$215

^{*}No lesson on eve or Public Holidays

Private group classes are available with a minimum of 4 pax. Kindly consult coach on date and timings.

Contact: Hai Ming at 6391 5607 or onnhaiming@csc.sg

Register By: 15 Nov '16

CREATE YOUR OWN STRING ART

Create unique and personalised conversational art pieces with simple pins, nails and strings. You will learn how to hammer and string an image together on a wooden board. Have gorgeous new craft pieces that will be the envy of your friends!

Date: Saturday, 4 Feb '17 **Time:** 11am – 12.30pm

Fees: Member \$38, Public Officer \$40, Member's Guest \$42

(Fees inclusive of all materials) **Venue:** CSC @ Tessensohn

Contact: Serene Cho at 6391 5620 or serenecho@csc.sq

Register By: 22 Jan '17





TOTE BAG PAINTING (Oranges)

Transform plain-looking canvas tote bags into beautiful pieces. Join us and learn to paint images of oranges and oriental motifs onto 1 bag with the use of simple materials. This makes a thoughtful gift that you can give your loved ones and friends. Date: Saturday, 7 Jan '17 **Time:** 11am – 12.30pm Fees: Member \$45, Public Officer \$48, Member's Guest \$50 (Fees inclusive of all materials) Venue: CSC @ Tessensohn Contact: Serene Cho at 6391 5620 or serenecho@csc.sg



ARM-KNITTING SCARF WORKSHOP

Interested to discover a different form of knitting? Join us and learn a unique arm-knitting technique using thick yarns and your arms. No needles required! Be amazed by what you can create with your arms.



Date: Saturday, 11 Feb '17 Time: 11am – 12.30pm

Fees: Member \$40, Public Officer \$45,

Member's Guest \$48 (Fees inclusive of all materials)

Venue: CSC @ Tessensohn

Contact: Serene Cho at 6391 5620 or serenecho@csc.sq

Register By: 20 Nov '16

DECOUPAGE ART

Transform everyday objects into works of art that will amaze everyone. You will learn to give new life by applying cut-out images from books or magazines and applying them to these objects in this workshop. So take the time to discover your creativity!

Date: Sunday, 18 Dec '16 **Time:** 11am – 12.30pm

Fees: Member \$45, Public Officer \$48,

Member's Guest \$50 (Fees include all materials) Venue: CSC @ Tessensohn Contact: Serene Cho at 6391 5620 or serenecho@csc.sg Register By: 12 Dec '16



PRINTMAKING WORKSHOP

Learn the traditional art of printing on paper using simple materials such as styrofoam board and ink. Join us and be introduced to the various print types from Japan and Europe and the different tools used, as you make your art piece. Let your creativity flow in this hands-on workshop.

Date: Sunday, 11 Dec '16 Time: 9.30am – 11.30am Fees: Member \$42, Public Officer \$45, Member's Guest \$48 (Fees inclusive of all materials)

Venue: CSC @ Tessensohn
Contact: Serene Cho at

6391 5620 or serenecho@csc.sg **Register By:** 4 Dec '16



CUPS SPEED STACKING

Sport stacking involves stacking plastic cups in sets of patterns and sequences in the fastest time possible. Join us and learn this art as it helps improve your hand-eye coordination and trains you to use both sides of your brain.



Date: 4 Saturdays, 10 Dec '16 – 14 Jan '17 (exclude eve of PH)

Time: 9am – 10am

Fees: Member \$80, Public Officer \$90, Member's Guest \$100

Venue: CSC @ Tessensohn

Contact: Hai Ming at 6391 5607 or onnhaiming@csc.sg

Register By: 5 Nov '16

CANDLE HOLDER PAINTING FOR X'MAS GIFT

Interested to make something unique as a gift for Christmas? Be introduced to simple and interesting glass painting designs. In this workshop, you will learn about how light passing through stained glass can bring out the vibrancy of colours and design. You will also get the opportunity to express your creativity on glass.

Date: Saturday, 3 Dec '16 **Time:** 10am – 12.30pm

Fees: Member \$35, Public Officer \$40, Member's Guest \$45

Venue: CSC @ Tessensohn

Contact: Gek Cheng at 6391 5624 or kuagekcheng@csc.sq

Register By: 25 Nov '16

BASIC THROWING FOR ADULTS

Do something different by joining in a trial throwing session! Feel your nerves tingle as you experience the shaping of a lump of soft clay on a moving wheel for the first time. Your work will be fired and available for collection in four weeks.

Option for professional glazing (white gloss) at \$10 per piece available.

Date: 1 Saturday, 19 or 26 Nov, 3 or 10 Dec '16

Time: 3pm – 4.30pm

Fees: Member \$52, Public Officer \$58, Member's Guest \$65

Venue: Goodman Ceramic Studio

Contact: Vanessa at 6391 5641 or vanessachoo@csc.sg

Register By: 1 week before class

social activities



FLOWER ARRANGEMENT | CREATE YOUR OWN

Christmas Floral Basket Arrangement

also makes a great gift for house visitation

Show off your creative skills to your loved ones and friends this Christmas season! In this workshop, you will learn to arrange exotic wild flowers and roses in a beautiful way. The floral basket

Date: Saturday, 3 Dec '16 Register By: 29 Nov '16

Lunar New Year Floral Basket Arrangement

Usher in the coming Lunar New Year with a special flower arrangement that uses assorted exotic flowers and pussy willow. Your family and guests will be impressed with the creative skills you picked up at this workshop and will be blessed by your gift.

Date: Saturday, 7 Jan '17 Register By: 1 Jan '17

For all the above courses:

Time: 1pm - 3pm

Fees: Member \$58, Public Officer \$65, Member's Guest \$70 (inclusive of all

materials)

Venue: Tanjong Pagar

Contact: Vanessa at 6391 5641 or

vanessachoo@csc.sg

CREATE YOUR OWN NATURAL SKIN CARE AND BEAUTY PRODUCTS

Natural is the way to go! In this workshop you will learn to create your own natural, homemade skincare products to achieve healthy and supple skin. These products make great gifts and you can save a great deal of money!

