

FUSION



One Membership, Three Clubhouses, Four Distinct Experiences | Jan - Mar 2023

MCI (P) 065/11/2022

WHAT'S NEXT

CSC Children Swimming
Meet is Back Again!

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A Night of Wine,
Dine & Entertainment

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CLUB BUZZ

WOW20 Chalet
Promotion Extended!

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HAPPY NEW YEAR

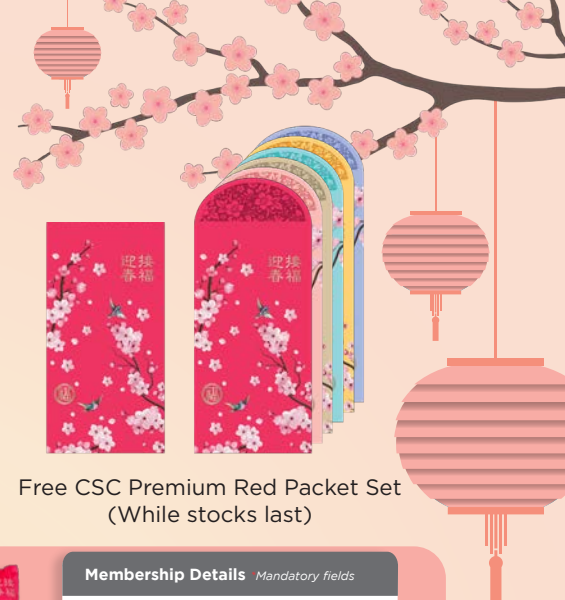
新春好年



ORDINARY TERM MEMBERSHIP PROMOTION (FOR PUBLIC SERVICE OFFICERS)

Promotion period: January to March 2023

The Club for Public Service Officers. With one membership, you will have access to three clubhouses located at Bukit Batok, Changi and Tessensohn each providing a different distinct experience. Offering you a wide range of recreational facilities and social activities to fit your lifestyle. CSC also offers FREE online activities specially curated for our members. What's more, you can now apply for Free Virtual Supplementary Membership for your spouse, children (5-21 years old), parents and parents-in-law.



Free CSC Premium Red Packet Set
(While stocks last)

**5 Year
Membership**
\$360

**\$65 CSC
E-CREDITS**

+



1 pair of exclusive
LNY Cushions worth \$20
(While stocks last!)

Membership Details Mandatory fields

Membership Type*
Ordinary Term Member @ \$72 per year

No. of Year(s)* 5 Discount Code* 65ECREDIT

**4 Year
Membership**
\$288

**\$50 CSC
E-CREDITS**

+



1 pair of exclusive
LNY Cushions worth \$20
(While stocks last!)

Membership Details Mandatory fields

Membership Type*
Ordinary Term Member @ \$72 per year

No. of Year(s)* 4 Discount Code* 50ECREDIT

**3 Year
Membership**
\$216

**\$35 CSC
E-CREDITS**

+



1 pair of exclusive
LNY Cushions worth \$20
(While stocks last!)

Membership Details Mandatory fields

Membership Type*
Ordinary Term Member @ \$72 per year

No. of Year(s)* 3 Discount Code* 35ECREDIT

**2 Year
Membership**
\$144

**\$20 CSC
E-CREDITS**

+



1 pair of exclusive
LNY Cushions worth \$20
(While stocks last!)

Membership Details Mandatory fields

Membership Type*
Ordinary Term Member @ \$72 per year

No. of Year(s)* 2 Discount Code* 20ECREDIT

**1 Year
Membership**
\$72

**\$10 CSC
E-CREDITS**

+



1 pair of exclusive
LNY Cushions worth \$20
(While stocks last!)

Membership Details Mandatory fields

Membership Type*
Ordinary Term Member @ \$72 per year

No. of Year(s)* 1 Discount Code* 10ECREDIT

Terms & Conditions:

- Enter the respective Discount Code to enjoy the savings in membership fees.
- 1 Pair of LNY Cushions are on while stocks last basis.
- Red Packet Sets are on while stocks last basis.
- CSC E-Credit will be valid for 6 months from date of issue and must be used within its validity period.
- CSC E-credit cannot be used for future booking. i.e If E-credit is valid till 31 March 2023, it cannot be used for bookings after 31 March 2023. If you cancel or postpone your booking, you will still need to use the E-credit within its validity period.
- CSC E-Credit cannot be used with other promotion or promotion code.
- CSC E-Credit can be used to off-set membership fees, facilities, social, chalet booking and bowling (Bukit Batok and Tessensohn only).
- CSC E-Credit cannot be used at tenanted facilities.
- The value of the CSC E-credit is not transferable or exchangeable for cash.
- There will be strictly no extension of CSC E-Credit validity period. Any unused balance not utilized will be forfeited.
- The use of CSC E-credit constitutes acceptance of these terms and conditions. CSC reserves the right to amend the terms and conditions without prior notice.



Apply Now



Renew Here



CSC @ Tessensohn
60 Tessensohn Road
Singapore 217664
T: 6294 8933
E: tessensohn@csc.sg
<https://www.cscessensohn.sg>

CSC @ Bukit Batok
91 Bukit Batok West Ave 2
Singapore 659206
T: 6513 7480
E: bukitbatok@csc.sg
<https://www.cscbukitbatok.sg>

CSC @ Changi I
2 Netheravon Road
Singapore 508503
T: 6709 4709
E: changi@csc.sg /
rooms@csc.sg
<https://www.cscchangi.sg>

CSC @ Changi II
(former Aloha Changi)
30 Netheravon Road
Singapore 508522
T: 6545 2343 / 6545 6373
E: changi2@csc.sg
<https://www.cscchangi.sg>

CSC @ Loyang
(former Aloha Loyang)
159W Jalan Loyang Besar
Singapore 507020
T: 6581 9033 / 6582 8006
E: loyang@csc.sg
<https://www.cscloyang.sg>

Corporate Services

Membership Matters
T: 6514 6396 / 6391 5604 (Hotline)
E: membership@csc.sg

Social Activities

T: 6391 5607 (Constance Low)
T: 6391 5641 (Goh Chong Chen)
T: 6391 5624 (Kua Gek Cheng)
T: 6391 5620 (Serene Cho)
E: events@csc.sg

Sports Activities

T: 6391 5619 (Samantha Fok)
E: sports@csc.sg

Publisher: Civil Service Club
Publishing Agent: Words Worth Media

For latest happenings and promotions at CSC, please visit:

<https://www.csc.sg>
 Civil Service Club
 <https://t.me/civilserviceclub>
 feedback@csc.sg



Scan to view the
e-copy of Fusion

Highlights

page **6-8**

What's Next?

- It's Easter fun at our Clubhouses!
Details on page 6



- Enjoy a romantic night at our Valentine's Special for Two.
Details on page 6



page **9-15**

Sports Scene

- Looking for an overseas cycling expedition? The upcoming trip to Taiwan promises scenic trails amidst cityscapes. Details on page 15



page **24-29**

Hi Members!

- View the results of the annual Members' Satisfaction Survey.
Details on page 26



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Club Buzz

- Read about the all-inclusive resort experience at CSC @ Loyang!
Details from page 22



page **30-65**

Get Social

- Enjoy over 40 complimentary workshops and activities for members! Details from page 30





Hello from the CE

We hope this newsletter finds you well. As we look ahead to 2023, we are excited to share some updates with you about the Club.

We bid farewell to our Vice President and Chairman of EXCO, Mr. Chew Hock Yong, who served on the EXCO from July 2018 to October 2022. We welcome our new Vice President and Chairman of EXCO, Ms Tan Gee Keow, who took over Mr Chew from 1 November 2022. Ms Tan is also the Permanent Secretary of the Ministry of Culture, Community and Youth.



Over the past year, we have enhanced a number of our chalets with new themes and furnishings. More in-person

activities both for social and sports were organised, with overwhelming support from our members and public service officers. The Weekend Family Fun Pool at CSC @ Tessensohn and FUNcation social activities at CSC @ Loyang, during the school holidays, were well received by our members. The Christmas Pawradise Pets Carnival held at CSC @ Changi over two days saw a very participative turnout of pet owners and their furry pets to this event.

To round up the Social calendar for December 2022, two activities were organised, with huge success. The Children's Christmas Party held at CSC @ Tessensohn on 10 December and the Year End Dinner and Dance – Glow Into The Future, held at Fairmont Hotel on 17 December, saw capacity turnout for the events.

The inhouse survey that was conducted between July and September saw 340 members providing useful feedback to the Club. The feedback has been duly deliberated and some of which will be implemented in 2023. We are grateful for your support and participation in the survey.

Between May and September 2023, the Club will be engaging an external research company to conduct an extensive survey on the Club's services, facilities provided and members experiences when they visit the Club or using the Club's facilities. We look forward to our members' active participation in this survey. The feedback from the survey is important for the Club to further understand the needs of our members and customise the Club and its services to meet their needs.

In the coming year, we have lined up more in-person sports and social activities for our members and at the same time will continue to organise both hybrid and



FUNcation at Loyang



virtual sports and social activities that are popular and well supported. The Lunar New Year Bazaar and the Lohei Dinner to be held at CSC @ Tessensohn in January 2023 will serve as a preamble to more in-person social activities that we will be organising for our members. We will rekindle the Public Service and CSC Children's Swimming Meet in March 2023.

The Club will continue to refresh and repurpose our chalets. Due to popular demand, we will convert one of the CSC @ Loyang chalets to a dog-friendly chalet and reorganise 2 single room suites at CSC @ Changi I to a family-plus suite. The Netheravon Chalets will be repurposed to attract the younger members and public service officers to chill out. It can even be used as a co-working space.

Over the next few months, the Canopy Restaurant at CSC @ Changi I will be up and running and members will find more reasons to visit Changi Clubhouse to have their meals there. Likewise for CSC @ Tessensohn, the swimming pool café terrace will be operational by about April 2023. It will add a new buzz for the swimmers and their families to enjoy beverages and cakes at the poolside terrace.

The Club's main website will be refreshed to sync with the expectations of our members. All the booking platforms will be reviewed to ensure that members' booking journey for facility or events will be an experiential one. The CSC App will be refreshed to facilitate members' visit to the portal and make bookings to the social activities, events and chalets using their mobile devices, seamlessly and while on the go.

In closing, I wish everyone a 2023 that is blessed with new hope and aspirations. A happy, safe and prosperous Lunar New Year and for the loved birds, a happy Valentine's Day!

Charlie Ng
Chief Executive
Civil Service Club



A safari themed Christmas Children's party at Tessensohn



Dinner and Dance at Fairmont



Dinner and Dance at Fairmont



Newly upgraded Changi Cottage

Did You Know?



Join the CSC Cycling and Adventure Club for their next adventure – Taiwan!

The CSC Cycling and Adventure Club is planning another 9D Northern Taiwan Cycling trip between 18 and 26 April 2023. Members who are cycling enthusiasts are encouraged to participate. For those who are not conditioned for such strenuous cycling trip, battery assisted bike can be arranged. The details of this trip is on page 15.

Zodiac Forecast
2023

Rat 鼠

Born in: 1948, 1960, 1972, 1984, 1996, 2008, 2020

Career	Wealth	Family	Health
★★★	★★★★	★★	★★★★

With the Rat zodiac sign at odds with Tai Sui, this year takes you through a winding passage marked by unexpected twists and turns. At work, powerful noblemen are around to guide you but your complacency might put them off. For entrepreneurs, step up to win in your business through innovation. Financially, positive investment returns await you. However, there will be turbulence in your relationship, and you need to be wary of old ailments.

**Lucky Number:** 5251**Lucky Colours:** Gold, Beige, White, Blue, Black**Auspicious Directions:** Northeast, West**Auspicious Crystals:** Rainbow Obsidian, Smoky Quartz, Citrine, Kyanite

Rabbit 兔

Born in: 1939, 1951, 1963, 1975, 1987, 1999, 2011

Career	Wealth	Family	Health
★★★	★★★★★	★★	★

In 2023, you are not in harmony with Tai Sui, therefore you need to brace yourself for a troubled year ahead. At work, there are hidden traps to be careful of but thankfully you will find help from people around you, especially your seniors. Do steer clear of gossips and hop away from malicious people. Good news, both direct and indirect wealth are prosperous, and you might get a surprise windfall! Look out for a turbulent love life as your relationship is put to the test. Where health is concerned, be watchful for nasty surprises.

**Lucky Number:** 7735**Lucky Colours:** White, Gold, Silver, Blue, Black**Auspicious Directions:** Southeast, Northeast, West**Auspicious Crystals:** Clear Quartz, Aquamarine, Goldstone, Blue Tiger's Eye

OX 牛

Born in: 1949, 1961, 1973, 1985, 1997, 2009, 2021

Career	Wealth	Family	Health
★★	★★★	★★★★	★★

The Ox can expect a mixed year of wins and losses. The pathway is strewn with challenges, so you must tread very carefully. Think twice before you ditch your present job for another. Business owners will need to grow both your network and team to deliver continuous growth. Financially, stay within your budget and avoid overspending. In love, singles may experience unrequited love while married couples need to take active steps to make your relationship work. This year, undesirable health issues will affect you so take care.

**Lucky Number:** 3725**Lucky Colours:** White, Yellow, Light Blue, Lilac, Silver**Auspicious Directions:** Southeast, Northwest**Auspicious Crystals:** Amethyst, Citrine, Clear Quartz, Yellow Tiger's Eye

Tiger 虎

Born in: 1938, 1950, 1962, 1974, 1986, 1998, 2010

Career	Wealth	Family	Health
★★★★★	★★★	★★★★★	★★

The skies clear and the sun shines for Tigers; 2023 will be a roaring good year! Your career moves smoothly, and business partnerships will be rewarding. Stars surrounding your relationships fill the air with love and it is a good year to tie the knot. But like a little black dot that mars a cup of milk, you must keep an eye on your health. With a weak health forecast, avoid being complacent and seek timely medical advice when symptoms appear.

**Lucky Number:** 3552**Lucky Colours:** Red, Yellow, Orange, Purple**Auspicious Directions:** East, West, Northwest**Auspicious Crystals:** Rose Quartz, Amethyst, Red Tiger's Eye, Goldstone

Dragon 龙

Born in: 1940, 1952, 1964, 1976, 1988, 2000, 2012

Career	Wealth	Family	Health
★★★	★★★★★	★★	★★★★★

2023 is not too bad a year despite Tai Sui's influence trying to smother your flames. Career progression is steady, but you tend to overthink and miss out on opportunities. Business owners should reach out to more collaborative partners to expand your market reach. Your wealth outlook is promising. Rejoice, as single Dragons may find your partner this year! Those who are married, though, may have a roving eye as temptations revolve around you. This year, keep an eye on the elderly at home who may face health issues.

**Lucky Number:** 9921**Lucky Colours:** Beige, Green, Pink, Lilac, White**Auspicious Directions:** Northwest, West, Southeast, Northeast**Auspicious Crystals:** Strawberry Quartz, Amethyst, White Agate, Clear Quartz

Snake 蛇

Born in: 1941, 1953, 1965, 1977, 1989, 2001, 2013

Career	Wealth	Family	Health
★★★★★	★★	★★★★★	★★

After a slippery and slithering year in 2022, the Snake glides into smoother pathways. The hard work of 2022 pays off this year as employers see the Snake in all its glory. Business owners have similar good fortune. Wealth outlook is average and it is recommended for you to be prudent with money. Romance is sweet but take note of health warnings especially for blood sugar and kidney issues. To keep everything in good shape, develop a healthy routine and diet plan so you can enjoy the good things coming your way this year.

**Lucky Number:** 6757**Lucky Colours:** White, Blue, Yellow, Silver, Gold**Auspicious Directions:** East, Southeast, West**Auspicious Crystals:** Citrine, Aquamarine, White Agate, Yellow Tiger's Eye



Established since 1989, Yuan Zhong Siu is the leading Feng Shui brand in Asia. Founded by Grand Master Hillary Phang, the company provides Commercial & Residential Feng Shui Audit, Zi Wei Dou Shu (Ba Zi) Reading, Selection of Auspicious Wedding Date, Baby Naming, Tarot Reading services and more.

For more information, check out:

yuanzhongsiu.com

[yuanzhongsiu.sg](https://www.instagram.com/yuanzhongsiu.sg)

[yzs.sg](https://www.facebook.com/yzs.sg)

[yuanzhongsiufengshui](https://www.youtube.com/channel/UCyuanzhongsiufengshui)



彭崧華
亞洲風水命理權威
Grand Master Hillary Phang
World Class Feng Shui Master

Horse 馬

Born in: 1942, 1954, 1966, 1978, 1990, 2002, 2014

Career	Wealth	Family	Health
★★	★★★★	★★★	★★★★★

2023 is a bitter sweet year for the Horse because of Tai Sui influence. At work, adversities and gossips might slow you down. But stay your course, be focused and work on your confidence to stay in the racecourse of your career. Business owners ought to revamp your marketing strategies to sprint ahead of your competition. Thankfully, your wealth prospects look excellent, and you will be in the pink of health. However, trouble may brew in your relationship, so remember to take a step back if there are any disagreements.



Lucky Number: 7886

Lucky Colours: Black & White, Blue & Green, Red & Brown, Purple & White

Auspicious Directions: Northwest, Southwest, Southeast

Auspicious Crystals: Amethyst, White Agate, Rainbow Obsidian, Red Tiger's Eye

Goat 羊

Born in: 1943, 1955, 1967, 1979, 1991, 2003, 2015

Career	Wealth	Family	Health
★★★★★	★★★★★	★★★	★★★★

The Goat has walked into an eventful year of mixed blessings. Lucky stars are shining upon your career and wealth as noblemen and overseas opportunities are aplenty. Good news, your investments will also be successful. It is the area of romance and health that the gentle Goat may find more worries to nibble on. This year, learn to manage your expectations and let go of unrealistic expectations in your marriage. Instead, focus on building your immunity as your health can be worrisome if you don't take a break.



Lucky Number: 8333

Lucky Colours: Yellow, Gold, White, Blue, Black

Auspicious Directions: West, Northwest, East, Southeast

Auspicious Crystals: Rainbow Obsidian, Kyanite, Clear Quartz, Blue Sandstone

Monkey 猴

Born in: 1944, 1956, 1968, 1980, 1992, 2004, 2016

Career	Wealth	Family	Health
★★★	★★★	★★★★	★★

Look forward to a year of steady improvements. Your team playing efforts and positive communication with colleagues will aid you in your career. The pickings are not so good in the wealth area; therefore, you must watch your spending. Sweet romance beckons and singles will meet good potential candidates. Married individuals however will need to work harder on creating a more conducive love nest to sustain the harmony at home. This year, keep a steady eye on your health!



Lucky Number: 2353

Lucky Colours: Red, Purple, Cream, White

Auspicious Directions: Northeast, East, West, Northwest

Auspicious Crystals: Citrine, Rose Quartz, Amethyst, Smoky Quartz

Rooster 鸡

Born in: 1945, 1957, 1969, 1981, 1993, 2005, 2017

Career	Wealth	Family	Health
★	★★	★★★★	★

For the Rooster, the year will be a challenging one with Tai Sui frowning in the distance. Career progression is bleak as your hard work is not recognised but rise up and still crow your best, especially when facing changes that require your best effort. In the area of wealth, you may face some losses. However, your romance sector is glowing as loving relationships surround you. Cheerful news comes in the form of new additions to the family. Working hard can take a toll on your health, especially your digestive system, do take care!



Lucky Number: 1812

Lucky Colours: Green, Blue, Black & White, Green & Yellow, Black & Red

Auspicious Directions: Northwest, Northeast, Southeast

Auspicious Crystals: Rainbow Obsidian, Aquamarine, Goldstone, Red Tiger's Eye

Dog 狗

Born in: 1946, 1958, 1970, 1982, 1994, 2006, 2018

Career	Wealth	Family	Health
★★★★	★★★★★	★★	★

In 2023, there are hidden threats amongst the overall positive forecast for you. Do your best at work and you will shine. Your relationships with your team will help you at work so nurture them well. Good news, your investments will reap good returns. The happy Dog who hasn't found a partner will have to wait, and those with soulmates will have to practice patience and tolerance to overcome issues with your loved one. Health-wise, stay vigilant on the road and avoid dangerous risky activities when overseas.



Lucky Number: 1013

Lucky Colours: White, Gold, Silver, Yellow, Orange

Auspicious Directions: Northeast, East, Northwest, North

Auspicious Crystals: Rose Quartz, Smoky Quartz, Goldstone, Blue Tiger's Eye

Pig 猪

Born in: 1947, 1959, 1971, 1983, 1995, 2007, 2019

Career	Wealth	Family	Health
★★★★★	★★★★★	★★★	★★★★★

Breaking through the dismal in 2022, 2023 is a new year where you'll see the light at the end of the tunnel. You will receive recognition at work and the projects you have been working on will propel you forward in life. Married individuals should work on communicating lovingly with your partner while singles are advised to just focus on their careers. Financially, your wealth will see a steady increase this year. You won't have major issues with health. Nevertheless, maintain a healthy lifestyle to avoid falling sick.



Lucky Number: 4439

Lucky Colours: Peach, Pink, Light Blue, White, Light Yellow

Auspicious Directions: Southeast, Southwest, Northwest, Northeast

Auspicious Crystals: Amethyst, Rose Quartz, Red Tiger's Eye, Rainbow Obsidian



CSC Valentine's Under The Stars

Friday, 10 Feb '23
CSC @ Loyang
Ohana Beach House

Celebrate the season of love under the stars at Civil Service Club and enjoy an evening of good company, good food, great booze and even greater music. Live band plays from 7pm onwards.

Strictly for age 18 years and above only

Collaboration with



Contact

Constance Low at 6391 5607
or constancelow@csc.sg
Register by: 30 Jan '23



Scan for full T&Cs

Valentine's Special For 2

**Stand Up Paddling (SUP) for 2
plus Lunch OR Dinner:**
SUP at 12pm & Lunch 1pm
OR SUP at 5pm & Dinner 6pm

Members \$88

Public Service Officers \$98

Guests \$108

Menu

Choice of 1 set per registration.
All sets come with a 1 bottle of White/Red Wine or Prosecco.

Set A	Set C
<ul style="list-style-type: none"> ✓ Mushroom Soup ✓ Sirloin Steak ✓ Chicken Chop 	<ul style="list-style-type: none"> ✓ Chicken Salad ✓ Prawns Aglio Olio ✓ Carbonara
Set B	Set D
<ul style="list-style-type: none"> ✓ Caesar Salad ✓ Grilled Salmon ✓ Fish & Chips 	<ul style="list-style-type: none"> ✓ 6pc Buffalo Wings ✓ Truffle Fries ✓ Pepperoni Pizza



Guess the Number of Easter Eggs Contest

Contest opens
1 Mar to 31 Mar '23
Open to CSC Members only.
Registration is Free!

Guess the number of Easter Eggs in the bottles at the respective clubhouse front offices in Tessensohn, Bukit Batok and Changi. Nearest guess for each respective clubhouse will win an attractive prize!

