### CSC CYCLE @ PUBLIC SERVICE SPORTS AND FAMILY DAY

# CSC Changi Clubhouse to Singapore Sports Hub Saturday, 26 July 2025, 8am to 1.30pm

#### **EVENT INFORMATION**

Date : Saturday, 26 July 2025

Starting Point CSC Changi Clubhouse

2 Netheravon Road, Singapore 508503

Ending Point : OCBC Square, Singapore Sports Hub

1 Stadium Drive, Singapore 397629

Reporting Time : By 7.30am

Registration : <a href="https://www.csc.sg/stargames">https://www.csc.sg/stargames</a> (Through sports

liaison officers)

Closing Date : Friday, 30 May 2025

#### **EVENT DETAILS AND INSTRUCTIONS**

#### 1 The Event

- 1.1 Held in conjunction with the Public Service Sports and Family Day 2025 (PSSFD 2025), the CSC Cycle is a one-way ride from CSC Changi Clubhouse to OCBC Square, Singapore Sports Hub.
- 1.2 On reaching the OCBC Square, Singapore Sports Hub, participants can participate in the activities at the PSSFD 2025. They shall disperse from there or make their own transport arrangements back to the starting point.

## 2. Eligibility

- 2.1 The CSC Cycle is open to civil servants and officers serving in Statutory Boards, Restructured Hospitals and Government-Aided Schools, Civil Service Club Members, employees of registered former Statutory Boards and their family members.
- 2.2 Participants must be aged 18 years and above as at 26 July 2025.
- 2.3 Participants must be able to cycle comfortably a distance of 33km at speed of about 15 to 20km/hour in a group.

## 3. Registration

- 3.1 Sports Liaison Officers can register their participants online at <a href="https://www.csc.sg/stargames">https://www.csc.sg/stargames</a>.
- 3.2 Sports Liaison Officers can register family members of Public Service officers for the event by emailing their details to <a href="mailto:sports@csc.sg">sports@csc.sg</a>.
- 3.3 Registration is free of charge.

## 4 Minimum Requirements

- 4.1 Participants must be able to cycle a distance of 33km at speed of about 15 to 20km/hour in a group.
- 4.2 Participants must bring their own bicycles for the event. They must check and ensure that their bicycles are in serviceable condition with adequately inflated tyres as well as working brake systems.
- 4.3 Participants are responsible for their own bicycles. The Organisers will not be responsible for any bicycles that are lost or damaged.
- 4.4 <u>Wearing of bicycle helmet is compulsory</u>. Any rider not wearing bicycle helmet will not be allowed to join the ride.
- 4.5 Riders must ensure that they are adequately hydrated and food/fuel. They are advised to carry cell phones and repair items such as spare tubes with them.
- 4.6 PAR Q/Indemnity form must be signed prior to the start of the ride.
- 4.7 Any rider with health conditions or other concerns MUST bring it to the attention of their Group Leader prior to departure. Those who are unwell on the morning of the ride or recovering from flu or a recent illness should not participate in the ride.

## 5 Route and Distance

- 5.1 The distance of the ride from Changi Clubhouse to OCBC Square, Singapore Sports Hub is about 33km.
- 5.2 The route map will be shared after the closing date.

#### 6 Safety

- 6.1 Participants must attend the compulsory safety briefing before the start of the ride.
- 6.2 Participants must adhere to the rules and instructions from Group Leaders whose responsibility is to look after the safety of the group.

- 6.3 Cyclists not adhering to the ride rules, creating hazards in the formation, during the ride, etc., will be warned by the Group Leader and depending on the severity of their actions, may be removed from the ride and shown/escorted to a route the cyclist can take back.
- 6.4 It is the responsibility of each cyclist to ensure their own personal safety.
- 6.5 Riders must adhere to all traffic laws and regulations in accordance to the Road Traffic Act, as stipulated by the Singapore Traffic Police and Land Transport Authority. These include the following:
  - a) "STOP" signs and traffic signals must be strictly adhered to.
  - b) Do not run stop signs.
  - c) Always check when crossing an intersection. Do not fully rely on riders in front.
- 6.6 All riders using tubular tyres must ensure that their individual wheels have been checked for proper adhesiveness.
- 6.7 If a bicycle appears to a Group leader to be a safety hazard to self or others, he/she has the responsibility to deny that individual inclusion into the group ride until the problem has been rectified.

## 7 Photography

- 7.1 The Civil Service Club reserves the right to use any photographs (including those of Participants), motion pictures, recordings, or any other media records of any STAR Games, for any legitimate purpose, including commercial advertising and distribution to sponsors and partners.
- 7.2 Photography and/or videography will be taken during the event for news and publicity purposes by the official photographer and/or videographer, and may be used for print and on online/electronic platforms of the Civil Service Club. The Organiser owns all rights to the photographs and video recordings. Any participants who do not wish to have their photographs or video recordings taken can notify inform the Organiser at the event site.

#### 8 Personal Data Protection

8.1 All participants consent to their personal data being collected and processed for purposes of administration and communication in a particular event. Participants also agree to receive postings on other events organised by the Civil Service Club.

#### 9 PSSFD E-Tickets

9.1 Only registered participants and accompanying registered family members will receive PSSFD e-tickets via e-mail for redemption of fun packs and freebies at

- the event. Each e-ticket contains a unique QR code that can only be used by one person. Do not share the QR code with anyone else.
- 9.2 Each participant or registered family member shall be issued with only <u>one</u> PSSFD e-ticket regardless of the number of events participating in.
- 9.3 Registered participants are to check their inbox, spam or junk folder for the PSSFD e-tickets.
- 9.4 If your PSSFD e-ticket has been accidentally deleted, you can retrieve it by contacting <a href="mailto:sports@csc.sg">sports@csc.sg</a> and we will be able to re-send the e-ticket to you via email.
- 9.5 To enjoy the activities, redemption of fun packs and freebies the PSSFD eticket must be downloaded and presented either in a screen grab, printed format or on your mobile phone.

Note: Details on the registration of accompanying family members for the PSSFD will be shared in May 2025.

## 9 Covid-19 Safe Management Measures

- 9.1 All participating agencies must comply with prevailing COVID-19 Safe Management Measures issued by Ministry of Health and Sport Singapore.
- 9.2 Participants are advised to exercise social responsibility. They must not show up at the event if feeling unwell or exhibit any symptoms of Covid-19 infections.

#### 10 Disclaimers

- 10.1 Participants take part in the CSC Cycle and/or other events held at the PSSFD at their own risk. Those with medical conditions are strongly advised to consult their doctors before taking part.
- 10.2 The Civil Service Club reserves the right to cancel, postpone or change the venue, date and/or time of the event at its discretion due to unforeseen circumstances.
- 10.3 The Civil Service Club, the Organising Committee, appointed contractors, sponsors, appointed officials and staff shall not be responsible for any mishap, injury or loss of life that may be suffered by participants and/or supporters before, during or after the event.
- 10.4 The Civil Service Club, the Organising Committee, appointed contractors, sponsors, appointed officials and staff shall not be responsible for any loss of personal belongings before, during or after the event.