Date: Saturday, 3 Dec '16 Time: 2pm - 4pm

Fees: Member \$8, Public Officer \$10, Member's Guest \$12 (exclusive of \$5 material

fees to trainer)

Venue: CSC @ Bukit Batok Contact: Vanessa at 6391 5641 or

vanessachoo@csc.sg Register By: 26 Nov '16

FRAGRANCE PRACTICAL WORKSHOP

With the holiday season just around the corner, why not use essential oils to make every day a special one for you and your family. Join this workshop and learn how essential oils can influence your mind and emotions and learn to create calming, lovely aromas.

Date: Saturday, 7 Jan '17 Time: 2pm – 4pm

Fees: Member \$8, Public Officer \$10, Member's Guest \$12 (exclusive of \$5

material fees to trainer) Venue: CSC @ Tessensohn

Contact: Vanessa at 6391 5641 or email

vanessachoo@csc.sq Register By: 16 Jan '17



BLEND YOUR OWN FRAGRANCE AS A NATURAL INSECT REPELLENT

Come and create your own blend of fragrance for your well-being and as an insect repellent. Learn also about different breathing techniques for better sleep and health!

Each participant will receive a 10 ml self-blended oil and a booklet with 50 recipes on oils total worth \$20!

Date: Saturday, 10 Dec '16 Time: 10am - 11.30am/

Fees: Member \$15, Public Officer \$18, Member's Guest \$20 (Fees inclusive of

all materials)

Venue: CSC @ Tessensohn

Contact: Serene Cho at 6391 5620 or

serenecho@csc.sq Register By: 30 Nov '16

KARAOKE SINGING **CLASSES**

Let our instructors bring your singing talent to a higher level in our newly furbished training room!



Learn to sing your vowels and discover more about phonetic dictions, tempos and breathing exercises. Ms Ivy Wee and Ms Teriesa Goh are qualified vocal instructors from Wu Jia Ban Vocal Training School and have a Certificate in Music and Vocal Music Theory.

English Karaoke Singing Class (Conducted by Ms Ivy Wee)

Date: 10 Wednesdays, 23 Nov '16 - 25 Jan '17 Register By: 13 Nov '16

中文+福建歌唱班招生 (吴美香老师指导)

吴美香老师拥有专业声 乐教育证书, 她有多年 的教学经验, 目前在吴 家班歌唱学院任职。



她将教导学员如何应用 Ms Teriesa Goh 歌唱的 13 种基本功法和技巧及汉语 拼音和福建拼音来诠释不同曲风的 歌曲。

课程内容:

学唱一首歌, 歌唱基本功法练习以及 一对一雕歌 (学员可自由选择歌曲)

Date: 10 Wednesdays, 9 Nov '16 - 11 Jan '17 **Time:** 7.30pm – 9.30pm Fees: Member \$150, Public Officer \$180. Member's Guest \$185 **Venue:** CSC @ Tessensohn Contact: Vanessa at 6391 5641 or

vanessachoo@csc.sq Register By: 25 Oct '16



HEALTH



BOOGIE BOUNCE XTREME FITNESS

Boogie to the beat of music in this cardio workout on a mini trampoline with a safety bar. Feel every muscle of your body working within intervals of jumping, bouncing and stomping.

Monday Classes

Date: 4 Mondays, 28 Nov – 19 Dec '16 or 9 Jan – 6 Feb '17 (No lessons on PH)

Time: 8pm - 9pm

Wednesday Classes

Date: 4 Wednesdays, 9 - 30 Nov '16

or 7 – 28 Dec '16 **Time:** 7pm – 8pm

For the above classes:

Fees: Member \$80, Public Officer \$85,

Member's Guest \$90 (Fees for 4 lessons) **Venue:** CSC @ Bukit Batok

Contact: Serene Cho at 6391 5620 or

serenecho@csc.sg

Register By: 1 week before class

commencement

YOGA CLASSES @ CSC CHANGI

Take time to relax and rejuvenate your body with our yoga instructor to enhance the harmonisation of your body, mind and soul with some simple breathing exercises and meditation.

Saturday Classes

Date: 8 Saturdays, 3 Dec '16 – 11 Feb '17 (No lesson on 24, 31 Dec '16 & 28 Jan '17)

Time: 6pm – 7pm Register By: 27 Nov '16

Tuesday Classes

Date: 8 Tuesdays, 15 Nov '16 – 3 Jan '17

Time: 7pm – 8pm Register By: 8 Nov '16

For the above classes:

Fees: Member \$100, Public Officer \$130, Member's Guest \$140 (Fees for 8 lessons)

Venue: CSC @ Changi

Contact: Serene Cho at 6391 5620 or

serenecho@csc.sq



Note: Minimum 15 pax to start the class Yoga mats will be provided

DANCE FITNESS BY FARHAN



Join us for another cool and creative fitness in Singapore! This is not a Zumba class, as all the dance movements are specially choreographed by instructor Mr Farhan Hassan, an accomplished dance choreographer. You will go through the movements step-by-step and learn a different dance genre every week.

Date: 4 Wednesdays, 25 Jan – 15 Feb '17 or

22 Feb – 15 Mar '17 **Time:** 7.30pm – 9pm

Fees: Member \$80, Public Officer \$90,

Member's Guest \$100 **Venue:** CSC @ Tessensohn

Contact: Serene Cho at 6391 5620 or

serenecho@csc.sg **Register By:** 28 Dec '16

POUNDFIT FITNESS CLASS

One of the latest workout in town! In POUND®, lightly weighted drumsticks called Ripstix® that are engineered specifically



for exercising are used. POUND® transforms drumming into an incredibly effective way of working out. It is a full-body workout that combines cardio, conditioning and strength training with yoga and Pilates-inspired movements. The 45 minutes cardio jam session would be run by instructor trained by Pound® Pro Grace Sagaya.

Date: 4 Wednesdays, 4 – 25 Jan '17 **Venue:** CSC @ Bukit Batok

Date: 4 Thursdays, 5 – 26 Jan '17 **Venue:** CSC @ Tessensohn

For the above courses:

Time: 7.15pm – 8pm

Fees: Member \$68, Public Officer \$75,

Member's Guest \$80

Ripstix® will be provided for the class **Contact:** Serene Cho at 6391 5620 or

serenecho@csc.sg **Register By:** 28 Dec '16

AWARENESS THROUGH MOVEMENT CLASSES

Awareness through Movement is a Feldenkrais Method created by Moshe Feldenkrais. This workshop will help you learn, explore and improve your thinking, movements and senses. Rediscover habits that you hold or do that prevents you from moving efficiently and pick up motor sensory skills to help improve your well-being.