Terms & conditions:

- Each CSC main/supplementary member is only allowed a one-time submission with maximum of one answer for each respective clubhouse
- Email your answers to gohchongchen@csc.sg complete with full member particulars (Name/Member ID/email address/contact number)
- Registration closing date: 31 Mar '23. Winners will be notified via email by 5 Apr '23.
- This contest requires a minimum of 10 submissions to proceed.
- Kindly do not touch or tamper with the bottles in any way.



Scan for full T&Cs

CSC CHILDREN SWIMMING MEET 2023

Sat, 18 Mar '23 | 7am - 10am

Fees Members \$8, Public Service Officers \$10, Guests \$12



To Register

- Make payment via our online events portal (for members only)
- Front Office counter at any 3 Clubhouses.
- All registrations must be accompanied by the completed application form below.

If payment was made online, please email the soft copy of the form and payment receipt to serenecho@csc.sg

Rules and Regulations

- The participant's age will be based on the child's date of birth.
- Participants to report on 18 Mar '23, 7am at CSC @ Tessensohn Swimming Pool.
- Participants are to bring along their Student Pass for identification purpose.
- Medals will only be awarded to the top 3 winners of each event.
- Minimum 6 participants for each event.
- Participants are to adhere to the organiser's rules and regulations.
- The event referee and judge have the right to disqualify any swimmer for violation of rules.
- Referee and judges' decision will be final. By entering the competition, each contestant agrees to be bound by all the terms and conditions set forth and no appeal will be entertained.

BREASTSTROKE 50-METRE

EVENT NO.	CATEGORIES	AGE
B1	Girls	7 - 9 years old
B2	Girls	10 - 12 years old
B3	Boys	7 - 9 years old
B4	Boys	10 - 12 years old

FREESTYLE 50-METRE

F1	Girls	7 - 9 years old
F2	Girls	10 - 12 years old
F3	Boys	7 - 9 years old
F4	Boys	10 - 12 years old

FREESTYLE 50-METRE X 2 (PARENT-CHILD RELAY)

R1	Father-Child	Child Age 7 - 12 years old
R2	Mother-Child	Child Age 7 - 12 years old

Registration closing date: 3 Mar '23
Contact Serene Cho at 6391 5620 or serenecho@csc.sg



I wish to register my child for the following swimming event/s (Please circle):

BREASTSTROKE EVENTS:

☐ B1 ☐ B2 ☐ B3 ☐ B4

FREESTYLE EVENTS:

☐ F1 ☐ F2 ☐ F3 ☐ F4

FREESTYLE PARENT-CHILD RELAY:

☐ R1 ☐ R2

Name of Child: _____

Gender: Male / Female (Please circle)

Date of Birth: _____

Age (as at 18 Mar '23): _____

Name of Parent: _____

Member ID (For member): _____

Public Service Officer / Guest (please circle)

Address: _____

Mobile No: _____ Email Address: _____

INDEMNITY

I agree that I will not hold Civil Service Club (CSC) and their appointed staff or officials responsible for any mishaps, injuries or loss of life that may occur in the course of, or as a result of participating in the above activity; and I will indemnify CSC and their staff or officials against any actions, proceedings, liabilities, claims damages and expenses by any party howsoever arising out of or in connection with the above.

PDPA

By signing this application form, I agree that Civil Service Club may collect, use and disclose my personal data, as provided in this application form for the following purposes in accordance with the Personal Data Protection Act 2012. 1) The processing of this event application 2) The administration of this event by Civil Service Club staff, its partners and officials 3) Photographs taken may be used for any promotion/marketing efforts or media publicity.

*I hereby acknowledge that I have read and agreed to the above.

Name and Signature of Parent

Date

Wine & Dine

CSC @ Tessensohn

QianXi Restaurant, Level 1
Fri, 21 Apr '23 | 7pm - 9.30pm

Programme Highlights:
Fun games, Entertainment & Lucky Draw

Fees Per Table (Include 5 bottles of wine per table)

Member	Public Service Officer	Guest
\$438	\$468	\$488

8-Course Spread

Plus
5 Bottles of Wine per table
Free Flow of Soft Drinks & Chinese Tea

5 Kind Cold Dish Combination

Fish Maw Soup with Crab Meat

Roasted Crispy Chicken

Fried Prawn with Salted Egg Yolk

Steamed Live Sea Bass with Garlic & Vegetables

Braised Mushroom Abalone Shellfish with Spinach

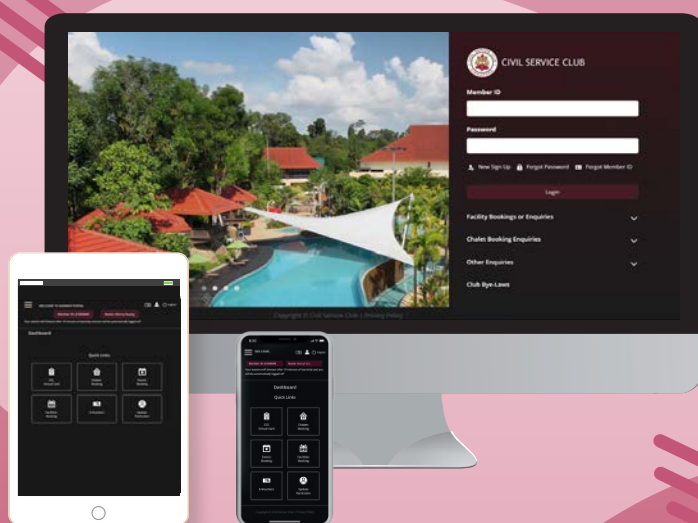
Fried Rice with Dried Scallop in Lotus Leaf

Longan Ice Jelly



Pre-registration is required. Closing date 10 Apr '23 | Contact Gek Cheng at 6391 5624 or kuagekcheng@csc.sg Scan for full T&Cs

ENJOY THE FULL CONVENIENCE AT YOUR FINGERTIPS



The new membership portal is mobile responsive.

One portal for all bookings, from facilities, chalets to social activities.



✉ membership@csc.sg ☎ 6391 5604 / 6514 6396 🌐 <https://www.csc.sg>

Public Service Swimming Meet 2023

CSC Tessensohn Clubhouse | Sat, 18 Mar '23 | 9am to 2pm

Open to all civil servants and officers serving in Statutory Boards, Restructured Hospitals, Government-Aided Schools and registered former Statutory Boards

Closing date for online registration: Fri, 17 Feb '23

Sports Liaison Officers/Swimming Convenors can register their team(s) online at www.csc.sg/stargames. The registration fee is \$6 per swimmer (GST inclusive), regardless of no. of events participated.

Online registration must be accompanied by payment of registration fee otherwise it will be void. There will be no refund of registration fees.



For more information, please visit www.csc.sg/stargames/ or email sports@csc.sg

Snooker Competition

15 TO 31 AUG '22

After a two-year hiatus, 19 teams from 12 agencies gave their all at the in-person Public Service Snooker Competition held at the Snooker Zone, Toa Payoh from 15 to 31 August.

The Ministry of Home Affairs (MHA) dominance in the game was evident as three of its teams qualified for the finals held on 31 August. The agency eventually won the top, 2nd and 3rd podium spots and the 13th championship! A delighted captain of the winning MHA Team 1, **Leslie Ng**, shared, "I have been in the Police Snooker Team playing for numerous tournaments since the late 80's. It is the Public Service Snooker Competition that is the most memorable and glorious as we've been defending our title since 2007!"

Leslie acknowledges that it is the camaraderie that keeps him and his players going. "It is the team spirit and cohesiveness which are the main sources of motivation sustaining me through these three decades," he shared. "I enjoy the togetherness and friendship with the players."

With some of them in their late 40s, the victory is even more precious for Leslie and his team members. He expressed, "I urge the younger officers to come forward to explore and enjoy the games in order to keep this good vibe going for as long as we can!"

CSC thanks **Mr Jerry Lim**, CSC Executive Committee member, for gracing the event as Guest-of-Honour and giving away the prizes to the winning teams.



RESULTS

Champion	▶ MINISTRY OF HOME AFFAIRS (1)
1st Runner-Up	▶ MINISTRY OF HOME AFFAIRS (4)
2nd Runner-Up	▶ MINISTRY OF HOME AFFAIRS (3)
3rd Runner-Up	▶ SPORT SINGAPORE
Highest Break Award	▶ AASHISH RAI (MHA 4)

Badminton Tournament 22 AUG TO 8 SEP '22

The Public Service Badminton Tournament saw 61 teams from 21 government agencies battling it out at the CSC Tessensohn Clubhouse from 22 Aug to 8 Sep '22. Competition in the four different categories, the Women, Men, Men's Senior and Men's Active Agers was keen as points are awarded to the top four teams in each category to determine the eventual Overall Champion.

That much sought-after Overall Championship title eventually went to The Ministry of Home Affairs (MHA). The agency took the top spot in the Women's category and second spot in the Men and Men's Senior categories. Kudos to teams from MHA for their strong showing at the Games!

MHA's women's team was especially delighted to emerge top in the category as the team had initially entered the Games with just the simple goal of "staying in the competition for as long as possible". MHA Team Convenor **Cheng Yi** explained that many players took time off their busy work schedule to train and represent the ministry for the games.

Sharing that the MHA's women's team especially appreciated their win, Cheng Yi said, "We were pleasantly surprised as this is a historical win for the MHA's women's team. Although it was something that we had hoped for, we had not dared to impose expectations of attaining the title. It's definitely a happy ending for us."

CSC thanks **Mr Koh Chee Chien**, CSC Executive Committee member, for gracing the event as Guest-of-Honour and giving away the prizes to the winning teams.



RESULTS

CATEGORY	MEN	MEN'S SENIOR	MEN'S ACTIVE AGERS	WOMEN	OVERALL
PLACING					
Champion	▶ MINDEF	▶ NUS	▶ MINDEF	▶ MHA	▶ MHA
1st Runner-Up	▶ MHA	▶ MHA	▶ LTA	▶ MOE	▶ MOE
2nd Runner-Up	▶ MOH	▶ MOE (1)	▶ HDB	▶ MTI	▶ MINDEF & NUS (Joint winners)
3rd Runner-Up	▶ MOE	▶ MOE (2)	▶ MOE	▶ HDB	



Squash Tournament

12 TO 23 SEP '22

The spirit of academia rang strongly at the 2022 edition of the Public Service Squash Tournament with all top four spots swept up by institutions of higher learning and the Ministry of Education. Held at the Yio Chu Kang Sports Centre, the event saw participation from 10 teams across eight government agencies.

Championship honours went to The Nanyang Technological University (NTU) which edged out fellow National University of Singapore in the finals.

Despite fielding a strong team for the competition, Co-Team Captain Professor **Tan Ming Jen** remained modest. "We were hoping to reach the semi-finals - that was our target. Anything else outside of that would have been a bonus," he shared.

Apart from the opportunity to meet inter-agency friends, Professor Tan particularly noted the poignancy of the game. "Many of our ex-students in NTU are now working in the public service and playing in other public service teams, so it is quite meaningful (to play in the Games)."

He appreciated the chance to both test his squash skills against other worthy competitors and the opportunity

for fellowship with both his "old friends and foes".

Sending a shout-out to the competition crew and his fellow participants, Ming Jen expressed, "The organisation of the tournament was very professional; the referees were well-qualified and in control of any disputes. The spirit of competition and participation from all the teams were very good."

CSC thanks **Mr Roger Ng Min Kuan**, CSC Executive Committee member, for gracing the event as Guest-of-Honour and giving away the prizes to the winning teams.



RESULTS

Champion	▶ NANYANG TECHNOLOGICAL UNIVERSITY
1st Runner-Up	▶ NATIONAL UNIVERSITY OF SINGAPORE
2nd Runner-Up	▶ MINISTRY OF EDUCATION (1)
3rd Runner-Up	▶ MINISTRY OF EDUCATION (2)

3-On-3 Mixed Floorball Tournament

18 SEP '22

Thirty teams from 11 public service agencies battled for a podium placing in the Public Service 3-on-3 Floorball Tournament held at Our Tampines Hub on Sun, 18 Sep '22.

It was hardly a surprise that traditional rivals Ministry of Home Affairs (MHA) and Ministry of Education (MOE) eventually qualified for the final. The MHA team (1) eventually took the championship trophy, edging out the MOE team after a hard-fought match.

Deputy Floorball Convenor for SPRIGHT, **Mohammad Nuremi**, was pleasantly surprised at his team's win, attributing their success to the team's grit. "I was surprised with the win as the teams from MOE had vast experience compared to ours. However, with our perseverance, never-say-die attitude and winning mentality, we managed to overcome the impossible to achieve the top spot in this year's competition," enthused Nuremi.

Nuremi thanked his Convenor, Miryanto, and committee members Akid and Zul-Iman for their "planning and assistance" acknowledging that they would not have gotten this far without their "sacrifices".

It was the bonds of friendship formed amongst fellow competitors that Nuremi particularly savoured, however. Giving a shout-out to them, Nuremi said, "The bonds shared through the sports we play together – or against

each other – are priceless and can no way be bought with any currency in the world. We shall meet again in the next floorball match – all the best for that!"

And indeed, perhaps, the true measure of success is not of the number of medals won but of the joy gained from the experience. As Nuremi observed, "I believe that all teams enjoyed themselves as smiles were all around the Multi-Purpose Hall, regardless of victory or loss."

CSC thanks **Mr Azhar Yusof**, CSC Executive Committee member, for gracing the event as Guest-of-Honour and giving away the prizes to the winning teams.



RESULTS

Champion	► MINISTRY OF HOME AFFAIRS (1)
1st Runner-Up	► MINISTRY OF EDUCATION
2nd Runner-Up	► MINISTRY OF HOME AFFAIRS (2)
3rd Runner-Up	► LAND TRANSPORT AUTHORITY

Basketball Tournament 24 SEP TO 15 OCT '22

Polished layups, sleek jump shots and swift dribbling were techniques sighted at the Public Service Basketball Tournament held from 24 Sep '22 to 15 Oct '22 at the Singapore Basketball Centre. The 2022 edition of the Games saw 34 teams from 15 agencies shooting hoops and defending their baskets in the Men and Women's categories.

Victory eventually went to the Ministry of Defence (MINDEF) who topped the Men's category and placed first runner-up in the Women's category at the finals held on 15 Oct '22.

Team Captain **Jaryl Ng** from MINDEF's Men's Category commended the organisers on their skilful management of the tournament. "As Team Manager and player, I was informed of the dates and fixtures ahead of time and

the organisation of the tournament was managed in a structured and detailed way," Jaryl shared appreciatively.

His pride in MINDEF was evidently felt as he shared his team's determination to represent his agency well. "It is always an enriching experience to compete against our friends from the other public ministries, stoking old rivalries and also starting new ones. Naturally, this gives us – the uniformed service – even more reason to wear our uniform proudly and to fly our flag high."

While agency pride and competition were extolled by Jaryl and his team, comradeship was equally valued too.

"We want to commend all the other teams for sending quality teams in and showing the public service spirit regardless of the results on the court," he expressed.

CSC thanks **Dr Koh Koon Teck**, President, Basketball Association of Singapore, for gracing the event as Guest-of-Honour and giving away the prizes to the winning teams.

RESULTS

	CATEGORY		
PLACING	MEN	WOMEN	OVERALL
Champion	► MINDEF (2)	► MOE (1)	► MINDEF
1st Runner-Up	► MHA	► MINDEF	► MHA
2nd Runner-Up	► MOE	► MHA	► MOE
3rd Runner-Up	► MINDEF (1)	► MOE (2)	



Futsal Tournament

8 OCT '22

A pent-up demand for the sport drew a record participation of 71 teams across 23 government agencies to the Public Service Futsal Tournament when it returned as an in-person game on 8 Oct '22 after two-year hiatus due to the pandemic.

Held at the FutsalArena @ Yishun, the full-day event saw the Ministry of Home Affairs (MHA) winning three of the four top spots in Division I. In the Division II category, the JTC Corporation (1) edged out Maritime and Port Authority of Singapore to take the top spot.

Victory was by no means easy as MHA faced off long-standing rivals, the Ministry of Education (MOE), in a closely-matched final. "MOE fought with us all the way till the finals. I am happy and relieved that our team managed to fend off the challenge to retain the Championship," shared **Taiyo Koh**, football convenor of MHA.

Taiyo credited his team's love for the sport as the key to their win. "MHA's players get deep enjoyment from every aspect of the sport – the skills required, the beauty of teamwork, the experience of working together towards a common goal and something bigger than themselves; something that they could never accomplish on their own," he shared.

And perhaps, it is this solidarity among players together with the firm guidance from Taiyo that has taken them this far. Taiyo expressed, "Experiencing challenges is

what makes life interesting while overcoming them is what makes life meaningful. I am very proud of all the players from MHA in overcoming all challenges to be the Champion once again."

CSC thanks **Mr Roger Ng Min Kuan**, CSC Executive Committee member, for gracing the event as Guest-of-Honour and giving away the prizes to the winning teams.



RESULTS

CATEGORY PLACING	CATEGORY	
	DIVISION I	DIVISION II
Champion	▶ MHA (1)	▶ JTC (1)
1st Runner-Up	▶ MOE (6)	▶ MPA
2nd Runner-Up	▶ MHA (4)	▶ MOM
3rd Runner-Up	▶ MHA (5)	▶ JTC (2)

10-Pin Bowling Competition

15 OCT TO 6 NOV '22

Planet Bowl at CSC Tessensohn Clubhouse was abuzz with activities from 15 Oct to 6 Nov '22 as teams from 23 public service agencies converged at the venue for the Public Service 10-Pin Bowling Competition. A total of 99 teams fought neck and neck, displaying adroit moves in three categories.

Sweet victory went to the Ministry of Home Affairs (MHA) as the agency took the Overall Championship crown, clinching top spot in the Men's category and placing fourth in the Women and Active Agers' categories.

MHA's bowling convenor, **Dexter Khoo**, shared that his team was not new to bowling with some having even participated in past STAR Games bowling competitions. However, what Dexter found memorable about the tournament was not the championship title but the communal bonds built up from the event.

"It's always a good opportunity to catch up with friends and colleagues at such tournaments," enthused Dexter, recalling the competition's highlights.

Dexter also found the Bowling Tournament well organised and expressed his hopes for future events. "Thank you CSC for organising the bowling event. I hope to be able to participate in more events!" he said.

Camaraderie amidst competition – the spirit of the Public Service STAR Games. Besides being challenged to achieve new personal bests, participants cherished interpersonal bonds that were formed in the process.

CSC thanks **Ms Ang Yee Ling**, CSC Executive Committee member, for gracing the event as Guest-of-Honour and giving away the prizes to the winning teams.



RESULTS

CATEGORY PLACING	CATEGORY			
	MEN	WOMEN	ACTIVE AGERS	OVERALL
Champion	▶ MHA	▶ MOE	▶ LTA	▶ MHA
1st Runner-Up	▶ MINDEF (4)	▶ MINDEF	▶ PA	▶ MINDEF
2nd Runner-Up	▶ MINDEF (8)	▶ NUS	▶ MOH	▶ MOE & LTA (Joint winners)
3rd Runner-Up	▶ MOH (3)	▶ MHA	▶ MHA	

Volleyball Tournament

16 OCT '22

Hougang Sports Centre was a scene of hustle and bustle as players thronged into its spacious hallway on 16 Oct '22, all decked out in sports jerseys and protective guards, for the Public Service Volleyball Tournament. The event saw 26 teams from 10 government agencies eagerly competing for top honours in the Men and Women's categories.

A palpable air of competitiveness could be felt as teams battled in a single knock-out format, giving each team only one shot to the next round. After several rounds of hard-fought matches, the Ministry of Home Affairs (MHA) and Ministry of Education teams qualified for the finals of the Men and Women's categories respectively. The Ministry of Health teams played remarkably well to qualify for both finals. Based on points and a tie-break, the tournament's Overall Championship went to MHA.

Long-time player and Team Captain **Tony Yeo** believes that teamwork is essential for performing well in volleyball and extolled the sport for building cohesiveness in a fun way. "Volleyball is a fun and great sport for building teamwork," he said. "I've been playing volleyball since I was eight."

A long-term supporter of the event, Tony has been participating in the Public Service STAR Games since 2017. The teamwork and camaraderie is one reason that brings Tony back every year. "It is fun to get

together with players from the other public service agencies for friendly competitions. "

CSC thanks **Mr Cheng Kiah Lim**, CSC Executive Committee member, for gracing the event as Guest-of-Honour and giving away the prizes to the winning teams.



RESULTS

CATEGORY	MEN	WOMEN	OVERALL
PLACING			
Champion	▶ MHA	▶ MOE (2)	▶ MHA
1st Runner-Up	▶ MOH	▶ MOH	▶ MOH
2nd Runner-Up	▶ MINDEF	▶ MHA	▶ MOE
3rd Runner-Up	▶ MOE	▶ MOE (3)	▶ MINDEF

7-A-Side Football Tournament

30 OCT '22

A record 41 teams across 19 government agencies faced-off at the Public Service 7-A-Side Football Tournament held at the Arena Shelton on 30 Oct '22.

In a hotly-contested final which had to be decided by a penalty shoot-out, the Ministry of Education (MOE) edged out defending champions, Ministry of Home Affairs, to emerge champion of Division I. In the Division II category, it was an all-JTC Corporation's final as its Team (1) defeated Team (2) to emerge champion of the category.

MOE's team manager **Abdul Nasir Bin Abdul Razzak** shared his team's secret to winning. "Having come in as first runner-up in the recent futsal tournament, I was able to re-assess the players' individual strengths and rearrange the line-up for the 7-A-Side tournament," explained Nasir.

His strategies paid off as MOE even secured a second win, placing third in the same Division I category. "Having two MOE teams emerge as Champion and second runner-up is testament of the players' commitment and pride to do well for MOE," enthused Nasir.

However, it was not just the taste of victory that the players relished. Nasir let on that the Games brought back "fond memories" for him and his teammates, especially since the players had not competed for two years.

He was exceptionally proud of his team and shared,

"I am happy to see younger players coming onboard and senior players continuing to play the game we all love."

Nasir also sent a shout-out to his goalkeepers, Kevin Teo and Mohammad Faisal. "Both goalkeepers deserve special mention for their outstanding on field performances and for rallying the team to perform well," he expressed.

CSC thanks **Ms Alexis Lee**, CSC Executive Committee member, for gracing the event as Guest-of-Honour and giving away the prizes to the winning teams.



RESULTS

CATEGORY	DIVISION I	DIVISION II
PLACING		
Champion	▶ MOE (1)	▶ JTC (1)
1st Runner-Up	▶ MHA (8)	▶ JTC (2)
2nd Runner-Up	▶ MOE (2)	▶ MOM
3rd Runner-Up	▶ MHA (2)	▶ MCCY

Pool Competition

The Public Service Pool Competition finally made its long-awaited return on 31 Oct '22! Last held in 2019, this year's edition saw 27 teams from 11 government agencies fiercely competing for a spot in the finals at Snooker Zone, Toa Payoh.