Participants will need to bring a medium size towel. Dress comfortably.

Date: 10 Saturdays, 5 Nov '16 – 21 Jan '17 (No lessons on eve of PH)

Time: 10am – 11am

Fees: Member \$110, Public Officer \$115, Member's Guest \$120 **Venue:** CSC @ Tessensohn

Contact: Serene Cho at 6391 5620 or

serenecho@csc.sg **Register By:** 22 Oct '16

KPOP X FITNESS

Revel in this fun aerobic workout as you jam to the most popular K-pop tunes. You will burn up to 500 calories while sweating out to 14 K-pop songs in an hour. Get into shape the fun way while feeling like a K-pop star!

Date: 8 Saturdays, 19 Nov – 21 Jan '17 **Time:** 12.10pm – 1pm

Fees: Member \$100, Public Officer \$110, Member's Guest \$115 Venue: CSC @ Bukit Batok Contact: Vanessa at 6391 5641 or

vanessachoo@csc.sg **Register By:** 10 Nov '16

HEALTH

LOSING WEIGHT AND GAINING HEALTH

There are no short term and quick fixes to losing weight without any adverse side effects. In this workshop you will understand your basic body functions and find out the real reason that is making weight loss impossible. You will be motivated to lose it safely and regain your health.

Participants will bring home a 450ml bottle of fruits/vegetable enzyme worth \$18.

Date: Saturday, 19 Nov '16 **Time:** 1.30pm – 4.30pm

Fees: Member \$40, Public Officer \$45, Member's Guest \$48 (Fees include hands-on infused enzyme workshop to understand functions and importance of enzymes and their health benefits)

Register By: 13 Nov '16

EATING WITHOUT GUILT

Greek Style Yogurt, Healthy Salad And Juice Making

Join us in this healthy eating workshop and understand the health benefits of yogurt, vegetable and juices for gastrointestinal health. In this workshop, you will follow through the whole yogurt making process and get hands-on in flavouring your yogurt, salad dressings and blend your own concoction of juices which is organic and fat free!

Date: Saturday, 17 Dec '16 **Time:** 1.30pm – 4.30pm

Fees: Member \$40, Public Officer \$45,

Member's Guest \$48 **Register By:** 10 Dec '16

For all the above courses:

Venue: CSC @ Tessensohn

Contact: Serene Cho at 6391 5620 or

serenecho@csc.sg



HYDRORIDER AQUABIKE FITNESS (CIRCUIT TRAINING)

The Hydrorider AquaBike exercise routine allows you to pedal while immersed in water without putting any stress on your joints. Thus, achieving your weight loss goals as you improve your cardiovascular system and blood circulation.

Please bring your own aqua shoes. **Evening Full Sessions (Circuit Training)**

Date: 4 Tuesdays, 8 – 29 Nov '16 or

6 - 27 Dec '16

Date: 4 Thursdays, 3 - 24 Nov '16 or

1 - 22 Dec '16



For the above courses:

Time: 7.30pm – 8.30pm

Fees: Member \$100, Public Officer \$110,

Member's Guest \$120 **Venue:** CSC @ Tessensohn

Contact: Vanessa Choo at 6391 5641 or

vanessachoo@csc.sg

Register By: 1 week before class

*Minimum 4 pax to run

TENNIS BY SINGAPORE TENNIS SCHOOL (STS)

STS instructors are all fully certified Australian Tennis coaches that have extensive experience in all forms of coaching. We offer lessons to adults and kids of all ages and abilities. You can even have a go at our new Cardio Tennis lessons. It's a great way to train for optimal health and fitness, and you'll also learn some tennis skills along the way. See below for class details.

Activity	Time	Date (Dec '16)*	Date (Jan '17)*							
Adult Programmes (regular tennis classes)										
Beginner	9am – 10am	0am 3 Sundays	3 Sundays							
Intermediate	8am – 9am	4 – 18 Dec '16	8 – 22 Jan '17							
	Cardio Tenni	s Programme								
Cardio	10am – 11am	3 Sundays 4 – 18 Dec '16	3 Sundays 8 – 22 Jan '17							
	7am – 8am or 8am – 9am	3 Tuesdays 6 – 20 Dec '16	3 Tuesdays 10 – 24 Jan '17							

*No lessons on Public Holidays

Fees: Member \$90, Public Officer \$95, Member's Guest \$100 (for 4 lessons) Venue: CSC @ Tessensohn

Contact: Hai Ming at 6391 5607 or

onnhaiming@csc.sg

Register By: 1 week before start of lesson

Private LessonsPrivate lessons are available on request,

consult coach for more details.



JUDO FOR CHILDREN

For children aged 7 to 12 years old

Help your child improve his hand-eye coordination and motor skills by learning Judo. In this class, your child will learn how to break a fall and prevent injuries caused by accidental falling. The class is conducted by a professional trainer.

Children Beginner Class

Date: 4 Sundays, 6 – 27 Nov '16 **Time:** 9.30am – 10.15am

Fees: Member \$100, Public Officer \$110,

Member's Guest \$120

Date: 3 Sundays, 4 – 18 Dec '16 **Time:** 9.30am – 10.15am

Fees: Member \$75, Public Officer \$82.50, Member's Guest \$90

For the above classes:

Venue: CSC @ Tessensohn **Contact:** Vanessa at 6391 5641 or vanessachoo@csc.sg

Register By: 1 week before class





ZUMBA FITNESS @ CSC

Get fit in a fun way! Join us in this cardio dance program which incorporates basic Latin dance moves with resistance exercises. You will burn calories through floor work, circuit training and a good mixture of effective aerobic moves.

Zumba Dance @ CSC Bukit Batok

Join us in this exciting Zumba dance course! Let our experienced instructors bring your fitness workout to the next level with upbeat music and fun moves!

	Tuesdays			Thursdays				Fridays		
(P)	Instr	Instructor: Haynia		Ins	Instructor: Suyi			Instructor: Wendy		
N ZU AFAA.	No. of Classes	Date	No. of Classes Date		Date		Ì	No. of Classes	Date	
A CONTRACTOR OF THE PARTY OF TH	4	6 – 27 Dec '16		4	1 – 29 Dec '16 (no lesson on 15 Dec)			4	2 – 30 Dec '16 (no lesson on 16 Dec)	
	4	3 – 24 Jan '17	A. Carrier	4	5 – 26 Jan '17			3	6 – 20 Jan '17	
AFXX 0	7	pm - 8pm		7pm - 8pm		111/2		7.30	pm – 8.30pm	

Dance with Charlotte @ CSC Tessensohn

Learn from a living example of how Zumba can help with weight loss. Join Charlotte Mizuki as she shows you how she lost 18kg in a year! Charlotte is a qualified group aerobics instructor and Zumba fitness instructor.

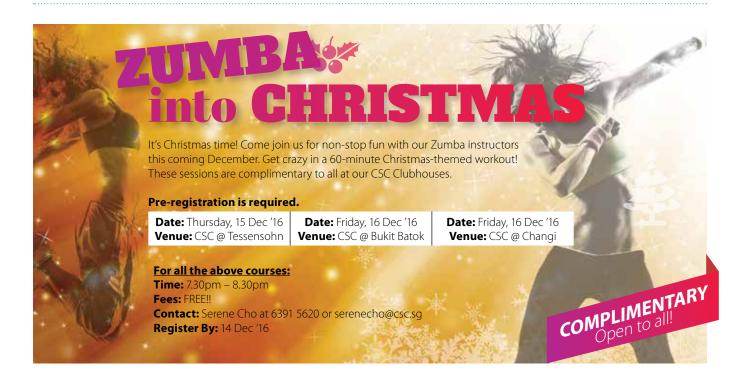
	1	Tuesdays	T	hursdays
		Instructo	r: Charlotte	
No. of Classe		Date	No. of Classes	Date
PILOXIII	4	6 – 27 Dec '16	4	1 – 29 Dec '16 (no lesson on 15 Dec)
	4	3 – 24 Jan '17	4	5 – 26 Jan '17
	7	pm - 8pm	7	/pm - 8pm

For the above courses:

Fees for 4 lessons: Member \$50, Public Officer \$55, Member's Guest \$58 Fees for 3 lessons: Member \$37.50, Public Officer \$41.25, Member's Guest \$43.50

Contact: Serene Cho at 6391 5620 or serenecho@csc.sg

Register By: 27 Nov'16 or 27 Dec'16



LEARN TO PLAY VIOLIN

The violin is a portable string instrument and is fun to play with. Let instructor Leong Gah Chiong teach you how to handle it, the bowing techniques, postures and note reading. Mr Leong has a Diploma in Teaching (Violin) from Trinity College London.

Violin Course (Beginners) @ Tessensohn

Date: 10 Mondays, 9 Jan – 20 Mar '17 (except 30 Jan '17)

Time: 7pm – 8pm

Fees: Member \$155, Public Officer \$165, Member's Guest \$170

(Fees include materials and instrument is provided)

Venue: CSC @ Tessensohn

Violin Course (Advanced) @ Tessensohn

Date: 10 Mondays, 9 Jan – 20 Mar '17

(except 30 Jan '17) **Time:** 7pm – 8pm

Fees: Member \$185, Public Officer \$195, Member's Guest \$200

(Fees include materials and instrument is provided)

Venue: CSC @ Tessensohn **Register By:** 3 Jan '17

Violin Course (Beginners) @ Bukit Batok

Date: 10 Wednesdays, 11 Jan – 15 Mar '17

Time: 7.30pm – 8.30pm

Fees: Member \$155, Public Officer \$165, Member's Guest \$170

(Fees include materials and instrument is provided)

Venue: CSC @ Bukit Batok **Register By:** 4 Jan '17

For above courses:

Contact: Gek Cheng at 6391 5624 or kuagekcheng@csc.sg

MASTER THE ERHU

The two-stringed Erhu is one of the most popular Chinese instruments and is easy to pick up. Learn from instructor Mr Pang Chin Soon, who has a diploma in Erhu and more than 20 years of experience in playing this instrument. You will soon be able to play a tune.

Minimum class size: 6 participants. Participants need to bring along their own Erhu.



Date: 10 Wednesdays, 4 Jan – 8 Mar '17 **Time:** 7.15pm – 8.15pm (Session 1) 8.15pm – 9.15pm (Session 2)

Fees: Member \$175, Public Officer \$188, Member's Guest \$192

Venue: CSC @ Tessensohn

Contact: Gek Cheng at 6391 5624 or kuagekcheng@csc.sg

Register By: 28 Dec '16

PLAY THE KEYBOARD

Play the keyboard with just a few chords and bring colours to your music. In this course, you will be taught the



basic of note and chords reading.

You will also learn to play a wide array of songs ranging from classical, pop and rock from instructor Titus Chia, who has been teaching piano, keyboard and organ for the past 5 years.

Keyboard Course (Beginners)

Date: 10 Wednesdays, 11 Jan – 15 Mar '17

Time: 7pm – 8pm

Fees: Member \$165, Public Officer \$175,

Member's Guest \$180 (Fees include materials and

instrument is provided) **Venue:** CSC @ Tessensohn

Contact: Gek Cheng at 6391 5624 or kuagekcheng@csc.sg

Register By: 4 Jan '17

LEARN TO PLAY UKULELE

Pick up a new instrument and learn how to play it. Let our instructor Mr Fahmy introduce you to the ukulele, a small Hawaiian guitar-like instrument originating from the 19th century. Mr Fahmy has been a music instructor for more than 10 years and played for at least 20 years.

Beginners Level@ Tessensohn

Date: 6 Mondays, 9 Jan – 20 Feb '17 (except 30 Jan '17)

Time: 7pm – 8.30pm Fees: Member \$100, Public Officer \$110, Member's Guest \$113



Venue: CSC @ Tessensohn

Contact: Gek Cheng at 6391 5624 or

kuagekcheng@csc.sg **Register By:** 3 Jan '17









SELF IMPROVEMENT



BASIC FRENCH

In this course, you will learn Basic French through reading, listening, speaking and writing from instructor Freddie, who has a Masters degree (Hons) in French.

The course lays a strong foundation for the International DELF Diploma awarded by the French Ministry of Education. The Preparatory courses for the DELF exams are conducted at CSC.