Three agencies - Land Transport Authority (LTA), Ministry of Education (MOE) and Ministry of Defence (MINDEF) - eventually secured a coveted spot in the finals on 16 November. MINDEF emerged victorious that night, edging out traditionally-strong rival, MOE in a fiery showdown of skills.

Team manager **Vincent Cheng** related, "With a solid team esprit de corps, strong determination and effort, we are glad that we are able to fight to the last stage and win the Champion trophy for MINDEF."

Acknowledging that competition was "tough", Vincent was thankful for their win as the team comprised members from different services within MINDEF and had not met to train competitively for two years.



31 OCT to 16 NOV '22

Amidst his victory celebration, Vincent did not forget to thank his fellow competitors and the tournament organisers. Sending a shout-out to them, he said, "Kudos to the rest of the participating teams and crew from CSC for a great competition this year."

CSC thanks **Mr Roger Ng Min Kuan**, CSC Executive Committee member, for gracing the event as Guest-of-Honour and giving away the prizes to the winning teams.



RESULTS

Champion	► MINISTRY OF DEFENCE (1)
1st Runner-Up	► MINISTRY OF EDUCATION (1)
2nd Runner-Up	► LAND TRANSPORT AUTHORITY
3rd Runner-Up	► MINISTRY OF DEFENCE (3)

Netball Competition

12 NOV '22

Swift attack and valiant defence were the order of the day at the Temasek Polytechnic Sports Hall on 12 November, the day the Public Service Netball Tournament 2022 was held.

With 16 teams and 10 government agencies competing in the tournament, the team spirit has never been stronger during the matches. The eventual champion was the Ministry of Home Affairs (MHA), knocking out strong favourites the Ministry of Education, in the finals.

The victory came as a memorable surprise to MHA as it was their first championship title in 15 years! "It was an incredibly proud moment for the team," shared **Aileen Tan**, MHA's netball convenor.



Expressing her gratitude to those who made the victory possible, Aileen said, "A shout-out to the MHA teams and also to all who participated in making the tournament a success. I'm glad to be a part of this annual competition after a two-year hiatus."

CSC thanks **Ms June Liew**, CSC Executive Committee member, for gracing the event as Guest-of-Honour and giving away the prizes to the winning teams.



RESULTS

Champion	► MINISTRY OF HOME AFFAIRS
1st Runner-Up	► MINISTRY OF EDUCATION
2nd Runner-Up	► MINISTRY OF HEALTH
3rd Runner-Up	► SPORT SINGAPORE

WEEKEND EXPEDITION AT TALULA HILL RESORT & GUNUNG LAMBAK

29 - 30 OCT 2022

Oei Su Cheok

It was a visual feast for the CSC riders as we took in the scenic landscape at Talula Hill Resort – the sky, the mountain and valley with animals grazing in the distance. We had just completed an 80KM ride from Senai to get to this unique resort in Kluang.

The CSC riders managed to keep up a good pace along the Kota Tinggi-Kluang main road. Such expeditions to Malaysia are opportunities to set ourselves in an entirely different landscape.

In particular, Kluang offers many attractions to adventurers who are heading for the mountains with the spectacular Gunung Lambak as backdrop. On Day 2, we headed to ascend the summit of Gunung Lambak (elevation 510m).

Gunung Lambak is synonymous with Kluang and probably one of the easier trails to climb. The climb seemed challenging at first but turned out to be achievable, with many of us returning with prized photos snapped at the summit as souvenirs of our achievement.

A trip to Kluang is incomplete without learning about Kluang coffee and enjoying the good food in the city. So we topped our trip with an afternoon of city adventure, with a final stopover at TV brand Kluang Coffee Powder Factory, lunch at Tangkak Beef Noodles and shopping spree for Kluang confectionery.



UPCOMING

9D Northern Taiwan Spring Cycling Tour 18-26 Apr 2023

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Total distance: 520km | Total elevation: 4300m

Cost: NT\$35,500 per person inclusive 8-night hotel, all meals, road bike*, support vehicles with supplements, local lead cyclists, insurance, airport transfer, free event jerseys worth S\$200 for CSC Cycling Club members. (*Battery assisted bike can be arranged with additional NT\$6,000).

Cost excludes:

Air ticket (make your own arrangements to arrive in Taipei by 7am on 18 Apr; event ends 26 Apr, 6pm)

Preparation:

Briefing & training will be conducted in Feb/Mar 2023

Minimum 20pax to go:

Priority for members of CSC Cycling and Adventure Club

Registration by 31 Jan 2023:

Whatsapp Paul Chan 9145-7388 or Koh Wee Chong 9796-8422





A fun day out for furry friends and their pawrents.

It's a Pawradise at CSC @ Changi

Spotted - Furkids decked in jerseys, superman cloaks, bow ties, and festive garbs at Changi Clubhouse on 3 and 4 Dec '22!

It was CSC's Pets Carnival which returned as an in-person event for the first time since 2019.

Co-organised by Clubpets, Christmas Pawradise was a two-day extravaganza of festive cheer and activities galore including a wide range of Christmas merchandise for pets, music performances, educational talks and lucky draws! Spicing up the programme were pets contests aplenty - the Most Talented, the Fastest Eater, the Best (Christmas) Dressed and the Most Tricks Contest.

Pet Boarding and Training Provider, Tails Up, also opened its play zone for canines to roam free and to have fun at a series of its challenging obstacle courses as well as to test their agility and endurance.

First-time visitor, KT, who came with her one-year-old Shiba Inu, noted: "It's cosy and not over-crowded. There's a right mix of activities and not just shops and booths. The variety of programmes - stage shows, food booths, even a photo booth - made it all very impressive."

Bess Teo, whose dog, Bebe, won the Best (Christmas) Dressed Contest, said, "We love this. It's hard to find pet-friendly events in Singapore. We really appreciate organisers who put up such events for us!"



KT (middle) with friends at Tails Up's canine playground: "This event has a good mix of activities without being too packed - you know how pets can break into fights if it's too crowded."



CSC Deputy Chief Executive, Julia Chua, presents the top prize of a free stay at CSC @ Loyang's dog-friendly chalet to lucky draw winner Jason.



For pawrents Weiming and Michelle, this was their first CSC event since becoming CSC members a year ago.



Winners take all: Managing Director of Clubpets, Angie Lim (extreme right) with the winners of the Best Dressed Competition (Christmas Theme).



Clara and her husband loved the variety of activities at the event: "The standouts are the performances and best-dressed contests - they make the event very interesting."



A ROARING GOOD TIME AT THE CHRISTMAS SAFARI

A 'cow' jumping energetically on a bouncy castle. 'Giraffes' spellbound by a magic show. Kids in wild excitement as they scurried from booth to booth to try out different activities such as balloon sculpting and face-painting while enjoying free popcorns.

The above are sights caught at the Children's Christmas Party in the Safari at Tessensohn, a sold-out ticketed event that drew over 250 guests on 10 Dec '22.

Long-time CSC member of 11 years, Jasmine, here with her two daughters, felt that the theme was relatable. "Kids are easily drawn to animals. A Safari-themed party gives them the chance to dress up as their favourite animal."

From the get-go, the party went into full swing as the animated Santarina emcee hosted a string of games. 'Scavenger Hunt' saw kids scampering to locate items, while 'Musical Freeze' had the kids dancing and freezing in hilarious positions. Lung power was put to the test in 'Longest Christmas' as kids attempted to sustain the "Merry Christmas" greeting.

Chandreyee, present with her six-year-old daughter, Subhasree, said, "It's really fun, the enthusiasm level was high from start to finish. The activities are also well-tailored for the kids."

Other delightful highlights were a ventriloquy performance by the emcee and her assistant Mr Flamingo, a magic show and the Best Dressed Contest. Amidst tough competition, Zidan, aged 8, in a giraffe outfit, won the boy's category. To cheer him on was his entire family, all dressed in theme - big brother Matin as Elephant, Mummy Aisha as Leopard and Dad Fauzi as the zookeeper!

"I started preparations (for the contest) when I saw the poster in the Fusion magazine. I'm happy our efforts paid off," explained Aisha.

Then came the happy finale - a McDonald's Happy Meal set, a Christmas gift to take home and the crowd-favourite Lucky Draw!

Summing up the event, Rachna, accompanied by her 10-year-old son, Abhyuday, might have said it best: "My son was excited about coming... and we are not disappointed. We had a lot of fun. I really like how the Club creates opportunities for families to bond and to create their own memories!"



L-R: First CSC event for mother-and-daughter **Chandreyee** and **Subhasree**; Winner of Best Dressed Contest for Boys, **Zidan** (in orange giraffe onesie), with his family; **Jasmine** and hubby pose with daughters donning handmade giraffe outfits; Third-prize lucky draw winners Mum **Rachna** and **Abhyuday**.



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Welcome to the newly-refurbished bungalows and chalet units! With expanded capacity and refined retrofits, as well as ongoing refurbishings scheduled to complete by Mar '23, the coastal units will provide the ultimate stay-meet-play holistic experience whether for staycations or corporate retreats.

Visit us at **www.cscchalets.sg** for chalets availability and room reservations.

PERKS AND PRIVILEGES FOR CSC MEMBERS AND CHALET GUESTS



ENJOY THESE NEW
EXCLUSIVE DEALS
until 31 December 2023*



Flash your
CSC Membership Card,
Virtual Card via CSC app
or Chalet Room Key Card
to enjoy these deals!

*Scan the QR code for the
detailed terms and conditions.

IN THE VICINITY



15% off
Regular items

888 MOOKATA
Blk 5 Changi Village Road #01-2017



FREE Gym Passes
Limited passes and subject to
availability (Chalet guests only)

ABSOLUTE FITNESS
Recreation Complex #S04-04/05



10% off
Ala-carte menu

1 for 1
Beer (Pints only)
M CLUB
Recreation Complex #S04-01



20% off
All main courses
(Tue-Sun, 5PM-9PM)

OHANA BEACH HOUSE
Recreation Complex #S03-01B

IN THE CLUBHOUSE



15% off
Round Ketam Kayaking

10% off
Mangrove kayaking, Ubin bike
trail and Paddle to Pedal
ASIAN DETOURS
Recreation Complex #S01-01



10% off
Ala-carte menu

MUSLIM DELIGHTS
Recreation Complex #S04-03



CANOPY
Heritage Block, Level 1



10% off
Minimum spend of \$150

BAMBOOZE BISTRO
Blk 5 Changi Village Road #01-2023



5% off
Total bill

BUDDYLINE BISTRO
Blk 4 Changi Village Road #01-2070



10% off
Ala-carte menu (Mon to Fri)

CHANGI BEACH SEAFOOD PARADISE
2 Andover Road



10% off
Ala-carte menu

CHARLIE'S CORNER
Blk 2 Changi Village Road #01-70



10% off
Ala-carte menu
After 6PM: Free Nacho Cheese Fries
if total bill before 10% discount exceeds \$60

CHOCK FULL OF BEANS
Blk 4 Changi Village Road #01-2090



1 for 1
Dark Gelato Single Scoop

CHOCOLATE ORIGIN
Blk 4 Changi Village Road #01-2084



10% off
Total bill in a single receipt

CICLO E CAFFÈ
Blk 1 Changi Village Road #01-2052



10% off
Regular priced items
Min. spend of \$100: 20% off total bill

DINGYANG BISTRO BAR
Blk 5 Changi Village Road #01-2045



10% off
For a minimum purchase
of \$100 in one receipt

JACOB'S CAFÉ
Blk 5 Changi Village Road #01-2049



10% off
Total bill

LE XUAN HONG KONG TIM SUM
Blk 5 Changi Village Road #01-2053/2055



10% off
Minimum spend of \$20

PHAT CHIC FOREVER
Blk 4 Changi Village Road #01-2072



10% off
Ala-carte items – Minimum
spend of \$20 (Not applicable on
alcohol and promotional set meal)

PRANAKORN
Blk 4 Changi Village Road #01-2086



10% off
Food and beverages – Minimum
spend of \$250 in a single receipt
(Excl bumboat/private yacht service fees)

SMITH MARINE
Off Changi and Pulau Ubin GPS Coordinates:
01°23'52"N - 103°57'42"E



10% off
Total bill in a single receipt
(Only at Changi Village outlet)

TANG TEA HOUSE
57 Lorong Bekukong



15% off
Ala-carte food and
non-alcoholic beverages only

THE SEAGRILL
Changi Beach Park, 260 Nicoll Dr



20% off
Minimum spend of \$10
**TIONG BAHRU BONELESS
HAINANESE CHICKEN RICE**
5 Changi Village Rd #01-2037



CSC @ LOYANG, WHERE ALL-INCLUSIVE FUN AWAITS

Beach staycations amidst glassy turquoise pools would be a dream getaway.

Offering this and more is CSC @ Loyang with its 38 airy two- to four-bedroom bungalows. Known for their spacious rooms and sun-kissed pools, the coastal units have something for everyone, from the sea-loving aficionados to the family-centric crowd.

Those looking for a place to celebrate special occasions – birthdays, chalet stayovers with friends or extended families – or just seeking an all-in-one vacation will appreciate the amenities at the Loyang chalets. Families can find kids-friendly activities at the chalet's indoor playroom while adventure-seekers can sweat it out at the outdoor basketball court or bask in the sunset-facing pool.

All in good fun

Shahriman was one who appreciated the all-inclusiveness of the seaside resort. Here with his family and friends to celebrate his niece and his own birthday over a BBQ party, he enthused how CSC @ Loyang encompasses a wide range of amenities. "You get all the facilities here – from the swimming pool to the barbecue pits – it's good for family gatherings."

Adding to this all-inclusive fun was the Club's latest initiative, FUNcation. The pilot programme which was on trial from 26 November to 18 December 2022 offered chalet occupants complimentary access to a line-up of activities ranging from soapmaking to kayaking and paddle boating.

Janice liked the initiative. "I think it's an interesting programme. I came here expecting just another chalet stay but all these activities made our stay so much more fun," she said. She tried out soapmaking with her daughter, Choden, and got to bring home some mini dinosaur soaps for keeps!



Shahriman (in blue) and family are especially pleased with the Club's variety of facilities, from the luxurious pool to the easy convenience of the BBQ pits.

Another family who enjoyed FUNcation's outdoor activity was Roslan and his kids. His two daughters, each in their own paddle boat, broke into loud laughter as they steered furiously to get ahead. His eight-year-old girl, Nuralyna exclaimed when asked if she had a good time, "It's fun although a little tiring because I have to paddle boat by myself."

Making memories

It is not just pure light-hearted fun that the chalet hopes to foster, however. The Club's core mission is to provide a place for family bonding and friendship building.

Take Hanan and his cousin Nurulsyafiqah for example. Spanning five generations, their party turned up in full force for a retro-themed gathering at the Loyang Pool Terrace unit that they booked. So spacious was the 4-bedroom bungalow that it could accommodate a photo booth which proved popular for everyone including their great-grandmother who was seen gamely posing for the camera.

Recounting how six families would gather annually at the chalet, Nurulsyafiqah reminisced, "This place holds a lot of memories of my childhood." Explaining that they grew up and played in the pool as kids, it was poignant



For Hanan (extreme right) and his extended family, a staycation at CSC @ Loyang has become an annual affair of fun and games.

how the very same premises is now playground for their own kids too.

Likewise, Huimin, who booked a bungalow unit for her daughter's third birthday, appreciated how the chalet provided opportunities for friends to bond. "It's our second time here after a memorable first experience months back. What we like about the chalet is that we can have family and friends staying together as there are different rooms. I don't think we can get as many rooms in other chalets."

One for the furkids

At CSC @ Loyang, the furkids are not forgotten! As the largest dog-friendly chalet in Singapore, the Club's three dog-friendly bungalows offer a common dog run and wash areas.

Sien Wee, here with his extended family and their two dogs, appreciated the inclusiveness of the chalet. "We were attracted to this place as it allows dogs to stay in as well. The exclusive use of the dog run is a definite bonus," he shared.

Sien Wee also loves the proximity to the beach and how each unit comes with a parking lot. "I really like that it is possible for us to park just outside the chalet. At most other chalets, you would have to carry your stuff and shuffle a long way between your car and your chalet."



Sien Wee (extreme right) chose CSC @ Loyang for its dog-friendly chalets which come complete with an exclusive dog run!



Sweet birthday memories for Wanti (seated, second from right) at a BBQ party she hosted in an unit big enough to hold a bouncing castle.

A refreshing experience

As part of the Club's efforts to provide a comfortable experience for its guests, the Sea View and Garden Bungalows underwent a revamp recently.

The differences certainly did not go unnoticed. Wanti, whose last stay was a decade ago, observed with much appreciation, "It's nicer now. They have upgraded the rooms; the headboard is better, the kitchen appliances more modern. Compared to 10 years ago, it's really quite different. I was pleasantly surprised."



Sunny seaside vibes at the revamped Sea View Bungalows with its beautiful nautical theme.

As with all holidays and get-togethers, what is fun without good food? Adding to the chill vibes of the seaside chalet is the Ohana Beach House. Adorned with dreamy fairy lights with a menu of comfort food and booze, occupants can wind down for the day and appreciate the setting sun as they sit at one of its rustic beach-facing tables. What's more, a live band awaits all guests every weekend at the beach house!



Nestled within the Club's grounds is the Ohana Beach House, which provides both dining and sea sport experiences.

ASSOCIATE MEMBERSHIP

(FOR NON-PUBLIC SERVICE OFFICERS)

Promotion period: January to March 2023



Free CSC Premium Red Packet Set.
While stocks last.

3 Years Membership
\$900
\$90 CSC E-CREDITS

Membership Details Mandatory fields

Membership Type*

Associate Member @ \$300 per year
(Singaporean and PR only)

No. of Year(s)*

3

Discount Code*

90ECREDIT

2 Years Membership
\$600
\$60 CSC E-CREDITS

Membership Details Mandatory fields

Membership Type*

Associate Member @ \$300 per year
(Singaporean and PR only)

No. of Year(s)*

2

Discount Code*

60ECREDIT

1 Year Membership
\$300
\$30 CSC E-CREDITS

Membership Details Mandatory fields

Membership Type*

Associate Member @ \$300 per year
(Singaporean and PR only)

No. of Year(s)*

1

Discount Code*

30ECREDIT

Terms & Conditions:

- Associate Membership is applicable to Singaporeans and PR Only.
- Red Packet Sets are on while stocks last basis.
- Enter the respective Discount Code to enjoy the savings in membership fees.
- CSC E-credit will be valid for 6 months from date of issue and must be used within its validity period.
- CSC E-credit cannot be used for future booking. i.e If E-credit is valid till 31 March 2023, it cannot be used for bookings after 31 Mar 2023. If you cancel or postpone your booking, you will need to use the E-credit within its validity period.
- CSC E-credit cannot be used with other promotion or promotion code.
- CSC E-credit can be used to off-set membership fees, facilities, social, chalet booking and bowling (Bukit Batok and Tessensohn only).
- CSC E-credit cannot be used at tenanted facilities.
- The value of the CSC E-credit is not transferable or exchangeable for cash.
- There will be strictly no extension of CSC E-credit validity period. Any unused balance not utilized will be forfeited.
- The use of CSC E-credit constitutes acceptance of these terms and conditions. CSC reserves the right to amend the terms and conditions without prior notice.



Apply Now



Renew Here

<https://www.csc.sg> ☎ 6391 5604 / 6514 6396 ✉ membership@csc.sg



FREE VIRTUAL SUPPLEMENTARY MEMBERSHIP

Terms & Conditions

- Supplementary Membership is only applicable to parents, parents-in-law, spouse and children aged 5 to 21 years old.
- There will be no card issued for Free Virtual Supplementary membership. An admin fee of \$10 is applicable for each physical membership card.
- Supplementary members will need to log in to the Member's Portal to access their virtual card to use the Clubhouse facilities.
- CSC reserves the right, at any time, to amend the Terms and Conditions at its absolute discretion without prior notice.

LOGIN HERE



 membership@csc.sg  [6391 5604 / 6514 6396](tel:6391560465146396)  <https://www.csc.sg>

STAFF SHOUT OUTS

We thank members and all patrons of the club for taking the time to acknowledge our staff for the good service enjoyed. This will help us to serve you better.

“ I would like to thank **Chong Chen** for his help in helping us to conduct seminars. Through him, we have managed to educate CSC members. We hope to work with him for a long time. He is an asset to CSC.

Jerren who has left CSC was also most helpful.

– **Leslie Lim on Social** ”

“ I am Ann Ong Loh Suan, and the mother of Low Yu Qian, who had the mishap of the near drowning incident on 2 Jul '22 at CSC @ Changi.

I would like to extend my gratitude to Lifeguard **Mr. Mani** for participating in the resuscitation of Yu Qian when she was found at the bottom of the swimming pool and went into a cardiac arrest.

His professionalism and fast action had made the resuscitation a success, which saved Yu Qian eventually.

There is no word that could describe my gratitude to Mr. Mani in participating in the saving of my daughter's life.

I think CSC should treasure him as a valuable staff as he performs his duty in a responsible and dedicated manner in his daily course of work.

Thank you Mr. Mani for saving Yu Qian's life! May God bless you !

– **Ann Ong on Changi I** ”

“ Thank you for the variety of members' activities regularly organised by the Club. They are making my life so meaningful and colourful.

I would also like to give a compliment to your staff **Kua Gek Cheng**. She is very responsible, highly efficient and patient. Recently, I had problems receiving emails from CSC. If Gek Cheng had not called to check with me, I would have missed the workshop!

On another occasion, she responded to my email promptly even though it was a weekend. So I managed to download the recipe in time for a workshop that was taking place on a Sunday 10am.

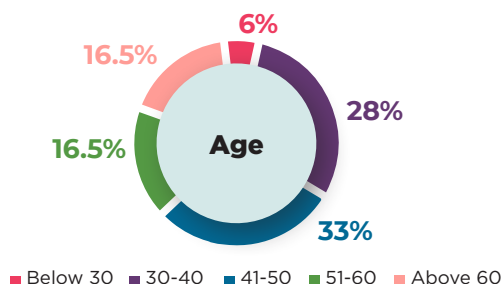
I am very touched by Gek Cheng's dedication. She is a wonderful staff who takes care of members. I feel that I should not only thank her through email, but also must let you know that you have a marvellous staff on your team. Bravo!

– **Mdm Tan Swee Jee on Social** ”

CSC Members' Satisfaction Survey 2022

CSC conducts the Members' Satisfaction Survey annually to evaluate our services and offerings so that we can meet members' needs and remain relevant. This year's survey was conducted in-house using an online survey platform. The survey ran from 6 July to 16 September 2022, and received 340 responses. Below are the highlights from the report.