Trial/Lesson 1 @ Tessensohn

This trial is for those who want to know more about the language before registering for the course.

Date: Wednesday, 14 Dec '16 **Time:** 7.15pm – 8.45pm

Fees: Members \$5, Public Officer \$8,

Member's Guest \$10 **Register By:** 7 Dec '16

French Beginner Course Lesson 2 – 7 @ Tessensohn

Date: Wednesday, 21 Dec '16 – 25 Jan '17

Time: 7.15pm – 9.15pm

Fees: Members \$160, Public Officer \$170,

Member's Guest \$180 **Register By:** 14 Dec '16

For the above courses:

Venue: CSC @ Tessensohn Contact: Hai Ming at 6391 5607 or

onnhaiming@csc.sg

IMPROVE YOUR DIALECT



Preserve them by learning to communicate with your elders as well as your kinsmen through the use of these languages.

Conversational Cantonese For Beginners

Date: 4 Thursdays, 1 - 22 Dec '16

Conversational Hokkien For Beginners

Date: 4 Fridays, 6 – 27 Jan '17

For the above courses:

or onnhaiming@csc.sg

Time: 7pm – 8.30pm Fees: Member \$45, Public Officer \$55, Member's Guest \$60 Venue: CSC @ Tessensohn Contact: Hai Ming at 6391 5607

Register By: 1 week before start date

ACHIEVEMENT UNLOCKED: HOW TO WIN IN REAL LIFE WITH GAMIFICATION

Are you enjoying the process of reaching your goals? Does the excitement of your goal increase over time? Join Game of Life Academy Founder Anm Pek as she equips you with gamification principles and techniques to help you unleash your full potential in achieving the goals you want. Ms Anm Pek was able to fulfil her childhood dream of becoming a bestselling author, which seemed impossible to accomplish. You can do it too through this informative workshop!



BASIC MALAY LANGUAGE COURSE

Learn the basics of the Malay language from Instructor Ms Sharifah Narimah. Combine the invaluable experience of learning Malay with a session on learning the delicious skill of Malay baking (NEW!) and further developing your Malay language. Emphasis will be given to simple Malay grammar, conversation and vocabulary building. Upon completion of Malay language, students will be able to converse about everyday situations in the Malay language, be able to construct simple sentences and acquire the knowledge of language structures.

Date: 8 Mondays, 5 Dec '16 – 20 Feb '17

Time: 7pm - 9.30pm

Fees: Member \$180, Public Officer \$190,

Member's Guest \$200

(Fees exclude additional \$12 of teaching materials to be paid directly to instructor)

Venue: CSC @ Tessensohn **Contact:** Hai Ming at 6391 5607 or

onnhaiming@csc.sg **Register By:** 28 Nov '16 (No lessons on Public Holiday

and 19 Dec '16)

BASIC HAIR CUTTING WORKSHOP

Concave Bob Hairstyle

Interested to know about hair cutting or update yourself on hair fashion? Pick up basic techniques of hair cutting and how to analyse different hair types in this informative workshop. You will also learn the hairstyles to match individual facial features.

Date: Saturday, 10 Dec '16 **Time:** 9.30am – 11.30am

Fees: Member \$30, Public Officer \$35, Member's Guest \$40

Venue: CSC @ Tessensohn

Contact: Serene Cho at 6391 5620 or

serenecho@csc.sg **Register By:** 5 Dec '16





1D BEKOK VILLAGE CUM SHOPPING TOUR

Description	CSC Member (per pax)	Public Officer (per pax)	Member's Guest (per pax)
Adult	S\$75.00	S\$80.00	S\$85.00
Child (4 – 11 yrs old)	S\$70.00	S\$75.00	S\$75.00
Child (3 yrs old & below)	FOC (no seat)	FOC (no seat)	FOC (no seat)

Take the day off and go on a short trip to Bekok Village, a small town situated in Johor. Experience a slice of farming life by visiting Bekok Happy Farm, which houses varieties of fruits, vegetables and animals. Enjoy Bekok's street art which are done by local artists and have some special Hakka Kueh for tea break before doing some shopping. Lunch and dinner are provided.

Date: Saturday, 17 Dec '16

Time: Assemble at 6.30am at CSC @ Tessensohn **Register By:** First-come, first-served basis Tour By: Amazing Explorer Pte Ltd

For details and itinerary:

Contact: Gek Cheng at 6391 5624 or kuagekcheng@csc.sq



1D MAKAN MAKAN TOUR

Description	CSC Member (per pax)	Public Officer (per pax)	Member's Guest (per pax)
Adult	S\$75.00	S\$80.00	S\$85.00
Child (4 – 11 yrs old)	S\$70.00	S\$75.00	S\$75.00
Child (3 yrs old & below)	FOC (no seat)	FOC (no seat)	FOC (no seat)

This 1 day trip will be all about everything related to food! Visit farms like mushroom, organic and bee to see how the food you have been eating are grown, harvested and cooked. Tour the Hock Chew Noodle Factory Shop and see how noodles are made. Breakfast, lunch and dinner are provided.

Date: Saturday, 7 Jan '17

Time: Assemble at 6.30am at CSC @ Tessensohn **Register By:** First-come, first-served basis Tour By: Amazing Explorer Pte Ltd

For details and itinerary:

Contact: Gek Cheng at 6391 5624 or kuagekcheng@csc.sg

1D CNY SHOPPING @ MALACCA

Description	CSC Member (per pax)	Public Officer (per pax)	Member's Guest (per pax)
Adult	S\$75.00	S\$80.00	S\$85.00
Child (4 – 11 yrs old)	1 5570 00		S\$75.00
Child (3 yrs old & below)	FOC (no seat)	FOC (no seat)	FOC (no seat)

Embark on a one day CNY Shopping Trip to Malacca. You will shop at places like Yong Peng, Jonker Street and a shopping mall in Malacca for local products and other Lunar New Year goodies. Nonya lunch and dinner will be provided.