Respondents' Profile



Membership Type

Ordinary	Associate	Retiree	Supplementary / Life
87%	8%	4%	1%

Length of Membership



Key Findings

84% Visited at least one clubhouse in the past 12 months, with Tessensohn enjoying the highest visitorship



35%



30%



19%

Top 3 reasons why members visit the clubhouses



Tessensohn/Bukit Batok

Swimming pool	60%
Sporting facilities	29%
Social activities	29%



Changi

Chalet staycation	63%
Swimming pool	61%
Meals at clubhouse restaurants & eateries	31%



Members' satisfaction level

CSC members rated their overall membership experience and other attributes between Satisfied to Very Satisfied

1.69 Chalet rooms & amenities	2.13 Quality of club events & social activities (online or physical)
1.71 Overall chalet experience	2.18 Overall club events & social activities (online or physical)
1.99 Clubhouse facilities	2.19 Booking experience of social activities, sports facilities or chalets
1.82 Clubhouse staff (Front office & facility)	2.37 Membership benefits & privileges
1.95 Overall clubhouse experience	2.15 Overall membership experience
2.12 Variety of club events & social activities (online or physical)	

*Satisfaction level was based on a 6 point scale, with 1 being Very Satisfied and 6 being Very Dissatisfied.

Who do members visit clubhouse with



75%
Family



34%
Friends



13%
Colleagues



25%
Alone

Top 5 reasons why members choose CSC membership

50% Affordable facilities and activities	42% Low membership fees	42% Preferential booking and members' special rates for chalets	39% Free supplementary membership for immediate parents, parents-in-law, spouse and children	35% Attractive facilities, services and activities
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Awareness of members' benefits

95% Free supplementary membership for family members	85% Members-only booking of sport facilities (badminton, etc)
94% Free swimming pool usage	74% Free/subsidised rates for Club events like Movie Deals
93% Preferential rates & booking period of chalets	72% Merchant discount & privileges
85% Preferential parking rates	53% Additional 20% off for CSC @ Changi I's Superior or Deluxe Suite during birthday month
85% Free/subsidised rates for social & sports activities like Cycling Challenge	

Membership renewal & recommendation

91% will renew their CSC membership

7 in 10 are likely to recommend CSC membership to friends or colleagues

DID YOU KNOW?

Here are seven facts about your CSC membership that you might not know!

1 Social Activities for All
The Club organises over 800 social events and activities catering to different lifestyles and preferences! There are numerous family activities for parent-child bonding too. Though we have resumed all physical events, we will still be introducing virtual activities.

2 Have a Birthday Staycation
Enjoy additional 20% off members' rates for CSC @ Changi I's Superior/ Deluxe Suite on their birthday month! Time for a much-needed staycation on your birthday!

3 Weekend Family Fun Pool
Enjoy free usage of giant inflatable floats, paddle boats and water slides at the Weekend Family Fun Pool at Tessensohn, every Saturday and Sunday from 8AM to 6PM! For swimmers, we have set aside 3 lanes for lap swimming. We will monitor the pool usage and will make adjustments if necessary.

4 One-stop Booking via CSC App or Members' Portal
Members can use the CSC app or members' portal on www.csc.sg for a seamless and convenient online booking experience!

5 Get the Latest Updates
Get first dibs on the latest Club promotions and merchant perks by following our Telegram or Facebook page, or subscribing to the members' EDM. Log in to members portal to update your email if you have not been receiving any members' EDMs.

6 One-stop Shop with Klook
Enjoy discounts on Klook – Asia's leading travel and leisure e-commerce platform for experiences and services such as attractions, shows, tours, hotels, car rental and more! Potentially giving you up to a whopping \$120 in savings!

7 Foodie Perks
We love to eat! The Club offers a good spread of merchant partners offering local and international F&B, including Halal and Indian cuisines. There's also neighbouring cafes and restaurants to our clubhouses that you must check out too!

CSC Members' Benefits Cheat Sheet

Here's a handy guide to getting the best value and deals with your CSC membership! Share your benefits with your parents, spouse and children (between 5 and 21 years) by applying for the FREE supplementary membership with no additional subscription fees!

CHALETS

Best rates and 120 days advance booking for all 110 CSC Chalets.



Additional 20% discount on your birthday month for CSC @ Changi I's Superior/ Deluxe Suite.

Up to 30% discount for last minute chalet deals (Wonderful Wednesday).

SOCIAL EVENTS & ACTIVITIES

Free or subsidised rates for Club's social and sporting events and activities.



\$16 Shaw Movie Vouchers.

Take part in contests or Club Social events to win prizes or receive goodie bags. Terms apply.

FACILITIES

Free swimming pool access at all CSC Clubhouses. Members can sign in guests. Guests' rates and terms apply.



Best rates for booking of BBQ facilities and function rooms for personal celebrations.

Best rates for bowling at Planet Bowl and WestWood Bowl.



Best rates and priority for booking of Club's sports facilities.

Best rates for parking at all CSC clubhouses.



MERCHANT PERKS*

Enjoy discounts at all CSC clubhouse tenants by flashing your CSC membership card or virtual card via CSC app.



8% discount (capped at \$10) with minimum spent of \$50 on Klook. Limited redemptions monthly.

Receive up to \$30 cash rewards on FoodLine for catering orders, and 10% e-cashback (capped at \$2) on FAVE for all transactions.

FREE roadside assistance and discounted services at Yellow Bull/ BH Auto.

Enjoy merchant discounts near CSC clubhouses and around Singapore!



*Terms apply. For the full list of merchant promotions, please visit www.csc.sg/membersperks

MEMBERS' PRIVILEGES

Enjoy these new deals from merchant partners by presenting your CSC membership card or virtual card via CSC app.

Terms & Conditions apply. Deals may be subject to changes.

AL CAPONES (CSC @ CHANGI I)



10% OFF FOOD ITEMS

• <https://alcaponesg.com/>

OHANA BEACH HOUSE (CSC @ CHANGI I)



15% OFF F&B & VENUE RENTAL

• <https://www.adventurepaddlers.com>

THE GRUMPY BEAR



**40% OFF ALA CARTE MAINS
& 50% DISCOUNT OFF ALA
CARTE MAINS DURING
MEMBER'S BIRTHDAY MONTH**

• <https://www.grumpybear.sg>

YOU TIAO MAN



10% OFF ONLINE ORDER

• <https://www.youtiaoman.com>

BYD



**PREFERENTIAL PRICING
FOR CSC MEMBERS**

• <https://val-byd.com.sg>

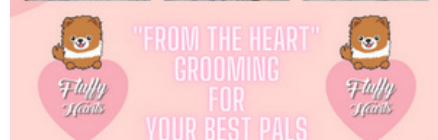
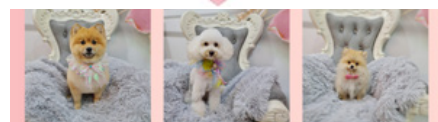
FAVE



**10% E-CASHBACK PER
TRANSACTION, CAP AT \$2**

• <https://www.myfave.com>

FLUFFY HEARTS



10% OFF GROOMING SERVICES

• <https://fluffyheartssg.com/>

RES PARADISE



**10% OFF ACCESSORIES & DIETS
20% OFF LIVESTOCKS**

• <https://www.facebook.com/Res-Paradise>

THE SCIENCE CENTER & KIDSTOP



**10% OFF SCIENCE CENTRE
& KidsSTOP MEMBERSHIP**

• <https://www.science.edu.sg>

View more merchant partners located near our Changi Clubhouse. Refer to **page 21**.



Follow us @civilserviceclub
for all the latest Members' privileges.



Scan for full details, terms
and validity period

f @cscsingapore

CSC
MEMBERS
ONLYCSC
Monthly

Facebook Giveaways



Scan for full T&Cs

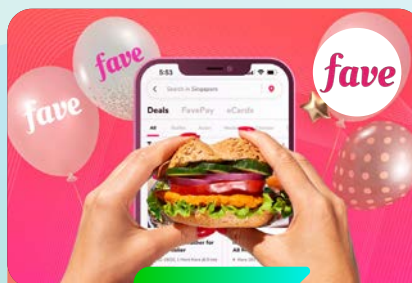
Don't miss out these giveaways for CSC members!
Follow us on Facebook, and mark the dates!



OHANA BEACH HOUSE
CSC @ Changi I

26 to 29 Jan '23

\$50 Dining Voucher
(2 winners)



FAVE

23 to 26 Feb '23

\$50 e-Cashback



CANOPY
CSC @ Changi I

23 to 26 Mar '23

\$50 Dining Voucher

Choose from over 490 caterers and cake shops and enjoy exclusive cash rewards!

foodline
Singapore's Biggest Catering & Cake Portal

CATERING & CAKE PROMO

EXCLUSIVELY FOR CSC MEMBERS

CSC MEMBERS

Catering promo:

\$8 cash reward (min spend \$100)
\$10 cash reward (min spend \$150)
\$20 cash reward (min spend \$250)
\$30 cash reward (min spend \$350)

Cake promo:

\$10 cash reward (min spend \$50)

Birthday month promo:

\$15 cash reward (min spend \$50)

***Catering, cake and birthday month promo valid till 31 Dec 2023.**

CNY 2023 promo:

\$10 cash reward (min spend \$88)

***CNY 2023 promo valid from 19 Dec 2022 - 5 Feb 2023.**



Scan for
promo codes

f FoodLine.sg

@ foodline.sg

FoodLine Deals



Keen on participating? Sign up now by scanning the QR to book the activities that you are interested in!



Karaoke Singing Classes

Singing is a great way to make yourself happy and can be an enjoyable activity on your own or as part of a group. There are songs for almost any situation in life from happy to sad and everything in between. To enjoy singing, it is worth your while to go for lessons. Benefits to singing, after all, are many: to gain self-confidence, understand theory behind music, engage in singing exercises and learn breath control. What are you waiting for?

English Karaoke Singing

Let our experienced coach Ivy Wee take your singing talent to a higher level in a cosy and newly furnished classroom.

What you will learn:-

- Basic fundamentals of singing
- How to sing your vowels
- Phonetic diction, rhythm and tempo
- Proper breathing exercises and singing techniques
- Personal stage persona and body language



Dates: 8 Thursdays, 12 Jan – 2 Mar '23 OR 9 Mar – 27 Apr '23

Time: 7.30pm – 9.30pm

Fees: Members \$180, Public Service Officers \$190, Guests \$200

Venue: CSC @ Tessensohn

Contact: Gek Cheng at 6391 5624 or kuagekcheng@csc.sg

Register by: 1 week before class

Mandarin Karaoke Singing

吴美香老师是一位资深的声乐教育老师，擅长教导华语、福建、广东及潮语时代曲。

吴老师目前是人民协会合格声乐培训师、吴家班歌唱学院高级声乐教育老师。毕业于南洋理工大学孔子学院汉语拼音课程及吴家班开办的方言拼音课程。並荣获英国西伦敦大学音乐学院通俗歌曲8级演唱文凭。



Hone your singing skills with Coach Wu Meixiang – a senior vocal music teacher with experience in teaching Mandarin, Hokkien, Cantonese and Teochew period songs. Class curriculum includes basic singing along with 20 different techniques.

Dates: 8 Tuesdays, 7 Feb – 28 Mar '23 OR 4 Apr – 23 May '23

Time: 7.30pm – 9.30pm

Fees: Members \$180, Public Service Officers \$190, Guests \$200

Venue: CSC @ Tessensohn

Contact: Gek Cheng at 6391 5624 or kuagekcheng@csc.sg

Register by: 1 week before class

Learn to Play Violin

Learn to play this classical string instrument under Instructor Leong Gah Chiong who has more than 20 years of experience teaching and performing at schools, concerts and private events. You will learn techniques of handling the violin, bowing, postures and note reading.

Fee includes materials and instrument for use in class:

Fee includes materials and instrument for use in class:	
Beginner	Members \$155, Public Service Officers \$165, Guests \$175
Intermediate	Members \$170, Public Service Officers \$180, Guests \$190
Advance	Members \$185, Public Service Officers \$195, Guests \$205

Dates: 8 Mondays, 16 Jan – 13 Mar '23 (No class on 23 Jan '23) OR 27 Mar – 15 May '23

Time: 7pm – 8.15pm

Venue: CSC @ Tessensohn

Contact: Gek Cheng at 6391 5624 or kuagekcheng@csc.sg

Register by: 1 week before class





Master the Erhu

One of the oldest Chinese instruments, the erhu produces soulful as well as happy tunes. Under Instructor Pang Chin Soon, who has more than 25 years of experience with this two-stringed instrument, you will be able to play a tune within minutes! Participants need to bring their own erhu. Minimum of six participants to start a class.

Dates: 10 Wednesdays,
15 Feb – 19 Apr '23

Time:

Session 1: 7:15pm – 8:15pm

Session 2: 8:15pm – 9:15pm

Fees: Members \$175, Public Service Officers \$188, Guests \$194

Venue: CSC @ Tessensohn

Contact: Gek Cheng at 6391 5624 or
kuagekcheng@csc.sg

Register by: 1 week before class

Pastel Nagomi Art

Pastel Nagomi is a Japanese art form using soft pastels and finger application. This simple therapeutic way of painting to create a soft and heartwarming art piece has a special appeal, whether you are an art novice or a veteran.

Demo Workshops



Valentine's Day

Date: Sat, 11 Feb '23



Black and White Mandala

Date: Sat, 18 Mar '23



Hari Raya Aidilfitri

Date: Sat, 15 Apr '23



For these workshops:

Time: 11am – 12pm

Fees (per workshop): FREE for Members, Public Service Officers \$5, Guests \$8

Platform: Live on Zoom*

Contact: Serene Cho at 6391 5620 or serenecho@csc.sg

Register by: 1 week before the events

Colour Mandala

Date: Sat, 25 Feb '23



Happy Easter

Date: Sat, 25 Mar '23



For these workshops:

Time: 10am – 11.30am

Fees (per workshop): Members \$36, Public Service Officers \$45, Guests \$48

Venue: CSC @ Tessensohn

Contact: Serene Cho at 6391 5620 or serenecho@csc.sg

Register by: 1 week before the events

*For all online activities, an event link will be emailed to participants upon confirmation.

**In view of the COVID-19 situation, all physical activities may be subject to change or cancellation.

Fluid Art Bear Jamming

Fluid Art is today's hottest art trend! Let your creativity flow as you pour your favourite colours and see a Fluid Art Bear (23cm height) come to life. Suitable for all ages. No prior art training required.

Date: Sat, 25 Feb '23

Time: 2pm – 3.30pm

Fees: Members \$76, Public Service Officers \$82, Guests \$85

Venue: Ubi Centre

Contact: Serene Cho at 6391 5620 or serenecho@csc.sg

Register by: 2 weeks before the workshop



Resin Art Coasters

Create quirky one-of-a-kind Resin Art Coasters to add colours to your coffee table. The workshop will cover basics on how to handle epoxy resin, use of ink and pigment colourants, glitters and the after-care of your creations. Suitable for children 5 years and above. Each participant will work on two pieces of 10cm plexiglass coasters.

Date: Sat, 18 Mar '23

Time: 2pm – 3.30pm

Fees: Members \$76, Public Service Officers \$82, Guests \$85

Venue: Ubi Centre

Contact: Serene Cho at 6391 5620 or serenecho@csc.sg

Register by: 2 weeks before the workshop



online

FREE for members

Season to Take Care of Liver Meridian

Liver zang and Liver meridian play important roles in our overall health. A healthy Liver and Gall Bladder ensure better digestion, good emotional state, strong tendons, firm bright nails and more.



In TCM, spring (or the beginning of the year) is a good time to take care of the Liver.

At this workshop, learn more on Liver & Gall Bladder meridians and what are the simple things you can do to ensure healthy Liver and Gall Bladder.

Date: Thu, 12 Jan '23

Time: 7.30pm – 9pm

Fees: FREE for Members, Public Service Officers \$5, Guests \$8

Platform: Live on Zoom*

Contact: Gek Cheng at 6391 5624 or kuagekcheng@csc.sg

Register by: 1 week before workshop

online

FREE for members

Improve Digestive Meridians for Strength and Vitality

When the digestive meridians are unwell, a person will not only suffer digestive issues such as gastric, bloatedness or reflux but also other complications. Sometimes it can lead to other issues such as lower metabolism, malabsorption of nutrients, skin issues, lethargy and poor blood circulation.

This workshop empowers participants with knowledge and techniques to take care of their digestive meridians.

Date: Sun, 15 Jan '23

Time: 2.30pm – 4pm

Fees: FREE for Members, Public Service Officers \$5, Guests \$8

Platform: Live on Zoom*

Contact: Gek Cheng at 6391 5624 or kuagekcheng@csc.sg

Register by: 1 week before workshop



online

FREE for
members

Spring to Good Health in the Year of the Rabbit (CNY Festive Eating)

The Year of the Rabbit is just round the corner! For most of us, that means a lot of eating, feasting and drinking which often leads to the dreaded weight gain & constipation. Why not take a healthier approach to what we eat this festive season and beyond? Healthy can be very yummy too!

Join our Nutrition Educator for an informative and practical talk with smart tips that you can put to practice straight away!

Date: Mon, 16 Jan '23

Time: 3pm – 4pm

Fees: FREE for Members, Public Service Officer \$5, Guests \$8

Platform: Live on Zoom*

Contact: Chong Chen at 6391 5641 or gohchongchen@csc.sg

Register by: 1 week before the talk



online

FREE for
members

Holistic Approach for High Cholesterol – Part 1 & 2

Cholesterol has essential physiological roles in maintaining a healthy body. However, when the "bad" cholesterol becomes excessive, it could be an ugly scene for our health.

In this two-part workshop, you will have a better perspective on cholesterol, practical tips and holistic approach to better manage your cholesterol level.

Learn to take care of your meridians and discover food recipes that help. Participants are encouraged to attend Part 1 & Part 2.

Dates: Thu, 2 Feb '23 (Part 1) and 16 Feb '23 (Part 2)

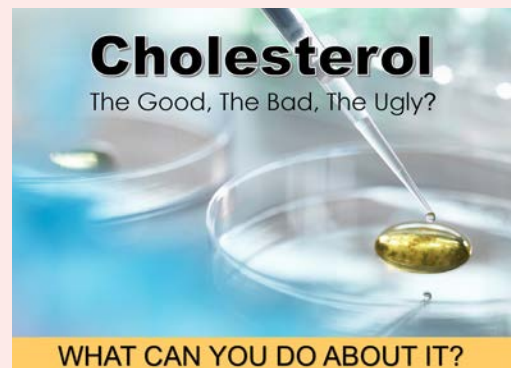
Time: 7.30pm – 9pm

Fees per workshop: FREE for Members, Public Service Officers \$5, Guests \$8

Platform: Live on Zoom*

Contact: Gek Cheng at 6391 5624 or kuagekcheng@csc.sg

Register by: 1 week before workshop



LOHAS Meridian Self-Therapy Program (LOHAS-MSP)

The Meridian system is the vital pathway for Qi and Blood circulation in your body. Sluggish Qi and Blood flow causes health issues such as headache and migraine, lethargic, sensitive nose and skin, aches and pains, weight and digestion issues, insomnia, low immunity and many more.

Learn LOHAS Meridian Self-Therapy Program to relieve and resolve these health issues and gain energy and vitality naturally.

Date: 4 Saturdays, 4 Feb to 25 Feb '23

Time: 2pm – 6pm

Fee: Members \$370, Public Service Officers \$380, Guests \$390

Venue: Success Trees Training Room, 12 Arumugam Road, #02-11

Contact: Gek Cheng at 6391 5624 or kuagekcheng@csc.sg

Register by: 1 week before workshop



*For all online activities, an event link will be emailed to participants upon confirmation.

**In view of the COVID-19 situation, all physical activities may be subject to change or cancellation.



FREE for members

How to Achieve a Healthy Weight

Ever since the start of the pandemic, weight changes have been an issue for many people worldwide.

In Jan 2021, a study on 500 Singaporeans (aged 21 – 74) showed that 30% gained an average of 4.8kg over eight months since COVID-19 started and 55% were trying to lose weight.

Pandemic weight gain is attributed to challenges such as change in eating habits and timing, the new work from home routine, disruptions to sleep and physical activity levels.

Come join our Nutrition Educator in an engaging session to learn about calorie balance concepts, overcome barriers to lose weight successfully, and healthy and safe weight loss strategies.

Date: Thu, 9 Feb '23

Time: 3pm – 4pm

Fees: FREE for Members, Public Service Officers \$5, Guests \$8

Platform: Live on Zoom*

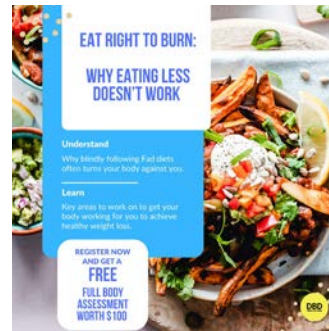
Contact: Chong Chen at 6391 5641 or gohchongchen@csc.sg

Register by: 1 week before the talk



FREE for members

Health Talks by Sam Wang



Dates: Fri, 10 Feb '23 OR 14 Apr '23

Time: 7:30pm – 8:30pm

Fees: FREE for Members, Public Service Officers \$5, Guests \$8

Platform: Live on Zoom*

Contact: Constance Low @ 6391 5607 or constancelow@csc.sg

Register by: 1 week before the talk



Date: Sat, 11 Mar '23

Time: 2pm – 3pm

Fees: FREE for Members, Public Service Officers \$5, Guests \$8

Platform: Live on Zoom*

Contact: Constance Low @ 6391 5607 or constancelow@csc.sg

Register by: 1 week before the talk

Stronger Knees and Joints Program (Renew & Regrow)

Learn the important four-step framework to improve knee and joint functions. Participants will learn Meridian Qi-Flexercise and self-therapy techniques and practical food remedies. Renew your knowledge and regrow your cartilage.

Dates: 4 Sundays, 12 Feb – 5 Mar '23

Time: 2.30pm – 4pm

Fees: Members \$75, Public Service Officers \$85, Guests \$90

Venue: Success Trees Training Room, 12 Arumugam Road, #02-11

Contact: Gek Cheng at 6391 5624 or kuagekcheng@csc.sg

Register by: 1 week before workshop



Stronger Knees and Joints Program by Beacon LOHAS


FREE for members

Online Beauty Talks by Candy

Beauty Skincare for Dehydrated Skin

Date: Sat, 18 Feb '23

Beauty Skincare

Dehydrated SKIN

- ✓ Lack of radiance, DULL
- ✓ skin feels itchy & tight
- ✓ Makeup cakey and patchy
- ✓ Lots of Fine lines

Learn how to hydrate and boost your SKIN in 1 HOUR

Facilitated by Candy LIM 林月员
Certified Image Consultant
Beauty Coach

Look 5 Years Younger with Effortless 5 Minutes Everyday

Date: Sat, 18 Mar '23

GET FLAWLESS SKIN TODAY!

Look 5 years Younger with Effortless 5mins Everyday

3 Steps to REverse Aging

"LIVE" WITH DEMO

Facilitated by Candy Lim
Certified Image Consultant | Beauty Coach
DoubleJoy Twins Mompreneur

Beauty Skincare: DIY Home Facial

Date: Sat, 8 Apr '23

**BEAUTY SKINCARE :
DIY HOME FACIAL**

How to Know Your Skin Type

Date: Sat, 29 Apr '23

How to Know Your Skin Type

Basically, skin consists of various types, such as oily or combination. Knowing your skin type can help you determine the type of skincare product to use.

Facilitated by Candy LIM 林月员
Certified Image Consultant
Beauty Coach

For the above workshops:

Time: 2pm – 3pm

Fees: FREE for Members,
Public Service Officers \$5, Guests \$8

Platform: Live on Zoom*

Contact: Constance at 6391 5607 or
constancelow@csc.sg

Register by: 1 week before the talk

*For all online activities, an event link will be emailed to participants upon confirmation.

**In view of the COVID-19 situation, all physical activities may be subject to change or cancellation.


FREE for members

Understanding Food Labels

Reading and understanding food labels are a useful life skill especially if you are health and budget conscious or trying to manage your weight.

Food labels can be tricky and confusing as nutrition information panel on packaged foods are presented differently depending on the country of origin making it difficult to determine which are a healthier product.

Learn how to read food labels accurately and be an informed consumer. Go beyond simply looking at calories, sugar and fat content.

Date: Fri, 24 Feb '23

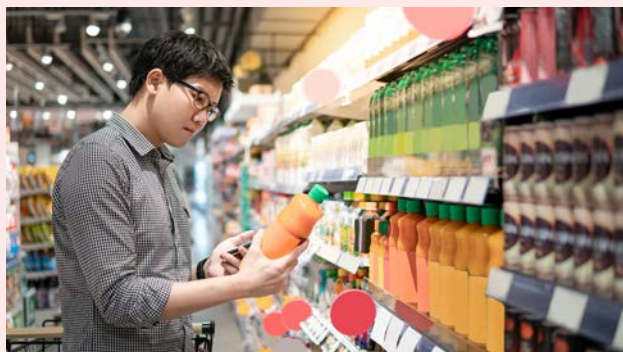
Time: 12pm – 1pm

Fees: FREE for Members, Public Service Officers \$5, Guests \$8

Platform: Live on Zoom*

Contact: Chong Chen at 6391 5641 or gohchongchen@csc.sg

Register by: 1 week before the talk


FREE for members

Natural Remedies for Common Illnesses

Prevention is always better than cure. Frequent bouts of illnesses such as the common cold, flu or cough can be the sign of a weak immune system and it should not be taken lightly. Medicines often have side effects and frequent dosage cannot be good for our body in the long term.



In this workshop, you will learn various natural home remedies that can help to boost your immunity and prevent common illnesses.

Date: Sat, 25 Feb '23

Time: 11am – 12pm

Fees: FREE for Members, Public Service Officers \$5, Guests \$8

Platform: Live on Zoom*

Contact: Serene Cho at 6391 5620 or serenecho@csc.sg

Register by: 1 week before the workshop

Essential Oils and Benefits

Learn the basic types of essential oils and their benefits, as well as get to bring home a hand-made balm.

Date: Sat, 25 Feb '23

Time: 4pm – 5pm

Fees: Members \$30, Public Service Officers \$35, Guests \$38

Venue: CSC @ Bukit Batok

Contact: Serene Cho at 6391 5620 or serenecho@csc.sg

Register by: 1 week before the workshop



How Essential Oils Can Help with Your Pain

Learn how essential oils can help you with your aches and pains, as well as get to bring home a DIY pain bomb.

Date: Sat, 11 Mar '23

Time: 4pm – 5pm

Fees: Members \$30, Public Service Officers \$35, Guests \$38

Venue: CSC @ Bukit Batok

Contact: Serene Cho at 6391 5620 or serenecho@csc.sg

Register by: 1 week before the workshop





FREE for members

Relieve Back Pain with Meridian Self-Therapy

Back pain can be caused by many reasons, ranging from a pulled muscle to a more serious condition on the spine. Through this workshop, participants will gain a better understanding of the different causes of back pain. They will learn to practise self-care techniques to relieve and avoid the nagging pain.

Date: Thu, 2 Mar '23

Time: 7.30pm – 9pm

Fee: FREE for Members, Public Service Officers \$5, Guests \$8

Platform: Live on Zoom*

Contact: Gek Cheng at 6391 5624 or kuagekcheng@csc.sg

Register by: 1 week before workshop



FREE for members

Good Fats Bad Fats

What sort of fats should I be looking out for? Is taking eggs really that bad for my cholesterol levels?

What about loading up on seeds, coconut oil & MCT (medium-chain triglyceride) since I'm embarking on a ketogenic diet? Why should I really care about triglycerides and trans fats?

Get these burning questions answered by our Nutrition Educator and learn more about how to eat right for a healthy heart.

Don't become the next victim of cardiovascular diseases which are the leading cause of death worldwide and the no. 2 in Singapore.

Date: Thu, 9 Mar '23

Time: 3pm – 4pm

Fees: FREE for Members, Public Service Officers \$5, Guests \$8

Platform: Live on Zoom*

Contact: Chong Chen at 6391 5641 or gohchongchen@csc.sg

Register by: 1 week before the talk



FREE for members

Fundamental Principles for Healthy Bones and Joints

With increased life expectancy in Singapore, it is important to learn how to take care of our bones and joints for a healthy and active lifestyle in our golden years.

Participants will learn to identify potential risks to their bones and joints health, the causes of knee pain, and fundamental principles to keep our bones and joints healthy. Calcium pills or supplements may not be your only solution.

Date: Thu, 16 Mar '23

Time: 7.30pm – 9pm

Fees: FREE for Members, Public Service Officers \$5, Guests \$8

Platform: Live on Zoom*

Contact: Gek Cheng at 6391 5624 or kuagekcheng@csc.sg

Register by: 1 week before the talk



*For all online activities, an event link will be emailed to participants upon confirmation.

**In view of the COVID-19 situation, all physical activities may be subject to change or cancellation.

Integrative Solutions for Back Pain

Back pain is a common issue, with causes ranging from injury, bad posture, disc degeneration and osteoarthritis. Participants will learn an integrative approach in back care, to relieve nagging pain and strengthen the back. Integrative approach combines the best practices of meridian self-therapy techniques with musculoskeletal knowledge for holistic back care.

Dates: 3 Sundays, 19 Mar – 2 Apr '23

Time: 2.30pm – 4.30pm

Fees: Members \$70, Public Service Officers \$80, Guests \$90

Venue: Success Trees Training Room, 12 Arumugam Road #02-11

Contact: Gek Cheng at 6391 5624 or

kuagekcheng@csc.sg

Register by: 1 week before workshop



FREE for members

Beauty Workshops by Gelainza Kong (GEL)

Instagram Makeup Workshop

Date: Sat, 18 Mar '23

INSTAGRAM MAKEUP WORKSHOP

RSVP FOR SEATS

March 18 Saturday 2.00 PM - 3.00 PM Live Webinar

@geluniversity

Collagen Beauty Workshop

Date: Sat, 15 Apr '23

COLLAGEN BEAUTY WORKSHOP

Saturday, 15 Apr 2023 2-3 PM ZOOM

Great news!!! Our first Collagen supplements (nutrition grade) have arrived! Hear all about how this powerful clinically proven supplements has given us smooth complexion head to toe testimonials!

For the above workshops:

Time: 2pm – 3.15pm

Fees: FREE for members, Public Service Officers \$5, Guests \$8

Platform: Live on Zoom*

Contact: Gek Cheng at 6391 5624 or kuagekcheng@csc.sg

Register by: 1 week before workshop



FREE for members

SuperFoods X SuperDiet

Many have heard the term “superfoods”, but what constitute “superfoods”? Some may identify chia seeds, green tea, and even the good old garlic to be superfoods.

Does it mean that an individual can consume unlimited or liberal amounts of such foods?

Come and join us in an engaging session to learn from our Nutrition Educator the facts and science behind eight “superfoods” and the recommended daily consumption amounts!

Date: Fri, 24 Mar '23

Time: 12pm – 1pm

Fees: FREE for Members, Public Service Officers \$5, Guests \$8

Platform: Live on Zoom*

Contact: Chong Chen at 6391 5641 or gohchongchen@csc.sg

Register by: 1 week before the talk



FREE for members

Stress Management with Essential Oil

Learn how to use essential oils to ease mental, physical and emotional stress.

Date: Sat, 1 Apr '23

Time: 4pm – 5pm

Fees: FREE for members, Public Service Officers \$5, Guests \$8

Platform: Live on Zoom*

Contact: Serene Cho at 6391 5620 or serenecho@csc.sg

Register by: 1 week before the workshop



FREE for members

Good Food! Good Mood!

Are you feeling moody, lethargic or sluggish from relationships or from work stress?

We sometimes pamper ourselves with “comfort” foods to compensate for challenging day. We may well end up indulging in energy-dense foods and adopting poor eating habits which can result in adverse health complications.



Uncover informed food choices to improve your mood and strategies to manage your stress and sleep better. Take home essential tips that will make a better tomorrow for yourself and your loved ones.

Talk Outline:

- Mood regulating neuro-transmitters
- Mood related health complications
- Mood boosters and mood doomers
- Exercise and sleep

Date: Thu, 6 Apr '23

Time: 3pm – 4pm

Fees: FREE for Members, Public Service Officer \$5, Guests \$8

Platform: Live on Zoom*

Contact: Chong Chen at 6391 5641 or gohchongchen@csc.sg

Register by: 1 week before the talk



FREE for members

Eating Well on a Tight Budget

A common misconception is that healthy eating is expensive. Well, it can be if you're eating out often, buying mostly pre-packaged foods and in-trend new foods like acai bowls, or plant-based meats.

This talk will take you back to the basics of nutrition and how healthy eating can be achieved through choosing simple, whole, and affordable foods.



Come away with tips such as advanced meal planning or deliveries, budget-friendly grocery shopping (buying house-brands, buying local, group buys, etc), and how to create a conducive home environment for healthy eating and snacking as well as meal preparation.

Some yummy but cost-effective family friendly recipes will also be highlighted for home chef enthusiasts..

Date: Tue, 18 Apr '23

Time: 12pm – 1pm

Fees: FREE for Members, Public Service Officer \$5, Guests \$8

Platform: Live on Zoom*

Contact: Chong Chen at 6391 5641 or gohchongchen@csc.sg

Register by: 1 week before the talk

*For all online activities, an event link will be emailed to participants upon confirmation.

**In view of the COVID-19 situation, all physical activities may be subject to change or cancellation.



FREE for members

Fitness Classes

Megadanz® by Rachel Tan

Megadanz® is the answer for those who love a combi of music, movement and rhythm in a dance. Dance styles that Megadanz® provides include Salsa, Hip Hop, Dance, Merengue, Reggaeton, Jazz, Flamenco, Pop, Strip Dance, Brazilian Dance and Belly Dancing.



Apart from all this, each Megadanz® class ensures an effective workout for weight loss, fitness and muscle conditioning.

Date: Fri, 3 Feb '23

Gentle Yoga by Koh Hwee Hwee

Gentle yoga can include movements done at a slow pace and breathing exercises. It may also include longer holds and even have rest in between poses.



Date: Fri, 10 Feb '23

Animal Flow by Vienna Goh

Crawl like a bear, scuttle like a crab, reach like an ape... A bodyweight movement fitness workout focused largely around ground-based work which aims to improve mobility, stability, strength and power. It challenges the body through multiple planes of movement and is a great compliment to barbell work and explosive power athletes (runners, jumpers, martial arts, etc).



Date: Fri, 17 Feb '23

Steel Combat by Kelvin Liu

A revolutionary new training system of Combat Fitness which invites participants to an experience of unique sensations using popular techniques from a range of contact sports to derive a simple, dynamic and intense training session, that is fun, effective and safe to reduce stress, tone your body and ensure a high calorie burn.



Date: Fri, 24 Feb '23 OR 31 Mar '23

Ashtanga Yoga for Beginners by Aw Ziling

Learn the Ashtanga yoga primary series ideal for beginners - whether you are new to yoga or new to Ashtanga. Ashtanga is a strong, structured form of yoga and is great for those who also like a good workout. So, if you want to feel the benefits of a regular yoga practice and want fast results, this program is for you!



Date: Fri, 3 Mar '23

Zumba Fitness by Sunarti Kromaino (Pinky)

Zumba Fitness is perfect for everybody! A fitness program that combines Latin and international music with dance moves and incorporates interval training to help improve cardiovascular fitness. We take the "work" out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party.



Date: Fri, 10 Mar '23

STRONG Nation™ by Julian See

A workout that combines body weight, muscle conditioning, cardio and plyometric training moves synced to original music that has been specifically designed to match every single move. Every squat, every lunge, every burpee is driven by the music, helping you make it to that last rep, and maybe even five more.



Date: Fri, 17 Mar '23

Hatha Yoga by Kristine Teo

Hatha Yoga involves the practice of physical postures in conjunction with awareness of the breath to help develop mental focus and to connect the mind, body and spirit. This popular form of yoga uses the body to clear the mind and reach profound moments of spiritual clarity, unifying the mind, body, and soul.



Date: Fri, 24 Mar '23

Zumba Fitness by Julian See

Zumba Fitness is perfect for everybody! A fitness program that combines Latin and international music with dance moves and incorporates interval training to help improve cardiovascular fitness. We take the "work" out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party.

Date: Fri, 7 Apr '23

Deep Stretch by Koh Hwee Hwee

Deep Stretch is an active stretching class that targets primary muscle groups surrounding the hips, hamstrings and upper back.

Date: Fri, 14 Apr '23

Chair Yoga by Jaclyn Lim

Some poses can also be done standing using a chair for support. You can do chair yoga nearly anywhere you can find a place to sit. Chair yoga can improve your flexibility, concentration, and strength, while boosting your mood, and reducing stress and joint strain.



Date: Fri, 21 Apr '23

Masala Bhangra by Kelvin Liu

Masala Bhangra is a dance cardio workout whose movements include a mixture of Bhangra and Bollywood techniques in addition to modern dance styles. The music is upbeat, energizing.

Date: Fri, 28 Apr '23

For the above workshops:

Time: 7.30pm - 8.30pm

Fees: FREE for Members, Public Service Officers \$5, Guests \$8 (FREE for Public Service Officers)

Platform: Live on Zoom*

Contact: Constance @ 6391 5607 or constancelow@csc.sg

Register by: 1 week before the class

Power Yoga NEW

Power yoga is a fast-paced cardiovascular workout focused on building strength and flexibility in the body through high-impact yoga postures. Although there are variations, most power yoga sequences incorporate the following: strength-building, aerobic workout, blend of Vinyasa-style yoga poses and a series of Ashtanga yoga postures.

In power yoga, you keep your abdominal muscles engaged throughout the breathing cycle for added strength and stability. While we move from one pose to another, the flow of breath and movement is almost like we are moving with the elements around us making us one with our breath.

Dates: Wednesdays, 1 – 15 Feb '23 (3 lessons#)
OR 8 – 29 Mar '23 OR 5 – 26 Apr '23

Time: 8pm – 9pm

Fees (for 4 lessons): Members \$85, Public Officers \$90, Guests \$100 (#Fees will be pro-rated for 3 or 5 lessons)

Venue: CSC @ Tessensohn

Contact: Constance Low at 6391 5607 or constancelow@csc.sg

Register by: 1 week before class



 online

FREE for members

Yoga

Take time off to relax and rejuvenate your body with simple slow-paced yoga posture and breathing exercises. Let our experienced yoga instructor help you to relax your mind and rejuvenate your body.

Dates: Fridays, 3 – 24 Feb '23 OR 3 – 31 Mar '23 OR 14 – 28 Apr '23 (3 lessons#)

Time: 7.30pm – 8.30pm

Fees: (for 4 lessons): Members \$50, Public Service Officers \$55, Guests \$60 (#Fees will be pro-rated for 3 or 5 lessons)

Venue: CSC @ Tessensohn

Contact: Constance at 6391 5607 or constancelow@csc.sg

Register by: 1 week before class



Pilates

Pilates is a safe way to build strength, flexibility and posture, and an effective method of rehabilitation and exercise that focuses on muscular balance. In a group environment, instructors will take you through exercises to work different muscle groups. No classes on PH#.

Mondays, 6.45 – 7.45pm	Saturdays, 2pm – 3pm
6 – 27 Feb '23 OR 6 – 27 Mar '23 OR 3 – 24 Apr '23	4 – 25 Feb '23 OR 4 – 25 Mar '23 OR 1 – 29 Apr '23 (3 lessons)

Fees (for 4 lessons): Members \$50, Public Service Officers \$55, Guests \$70 (#Fees will be pro-rated fees for 3 or 5 lessons)

Venue: CSC @ Tessensohn

Contact: Constance at 6391 5607 or constancelow@csc.sg

Register by: 1 week before class



Gentle Pilates NEW

Pilates is an excellent full-body, low-impact way to realign and strengthen the body structure. Regardless of age, conditioning or ability, it is never too late to get started on pilates. No classes on PH.

Dates: Mondays, 6 – 27 Feb '23 OR 6 – 27 Mar '23 OR 3 – 24 Apr '23

Time: 7.45pm – 8.45pm

Fees (for 4 lessons): Members \$50, Public Service Officers \$55, Guests \$70 (#Fees will be pro-rated for 3 or 5 lessons)

Venue: CSC @ Tessensohn

Contact: Constance at 6391 5607 or constancelow@csc.sg

Register by: 1 week before class



*For all online activities, an event link will be emailed to participants upon confirmation.

**In view of the COVID-19 situation, all physical activities may be subject to change or cancellation.

Boogie Bounce Extreme

Boogie Bounce Xtreme is an exercise carried out on a mini trampoline fixed with a safety bar to minimise any strain on your knees. Bounce to chart topping music and enjoy an effective cardio and muscle toning session. Suitable for all ages.

Schedule (no class on PH)

CSC @ Tessensohn	Wednesdays, 7pm – 8pm 1 – 15 Feb '23 (3 lessons#) OR 8 – 29 Mar '23 OR 5 – 26 Apr '23 Fridays, 6.30pm – 7.30pm 3 – 17 Feb '23 (3 lessons#) OR 10 – 31 Mar '23 OR 14 – 28 Apr '23 (3 lessons)
CSC @ Bukit Batok	Mondays, 8pm – 9pm 6 – 27 Feb '23 OR 6 – 27 Mar '23 OR 3 – 24 Apr '23

Fees (for 4 lessons): Members \$85, Public Service Officers \$90, Guests \$100 (#Fees will be pro-rated for 3 or 5 lessons)

Contact: Constance at 6391 5607 or constancelow@csc.sg

Register by: 1 week before class



Zumba Fitness

A fitness programme that involves cardio and Latin-inspired dance genre and international music. It also incorporates a mix of fun beats, as well as fast and slow intervals throughout the Zumba workout to make for a good aerobic cardiovascular exercise routine that will set your heart pumping to release endorphins resulting in a sense like joy.

Dates: Tuesdays, 7 – 28 Feb '23 OR 7 – 28 Mar '23 OR 4 – 25 Apr '23

Venue/Time:

CSC @ Tessensohn: 6.50pm – 7.50pm

CSC @ Bukit Batok: 7.30pm – 8.30pm

Fees (for 4 lessons): Members \$60, Public Service Officers \$65, Guests \$70 (#Fees will be pro-rated for 3 or 5 lessons)

Contact: Constance at 6391 5607 or constancelow@csc.sg

Register by: 1 week before class



*Fees will be pro-rated for 3 or 5 sessions.

online

FREE for members

Yoga for Wellness

Yoga practice not only helps to calm your body and mind, it combines aspects of cardio, strength and muscle toning too. Relax your mind and rejuvenate your body with simple and effective yoga workouts.

Dates: Sat, 18 Feb '23 OR 25 Mar '23 OR 29 Apr '23

Time: 4pm – 5pm

Fees: FREE for Members, Public Service Officers \$5, Guests \$8

Platform: Live on Zoom*

Contact: Constance at 6391 5607 or constancelow@csc.sg

Register by: 1 week before class



Badminton

Choose from a wide range of classes designed for different ages and abilities. All coaches are certified instructors.

Class schedule (no lessons on PH and eve of PH)

Adult Class	4 Wednesdays, 1 Feb – 22 Feb '23	8am – 12pm
	4 Saturdays, 4 Feb – 25 Feb '23	10am – 12pm
Youth Class	4 Sundays, 5 Feb – 26 Feb '23	1pm – 3pm

Fees (for 4 lessons): Members \$140, Public Service Officers \$148, Guests \$160

Venue: CSC @ Tessensohn

Contact: Chong Chen at 6391 5641 or gohchongchen@csc.sg

Register by: 1 week before the class



Tennis

Interested in tennis but not sure where to start? Start with the Beginner class and build skills to play like a champion!

Dates: 4 Sundays, 5 Feb – 26 Feb '23

Time: 9am – 10am OR 10am – 11am

Fees: Members \$115, Public Service Officers \$120, Guests \$125

Venue: CSC @ Tessensohn

Contact: Chong Chen at 6391 5641 or gohchongchen@csc.sg

Register by: 1 week before the class



Muay Thai

Want to pick up self-defense moves while boosting your fitness? Try Muay Thai, a traditional form of boxing. In this class, you will learn original Muay Thai techniques and the appropriate use of Thai boxing equipment to ensure a fun and injury-free experience!

Dates: 10 Saturdays, 4 Feb '23 – 8 Apr '23
(no lessons on PH and eve of PH)

Time: 10am – 11am

Fees: Members \$150, Public Service Officers \$160, Guests \$170

Venue: CSC @ Bukit Batok

Contact: Chong Chen at 6391 5641 or gohchongchen@csc.sg

Register by: 1 week before the class



Inline Skating for Beginners

A sport that enhances your health and mental fitness, while providing hours of fun. Suitable for adults and children aged 4 and above. Participants may re-arrange class schedule with the instructor at least 3 days in advance.

(Participants to arrive at lesson venue 15 minutes prior to lesson time to gear up. Participants must bring own skating gears, elbow, wrist and knee shields, socks, water and insect repellent.)



WEEKDAY GROUP CLASS

8 Wednesdays @Sengkang	1 Mar – 19 Apr '23 OR 26 Apr – 14 Jun '23 Time: 6pm – 7pm OR 7.30pm – 8.30pm
8 Wednesdays @Punggol	1 Mar – 19 Apr '23 OR 26 Apr – 14 Jun '23 Time: 6.30pm – 7.30pm OR 8pm – 9pm
8 Fridays @Pinnacle at Duxton	3 Mar – 28 Apr '23 (No class on PH) OR 12 May – 30 Jun '23 Time: 6.30pm – 7.30pm OR 8pm – 9pm

WEEKEND GROUP CLASS

8 Saturdays @East Coast Park Car Park E1	11 Mar – 29 Apr '23 OR 27 May – 15 Jul '23 Time: 11:30am – 12:30pm OR 11:30am – 12:30pm OR 3:30pm – 4:30pm OR 5pm – 6pm
8 Sundays @East Coast Park Car Park E1	19 Mar – 7 May '23 OR 21 May – 9 Jul '23 Time: 11:30am – 12:30pm OR 3:30pm – 4:30pm OR 5pm – 6pm

Fees: Members \$170, Public Service Officers \$180, Guests \$190

Contact: Serene Cho at 6391 5620 or serenecho@csc.sg

Register by: 1 week before the classes

*For all online activities, an event link will be emailed to participants upon confirmation.