Date: Saturday, 7 Jan '17

Time: 6.15am – Meet at Lavender MRT (next to V Hotel, opposite ICA Building) or 6.30am – Meet at Jurong East (Venture Ave) Register By: First-come, first-served basis

Tour By: i'Smart Leisure Pte Ltd

For details and itinerary:

Contact: Gek Cheng at 6391 5624 or kuagekcheng@csc.sg

1 DAY JB CNY SHOPPING TOUR

Description	CSC Member (per pax)	Public Officer (per pax)	Member's Guest (per pax)
Adult	S\$75.00	S\$80.00	S\$85.00
Child (4 – 11 yrs old)	S\$70.00	S\$75.00	S\$75.00
Child (3 yrs old & below)	FOC (no seat)	FOC (no seat)	FOC (no seat)

Get ready for the upcoming Chinese New Year festivities with a shopping trip to Johor Bahru. Shop for Lunar New Year goodies at local shops and shopping malls like Bukit Indah and AEON Tebrau. Enjoy a dim sum breakfast. Lunch and dinner are provided.

Date: Sunday, 8 Jan '17 Time: 8am - Meet at Lavender MRT

Building)

or 8.15am - Meet at Kranji MRT

(next to V Hotel, opposite ICA

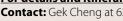
(opposite bus stop)

Register By: First-come, first-served basis

Tour By: i'Smart Leisure Pte Ltd

For details and itinerary:

Contact: Gek Cheng at 6391 5624 or kuagekcheng@csc.sg



CSC @ TESSENSOHN

ACTIVITY	DATE	TIME	INSTRUCTOR	MEMBER	FEES: PUBLIC OFFICER	GUEST	GROUP SIZE	REGISTER BY	CONTACT
AQUA AEROBICS (TUE PM)	12 Tuesdays, 3 Jan – 28 Mar '17 (No Lesson On Ph)	6.30pm – 7.30pm	Ms Antonia	\$80	\$90	\$105	18 persons (max)	26 Dec'16	Vanessa at 6391 5641
AQUA AEROBICS (SAT)	12 Saturdays, 4 Feb – 22 Apr'17 (No lesson on PH)	9am – 10am	Ms Anthea	\$80	\$90	\$105	18 persons (max)	28 Dec'16	Vanessa at 6391 5641
DEEP AQUA (SAT) - NEWBIES	10 Saturdays, 4 Feb – 22 Apr'17 (No lesson on PH)	8am – 9am	Ms Anthea	\$85	\$95	\$110	18 persons (max)	28 Dec'16	Vanessa at 6391 5641
AQUA AEROBICS (SUN)	12 Sundays, 18 Dec'16 – 26 Mar'17 (No lesson on PH)	9am – 10am	Ms Vikki	\$80	\$90	\$105	18 persons (max)	10 Dec'16	Vanessa at 6391 5641
AQUA AEROBICS (WED)	12 Wednesdays, 11 Jan – 29 Mar '17 (No Lesson On Ph)	6.15pm – 7.15pm or 7.15pm – 8.15pm	Ms Vikki	\$80	\$90	\$105	18 persons (max)	7 Jan'17	Vanessa at 6391 5641
BEGINNERS BALLROOM WALTZ	10 Tuesdays, 6 Dec'16 – 7 Feb'17	8pm – 9pm	Mr Wu	\$70	\$75	\$80	12 persons (min)	29 Nov'16	Gek Cheng at 6391 5624
BEGINNERS SALSA & BACHATA DANCE	10 Fridays, 9 Dec '16 – 10 Feb '17	8pm – 9pm	MrWu	\$70	\$75	\$80	12 persons (min)	2 Dec'16	Gek Cheng at 6391 5624
BALLROOM TANGO VS AMERICAN SMOOTH TANGO	10 Sundays, 4 Dec'16 – 26 Feb'17 (Except 25 Dec'16, 1 Jan'17 & 29 Jan'17)	2pm – 3pm	Jacie	\$70	\$75	\$80	12 persons (min)	28 Dec'16	Gek Cheng at 6391 5624
BALLROOM LATIN AMERICAN REVISION & REVISED	10 Sundays, 4 Dec'16 – 26 Feb'17 (Except 25 Dec'16, 1 Jan'17 & 29 Jan'17)	3pm – 4pm	Jacie	\$70	\$75	\$80	12 persons (min)	28 Dec'16	Gek Cheng at 6391 5624
BALLROOM BALLROOM – SLOW FOXTROT	10 Sundays, 4 Dec'16 – 26 Feb'17 (Except 25 Dec'16, 1 Jan'17 & 29 Jan'17)	4pm – 5pm	Jacie	\$70	\$75	\$80	12 persons (min)	28 Dec'16	Gek Cheng at 6391 5624
DEEP AQUA AEROBICS (TUE AM)	10 Tuesdays, 14 Feb – 18 Apr '17 (No Lesson on PH)	8am – 9am	Ms Vikki	\$85	\$95	\$110	18 persons (max)	7 Feb'16	Vanessa at 6391 5641
DEEP AQUA AEROBICS (THU)	10Thursdays, 17 Nov'16 – 2 Feb '17 (No lesson on 22 & 29 Dec'16 & PH)	6.30pm – 7.30pm	Ms Anthea	\$85	\$95	\$110	18 persons (max)	10 Nov'16	Vanessa at 6391 5641
DEEP AQUA AEROBICS (FRI)	10 Fridays, 6 Jan – 17 Mar'17 (No lesson on 27 Jan'17 & PH)	6.45-7.45pm or 7.45-8.45pm	Ms Vikki	\$85	\$95	\$110	18 persons (max)	30 Dec'16	Vanessa at 6391 5641