**In view of the COVID-19 situation, all physical activities may be subject to change or cancellation.

NEW

Deep Water Aqua Tabata

Aqua Tabata is a 45-min High-Intensity Interval Training (HIIT) that works both the aerobic and anaerobic systems. This training involves performing a particular exercise at high intensity for 20 seconds followed by 10 seconds of rest. This is repeated eight times for a total training time of 45 mins.

Done in deep water, it benefits the joints like aerobics with additional cardio works with the intensity level being the main difference.

Dates: Thursdays, 2 – 23 Feb '23 OR 2 – 30 Mar '23 (5 lessons*) OR 6 – 27 Apr '23
Time: 6.30pm – 7.15pm OR 7.15pm – 8pm
Fees: Members \$70, Public Service Officers \$75, Guests \$90 (*Fees will be pro-rated for 3 or 5 lessons)
Venue: CSC @ Tessensohn
Contact: Constance at 6391 5607 or constancelow@csc.sg
Register by: 1 week before class



Deep Aqua Aerobics

An exercise that is gentle on your joints and great for toning up, Deep Aqua Aerobics is a cardio and conditioning, pool-based workout that works muscles against the resistance of the water to increase the heart rate and burn calories.

Class Schedule (no lessons on PH)

Mondays 6.30pm – 7.30pm	6 – 27 Feb '23 OR 6 – 27 Mar '23 OR 3 – 24 Apr '23
Tuesdays 8am – 9am OR 6.30pm – 7.30pm OR 7.30pm – 8.30pm	7 – 28 Feb '23 OR 7 – 28 Mar '23 OR 4 – 25 Apr '23
Wednesdays 6.15pm – 7.15pm OR 7.15pm – 8.15pm	1 – 22 Feb '23 OR 1 – 22 Mar '23 OR 5 – 26 Apr '23
Fridays 6.30pm – 7.30pm OR 7.30pm – 8.30pm	3 – 24 Feb '23 OR 3 – 24 Mar '23 OR 14 – 28 Apr '23 (3)

Fees (for 4 lessons): Members \$50, Public Service Officers \$55, Guests \$70 (*Fees will be pro-rated for 3 or 5 lessons)

Venue: CSC @ Tessensohn
Contact: Constance at 6391 5607 or constancelow@csc.sg
Register by: 1 week before class

**NEW**

Deep Water Workout by Pamela

Deepwater Workout (DWW) is a workout that has zero impact on the body. It targets the core muscles, works the cardiovascular system and improves muscular endurance while maintaining effective body alignment. It can burn 400 to 600 calories an hour and is a suitable sport for both swimmers and non-swimmers. A flotation belt is worn by the participants.



Pamela Sahai is highly qualified in DWW and has been conducting the class since its introduction 23 years ago. The programme originated from the US, programmed by the University of Alabama and was introduced in Singapore in 1999.

Dates: Tuesdays, 7 – 28 Feb '23 OR 7 – 28 Mar '23 OR 4 – 25 Apr '23

Time: 9am – 10am

Fees per calendar month: Members \$65, Public Service Officers \$70, Guests \$75 (Fees remain unchanged regardless of no. of lessons in any particular calendar month)

Venue: CSC @ Tessensohn

Contact: Constance at 6391 5607 or constancelow@csc.sg

Register by: 1 week before class

Swimming for Ladies

Learn to swim with veteran coach Ms Thipa who has been training adults and young learners for more than 15 years and is able to help new swimmers overcome fear of water in a short time.

For beginners, the 8-lesson programme covers confidence building, introduction of the front and back paddle as well as breaststroke.

Dates: Mondays, 3 Apr – 29 May '23 (No class on PH)

Time: 7.30pm – 8.30pm

Fees (for 8 lessons): Members \$280, Public Service Officers \$300, Guests \$320

Venue: CSC @ Tessensohn

Contact: Constance at 6391 5607 or constancelow@csc.sg

Register by: 1 week before class



CSC Food Solutions Workshops

Mamrite Hóngshāo Ròu 红烧肉
CNY Recipe of the Day 今日 CNY特别食谱
Braised Hóngshāo Fěicui Jī 红烧翡翠鸡

Date: Sat, 14 Jan '23

Royal Koay Kak 炒粿角
Laksa Mee Siam
Recipe of the Day 今日特别食谱

Date: Sat, 11 Feb '23

Bánh cuốn (Cheongfun)
Vegan Bak Kwa 美味素肉干
Recipe of the Day 今日特别食谱

Date: Sat, 25 Feb '23

Bomba Special (Italian Donuts)
Sundanese Ayam Bakar
3.8 Recipe Special 特别食谱

Date: Sat, 4 Mar '23

Poached Saliva Chicken
Recipe of the Day 今日特别食谱
Air Fried Mud Crabs 盐焗螃蟹

Date: Sat, 11 Mar '23

Crispy Chá Yuk 酥脆香口叉肉
Dan Dan Spaghetti
Flourless Chocolate Cake

Date: Sat, 25 Mar '23



Collaboration Partners:



For the above workshops:

Time: 2pm - 5pm

Fees per workshop: Members \$35, Public Service Officers/Guests \$38.
Additional \$2 for takeaway packaging per person to be paid to the instructor

Venue: CSC @ Tessensohn

Contact: Gek Cheng at 6391 5624 or kuagekcheng@csc.sg

Register by: 1 week before workshop

*For all online activities, an event link will be emailed to participants upon confirmation.

**In view of the COVID-19 situation, all physical activities may be subject to change or cancellation.



online

FREE for members

Cooking with Chef Michele

Laksa Nonya

Nyonya Laksa Lemak is a Peranakan dish that is well-loved by locals in Malaysia and Singapore. It consists of thick rice vermicelli noodles swimming in a rich curry-like broth, made with homemade rempah, dried prawns and a blend of coconut milk.

Date: Sun, 29 Jan '23



Red Velvet Cake

Red velvet cake is a vanilla cake with a few tablespoons of cocoa powder and red food colouring mixed in. Yoghurt or sour cream bring some acid to the batter, adding a bit of tanginess that balances out the sweet cream cheese-butter frosting that is standard. The cream cheese frosting is the most forward flavour and the texture is smooth, soft and creamy.

Date: Sun, 12 Feb '23



Profiterol

A profiterole, cream puff, or chou à la crème is a filled French and Italian choux pastry ball with a typically sweet and moist filling of whipped cream, custard, pastry cream, or ice cream.

Date: Sun, 26 Feb '23



Chicken Pie

A pot pie is a savoury pie filled with meat (usually chicken) and vegetables in a gravy-like sauce. Classic pot pies are made with a top and bottom pie crust. Pot Pies are an excellent way to re-purpose leftover cooked chicken.



Date: Sun, 12 Mar '23

Nasi Lemak Set with Achar

Nasi lemak set will include my godma's secret otak otak recipe from scratch and achar. Also coconut scented rice and served with popular condiments

Date: Sun, 26 Mar '23



For the above workshops

Time: 10am - 11am

Fees: FREE for Members, Public Service Officers \$8, Guests \$12

Platform: Live on Zoom*

Contact: Gek Cheng at 6391 5624 or kuagekcheng@csc.sg

Register by: 1 week before class

Baking by Harry

Valentine Special

Sacher-Torte

This is a classic Sacher Torte which are layered with chocolate cake and apricot preserves and end with a shiny chocolate-glaze finish. It's a lovely cake fit especially for Valentine.



Passionate Chocolate Tarts

A combination of chocolate and passionfruit gives this tart a delicious twist to enjoy.

Date: Sat, 4 Feb '23

Fees: Members \$75, Public Service Officers \$85, Guests \$90



Bread making

Golden Pillow

Serve something different than just bread and curry this coming Chinese New Year. Delight your guests with this special bread.



Pumpkin Loaf

A very healthy and soft bread that has a pleasing golden colour.



Roti-Jala

A fun and easy to make finger food that looks like an attractive lacy net.



Date: Sat, 18 Feb '23

Fees: Members \$75, Public Service Officers \$85, Guests \$90

Chiffon Cakes

Green Tea Chiffon Cake Black Sesame Chiffon Cake Earl Grey Chiffon Cake

Date: Sat, 18 Mar '23

Fee: Members \$75, Public Service Officers \$85, Guests \$90



For the above courses

Time: 2pm - 5pm

Venue: CSC @ Tessensohn

Contact: Gek Cheng at 6391 5624 or kuagekcheng@csc.sg

Register by: 1 week before workshop


FREE for members

Baking with Nanatang

Nanatang started as a home-based bakery selling her own creations in 2013. She now runs a Korean-style dessert shop and a baking studio where she and a team of professional instructors conduct classes teaching insta-worthy sweet treats. She is passionate to share her easy-to-learn recipes with like-minded home bakers.

Valentine's Day

Date: Sat, 11 Feb '23



Elmo Deco Cake

Date: Sat, 25 Feb '23



Handmade Chocolate Bars

Date: Sat, 11 Mar '23



Easter Gudetama Cakepops

Date: Sat, 1 Apr '23



Hari Raya Puasa Butterfly Themed Cake

Date: Sat, 15 Apr '23



For the above workshops

Time: 11am – 12pm

Fees: FREE for Members, Public Service Officers \$5, Guests \$8

Platform: Live on Zoom*

Contact: Serene Cho at 6391 5620 or serenecho@csc.sg

Register by: 1 week before the classes


FREE for members

Tips for Better Digestive Health

Our digestive system breaks down the food we eat converting them into nutrients for our body. Hence, the food we eat and our lifestyle have direct impact on our digestive health.

Take steps to improve your overall well-being by learning how to incorporate healthy diet and change your daily lifestyle. Learn to make naturally fermented vinegar drinks and healthy salad dressings.

Date: Sat, 4 Mar '23

Time: 11am – 12.30pm

Platform: Live on Zoom*

Fees: FREE for Members, Public Service Officers \$5, Guests \$8

Contact: Serene Cho at 6391 5620 or serenecho@csc.sg

Register by: 1 week before the workshop



*For all online activities, an event link will be emailed to participants upon confirmation.

**In view of the COVID-19 situation, all physical activities may be subject to change or cancellation.

Latin Rumba & Slow Foxtrot (Intermediate)

Ballroom dancing helps develop mind and muscles. It also tones up your body and teaches social graces, while boosting self-confidence and creating opportunities to make new friends. What's not to like about it?

Dates: 8 Sundays, 8 Jan – 5 Mar '23

Time:

Intermediate Latin Rumba: 3pm – 4pm

Intermediate Slow Foxtrot: 4pm – 5pm

Fees per class: Members \$125, Public Service Officers \$135, Guests \$145

Venue: CSC @ Tessensohn

Contact: Gek Cheng at 6391 5624 or kuagekcheng@csc.sg

Register by: 1 week before the event



Organic Gardening

Growing Organic Culinary Herbs & Spices

Put your green fingers to work and start a garden of organic herbs and spices right where you are!

Organic herbs are natural remedies for common cold and flu, a weak stomach, detoxification, easy breathing, and for slimming and healthy skin and hair. Not to mention their culinary properties, making them perfect ingredients for your home-made dishes.

All participants will receive a free starter care kit worth \$50.

Outline:

- Health benefits of herbs and spices
- Culinary herbs used in popular Singapore dishes
- Good herbs for skin and hair care
- Herbs that can help you detox
- How to grow herbs (including stevia) organically
- Do's & don'ts of growing herbs
- Harvesting, drying and storing
- How to use fresh/dried organic herbs

Dates: Sat, 11 Feb '23 OR Sun, 12 Mar '23



100%
SkillsFuture
Credit Claimable

Growing Organic Vegetables (For Beginners)

A hands-on workshop that provides practical tips on starting an organic vegetable garden that can be ripe for harvesting within three weeks!

100%
SkillsFuture
Credit Claimable

All participants will receive a free starter care kit worth \$50.

Outline:

- Green finger tips – Grow anything anywhere (HDBs, landed properties, farms, etc)
- Veggie selection
- How to get seeds for growing
- Seedling and plantlet care
- Sunlight and watering requirements
- Use of organic fertilisers and pesticides
- Shortcuts and time-savers
- Soil-less and container planting
- Hydroponics concepts
- Organic pesticides and methods

Dates: Sun, 26 Feb '23 OR 26 Mar '23



Fees per pax per workshop: (Herbs or Vegetable)

Single Early Bird	Buddy Early Bird	Single	Buddy Special
\$220	\$201	\$230	\$211

For the above workshops:

Time: 9.30am – 5pm

Discounts on all pricing tiers*: Members 6% OFF (use promo-code "CSCM123"), Public Service Officers/Guests 3% OFF (use promo-code "CSCPO/G2022")

Venue: GWP Training Room, 479 Sims Ave (near Paya Lebar MRT)

Contact: Gek Cheng at 6391 5624 or kuagekcheng@csc.sg

Register by: 2 weeks before workshop

Introduction to Wine Appreciation

Learn the five steps of wine appreciation and get familiar with some common grape varieties and wine labelling terms. This introduction session is suitable for beginners, and will equip you with the foundation to derive maximum enjoyment from our regional series of wine appreciation sessions in the coming months!



Daryl Saw has been actively involved in the Singapore wine scene since 2016, organising and hosting numerous wine dinners, wine workshops and thematic wine fairs. He holds a Level 3 award in wines from the Wine & Spirits Education Trust (UK), and is a Certified Specialist of Wine under the Society of Wine Educators (USA).

Date: Wed, 15 Feb '23

Time: 7.30pm – 9.30pm

Venue: CSC @ Tessensohn

Fees: Members \$37, Public Service Officers \$42, Guests \$45

Contact: Chong Chen at 6391 5641 or gohchongchen@csc.sg

Register by: 1 week before the session

Wine Tasting Series

Discover some of the most popular wine countries and regions of the world through guided tasting sessions. Our first season features five destinations covering both old world and new world wine producers.

Regional Wine Tasting Series	Dates	Time
Rioja, Spain	Thu, 30 Mar '23	7.30pm – 9.30pm
Australia	Thu, 20 Apr '23	7.30pm – 9.30pm

Venue: CSC @ Tessensohn

Fees: Members \$45, Public Service Officers \$50, Guests \$53

Contact: Chong Chen at 6391 5641 or gohchongchen@csc.sg

Register by: 1 week before the session



Kampong Glam – A Walk to Remember

Known for its colourful wall murals that are popular with Instagrammers, Kampong Glam used to be the seat of the Sultanate. Today, many historical landmarks are still visible, and the neighbourhood remains deeply rooted in its cultural past. Take a walk to learn the stories of these landmarks and the neighbouring streets.

Highlights include Masjid Sultan, Aliwal Arts Centre, What's behind the street names? The Sultan Hotel and Haji Lane Wall Murals.

Date: Sat, 18 Feb '23 OR 8 Apr '23

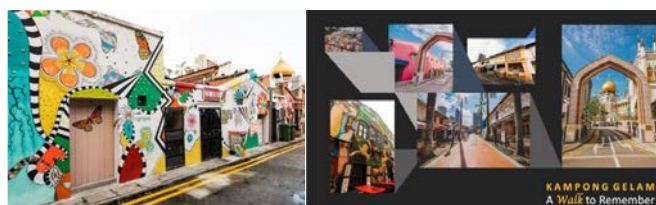
Time: 4pm – 5.30pm

Fees: Members \$40, Public Service Officers \$45, Guests \$50

Venue: Kampong Glam Cafe

Contact: Chong Chen at 6391 5641 or gohchongchen@csc.sg

Register by: 1 week before the tour



Chek Jawa Boardwalk Adventure

Join us on this boardwalk tour to discover and learn about Chek Jawa's six ecosystems and the diverse array of animals and species that inhabit these unique habitats. Get up close with fiddler crabs and monitor lizards in action. Learn interesting facts of some faunas and floras and the importance of mangroves. Suitable for children aged 3 and above.



Dates:

Feb	Sat: 4 OR 11 OR 18 OR 25 Feb '23 Sun: 5 OR 12 OR 19 OR 26 Feb '23
Mar	Sat: 4 OR 11 OR 18 OR 25 Mar '23 Sun: 5 OR 12 OR 19 OR 26 Mar '23
Apr	Sat: 1 OR 15 OR 29 Apr '23 Sun: 2 OR 16 OR 30 Apr '23

Time: 8am – 11:15am

Fees: Members \$22, Public Service Officers \$28, Guests \$32

(Fee includes a licensed nature guide and land transport to and from Chek Jawa. Participants to prepare \$8 each for their 2-way boat rides.)

Venue: Assemble 7.45am at Changi Point Ferry Terminal

Contact: Serene Cho at 6391 5620 or serenecho@csc.sg

Register by: 1 week before the tour (Pre-registration is required. Limited seats per departure)

*For all online activities, an event link will be emailed to participants upon confirmation.

**In view of the COVID-19 situation, all physical activities may be subject to change or cancellation.

Nature Kayaking

Take a fun tour by kayaking through the nature reserve to experience its tranquillity and to understand the vulnerability of our environment. Kayaking equipment and safety gears will be provided.

Dates: Sat, 11 Feb '23 OR 18 Mar '23 OR 29 Apr '23

Time: 9am – 12pm (subject to change)

Fees: Members \$40, Public Service Officers \$46, Guests \$48

Venue: Assemble at Loyang

Contact: Serene Cho at 6391 5620 or serenecho@csc.sg

Register by: 1 week before the session



Stand-Up Paddling

If you love the sea, the sun and the wind, you will enjoy Stand-Up Paddle (SUP). Try out this sea sport on the beautiful waters of Singapore. Learn to balance and sail back to shore under the guidance of our experienced coach.

Dates: Sat, 18 Feb OR 11 Mar '22 OR 15 Apr '23

Time: 9am – 12pm

Fees: Members \$45, Public Service Officers \$50, Guests \$52

Venue: Assemble at Loyang

Contact: Serene Cho at 6391 5620 or serenecho@csc.sg

Register by: 1 week before the event



Beginner Wakeboarding

Singapore Wake Park is the country's only cable-ski park built in a lagoon at Singapore East Coast Park. It ensures a safe environment for both beginners and experienced riders looking for an adrenaline fix! This session features the beginner's course and comes with coach guidance. Perfect for new riders seeking a new experience! Suitable for age 6 and above.

Date: Sun, 26 Feb '23

Time: 10am – 12pm (Assemble by 9.30am)

Venue: Singapore Wake Park, East Coast Park (Beside Jumbo Seafood)

Fees: Members \$36, Public Service Officers \$38, Guests \$40

Contact: Chong Chen at 6391 5641 or gohchongchen@csc.sg

Register by: 1 week before the session



Horse Back Riding Class

Always wanted to learn how to ride a horse, but never had the time to do so? Now you can! In five weekly lessons you too will learn how to ride one correctly.

Also learn how to:

- Check all equipment to ensure safe mounting
- Maintain a good riding posture
- Steer the horse in the right direction

Lessons are conducted in groups of 5. Riders are advised to wear riding gear, long slacks, and proper covered boots with a small heel. Participants should not weigh more than 75 kg. Fees include rental of helmets.

Dates: 3 Wednesdays, 15 Mar – 12 Apr '23

Time: 7.15pm – 8pm

Fees: Members \$220, Public Service Officers \$230, Guests \$240

Venue: 100 Turf Club Road, #01-02, Management Office

Contact: Serene Cho at 6391 5620 or serenecho@csc.sg

Register by: 1 week before the class





FREE for members

Valentine's Day Cardmaking Demo Workshop

Impress your better half with a handmade Valentine's card with a personalised love message. You will learn creative ways to make a lovely card with craft papers and decorative ornaments.

Date: Sat, 4 Feb '23

Time: 2pm – 3pm

Fees: FREE for Members, Public Service Officers \$5, Guests \$8

Platform: Live on Zoom*

Contact: Serene Cho at 6391 5620 or serenecho@csc.sg

Register by: 1 week before the workshop



FREE for members

Eco-Friendly Paper Lamp Making

Learn how to create a unique origami-inspired lampshade using different paper folding techniques.

Date: Fri, 10 Feb '23

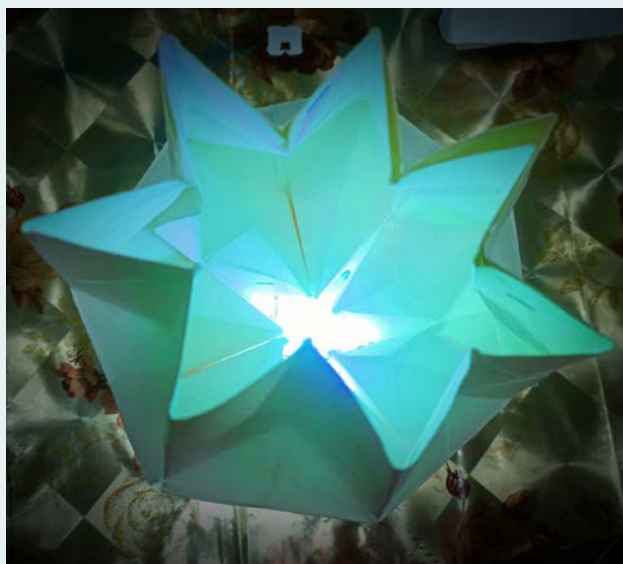
Time: 7.30pm – 8.30pm

Fees: FREE for Members, Public Service Officers \$5, Guests \$8

Platform: Live on Zoom*

Contact: Serene Cho at 6391 5620 or serenecho@csc.sg

Register by: 1 week before the workshop

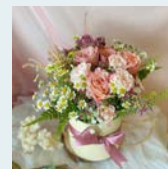


Floral Arrangement Hands-On Workshops

It is always amazing how a floral arrangement can impact our mood and bring joy. A combination of the right flower types and colours will not only enhance our home aesthetically, it will also create positive vibes to reduce stress and brighten our days. Learn to create beautiful and trending floral pieces at the hands-on workshops.

Fresh Flower Box Arrangement

Date: Sun, 5 Mar '23



Preserved Flower Vase Arrangement

Date: Sun, 5 Mar '23



For each of the above courses:

Time: 11am – 12.15pm

Fees: Members \$88, Public Service Officers \$95, Guests \$98

Venue: Botany Studio

Contact: Serene Cho at 6391 5620 or serenecho@csc.sg

Register by: 1 week before the workshops



FREE for members

Textured Paper Coasters

Learn the technique to create beautiful textured coasters using recycled papers.