CSC @ TESSENSOHN

ACTIVITY	DATE	TIME	INSTRUCTOR	MEMBER	FEES: PUBLIC	GUEST	GROUP SIZE	REGISTER BY	CONTACT
				IVIEIVIDEN	OFFICER	GOEST			
PILATES BY MABELINE	10 Mondays, 23 Jan – 3 Apr'17 (No lesson on 30 Jan'17)	7pm – 8pm	Ms Mabeline	\$85	\$95	\$100	12 persons (min)	16 Jan '17	Serene Cho at 6391 5620
SWIMMING LESSONS AT TESSENSOHN (CHILDREN)	4 Lessons Nov / Dec '16 Choice of Sunday	Depending on swimming & age (Instructors will advise)	Mr Kurusamy / Seng Yung / Derick / Chang	Child \$70	Child \$80	Child \$85	15 persons	15 Nov / 15 Dec '16	Vanessa at 6391 5641
SWIMMING FOR LADIES (BEGINNER)	10 Mondays, 9 Jan – 20 Mar '17 (No lesson on PH)	7pm – 8pm	Ms Thipa	\$160	\$180	\$185	12 persons	2 Jan '17	Vanessa at 6391 5641
SWIMMING FOR LADIES (INTERMEDIATE)	10 Mondays, 9 Jan – 20 Mar '16 (No lesson on PH)	8pm – 9pm	Ms Thipa	\$160	\$180	\$185	12 persons	2 Jan '17	Vanessa at 6391 5641
TRADITIONAL TAEKWON-DO FOR ADULTS (MON)– JAN / FEB / MAR'17	11 Mondays, 9 Jan – 27 Mar'17 (No lessons on eve and PH)	8.30pm – 10.30pm	Singapore TaeKwon-Do Academy	\$60	\$70	\$80	10 persons (min)	2 Jan '17	Hai Ming at 6391 5607
TRADITIONAL TAEKWON-DO (SAT) – JAN /FEB / MAR 17	11 Saturdays, 7 Jan – 25 Mar'17 (No lessons on eve and PH)	3pm – 4.30pm (Beginner & Coloured Belt) or 4.30pm - 6pm	Singapore TaeKwon-Do Academy	\$60	\$70	\$80	10 persons (min)	31 Dec'16	Hai Ming at 6391 5607
MAIL 17	eve and rrij	(Red & Black Belt only)			rent and c rent and 2				
WING CHUN KUNG FU, "CHI SAU" THUR – DEC	5 Thursdays, 1 – 29 Dec '16 (No lesson on PH)	8pm – 10pm	Sifu Ken Lau	\$90	\$95	\$100	10 persons (min)	24 Nov'16	Hai Ming at 6391 5607
WING CHUN KUNG FU,"CHI SAU" (ADULT BEGINNER) - DEC	3 Saturdays, 3 – 17 Dec'16 (No lessons on eve and PH)	9am – 10.30am	Sifu Ken Lau	\$90	\$95	\$100	10 persons (min)	26 Nov'16	Hai Ming at 6391 5607
WING CHUN KUNG FU, "CHI SAU" (CHILDREN 6 – 12 YEARS) – DEC	3 Saturdays, 3 – 17 Dec '16 (No lessons on eve and PH)	10.30am – 11.30am	Sifu Ken Lau	Child \$90	Child \$95	Child \$100	10 persons (min)	26 Nov'16	Hai Ming at 6391 5607
WING CHUN KUNG FU,"CHI SAU" (ADULT INTERMEDIATE) - DEC	3 Saturdays, 3 – 17 Dec 16 (No lessons on eve and PH)	11.30am – 1pm	Sifu Ken Lau	\$90	\$95	\$100	10 persons (min)	26 Nov'16	Hai Ming at 6391 5607
WING CHUN KUNG FU, "CHI SAU" THUR – JAN	4 Thursdays, 5 – 26 Jan '17 (No lesson on PH)	8pm – 10pm	Sifu Ken Lau	\$90	\$95	\$100	10 persons (min)	29 Dec '16	Hai Ming at 6391 5607
WING CHUN KUNG FU, "CHI SAU" (ADULT BEGINNER) – JAN	3 Saturdays, 7 – 21 Jan'17 (No lessons on eve and PH)	9am – 10.30am	Sifu Ken Lau	\$90	\$95	\$100	10 persons (min)	31 Dec '16	Hai Ming at 6391 5607

CSC @ TESSENSOHN

ACTIVITY	DATE	TIME	INSTRUCTOR	MEMBER	FEES: PUBLIC OFFICER	GUEST	GROUP SIZE	REGISTER BY	CONTACT
WING CHUN KUNG FU, "CHI SAU" (CHILDREN 6-12 YEARS) - JAN	3 Saturdays, 7 – 21 Jan '17 (No lessons on eve and PH)	10.30am – 11.30am	Sifu Ken Lau	Child \$90	Child \$95	Child \$100	10 persons (min)	31 Dec'16	Hai Ming at 6391 5607
WING CHUN KUNG FU, "CHI SAU" (ADULT INTERMEDIATE) - JAN	3 Saturdays, 7 – 21 Jan '17 (No lessons on eve and PH)	11.30am – 1pm	Sifu Ken Lau	\$90	\$95	\$100	10 persons (min)	31 Dec'16	Hai Ming at 6391 5607
YOGA BY HUAY LIN	10 Fridays, 13 Jan – 17 Mar'17	7pm – 8pm or 8pm – 9 pm	Ms Huay Lin	\$75	\$80	\$85	12 persons (min)	8 Jan'17	Serene Cho at 6391 5620

CSC @ BUKIT BATOK

ACTIVITY	DATE	TIME	INSTRUCTOR	MEMBER	FEES: PUBLIC OFFICER	GUEST	GROUP SIZE	REGISTER BY	CONTACT
DEEP AQUA AEROBICS (SAT)	10 Saturdays, 10 Dec'16 – 4 Mar'17 (No lesson on PH)	8.30am – 9.30am	Mr Kelvin	\$85	\$95	\$110	18 persons (max)	5 Dec'16	Vanessa at 6391 5641
DEEP AQUA AEROBICS (TUE)	10 Tuesdays, 3 Jan – 7 Mar'17 (No lesson on PH)	7pm – 8pm	Ms Anthea	\$85	\$95	\$110	18 persons (max)	25 Dec'16	Vanessa at 6391 5641
AIKIDO (CHILDREN)	12 Sundays, 19 Feb – 7 May '17 (No lesson on PH)	10am – 11am	Mr Steven Goh	Child \$120	Child \$130	Child \$135	20 persons	5 Feb '17	Hai Ming at 6391 5607
AIKIDO (ADULT)	12 Sundays, 19 Feb – 7 May '17 (No lesson on PH)	11am – 12pm	Mr Steven Goh	\$120	\$130	\$135	20 persons	5 Feb'17	Hai Ming at 6391 5607
TRADITIONAL TAEKWON-DO –	-DO – 7 Jan – 25 Mar 17	3pm – 4.30pm	Singapore TaeKwon-Do	\$60	\$70	\$80	10 persons (min)	31 Dec '16	Hai Ming at
JAN / FEB / MAR '17	(No lessons on eve and PH)		Academy			nd child pair nd 2 children			6391 5607
SWIMMING LESSONS (CHILDREN)	4 Lessons Nov / Dec '16 Choice of Sunday	Depending on swimming level & age (Instructors will advise)	Mr Silas / Yusman / Ishaak / Paul / Vishnu	Child \$70	Child \$80	Child \$85	15 persons	15 Nov / 15 Dec'16	Vanessa at 6391 5641
SWIMMING FOR LADIES	10 Fridays, 6 Jan – 10 Mar'17 (No lesson on PH)	7.30pm – 8.30pm	Ms Thipa	\$160	\$180	\$190	12 persons	1 Jan '17	Vanessa at 6391 5641