Date: Fri, 24 Mar '23

Time: 7.30pm – 8.30pm

Fees: FREE for Members, Public Service Officers \$5, Guests \$8

Platform: Live on Zoom*

Contact: Serene Cho 6391 5620 or serenecho@csc.sg

Register by: 1 week before the workshop



For each of the above courses:

Time: 10am – 11am

Fees (per workshop): FREE for Members, Public Service Officers \$5, Guests \$8

Platform: Live on Zoom*

Contact: Serene Cho at 6391 5620 or serenecho@csc.sg

Register by: 1 week before the workshops

*For all online activities, an event link will be emailed to participants upon confirmation.

**In view of the COVID-19 situation, all physical activities may be subject to change or cancellation.

Make Your Own Lipstick

Many conventional lipsticks sold over the counters can be a source of harmful chemicals, preservatives and other ingredients that you may end up consuming since they are applied on the lips. Learn to make your own chemical-free lipstick and in a personalised colour too. All necessary ingredients will be provided for the class.

Date: Fri, 24 Mar '23

Time: 7.30pm – 8.30pm

Fees: Members \$65, Public Service Officers \$70, Guests \$75

Venue: CSC @ Tessensohn

Contact: Serene Cho 6391 5620 or serenecho@csc.sg

Register by: 1 week before the workshop



DIY Body Butter Cream

Make your own body butter cream with pure ingredients that will moisturise your skin without any harmful effects. All ingredients required for the workshop will be provided.

Date: Fri, 24 Mar '23

Time: 7.30pm – 8.30pm

Fees: Members \$65, Public Service Officers \$70, Guests \$75

Venue: CSC @ Tessensohn

Contact: Serene Cho 6391 5620 or serenecho@csc.sg

Register by: 1 week before the workshop



online



Easter Eggs Craft

Learn to decorate your own Easter Eggs using beautiful Japanese washi papers.

Date: Sat, 1 Apr '23

Time: 2pm – 3pm

Fees: FREE for Members, Public Service Officers \$5, Guests \$8

Platform: Live on Zoom*

Contact: Serene Cho 6391 5620 or serenecho@csc.sg

Register by: 1 week before the workshop





FREE for members

Kids Craft Workshops

Age 5 to 12 yrs

Craft activities are a great way to help children develop in areas such as fine motor skills, planning, creativity and concentration. To get you started here are some simple activities that can be done using everyday items you can find around the house.



**Friendship Day
Paper Gift Bag Origami**
Date: Sat, 11 Feb '23

Materials required: Colour papers, tape/glue, ruler, scissors, ribbon (optional)



Easter Surprise Egg
Date: Sat, 25 Mar '23

Materials required: Drawing block, scissors, colouring materials



**Hari Raya Puasa 2
Ramadan Paper Ornaments**
Date: Fri, 15 Apr '23

Materials required: Colour papers (include different shades of green for the Ramadan theme), strings to hang the paper ornaments, scissors

For the above workshops

Time: 2pm - 3pm

Fees (per workshop): FREE for Members, Public Service Officers \$5, Guests \$8

Platform: Live on Zoom*

Contact: Serene Cho at 6391 5620 or serenecho@csc.sg

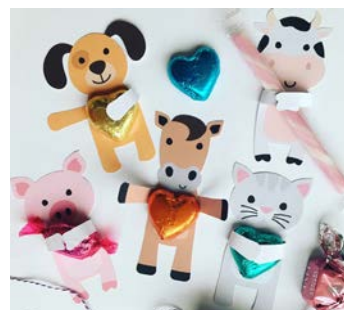
Register by: 1 week before the workshops

Hands-on Children Craft Workshops

Age 5 to 12 yrs

Have fun with these craft activities with your children and help them develop their fine motor skills, creativity as well as learn basic math concepts.

Materials will be provided.



School Holiday Animal Candy Hugger

Date: Sat, 11 Mar '23

Venue: CSC @ Changi



Ramadan Lantern

Date: Sat, 1 Apr '23

Venue: CSC @ Tessensohn

For the above workshops

Time: 10am - 11.30am

Fees including materials (per workshop):

Supp Members \$20, Guests \$26

Contact: Serene Cho at 6391 5620 or serenecho@csc.sg

Register by: 1 week before the workshops

Slimey Wonder

Create your own slime, learn the chemistry behind making your own slime and take home a personalised slime jar!

Date: Sat, 8 Apr '23

Time: 10am - 11.30am

Fees: Supp Members \$48, Guests \$58

Venue: CSC @ Tessensohn

Contact: Chong Chen at 6391 5641 or gohchongchen@csc.sg

Register by: 1 week before the workshop



CRAFTS & WORKSHOPS

Parent-Child Holiday Baking Workshop by Harry

Cinnamon Rolls & Chicken Floss Buns

Probably the all-time favourite duo for children and adults alike! Join force with your child at this workshop to make your own fluffy cinnamon rolls stuffed with a delicious sweet cinnamon filling and vanilla cream cheese frosting, as well as soft milk buns smeared with mayonnaise and topped with savoury pork floss.

Date: Thu, 16 Mar '23

Time: 2pm – 5pm

Fees (per parent-child pair): Members \$70, Public Service Officers \$80, Guests \$85

Venue: CSC @ Tessensohn

Contact: Gek Cheng at 6391 5624 or kuagekcheng@csc.sg

Register by: 1 week before workshop



Design a Car! Workshop

Design a Car! Workshop aims to create a fun hands-on environment for participants to learn how a car works. Through assembling the car from its parts, participants will learn about gear ratios and how changing them can affect the motion of the car. A mini racing competition will be conducted to raise the excitement of the workshop. Participant gets to take back the car.

Learning Outcomes:

- Science principles and aerodynamics
- Modelling craft techniques
- Modifying the car and its effects
- Racing strategies

Date: Sat, 11 Mar '23

Time: 10am – 1pm

Fees: Supp Members \$80, Guests \$90

Venue: CSC @ Tessensohn

Contact: Chong Chen at 6391 5641 or gohchongchen@csc.sg

Register by: 1 week before the workshop



3D Chocolate Printing Workshop

Have fun at this 3D Chocolate Printing Workshop. Beginning with a brief introduction to the technology of 3D chocolate printing in the Work-Learn-and-Play environment, the workshop will cover:

- Applications of 3D chocolate and food printing
- Ingredient preparation
- Operations of Foodbot 3D printer
- Printing of 3D Chocolate food-Art

Date: Sun, 12 Mar '23

Time: 10am – 12pm

Fees: Supp Members \$70, Guests \$85

Venue: CSC @ Tessensohn

Contact: Chong Chen at 6391 5641 or gohchongchen@csc.sg

Register by: 1 week before the workshop



Coding Appreciation Workshop with Thymio Robot

This Coding Workshop is where every student can become a scientist, technologist, roboticist, engineer, artist and mathematician (STREAM) to code the Thymio robot. Participants learn about the fundamentals of Coding and Computer Programming, and code to control robots to meet set objectives. All can be done in seven programming languages - VPL Visual Programming Language, Scratch, VPL3, Blockly, Aseba, Python & ROS Robot Operating System - in a single robot!

Participants are required to have their own MacBook or Microsoft laptops to do the coding.

Date: Mon, 13 Mar '23

Time: 10am - 12pm

Fees: Supp Members \$50, Guests \$70

Venue: CSC @ Tessensohn

Contact: Chong Chen at 6391 5641 or gohchongchen@csc.sg

Register By: 1 week before the workshop



STEM Workshop with Sphero Mini

Age 6 yrs & above

Sphero Mini packs tons of fun into a tiny, app-enabled robotic ball. Drive using the Sphero Mini app, or with your facial expressions in the wild Face Drive™ feature. Use Mini as a controller to play different games and learn coding to hone creative problem-solving skills. Fees include a Sphero mini non-retail Eco-pack.

Workshop Outline:

- Applying facial recognition technology
- Using coding to hone creative problem-solving skills
- Developing spatial and math-logical intelligences

Date: Tue, 14 Mar '23

Time: 9am - 11am

Fees: Supp Members \$120, Guests \$135

Venue: CSC @ Tessensohn

Contact: Chong Chen at 6391 5641 or gohchongchen@csc.sg

Register by: 1 week before the workshop



3D Pen Workshop

3D printing is rising in popularity because of the low costs needed to fabricate prototypes. As a result designers equipped with Computer-Aid Design skills and 3D spatial awareness are increasing in demand. This workshop serves as an introduction to 3D pens which will help unleash creativity in the participants as they design function 3D objects. Participants get to take home their own 3D creation!

Learning Outcomes:

- Science Principles of heat and energy
- Design techniques using a 3D pen
- Understanding materials in filaments
- Hand-eye coordination
- Applications of 3D designing

Date: Wed, 15 Mar '23

Time: 10am - 12pm

Fees: Supp Members \$55, Guests \$65

Venue: CSC @ Tessensohn

Contact: Chong Chen at 6391 5641 or gohchongchen@csc.sg

Register By: 1 week before the workshop



Fizzy, Bubbly Science Workshop

Participants will create their own magical concoctions of potions that will change colours, and bubble up before it explodes! The session ends with an outdoor session of playing with giant bubbles.

Date: Thu, 16 Mar '23

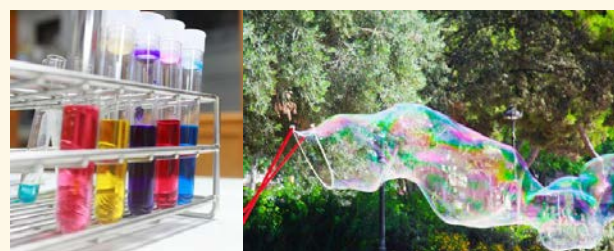
Time: 10am - 11.30am

Fees: Supp Members \$48, Guests \$58

Venue: CSC @ Tessensohn

Contact: Chong Chen at 6391 5641 or gohchongchen@csc.sg

Register By: 1 week before the workshop



*For all online activities, an event link will be emailed to participants upon confirmation.

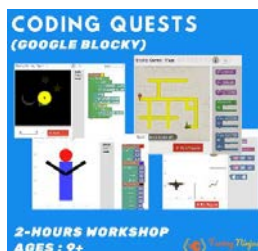
**In view of the COVID-19 situation, all physical activities may be subject to change or cancellation.

SCIENCE & ROBOTICS LOGIC

Coding Quest with Google Blockly

Date: Mon, 13 Mar '23

Students would be solving coding challenges during the workshop. Blockly is a visual programming language which introduces students to core coding concepts in intuitive way.



Ninja skills acquired:

- Get introduced to the real world programming language called CoffeeScript.
- Practice basic concepts like loops, conditionals, logical and comparison operators, co-ordinate system and directional thinking.
- Foster logic and problem-solving skills
- Improve math skills.

Roblox: Build Lavascape and Zombie Hunt Game

Date: Tue, 14 Mar '23

In this workshop students would generate a terrain with various biomes. They would be writing scripts to create visual effects of lava eruption. Students would be designing their own Zombie Escape game.



Ninja skills acquired:

- Fundamental concepts of coding like sequencing, loops, conditionals, booleans, variables, events and functions.
- Learn to write scripts in Lua programming.
- Design and build a virtual 3D world while learning how to change and edit 3D parts like sphere, cube, cylinder and wedges.
- Learn to design and build their own tools or props.
- Create exciting terrains in Roblox.
- Bring imagination to life and delve into an enjoyable experience.

Roblox: Build Tools and Game Passes

Date: Wed, 15 Mar '23

In this workshop students would learn to build custom tools. They would be learning to use 'Grip Editor' plugins for the tools. Students would also be introduced to monetising their tools with 'Game Pass'.



Ninja skills acquired:

- Fundamental concepts of coding like sequencing, loops, conditionals, booleans, variables, events and functions.
- Learn to write scripts in Lua programming.
- Design and build a virtual 3D world while learning how to change and edit 3D parts like sphere, cube, cylinder and wedges.
- Learn to design and build their own tools or props.
- Bring imagination to life and delve into an enjoyable experience.

Roblox: Create Player Accessories and Rainbow Player Trails

Date: Thu, 16 Mar '23

In this workshop students will be modelling and creating custom player accessories which can be worn during the game play. Students will also learn to create rainbow trails for their characters.



Ninja skills acquired:

- Introduction to fundamental concepts of coding like sequencing, loops, conditionals, booleans, variables, events and functions.
- Learn to write scripts in Lua programming.
- Design and build accessories.
- Learn to create player trails.
- Bring imagination to life and delve into an enjoyable experience.

Roblox: Create a Teleporter in Roblox Studio

Date: Fri, 17 Mar '23

Students would be creating a telemeter model. They would be writing code to teleport the player from one place in the game to another.



Ninja skills acquired:

- Introduction to fundamental concepts of coding like sequencing, loops, conditionals, booleans, variables, events and functions.
- Learn to write scripts in Lua programming for teleportation.
- Design and build a teleport model.
- Bring imagination to life and delve into an enjoyable experience.

For the above workshops

Time: 10am - 12pm

Fees: Supp. Members \$85, Guests \$95

Platform: Live via Zoom*

Contact: Constance Low @ 6391 5607 or constancelow@csc.sg

Register by: 1 week before the workshop

Screenless Coding Workshop with Sphero Indi

Age 4 and above

Speed into STEAM with indi – the most approachable entry-level learning robot for ages 4+. indi inspires imaginative, play-based learning by empowering kids to design and build their own mazes while creating opportunities for students to learn the basics of coding, solve problems, and nurture computational thinking skills.

With indi's onboard colour sensor, young learners can communicate instructions to Indi by placing colour tiles on the floor that tell it what to do and where to go (and how fast!).

Fees include a Sphero Indi at-Home Learning Kit.



Date: Fri, 17 Mar '23

Time: 10am – 12pm

Fees: Supp Members \$180, Guests \$195

Venue: CSC @ Tessensohn

Contact: Chong Chen at 6391 5641 or gohchongchen@csc.sg

Register By: 1 week before the workshop

Clay modelling – Themed keychains / magnets

Age 4 and above

Learn to create different types of food using air dry clay. Turn your creations into keychains, magnets or even jewellery.

Date: Sat, 18 Mar '23

Time: 10am – 11.30am

Fees: Supp Members \$48, Guests \$58

Venue: CSC @ Tessensohn

Contact: Chong Chen at 6391 5641 or gohchongchen@csc.sg

Register By: 1 week before the workshop



Rubber Powered Glider Workshop

The rubber-powered glider workshop serves as an introduction for children to gain interest in aviation through simple assembly of a rubber-powered glider. Participants will learn about propulsion theory, energy and forces in a fun hands-on approach. Participants also get to bring back the glider!

Learning Outcomes:

- Science principles and aerodynamics
- Assembly of a plane
- Balancing and trimming a glider
- Propellers and elastic potential energy

Date: Sun, 19 Mar '23

Time: 9am – 12pm

Fees: Supp Members \$55, Guests \$65

Venue: CSC @ Tessensohn

Contact: Chong Chen at 6391 5641 or gohchongchen@csc.sg

Register By: 1 week before the workshop



Rubber-Powered Glider

*For all online activities, an event link will be emailed to participants upon confirmation.

**In view of the COVID-19 situation, all physical activities may be subject to change or cancellation.

Mission Explorer Camp LEGO® Mindstorms Advanced Robotics

With access to advanced robotics kits, students get to put knowledge and skills into building and programming a fighting Robot that compete against their peers' in terms of speed and distance.

Students also learn skills in leadership, community involvement and in communication across different technology platforms.

The LEGO® EV3 Mindstorms allows students to take control of their own creations and learn to overcome obstacles to achieve the mission.

Learning Outcomes:

- The fun-based activities/challenges aim to develop skills and logical thinking
- Understand advanced logic and engineer science (randomising, switching outcomes, advanced sensors and feedbacks, etc)
- Developing leadership and teamwork among their peers
- Creating customised robots/machinery to solve challenges like collecting, grouping of items and a real-life PAC-Man machine/game

Date: Thu, 16 Mar '23
Venue: CSC @ Bukit Batok

Date: Fri, 17 Mar '23
Venue: CSC @ Tessensohn

Time: 9.30am – 12.30pm

Fees: Supp. Members \$95, Guests \$105

Contact: Constance Low @ 6391 5607 or
constancelow@csc.sg

Register by: 1 week before the event

MISSION EXPLORER CAMP
(LEGO® MINDSTORMS ADVANCED ROBOTICS)

LEGO® MINDSTORMS ADVANCED KIT

With access to advanced robotics kits, the student can build a creation that travels faster and shoots further. Putting their knowledge and skills into building and programming a fighting Robot to compete against their peers to see who emerges victorious.

Students learn skills in leadership, community involvement, communicating across different technology platforms.

The LEGO® EV3 Mindstorms allows student to take control of their own creations and learn to overcome obstacles to achieve the mission.

MAIN GOAL OF THE PROGRAM

The fun based activities/challenges aims to develop skills and logical thinking for the participants.

- Understand of advanced logic and engineer science (randomizing, switching outcomes, advanced sensors and feedbacks, etc.)
- Developing leadership and teamwork among their peers
- Creating customised robots/machinery to solve challenges like collecting, grouping of items and a real-life PAC-Man machine/game.

Camp Details

2023 – March Holiday Robotic Camp

HALF-Day Programme:
Time: 9.30am – 12.30pm

- 16th March 2023 (Thursday)
Venue: CSC @ Bukit Batok
or
- 17th March 2023 (Friday)
Venue: CSC @ Tessensohn

Scan to visit our website

online **FREE for members**

Investing with Proper Strategies

New to Investing? This talk will enlighten you on the basics and strategies on investing.

Talk Outline:

- Getting started with investment basics
- Dollar-cost averaging and other strategies
- How to fund your investments
- Investment planning options: stocks, bonds, mutual funds

Date: Sat, 4 Feb '23

Time: 2pm – 4pm

Fees: FREE for Members, Public Service Officers \$5, Guests \$8

Platform: Live on Zoom*

Contact: Chong Chen at 6391 5641 or
gohchongchen@csc.sg

Register by: 1 week before the talk

Investing with Proper Strategies

NEW TO INVESTING ?

Learn the basics of Investment

- Proper Strategies
- Stocks, Bonds, Funds
- Funding for investments
- Different facets of Investment Planning



Saturday
2pm - 4pm



online **FREE for members**

Marketing Talks by Eugene Tan

Social Currency Marketing:

How to Jumpstart Your Presence Online

Hosted by SEO King, Speaker: Imran Tahir

Date: Sat, 4 Feb '23

Time: 10am – 11am

- How to find your Brand Voice?
- How to win the Value Game with your audience?
- How to Network like a Big Fish?
- Distributing your value to hit your marketing goals
- How to get Collaborations that grows your Social Currency?

Secrets to a Searchable Video

Speaker: SEO King

Date: Sat, 18 Feb '23

Time: 10am – 11am

- Importance of Video as a communication medium.
- Importance of Youtube in Search
- Checking out Competition in Youtube using Tools
- Configuration of a Youtube Channel for Search
- Researching the Video Ideas & Content
- Recording the Video – Tips
- Uploading & Configuring the Video for Search

Getting Into the Mind of Google through SEO**Speaker:** SEO King**Date:** Sat, 4 Mar '23**Time:** 10am - 11am

- Introduction to Search Engine Optimisation
- Getting into the Mind of Google - How it Works
- Case Study of A Searchable Business
- Steps to Make Your Business Easy to Find
- Conclusion: Leverage SEO to be searchable

Effective Presentation Skills for Managers - The Secrets of Sharing More Information with Impact Within Limited Time**Hosted by SEO King, Speaker: Lee Chee Ngai****Date:** Sat, 11 Mar '23**Time:** 10am - 11am

- First things first
- How to make your PowerPoint talk
- Overcome the habits that betray you
- Nervousness does not kill
- Standing Tall in Front of Your Audience

The Joys of Video Marketing & Secret Strategy Revealed**Speakers:** SEO King + Yan Cong**Date:** Fri, 14 Apr '23**Time:** 7.30pm - 8.30pm

- Why video marketing?
- 3 Types of video you can do right now for your business to increase your brand, reach, and leads
- 5 Elements of a good video
- Strategy to deploy your assets
- Zero to your objective of your business / QNA

All That You Need to Know about IG for Biz**Host:** SEO King, **Speaker:** Jamie Cheng**Date:** Sat, 22 Apr '23**Time:** 10am - 11am

Have you wondered what is the right way to market your business on Instagram? Are there certain hacks or even bad practises we should avoid? Jamie will debunk any myths and empower us with the right strategies and tactics and tips on how best you should use Instagram to market your business.

**BUSINESS & MARKETING TALKS (FEB 2023)****Social Currency Marketing: How to Jumpstart Your Presence Online****Secrets to a Searchable Video****Getting Into the Mind of Google through SEO****Effective Presentation Skills for Managers – The Secrets of Sharing More Information with Impact Within Limited Time****The Joys of Video Marketing & Secret Strategy Revealed****Secrets to a Searchable Profile in LinkedIn****Secrets to a Searchable Profile in LinkedIn****Speaker:** SEO King**Date:** Sat, 29 Apr '23**Time:** 10am - 11am

- Discover the Components of a Good Profile
- How can we know our target Audience Persona & The Right Content?
- Setting up Your LinkedIn Profile for Success
- Updating Experiences to be searchable & relevant
- Getting Recommendations for Credibility Social Media Ethics

For the above workshops

Fees: FREE for Members, Public Service Officers \$5, Guests \$8**Platform:** Live via Zoom***Contact:** Constance @ 6391 5607 or constancelow@csc.sg**Register by:** 1 week before the talk**FREE for members****Be Resilient Working Parents**

For many of us it has not been easy in the last two years trying to cope and manage work, family and social lives. You are not alone.

Our Speaker, a certified Parent Facilitator, Parenting Coach, Ms Josey Koh will share parenting tips and her journey on how to be resilient working parents.

Date: Sat, 11 Feb '23**Time:** 11am - 12pm**Fees:** FREE for Members, Public Service Officers \$5, Guests \$8**Platform:** Live on Zoom***Contact:** Chong Chen at 6391 5641 or gohchongchen@csc.sg**Register By:** 1 week before the talk

*For all online activities, an event link will be emailed to participants upon confirmation.

**In view of the COVID-19 situation, all physical activities may be subject to change or cancellation.

online

FREE for members

Will Planning & Lasting Power of Attorney (LPA) Talk

A Will and a Lasting Power of Attorney are two common legal documents authorising appointed individuals to manage your financial matters under different circumstances.

Learn their differences, importance and how to go about drawing up a Will and appointing an LPA. Participants enjoy a special rate for execution of a Will and an LPA, plus a complimentary planning session by a professional estate planner.

Dates: Sat, 11 Feb '23 OR 18 Mar '23 OR 15 Apr '23

Time: 11am – 12.30pm

Fees: FREE for Members, Public Service Officers \$5, Guests \$8

Platform: Live on Zoom*

Contact: Gek Cheng at 6391 5624 or kuagekcheng@csc.sg

Register by: 1 week before workshop



online

FREE for members

Multiple Streams of Income Auto-Investing Workshop

Many of us have been taught that the way to go in life is: Do well in school, find a job, work hard and maybe one day we will do well financially. Is this still true?

We have also been told that our CPF will safeguard our retirement needs, but with the rising costs in housing and all other necessities, will our CPF be enough for us to retire comfortably?

What if there are other ways to create safe and consistent multiple income streams from multiple companies such as Amazon, Facebook, Google and Microsoft? In addition, you get to beat the current high inflation while building a huge retirement nest.

In this 2-hour workshop, award-winning, three-time author and the founder of Value Investing Academy Cayden Chang will share how you can invest safely and consistently on auto-pilot with minimal time, capital and zero prior experience.

Date: Wed, 15 Feb '23

Time: 7.15pm – 9pm

Fees: FREE for Members, Public Service Officers \$5, Guests \$8

Platform: Live on Zoom*

Contact: Gek Cheng at 6391 5624 or kuagekcheng@csc.sg

Register by: 1 week before workshop



online

FREE for members

Let's Combat Inflation Together

Prices of everything are going up causing many of us much financial stress. This workshop will provide you insights on what you can do to beat inflation. The speaker from DBS will share tips on how to evaluate and adjust your budget, improve cashflow and manage your finances.

Date: Sat, 18 Feb '23

Time: 10am – 11am

Fees: FREE for Members, Public Service Officers \$5, Guests \$8

Platform: Live on Zoom*

Contact: Serene Cho 6391 5620 or serenecho@csc.sg

Register by: 1 week before the talk



online

FREE for members

A Young Adult's Steps Towards Financial Security

In the ever-changing future, it is critical that young adults secure their financial future to navigate through future uncertainties. Join our speaker from DBS to arm yourself with concepts and tips to achieve financial wellness at various life stages – starting from a young adult.

Date: Sat, 18 Feb '23

Time: 10am – 11am

Fees: FREE for Members, Public Service Officers \$5, Guests \$8

Platform: Live on Zoom*

Contact: Serene Cho 6391 5620 or serenecho@csc.sg

Register by: 1 week before the talk



online

FREE for members

Retirement & CPF Planning

Want to learn more about CPF Planning and Retirement?

Talk outline:

- Five proven ways to achieve financial security
- Creating a well-structured retirement plan
- Maximising CPF as a cornerstone of your retirement plans
- Growing your assets that enable you to sleep well in all market conditions
- Building a retirement portfolio that generates high stable passive lifetime Income

Date: Sat, 25 Feb '23

Time: 2pm – 4pm

Fees: FREE for Members, Public Service Officers \$5, Guests \$8

Platform: Live on Zoom*

Contact: Chong Chen at 6391 5641 or gohchongchen@csc.sg

Register by: 1 week before the talk





online

FREE for members

Financial Talks by Rayvern Chng

CPF: Does it Mean Can Pay for Property?

Date: Thu, 23 Feb '23

A talk on basic CPF concepts and how we can use CPF for financial planning beyond just paying for property.

Will writing, is it just for the rich?

Date: Thu, 2 Mar '23

More than just a rich man thing, Will Writing is for everybody. As long as you own an HDB, you should consider writing a Will

Special Love for Special Kids

Date: Thu, 16 Mar '23

When planning for kids with special needs, what do we need to consider and how is planning for them different from typical families?

Passive Income - COVID is Here to Stay?

Date: Thu, 30 Mar '23

With mass layoffs everywhere as companies move into cost-cutting mode, are you ready to face another COVID? How can you build a new source of income so you can live your life without worry?

Sandwich Generation - Are You the Bread or the Ham?

Date: Thu, 6 Apr '23

As the breadwinner of the family, you have a lot on your shoulders. What are some pitfalls that can throw your family finances awry and what can you do to prepare for them?

Children Education: How Far are You Willing to Go for Your Children?

Date: Thu, 20 Apr '23

Everybody harbours the wish for his/her children to achieve much in life. The key to that is Education - how much are you willing to pay for the school fees? With university fee on the rise, would you rather borrow when the time comes or start growing your money now?

Retirement a Dream or a Goal?

Date: Thu, 27 Apr '23

There's this saying: In Singapore, you can die but you cannot get sick referring to medical fees being exorbitant and living expenses a great challenge particularly if the illness requires that you stop working, hence losing your income source.

This talk will bring you ahead of all the bankers and financial planners so you know if they are planning for you or selling you products only.

For the above workshops

Time: 7:30pm - 8:30pm

Fees: FREE for Members, Public Service Officers \$5, Guests \$8

Platform: Live via Zoom*

Contact: Constance @ 6391 5607 or constancelow@csc.sg

Register by: 1 week before the talk

online

FREE for members

Welcome Change With Open Arms

There are people who are not comfortable with changes; while others adapt to them easily. What about you? Do you wish you can adapt to changes better? How can we support one another on this journey for a better living?



Date: Sat, 4 Mar '23

Time: 11am - 12pm

Fees: FREE for Members, Public Service Officers \$5, Guests \$8.

Platform: Live on Zoom*

Contact: Chong Chen at 6391 5641 or gohchongchen@csc.sg

Register By: 1 week before the talk

online

FREE for members

Relax Lah! You Are Too Stressed Up

Many of us rush to different tasks, be it for work, personal, family or social. How can we slow down and appreciate the things around us? Do you make time for self-care? Do not respond to your body only when the alarm triggers. Relax lah, take time off to pick up tips to improve from your hectic life.



Date: Sat, 1 Apr '23

Time: 11am - 12pm

Fees: FREE for Members, Public Service Officers \$5, Guests \$8

Platform: Live on Zoom*

Contact: Chong Chen at 6391 5641 or gohchongchen@csc.sg

Register By: 1 week before the talk

*For all online activities, an event link will be emailed to participants upon confirmation.

**In view of the COVID-19 situation, all physical activities may be subject to change or cancellation.



FREE for members

Tips to Maximize Your

Did you know that you can enjoy tax breaks with the Supplementary Retirement Scheme (SRS)? Our speaker from DBS will share how you can take advantage of this scheme through its features and benefits. Make the most out of your SRS account to boost your retirement plan now – new or existing SRS account holders are welcome to join us!

Date: Sat, 15 Apr '23

Time: 10am – 11am

Fees: FREE for Members, Public Service Officers \$5, Guests \$8

Platform: Live on Zoom*

Contact: Serene Cho 6391 5620 or serenecho@csc.sg

Register by: 1 week before the talk



FREE for members

Estate Planning Made Simple

Learn about the Common Myths of Estate Planning.

Talk outline:

- Do you have a plan to pass on all that you have worked hard for?
- How to protect your lifetime accomplishments from 'Leakages' in the transferring process
- Different types of trust and how to transfer assets to your beneficiaries to meet your goals and objectives

Date: Sat, 15 Apr '23

Time: 2pm – 4pm

Fees: FREE for Members, Public Service Officers \$5, Guests \$8

Platform: Live on Zoom*

Contact: Chong Chen at 6391 5641 or gohchongchen@csc.sg

Register by: 1 week before the talk

Estate Planning made Simple

COMMON MYTHS ABOUT ESTATE PLANNING

Estate Planning (富不过三代)

- Maximise wealth & pass on your legacy.
- Enhance your estate, succession planning and asset protection.
- Creating a Legacy through Life Insurance.

Saturday

2pm - 4pm

4D Penang Tour

Itinerary Highlights

Day 1: Singapore-Penang followed by dinner at local restaurant and hotel check-in

Day 2: Penang City Tour with stopovers at Kek Lok Shi Temple • Penang Hill (Tram rides) • Penang State Museum • Convent Light Street • Penang Street Art • Kapitan Kling Mosque • Old Georgetown • Chew Jetty • Sri Mariamman Temple • St George Church • Taste of famous Penang Cendol • Gurney Drive

Day 3: Penang-Ipoh with stopovers at Kek Loh Tong • Qin Xin Ling • Concubine Lane

Day 4: Penang-Singapore with stopover at Yong Peng

Package includes

4-day usage of Super VIP Bus 30-seater • Experienced tour guide • 1N stay @ Kinta Riverfront Ipoh or similar • 2N stay @ Vouk Hotel Penang or similar • Meal & Entrance fees as per itinerary • Group Insurance Medical S\$500, Accidental Death & Disability S\$10,000

Package excludes

Personal expenses • Not stated in itinerary • Tipping for guide & driver

Stay @ Vouk Hotel Penang & Kinta Riverfront Hotel Ipoh or similar	Twin/ Triple Sharing	Single Room	Child w/ Bed (11 yrs & below)	Child w/o Bed (6 yrs & below)
Members	S\$440	S\$540	S\$400	S\$365
Public Service Officers	S\$460	S\$560	S\$420	S\$385
Guests	S\$470	S\$570	S\$430	S\$395

**All international travellers require a passport with minimum 6-month validity from date of departure

Dates: Fri-Mon, 24-27 Mar '23

Time: Assemble 6.30am at CSC @ Tessensohn

Contact: Gek Cheng at 6391 5624 or kuagekcheng@csc.sg

Register by: First-come, first-served

Tour by: Amazing Explorer Pte Ltd

4D Kuala Sepetang & Pangkor, Sitiawan Tour

Itinerary Highlights

Day 1: Singapore-Taiping with visits to Taiping Clock Tower and Taiping Lake

Day 2: Kuala Sepetang with boat ride to Kelong Fish Farm • Charcoal Factory • Old Weld Railway • Pulau Pangkor Island

Day 3: Sitiawan with stopovers at Tua Pek Kong Temple • Mee Sua Factory • Lunch at the famous Hock Chew Restaurant, also to buy local produce tao sa piah

Day 4: Kuala Lumpur-Singapore with stopover for city shopping at Kuala Lumpur

Package includes

4-day usage of Super VIP Bus 30-seater • 1N stay @ Taiping Hotel or similar • 1N stay @ AVI Pangkor Hotel or similar • 1N stay @ STEG KL Hotel or similar • Experienced local tour guide • Meal & Entrance as per itinerary • Group Insurance Medical S\$500, Accidental Death & Disability S\$10,000

Package excludes

Personal expenses • Not stated in itinerary • Tipping for guide & driver

Stay @ Taiping Hotel & AVI Pangkor & STEG KL or similar	Twin/ Triple Sharing	Single Room	Child w/ Bed (11 yrs & below)	Child w/o Bed (6 yrs & below)
Members	S\$470	S\$570	S\$420	S\$380
Public Service Officers	S\$490	S\$590	S\$440	S\$400
Guests	S\$510	S\$610	S\$460	S\$410

**All international travellers require a passport with minimum 6-month validity from date of departure

Dates: Fri-Mon, 14-17 Apr '23

Time: Assemble 6.30am at CSC @ Tessensohn

Contact: Gek Cheng at 6391 5624 or kuagekcheng@csc.sg

Register by: First-come, first-served

Tour by: Amazing Explorer Pte Ltd

TESSEN SOHN

*No lessons on PH & eve of PH

Activity	Date	Time	Instructor	Fees			Register By
				Member	Public Service Officer	Guest	

AQUA AEROBICS | For info, contact Constance @6391 5607 or constancelow@csc.sg

Deep Aqua Aerobics 18 Persons (Max)	4 Mondays, 6 – 27 February '23 or 6 – 27 March '23 or 3 – 24 April '23	6.30pm – 7.30pm	Jek	\$50	\$55	\$70	1 week before class
	4 Tuesdays, 7 – 28 February '23 or 7 – 28 March '23 or 4 – 25 April '23	8am – 9am 6.30pm – 7.30pm 7.30pm – 8.30pm	Renuka (AM session) Anthea (PM session)	\$50	\$55	\$70	1 week before class
	4 Wednesdays, 1 – 22 February '23 or 1 – 22 March '23 or 5 – 26 April '23	6.15pm – 7.15pm 7.15pm – 8.15pm	Jek	\$50	\$55	\$70	1 week before class
	4 Fridays, 3 – 24 February '23 or 3 – 24 March '23 or 14 – 28 Apr '23 (3)	6.30pm – 7.30pm 7.30pm – 8.30pm	Renuka	\$50	\$55	\$70	1 week before class

STUDIO FITNESS | For info, contact Constance @6391 5607 or constancelow@csc.sg

Pilates 18 Persons (Max)	4 Mondays, 6 – 27 February '23 or 6 – 27 March '23 or 3 – 24 Apr '23	6.45pm – 7.45pm	Mabeline	\$50	\$55	\$70	1 week before class
	4 Saturdays, 4 – 25 February '23 or 4 – 25 March '23 or 1 – 29 April '23 (4)	2pm – 3pm					
Yoga 18 Persons (Max)	4 Fridays, 3 – 24 February '23 or 3 – 31 March '23 or (5) 14 – 28 April '23 (3)	7.30pm – 8.30pm	Huay Lin	\$50	\$55	\$60	1 week before class
Zumba 18 Persons (Max)	4 Tuesdays, 7 – 28 February '23 or 7 – 28 March '23 or 4 – 25 April '23	6.50pm – 7.50pm	Yumi	\$60	\$65	\$70	1 week before class

SWIMMING | For info, contact Constance @6391 5607 or constancelow@csc.sg

Children Swimming 10 Persons (Max)	4 Lessons, Feb/Mar/Apr Choice of Wednesday	Instructors will advise on swimming level & age	Coach Seng Yung	Supp Member \$95	-	\$105	1 week before class
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MARTIAL ARTS | For info, contact Chong Chen @6391 5641 or gohchongchen@csc.sg

Wing Chun Kung Fu 20 Persons (Max)	4 Thursdays, 2 – 23 February '23 (No Lessons on PH)						
	5 Thursdays, 2 – 30 March '23 (No Lessons on PH)	8pm – 10pm	Sifu Ken	\$110	\$115	\$120	1 week before class
	4 Thursdays, 6 – 27 April '23 (No Lessons on PH)						

TESSENSOHN

*No lessons on PH & eve of PH

Activity	Date	Time	Instructor	Fees			Register By
				Member	Public Service Officer	Guest	
MARTIAL ARTS For info, contact Chong Chen @6391 5641 or gohchongchen@csc.sg							
WingChun Kung Fu (Children 6 – 12 yrs) 10 Persons (Max)	4 Saturdays, 4 – 25 February '23 (No Lessons on PH) 4 Saturdays, 4 – 25 March '23 (No Lessons on PH) 4 Saturdays, 1 – 29 April '23 (No Lessons on PH)	10.30am – 11.30am	Sifu Ken	\$110	\$115	\$120	1 week before class
WingChun Kung Fu (Adult Beginner) 20 Persons (Max)	4 Saturdays, 4 – 25 February '23 (No Lessons on PH) 4 Saturdays, 4 – 25 March '23 (No Lessons on PH) 4 Saturdays, 1 – 29 April '23 (No Lessons on PH)	9am – 10.30am	Sifu Ken	\$110	\$115	\$120	1 week before class
WingChun Kung Fu (Adult Intermediate) 20 Persons (Max)	4 Saturdays, 4 – 25 February '23 (No Lessons on PH) 4 Saturdays, 4 – 25 March '23 (No Lessons on PH) 4 Saturdays, 1 – 29 April '23 (No Lessons on PH)	11.30am – 1pm	Sifu Ken	\$110	\$115	\$120	1 week before class
Traditional Taekwon-Do 15 Persons (Max)	3 Saturdays 4 – 25 February '23 (No Lessons on PH or Eve of PH, 11 Feb grading break) 4 Saturdays 4 – 25 March '23 (No Lessons on PH and Eve of PH) 4 Saturdays 1 – 29 April '23 (No Lessons on PH and Eve of PH)	3pm – 4.30pm (Beginner & Coloured Belt) Or 4.30pm – 6pm (Red and Black Belt Only)	Singapore Taekwon-Do Academy	\$40 (per month)	\$45 (per month)	\$50 (per month)	1 week before class
				\$145 parent & child pair \$190 parent & 2 children (Note that parent and child is for members only. Fees are for 3 months.)			

BUKIT BATOK

STUDIO FITNESS For info, contact Constance @6391 5607 or constancelow@csc.sg							
Zumba 18 Persons (Max)	4 Tuesdays, 7 - 28 February '23 or 7 - 28 March '23 or 4 - 25 April '23	7.30pm - 8.30pm	Samuie	\$60	\$65	\$70	1 week before class
Boogie Bounce Xtreme 18 Persons (Max)	4 Mondays, 6 - 27 February '23 or 6 - 27 March '23 or 3 - 24 April '23	8pm - 9pm	Esther	\$85	\$90	\$100	1 week before class

BUKIT BATOK

*No lessons on PH & eve of PH

Activity	Date	Time	Instructor	Fees			Register By
				Member	Public Service Officer	Guest	
MARTIAL ARTS For info, contact Chong Chen @6391 5641 or gohchongchen@csc.sg							
Aikido (Adult) 20 Persons (Max)	4 Sundays, 5 – 26 February '23 (No Lessons on PH and Eve of PH) 4 Sundays, 5 – 26 March '23 (No Lessons on PH and Eve of PH) 5 Sundays, 2 – 30 April '23 (No Lessons on PH and Eve of PH)	11am – 12.30pm	Mr Steven Goh	\$50	\$54	\$56	1 week before class
Aikido (Children) 20 Persons (Max)	4 Sundays, 5 – 26 February '23 (No Lessons on PH and Eve of PH) 4 Sundays, 5 – 26 March '23 (No Lessons on PH and Eve of PH) 5 Sundays, 2 – 30 April '23 (No Lessons on PH and Eve of PH)	10am – 11am	Mr Steven Goh	\$50	-	\$56	1 week before class
Traditional Taekwon-Do 20 Persons (Max)	3 Saturdays 4 – 25 February '23 (No Lessons on PH or Eve of PH, 11 Feb Grading break) 4 Saturdays 4 – 25 March '23 (No Lessons on PH and Eve of PH) 4 Saturdays 1 – 29 April '23 (No Lessons on PH and Eve of PH)	4pm – 5pm (Beginner & Coloured Belt) Or 5pm – 6pm (Red and Black Belt Only)	Singapore Taekwon-Do Academy	\$40 (per month)	\$45 (per month)	\$50 (per month)	1 week before class

\$145 parent & child pair
\$190 parent & 2 children
(Note that parent and child is for members only. Fees are for 3 months.)

CHANGI

SWIMMING | For info, contact Constance @6391 5607 or constancelow@csc.sg

Children Swimming 10 Persons	4 Lessons, Feb/Mar/Apr Choice of Monday	Instructors will advise on swimming level & age	Coach Chang	Supp Member \$95	-	\$105	1 week before class
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Lunar New Year

OPERATING HOURS @ CSC



Sat, 21 Jan '23
Eve of CNY

Sun, 22 Jan '23
1st day of CNY

Mon, 23 Jan '23
2nd day of CNY

CHANGI I

Check In Office/ Reception	Open as usual	Open as usual	Open as usual
Chalets & Villas	Open as usual	Open as usual	Open as usual
Club Facilities: Swimming Pool, Tennis	Open as usual	Open as usual	Open as usual

SERVICES

Gallop Bowl	Open 24 hours	Open 24 hours	Open 24 hours
Absolute Fitness	9am - 4pm	Closed	Closed
Tails up	By appointment only		
Asian Detour	Open for activities daily. Please call 6733 2282 for details.		

FOOD & BEVERAGES

Ohana @ Changi	12.30pm - 9.30pm	12.30pm - 9.30pm	12.30pm - 9.30pm
Muslim Delights - Seaview Restaurant	Closed for events	Closed for events	Open for dine in 12pm to 9pm (last order 7pm)
M Club Singapore	5pm to 1am	5pm to 1am	5pm to 1am
Canopy	Please check CSC @ Changi II Facebook page for the latest update		

CHANGI II

Check In Office	Open as usual	Open as usual	Open as usual
Chalets & Bungalows	Open as usual	Open as usual	Open as usual



Sat, 21 Jan '23
Eve of CNY

Sun, 22 Jan '23
1st day of CNY

Mon, 23 Jan '23
2nd day of CNY

Check In Office/ Reception	Open as usual	Open as usual	Open as usual
Chalets & Villas	Open as usual	Open as usual	Open as usual

SERVICES / FOOD & BEVERAGES

Aloha Café	11am - 5pm	Closed	Closed
Ohana Beach House	11am - 8pm	11am - 8pm	11am - 8pm

Information is correct at time of publication and subject to change without prior notice. Please check with respective clubhouses or tenants for more information.



Sat, 21 Jan '23
Eve of CNY

Sun, 22 Jan '23
1st day of CNY

Mon, 23 Jan '23
2nd day of CNY

Front Office & Club Facilities	Open until 4pm	Closed	Open as usual
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SERVICES

Planet Bowl	9am - 1am	9am - 11pm	9am - 11pm
Goldmine (Gaming Room)	Open until 4pm	Closed	Open as usual
Drillicious (Bowling Pro-Shop)	11am - 6pm	11am - 6pm	11am - 6pm
Badminton Pro-Shop	Closed	Closed	Closed
Ground Up Rock Climbing	10am - 6pm	10am - 6pm	10am - 9pm
ProGym (Gymnasium)	8am - 1pm	Closed	8am - 6pm
The Rehab Lab (Physio Clinic)	9am - 2pm	Closed	Closed
Vyasa Yoga	7am - 1pm	Closed	Closed
Shitoryu Karate Association	Closed	Closed	Closed
Stadio Futsal	9am - 10pm	9am - 10pm	9am - 10pm
Revvo Academy (Wellness Lifestyle Studio)	10am - 1pm	Closed	Closed
NK Robotics	Closed	Closed	Closed

FOOD & BEVERAGES

Biscotti Cafe	Closed	Closed	Closed
Qian Xi Restaurant	11am - 10.30pm	11am - 10.30pm	11am - 10.30pm
IS Pot Café (Bowling)	10am - 3pm	Closed	1pm - 11pm



Sat, 21 Jan '23
Eve of CNY

Sun, 22 Jan '23
1st day of CNY

Mon, 23 Jan '23
2nd day of CNY

Front Office and Club Facilities	Open until 4pm	Closed	Open as usual
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SERVICES

Westwood Bowl	9am - 3am	9am - 3am	9am - 3am
Treasure Cove (Gaming Room)	Open until 4pm	Closed	Open as usual
Little Ranger	9.30am - 3.30pm	Closed	Closed
Wei Chuan Pottery Studio	Closed	Closed	Closed
The Ultimate Pte Ltd	Closed	Closed	Closed
Bowling Is Science Pro Shop	10am - 10pm	10am - 10pm	10am - 10pm
Glow Wellness	9am - 4pm	Closed	Closed
Anytime Fitness	Open as usual	Open as usual	Open as usual
Brilliant Kids Learning Cove	Closed	Closed	Closed

FOOD & BEVERAGES

Hilltop Garden Restaurant	12.30pm - 10pm	12.30pm - 10pm	12.30pm - 10pm
8 Degree (KTV)	7pm - 1am	7pm - 1am	5pm - 1am
Dad's Corner	2pm - 10pm	2pm - 10pm	2pm - 10pm
Bistro Bowl	9am - 1am	9am - 1am	9am - 1am