CSC @ BUKIT BATOK

ACTIVITY	DATE	TIME	INSTRUCTOR		FEES:		GROUP SIZE	REGISTER BY	CONTACT
				MEMBER	PUBLIC OFFICER	GUEST		DI.	
PILATES BY AGNES YOONG	10 Saturdays, 21 Jan – 1 Apr'17	11am – 12pm	Ms Agnes Yoong	\$85	\$95	\$100	12 persons (min)	15 Jan '17	Serene Cho at 6391 5620
YOGA BY RITA	8 Tuesdays, 13 Dec'16 – 14 Feb'17	8pm – 9pm	Ms Rita	\$75	\$80	\$85	12 persons (min)	10 Dec'16	Serene Cho at 6391 5620

CSC @ CHANGI

ACTIVITY	DATE	TIME	INSTRUCTOR	MEMBER	FEES: PUBLIC OFFICER	GUEST	GROUP SIZE	REGISTER BY	CONTACT
SWIMMING LESSONS (CHILDREN)	4 Lessons Nov / Dec '16 Choice of Sunday	Depending on swimming level & age (Instructor will advise)	Mr Chang Mun Chung	Child \$70	Child \$80	Child \$85	15 persons	15 Nov / 15 Dec '16	Vanessa at 6391 5641

APPLICAT	ION FORM
Name (*Mr/Mrs/Mdm/Miss):	_CSC Membership No./NRIC No:
Membership Type: *Ordinary/Supplementary/Retiree/Life/Associate	Gender: *Male/Female
Address:	Singapore (
Contact No:Email:	Marital Status: *Single/Married (*delete where appropriate)
I would like to participate in:	(activity & date) formembers including myself.
Indicate name and membership number if more than one member:	and () guests.
Indicate name(s) of guest(s):	

For more than one activity, please attach sheets separately.

For swimming lessons, please contact the clubhouse at 6391 5605. For badminton section, please contact the sports section at 6391 5619.

- IMPORTANT NOTESRegistration of activities is based on a first-come-first-served basis.
- All guests must be accompanied by members.

- All geests must be accompanied by members.

 All fees paid are non-refundable unless the activity is cancelled by the Club. Please contact us if you do not hear from us one week before the activity.

 Applications must be accompanied by full payment. Please send separate cheques for the different activities.

 Crossed cheques are to be made payable to "Civil Service Club" unless otherwise stated.

 Unless otherwise stated, cheques should be sent to: Social Manager, Civil Service Club, 60 Tessensohn Road, Singapore 217664

 The Civil Service Club and its management will be kept fully indemnified against all claims, loss or damage whatsoever to participants arising from any cause in connection with activities organised or participation therein.

SINGAPORE MANAGEMENT UNIVERSITY

EXECUTIVE DEVELOPMENT





The **Future Ready Forum** is designed as a buffet of leading authors and thinkers, allowing busy executives to personalise their learning journey with a multi-disciplinary approach. From a total of **24 bite-sized sessions** in **6 business areas**, participants can select topics that best addresses their learning objectives and the business challenges they face in their organisation.

20-21 FEBRUARY 2017

2016 HIGHLIGHTS



165
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PROGRAMMES DELIVERED





TRANSFORMED APPROXIMATELY OVER

5000
DIVERSE SENIOR EXECUTIVES

CUSTOMISED CORPORATE PROGRAMMES

All customised corporate programmes are individually designed to address organisation-wide competencies and relevant business issues. Designed for the purpose-driven organisation and its executive cohort, the expertise and insights of more than 300 faculty members from our six schools, supported by external experts, bring the best of deep global management thinking into the Asian context.

EXECUTIVE PROGRAMMES

01	CHANGE MANAGEMENT
02	DIRECTORSHIP PROGRAMME
03	EXCEL LEADERSHIP
04	FINANCE FOR NON-FINANCE
05	GLOBAL SUPPLY CHAIN MANAGEMENT SkillsFuture Study Award

06	HOSPITAL MANAGEMENT
07	INFRASTRUCTURE DEVELOPMENT
80	LEADERSHIP COACHING
09	LEADERSHIP COMMUNICATION
10	MARKETING

11 NEGOTIATION STRATEGIES
12 STRATEGY EXECUTION
13 WINNING BUSINESS IN ASIA SkillsFuture Study Award
14 WOMEN & LEADERSHIP

FOLLOW US





LOCATE US

Singapore Management University, Executive Development 81 Victoria Street, Level 10, Singapore 188065 Tel: +65 6828 9095 Email: exd@smu.edu.sg





CIVIL SERVICE CLUB DINNER & DANCE 2016 MAIIHATTER'S PARTY

Put on your dancing shoes and party your way to welcome 2017!

Date: Saturday, 31 Dec '16

Venue: Fairmont Singapore, Stamford Ballroom (Level 4)

Time: 6pm - 1am

Member: \$80 per ticket, \$900 per table

Member's Guest/Public Officer: \$100 per ticket, \$1,000 per table

Register by: 30 Nov '16 (Subject to availability)

1st Prize:
Return Air Tickets
to L.A. on SQ for 2
2nd Prize:
Return Air Tickets
to Tokyo on SQ
for 2

This event is open to 16 years old and above

Corkage charge will be waived for all duty paid liquors and wine

Highlights:

Instant Photo Booth, Hats-On-Loan Booth for Early Birds, Singapore's "Kenny G" with Belly Dancers, Spectacular Costume Changing Show, Sumptuous Dinner, Table & Mass Participation Games, Fabulous Lucky Draw Prizes & many more...

For more enquiries, please contact: Serene Cho at 63915620 or serenecho@csc.sg